



FACILITY RE-OPENING AND USE PLAN
Updated and Effective December 29, 2021

FACILITY, LOCAL, STATE, AND FEDERAL REQUIREMENTS

- KATY has a COVID- 19 Task Force responsible for staying up to date on current recommendations and any associated changes with guidelines and recommendations in for the COVID-19 pandemic.

SAFE PRACTICES

At this time face coverings are recommended but not required. Per the CDC, fully vaccinated people can resume activities without wearing a mask or physically distancing. If you are not fully vaccinated, the CDC recommendation is to continue to wear a face covering and to continue physical distancing.

1. Any individual may still choose to wear a face covering. Personal choice will be respected.
2. Daily temperature checks will continue for all indoor practices that involve our Learn to Swim program
3. KATY Staff members and Athletes must see a physician or return negative results from a laboratory administered test to be cleared for training after being diagnosed with COVID-19. See Exposure to Covid-19 below.
4. KATY Staff members and Athletes who begin to cough or sneeze for any reason, must move away from others until coughing and/or sneezing dissipates.
5. If someone in your household tests positive for COVID-19, please follow the close contact with a person who has tested positive guidelines below and notify your coach immediately.

These strategies may be scaled up or down depending on the evolving federal, state and local situation and guidance.

COVID-19 SCREENING

The below guidelines apply to staff, swimmers and those wishing to spectate or volunteer at a practice or swim meet.

Parents must screen swimmer(s) daily; and spectators and staff must screen themselves daily (prior to entering a practice or swim meet) for the following signs and symptoms of COVID-19: Are you experiencing any of the following in a way that is not normal to you?

A measured temperature greater or equal to 100.4	Difficulty breathing	Headache	Significant muscle pain or ache
Loss of taste or smell	Shortness of breath	Chills	Diarrhea
Cough	Fatigue	Sore throat	Nausea
Congestion	Runny nose	Shaking or exaggerated shivering	Vomiting

Swimmers, KATY staff members, and spectators must stay home if they answer “yes” to any of the above.



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EXPOSURE TO COVID-19

Should a KATY staff member or swimmer **test positive** or otherwise is diagnosed with COVID-19, the following measures will be required.

If Your Swimmer or a member of the KATY Staff Test Positive for COVID-19 (Isolate)	
Everyone, regardless of vaccination status	<p>To return to the pool the following will be required:</p> <ul style="list-style-type: none"> • A minimum of 5 days* of self-Isolation from the positive test • AND 72 hours has passed since the last symptoms • AND a negative test result or a doctor’s note approving the swimmers return to work/school activities. Without a doctors note or negative test you may return after 10 days* away from the pool and no symptoms in the last 72 hours. • It is recommended that you wear a mask around others, when possible, for an additional 5 days*

***The day of the positive test counts as day “0” for asymptomatic cases or the 1st full day of symptoms for non-asymptomatic cases.**

If your swimmer or a member of the KATY staff has been in **Close contact** (within 6 feet of someone for a cumulative total of 15 minutes or more over a 24-hour period) with someone who has COVID-19 within the last 5 days.

<p>If you: Have been boosted Or Completed the primary series of Pfizer or Moderna vaccine within the last 6 months Or Completed the primary series of J&J vaccine within the last 2 months</p>	<p>The swimmer or KATY staff member may participate, but must adhere to the following requirements:</p> <ul style="list-style-type: none"> • Wear a mask around others, when possible, for 10 days • Test on day 5 • <i>If you develop symptoms get a test and stay home</i>
<p>If you: Completed the primary series of Pfizer or Moderna vaccine over 6 months ago and are not boosted Or Completed the primary series of J&J over 2 months ago and are not boosted Or are unvaccinated</p>	<p><u>To return to the pool the following will be required</u></p> <ul style="list-style-type: none"> • A minimum of 5 days Quarantine, Test on day 5 • A negative test result or a doctor’s note and no symptoms for 72 hours. Without a doctor’s note or a negative test, you may return after 10 days away from the pool and no symptoms for 72 hours. • <i>If you develop symptoms get tested and stay home</i>



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OTHER CONSIDERATIONS FOR SAFE PRACTICES TO SHARE WITH STAFF, ATHLETES, PARENTS, ETC.:

- Please report a positive test of your swimmer or someone in your household to the swimmer's coach immediately.
- The groups that a coach or swimmer has worked/swum with in the last 48 hours will be notified of positive tests
- The swimmer or coach's name will remain confidential per legal requirements
- Coaches and Parents of children who are at an increased risk for severe illness should discuss with their health care provider whether those swimmers or coaches should attend practice or stay home.
- Per the CDC swimmers, spectators, staff, and families who traveled internationally will need to follow these CDC guidelines prior to returning to practice or team events.
 - All International Travelers should:
 - Self-Monitor for COVID-19 symptoms; isolate and get tested if you develop symptoms.
 - If you are NOT fully vaccinated:
 - Self-Quarantine and get tested after travel
 - Get tested 3-5 days after travel **AND** stay home for 7 days after travel, even if you test negative at 3-5 days.
 - If your test is positive, isolate yourself to protect others from getting infected. See previous guidelines above.
 - If you recently recovered from COVID-19
 - You do NOT need to get tested or self-quarantine if you recovered from COVID-19 in the past 90 days. You should still follow all other travel recommendations. If you develop COVID-19 symptoms after travel, isolate and consult with a healthcare provider for testing recommendations. See screening of COVID-19 above.

Click [here](#) for a link to the CDC's page on Testing for Covid-19

Click [here](#) for a link to the CDC's page on Public Health Guidance for Community – Related Exposure