LIABILITY RELEASE AND INDEMNIFICATION FORM FOR MINOR TRAVEL

I, the undersigned participant and parent, request voluntary participation for _____ ("Minor") to travel to and from First Colony Swim Team, Inc. ("First Colony Swim Team") events for the dates from_____, 20__ through_____ _____,20__.

I consent to Minor participating and traveling to and from First Colony Swim Team events and acknowledge that I fully understand Minor's participation in travel may involve risk of serious injury or death, including losses which may result not only from Minor's own actions, inactions or negligence, but also from the actions, inactions, or negligence of others. This includes participation in and all travel to and from the related events arranged by First Colony Swim Team, including but not limited to all transportation being plane, boat, train, van, car, airline and/or chartered plane paid either by the participant or travel paid or reimbursed by USA Swimming. I understand that if I have any concerns regarding event participation or travel, it is my responsibility to discuss the risks associated with Minor's participation with the activity coordinators and event staff, before I sign this document and before travel begins.

Release – Minor's Rights:
In consideration of allowing Minor to travel to and from First Colony Swim team events, I hereby release and hold harmless First Colony Swim Team, USA Swimming, and its local swimming committee and their members of its board of directors, and its officers, employees, members, volunteers, other participants, and agents (collectively, the "Released Parties"), of and from, and do discharge and waive, any and all claims, demands, losses, damages, and liabilities that Minor may have or sustain with respect to any and all damage and/or injury, of any type, arising out of his or her participation or travel to and from First Colony Swim Team related swimming events. I also agree that if any portion of this agreement is held to be invalid the balance, notwithstanding, shall continue in full force and effect.

_____	_____	_____
(Print name of minor)	(Signature of minor)	(Date)

Release – Parents'/Guardians' Rights:
In consideration of allowing Minor to travel to and from First Colony Swim Team events, I hereby release and hold harmless the Released Parties, of and from, and do discharge and waive, any and all claims, demands, losses, damages, and liabilities that I may have or sustain with respect to any and all damage and/or injury, of any type, arising from Minor's travel to and from First Colony Swim Team events. I also agree that if any portion of this agreement is held to be invalid the balance, notwithstanding, shall continue in full force and effect.

I certify that Minor is in good health and has no physical condition that would prevent traveling to and from any First Colony Swim events. Furthermore, I agree to use Minor's personal medical insurance as a primary medical coverage payment if accident or injury occurs. I consent to emergency medical treatment in the event such care is required.

_____	_____	_____
(Print name of Parent/Guardian)	(Signature of parent/guardian	(Date)

Indemnification by Parent/Guardian:
The undersigned parent/guardian further agrees to indemnify, save and hold harmless the Released Parties from any and all claims, demands, losses, damages and liabilities for indemnities, contribution or otherwise with respect to any damage and/or injury, of any type, arising from Minor's travel to and from First Colony Swim Team events.

_____	_____	_____
(Print name of Parent/Guardian)	(Signature of parent/guardian)	(Date)