

March Swimmer Spotlight:

Yuri Alencar

Years with FCST? 2 ½

Regular practice group? Evenings and Saturdays

Favorite stroke? Breaststroke all the way!

Favorite practice set? 100 easy

Favorite after practice splurge meal? A cold beer

Are you an introvert or extrovert? Sober? Introvert...

Ideal vacation? Sunny beach...with beer, anywhere (Anyone else recognizing a pattern?)

Books or Movies? Movies

Favorite Series? The Godfather

Other interests? Grilling and playing in Sunday morning soccer games

Yuri originally hails from Botucatu, Brazil and is currently a researcher at Dow Chemical. At the age of 5 his parents started Yuri swimming which he continued in various ways, including playing water polo recreationally, though college. A major highlight for Yuri was swimming on an end-of-practice relay anchored by Gold Medalist Simone Manuel, who was home with us during the holiday break. Yuri and his wife Michelle reside a little farther south than the rest of us, possibly giving him the title of “longest drive to practice”.