Swimmers Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Practice Group: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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| --- | --- | --- | --- | --- | --- |
| **Date** | **Meet** | **Eligible Swimmers** | **Opt In/ Opt Out**(Circle One) | **Notes** | **Location** |
| April 26-28 | FCST vs SSAN Dual Meet | All | Opt In / Opt Out | 12 & Under in the afternoon session | Don Cook |
| May 4 | FCST Developmental | Qualified Swimmers (See Notes) | Opt In / Opt Out | 12 & Under with 2 or less B times (B times in SCY or LCM)\* | Lamar |
| May 17-19 | TBA | Qualified Swimmers(See Notes) | Opt In / Opt Out | 12 & Under with 3 or more B times (B times in SCY or LCM)\* | TBA |
| June 21-23 | FCST Summer Splash | All | Opt In / Opt Out | 12 & Under will swim in the afternoon session | Training Pool |
| July 20-21 | Gulf Sprint Series | Eligible Swimmers | Opt In / Opt Out | 12 & Under athletes with 2 or less BB times (BB times in SCY or LCM)\* | TBA |
| July 26-28 | Gulf Summer Championships | Qualified Swimmers | Opt In / Opt Out | 12 & Under with 3 or more BB Times(BB times in SCY or LCM)\* | Don Cook |

**\*SCY- Short course yards, LCM-Long Course Meters**

**The Opt-In Form needs to be turned in to your lead coach no later than Tuesday, March 26th**

This form is used by the coach to enter your swimmer in the meets. A few notes about the form:

* A swimmer will not be entered into the meet without the form or an email.
* Once the form is turned in you can still make changes. If you would like to get entered in or taken out of a meet please email your lead coach.
* For most meets we turn in our *final* entries about 3 weeks out from the meet. Please let your coach know of any changes as soon as possible.
* We will post “preliminary entries” on the meets section of our webpage for you and your swimmer to look at. About a week later the coaches will make any changes and post “final entries”.
* *Once final entries have been posted we cannot make any changes. You will be responsible for the meet fees.*
* Please make a copy of the form for your records.
* Swimmers should be attending 1 meet a month and plan on attending all days of the meet.