

April Swimmer Spotlight

Caroline Egan

Years with FCST? 8

Regular practice group? Evenings and Saturday

Favorite stroke(s)? Backstroke

Favorite practice set? Distance (the longer, the better), open water swimming, and workouts with an interval – especially Cumberlands or Dustin’s Gauntlet (*Note to self: never ask her to coach!)

Favorite post practice indulgence? Chocolate, desserts, or breakfast foods

Introvert or extrovert? An extroverted introvert

Books or Movies? Avid reader, so books (or maybe movies with lots of subtitles?)

Other sports? Triathlons and distance running

Notable accomplishments: Caroline holds multiple FCST Masters records and has survived 8 years with Karl and Mike without corruption (let’s be honest, that’s a huge accomplishment)

Interesting facts:

Caroline wants to be retired when she grows up, but in the meantime she works with the Fort Bend County Office of Emergency Management as a disaster planner. During disasters she acts as a Planning Section Chief which enables her to wax poetic about the recent disasters of our county with the slightest provocation. Important things to know about Caroline: she fully writes out her texts with full punctuation and no abbreviations, she cannot pull on the lane rope without her head exploding (contrary to Mike’s December spotlight allegations) and she insists on use of the Oxford comma. (*See what I did there?* 😊)