Swimmers Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Practice Group: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Date** | **Meet** | **Eligible Swimmers** | **Opt In/ Opt Out**  (Circle One) | **Notes** | **Location** |
| April 26-28 | FCST vs SSAN Dual Meet | Blue 1, Blue 2,  All of Age Group, Pre-Senior and Senior | Opt In / Opt Out |  | Don Cook |
| May 17-19 | TBA | TBA | Opt In / Opt Out | TBA | TBA |
| June 21-23 | FCST Summer Splash | All FCST Swimmers | Opt In / Opt Out |  | Training Pool |
| July 12-14 | Gulf Age Group Championships | Qualified Swimmers | Opt In / Opt Out | Swimmers must have 3 or more 2018-2019 Gulf AG Champs Cuts to attend this meet | Cypress, TX |
| July 20-21 | Gulf Sprint Series | Eligible Swimmers | Opt In / Opt Out | 8&U athletes must have B time in next shortest event to swim 200/500 free, 2IM  9 – 12 Year Old Athletes must have 2 BB times or fewer | TBA |
| July 24-28 | TAGS | Qualified Swimmers | Opt In / Opt Out | Time Standards can be found on the website | Austin, TX |
| July 26-28 | Gulf Summer Championships | Qualified Swimmers | Opt In / Opt Out | 12 and Unders must have at least 3 BB Times  14 and Unders must have 2 or fewer Gulf AG Times | Don Cook |
| July 30-Aug 3 | Southern Senior Zones | 13 and Over Qualified Athletes | Opt In / Opt Out | Time Standards will be out soon | Tupelo, Mississippi |
| August 1 - 4 | Futures | 13 and Over Qualified Athletes | Opt In / Opt Out | Time Standards can be found on the website | Des Moines, Iowa |

**The Opt-In Form needs to be turned in to your lead coach no later than Tuesday, March 26th. Not having this form completed on-time will affect your entries for meets.**

This form is used by the coach to enter your swimmer in the meets. A few notes about the form:

* A swimmer will not be entered into the meet without the form or an email.
* Once the form is turned in you can still make changes. If you would like to get entered in or taken out of a meet please email your lead coach.
* For most meets we turn in our final entries about 3 weeks out from the meet. Please let your coach know of any changes as soon as possible.
* We will post “preliminary entries” on the meets section of our webpage for you and your swimmer to look at which events they will be swimming. About a week later the coaches will make any changes and post “final entries”.
* *Once final entries have been posted we cannot make any changes. You will be responsible for the meet fees.*
* Please make a copy of the form for your records.
* Swimmers should be attending 1 meet a month and plan on attending all days of the meet.