**2019 Summer Practice Schedule  
Training Pool**

Begins Tuesday, May 28th

LCISD students contact coach for adjusted schedule until school gets out

Blue 1 Monday – Friday 8:00 – 9:15 AM Training Pool

Blue 2 Monday – Friday 8:00 – 9:15 AM Training Pool

Age Group I Monday – Thursday 9:30 - 11:15AM Training Pool

Friday 9:30 – 11:00 AM Training Pool

Age Group II Monday – Thursday 9:30 - 11:15 PM Training Pool

Tuesday 3:00 - 4:30 PM Training Pool

Friday 9:30 – 11:00 AM Training Pool

Saturday 8:00-9:45 AM Seven Meadows

Age Group III Monday - Friday 9:15 - 11:15AM Training Pool

Tuesday and Thursday 3:00 – 4:30 PM Training Pool

Saturday 8:00-10:30 AM Seven Meadows

Pre Senior II Monday - Friday 9:15 – 11:15AM Training Pool

Tuesday and Thursday 3:00 – 4:30 PM Training Pool

Saturday 8:00-10:30 AM Seven Meadows

Pre Senior III Monday - Friday 7:00 - 9:30 AM Training Pool   
Tuesday and Thursday 2:00 – 4:30 PM Training Pool

Saturday 8:00-10:30 AM Seven Meadows

Senior II Monday - Friday 7:00 - 9:30 AM Training Pool   
Tuesday and Thursday 2:00 – 4:30 PM Training Pool

Saturday 8:00-10:30 AM Seven Meadows