



## 2019 Fall Practice Schedule First Colony Area

Practice starting September 3<sup>rd</sup>

Saturday Morning Practice will start Sept 21<sup>st</sup>

Early mornings for Pre-Senior and Senior Swimmers will start on a date TBD

### Competitive Team:

White A	Monday, Wednesday Friday	5:00 - 6:00 PM 5:00 - 6:00 PM	Colony Grant 8 Colony Grant 6
White B	Tuesday, Thursday Friday	6:00 – 7:00 PM 5:00 - 6:00 PM	Colony Grant 8 Colony Grant 6
Red A	Monday, Wednesday Friday	6:00 – 7:00 PM 6:00 – 7:00 PM	Colony Grant 8 Colony Grant 6
Red B	Tuesday, Thursday Friday	5:00 - 6:00 PM 6:00 – 7:00 PM	Colony Grant 8 Colony Grant 6
Blue 1 A	Monday - Thursday Saturday	5:00 - 6:15 PM 8:00 – 9:15 AM	Colony Grant 8 Colony Grant 6
Blue 1 B	Monday - Thursday Saturday	4:30 – 5:45PM 8:00 – 9:15AM	Aquatic Center Colony Grant 6
Blue 2	Monday - Thursday Saturday	6:15 - 7:45 PM 8:00 – 9:30 AM	Colony Grant 8 Colony Grant 8
Age Group 1	Mon, Tues, Thurs Friday Saturdays	5:00 - 6:30 PM 5:00 - 6:15 PM 7:45 – 9:30 AM	Settler’s Park Settler’s Park New Territory
Age Group 2	Monday – Thursday Friday Saturday	6:00 – 7:45 PM 5:30 – 7:00 PM 9:15 – 11:00AM	Aquatic Center Aquatic Center New Territory
Age Group 3	Monday – Thursday Friday Saturday	6:00-8:00 PM 5:45-7:15 PM 8:30-11:00 AM	Aquatic Center Aquatic Center Aquatic Center



**Competitive Team:**

Pre-Senior 1	Mon - Thurs	6:15 – 8:00 PM	Settlers Park
	Friday	6:15 – 7:45 PM	Settlers Park
	Saturday	8:00 – 9:30 AM	Settlers Park
Pre-Senior 2	Monday – Thursday	5:30 – 7:45 PM	Aquatic Center
	Thursday	5:30 – 7:00 AM	Aquatic Center
	Friday	5:30 – 7:15 PM	Aquatic Center
	Saturday	8:30 – 11:00 AM	Aquatic Center
Pre-Senior 3	Monday – Thursday	5:30 – 7:45 PM	Aquatic Center
	Monday and Thursday	5:30 – 7:00 AM	Aquatic Center
	Friday	5:30 – 7:15 PM	Aquatic Center
	Saturday	8:30 – 11:00 AM	Aquatic Center
Senior 1	Monday – Thursday	3:30 – 5:45 PM	Aquatic Center
	Friday	3:30 – 5:30 PM	Aquatic Center
	Thursday	5:30 – 6:45 AM	Aquatic Center
	Saturday	6:30 – 10:00 AM	Aquatic Center
Senior 2	Monday – Thursday	3:30 – 5:45 PM	Aquatic Center
	Friday	3:30 – 5:30 PM	Aquatic Center
	Monday and Thursday	5:30 – 6:45AM	Aquatic Center
	Saturday	6:30 – 10:00 AM	Aquatic Center
Senior Elite	Monday - Thursday	3:30 - 6:00 PM	Aquatic Center
	Friday	3:30 - 5:30 PM	Aquatic Center
	Monday and Thursday	5:30 – 6:45 AM	Aquatic Center
	Saturday	6:30 - 10:00 AM	Aquatic Center



## 2019 Fall Practice Schedule New Territory Pool

Practice starting September 3<sup>rd</sup>

Saturday Morning Practice will start Sept 21<sup>st</sup>

### Competitive Team:

White A	Monday, Wednesday Friday	5:00 - 6:00 PM 5:00 - 6:00 PM	New Territory Club Colony Grant 6
Red A	Monday, Wednesday Friday	6:15 - 7:15 PM 6:00 - 7:00 PM	New Territory Club Colony Grant 6
Red B	Tuesday, Thursday Friday	5:00 - 6:00 PM 6:00 - 7:00 PM	New Territory Club Colony Grant 6
Blue 1	Monday-Thursday Saturday	5:00 - 6:15 PM 8:00 - 9:15 AM	New Territory Club Colony Grant 6
Blue 2	Monday-Thursday Saturday	6:15 - 7:45 PM 8:00 - 9:30 PM	New Territory Club Colony Grant 8



## 2019 Fall Practice Schedule Seven Meadows Pool

Practice starting September 3<sup>rd</sup>  
Saturday Morning Practice will start Sept 21<sup>st</sup>

### **Competitive Team:**

Red/White	Monday, Wednesday, & Friday	4:45-5:45 PM	Seven Meadows
Blue 1	Monday – Friday	4:30-5:45 PM	Seven Meadows
Blue 2	Monday – Friday	4:30-5:45 PM	Seven Meadows
Age Group 1	Monday-Thursday Saturday	6:00 – 7:30 PM 8:00 – 9:45 AM	Seven Meadows Seven Meadows
Age Group 2	Monday – Thursday Friday Saturday	6:00 – 7:45 PM 5:45 – 7:15 PM 8:00 – 9:45 AM	Seven Meadows Seven Meadows Seven Meadows



## 2019 Fall Practice Schedule Long Meadows Farms Pool

Practice starting September 3<sup>rd</sup>

Saturday Morning Practice will start Sept 21<sup>st</sup>

Morning practice for Senior and Pre-Senior Groups start date is TBD

### Competitive Team:

Blue 1	Monday – Friday	4:30-5:45 PM	Long Meadows Farms
Age Group 3	Monday-Thursday	5:30 - 7:30 PM	Long Meadows Farms
	Friday	5:45 - 7:15 PM	Long Meadows Farms
	Saturday	8:00 – 10:30 AM	Long Meadows Farms
Pre-Senior 1	Monday-Thursday	5:45 - 7:45 PM	Long Meadows Farms
	Friday	5:45 - 7:15 PM	Long Meadows Farms
	Saturday	8:00 – 9:30 AM	Long Meadows Farms
Pre-Senior 2	Monday-Thursday	5:45 - 7:45 PM	Long Meadows Farms
	Friday	5:45 - 7:15 PM	Long Meadows Farms
	Thursday	5:00 – 6:30 AM	Long Meadows Farms
	Saturday	8:00 – 10:30 AM	Long Meadows Farms
Pre-Senior 3	Monday – Thursday	4:00 – 6:15 PM	Long Meadows Farms
	Friday	4:00 – 5:45 PM	Long Meadows Farms
	Monday and Thursday	5:00 – 6:30 AM	Long Meadows Farms
	Saturday	8:00 – 10:30 AM	Long Meadows Farms
Senior 2	Monday – Thursday	4:00 – 6:15 PM	Long Meadows Farms
	Friday	4:00 – 5:45 PM	Long Meadows Farms
	Monday and Thursday	5:00 – 6:30 AM	Long Meadows Farms
	Saturday	8:00 – 10:30 AM	Long Meadows Farms