



## KATY MLK Invitational

Hosted by **KATY**

**A SHORT COURSE Prelim/Finals MEET**

**January 14-16, 2022**

**SANCTION # **GU-SC-22-057 (R1)****

- LOCATION:** Katy High School  
6331 Highway Blvd.  
Katy, TX 77493
- DIRECTIONS:** From Houston, take Interstate 10 (I-10) west to Exit#740 towards FM1463/Pin Oak. Exit and stay to the left. Continue to the light and turn right onto FM 1463. Continue to 1463 and turn left onto S. Stadium Dr. just behind the Merrell Center.
- COACHES:** Bill Bailey
- POOL:**  
One eight lane, 25-yard indoor pool with non-turbulent lane lines will be used for warm-up and competition. A separate warm-up / warm-down area will be made available during the competition.
- SPECIAL INSTRUCTIONS:** Locker rooms will not be used during this meet. There will be limited restrooms at the front of facility. The restrooms in the facility will be for 18&Under athletes only. Porta Potties will be on site. Swimmers should arrive in their suits or be prepared for limited restroom facilities.
- TIME AND DATE:** This is a five (5) session, three (3) day prelim/finals meet, all events on Friday are Timed Finals. For Saturday/Sunday events designated as 12&Under, there will be separate A and B finals for 10&U and 11-12 age groups. For Saturday/Sunday events designated as 13&Over, there will be a single Super Final heat consisting of the top 8 swimmers regardless of age. In addition, there will be A/B finals for the remaining fastest 13-14 swimmers and an A final only for the remaining fastest 15&Over swimmers. For Saturday/Sunday events designated as Open, there will be a single Super Final heat consisting of the top 8 swimmers regardless of age. In addition, there will be separate A/B finals for the remaining fastest 10&U, 11-12 and 13-14 swimmers and an A final only for the remaining fastest 15&O swimmers. **On Friday and Saturday, warm-ups for the Finals session will begin no earlier than 4:15 PM.**
- MEET STAFF:**
- |                         |                                 |  |
|-------------------------|---------------------------------|--|
| <b>MEET REFEREE:</b>    | Delonia Cooley                  | <a href="mailto:Meetinfo@katyaquatics.org">Meetinfo@katyaquatics.org</a>       |
| <b>ADMIN OFFICIAL:</b>  | Davis Peden                     | <a href="mailto:Meetinfo@katyaquatics.org">Meetinfo@katyaquatics.org</a>       |
| <b>MEET DIRECTOR:</b>   | Travis Sandifer                 | <a href="mailto:coachtravis@katyaquatics.org">coachtravis@katyaquatics.org</a> |
| <b>SAFETY MARSHALL:</b> | Angela Golightly, Jeffery Green | <a href="mailto:Meetinfo@katyaquatics.org">Meetinfo@katyaquatics.org</a>       |

**Friday - Sunday, January 14-16, 2022**

- **Session 1 Friday PM**

- 1st Warm-up: 5:10-5:40 PM
- 2nd Warm-up: 5:45-6:15 PM
- Meet Start: 6:30 PM

- **Session 2 and 4 Saturday and Sunday AM:**

- 1st Warm-up: 7:15 -7:45 AM
- 2nd Warm-up: 7:45-8:15 AM
- 3rd Warm-up: 8:15-8:45 AM
- Meet Start: 9:00 AM

- **Sessions 3 and 5 Saturday and Sunday Finals:**

- Open Warm-ups: 4:15-5:00 PM
- Push Pace/Dive Starts: 5:00-5:15 PM
- Meet Starts: 5:30 PM\*

\* Meet Starts 15 minutes after the conclusion of warm-up. Any revised warm-up times and start times for the final sessions for Saturday and Sunday will be posted on the Katy Website by Tuesday, January 11th @ 12:00 pm.

**MEET TYPE:** This meet will run utilizing the “Flyover Starts” procedures. At the conclusion of each heat, the swimmer shall remain in the water until after the next heat is started. Coaches, please remind your swimmers of the “Flyover Start” procedures.

In this Prelim/Final meet, the finalists and alternates for finals shall be announced and shall have thirty (30) minutes after the announcement to scratch from finals. Any qualified swimmer in the event (a swimmer is qualified for finals or consolation finals if he/she has successfully completed the event in Prelims) may be moved into finals due to scratches, therefore all swimmers who will not be present at finals or consolation finals must scratch.

Thirty (30) minutes after the announcement, no further scratches shall be accepted, the existing scratches will be tabulated and the finalists and two (2) alternates for the event shall be set.

**SAFETY GUIDELINES & WARM-UP PROCEDURES:** See attached Safety Guidelines and Warm-up procedures.

**SEEDING:** The meet will be pre-seeded except for relays, the 200 IM, 400 IM, 500 Free, and 1000 free, which will be deck seeded events. Coaches, please inform your swimmers of pre-seeded and deck seeded rules. All events will be seeded with heats in order of fastest to slowest. As a courtesy to the host, coaches should inform the clerk of course of swimmers not attending the meet. Empty lanes will be used for deck entries.

**ORDER OF**

**HEATS:** At Prelims, events will be swum with heats in the order of fastest to slowest, including distance events. At Finals, events will be swum with heats in the order of slowest to fastest.

**POSITIVE CHECK-IN FOR THE 200 IM, 400 IM, 500 FREE AND 1000 FREE:**

- The 200 IM, 400 IM, and 500 Free events will be swum as timed finals events, fastest to slowest, alternating girls and boys heats.
- The 1000 Free events will be swim as timed finals events, fastest to slowest. The fastest 8 women and the fastest 8 men to check-in who do not elect to swim in prelims, will swim during the finals sessions on Saturday and Sunday. All other heats will be swum as the last events of the prelims sessions. Swimmers must provide their own timers and lap counters.
- All swimmers must circle in on sheets that will be available at the start of warm-up for the session. Check-in for the 200 IM, 400 IM, 500 Free, and 1000 Free is due 45 minutes before the start of the session on Friday night. Check-in for the 1000 free is due at 9:00 AM each day, respectively for Girls and Boys.

**USA/GULF SWIMMING/KATY DISCLAIMER:**

- An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.
- USA Swimming, Inc., Gulf Swimming, and KATY cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.
- BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND (GULF SWIMMING) EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSESS, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORSEEN OR UNDFORSEEN, IN CONNECTION THEREWITH.
- Katy Aquatic Team for Youth, Inc. has taken enhanced health and safety measures for the participants, coaches, and volunteers. You must follow all posted instructions while on the property. An inherent risk of COVID-19 exists in any public or private place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. By participating in this event at PACE, you voluntarily assume all risks related to exposure to COVID-19.

## COVID-19

### PROCEDURES:

- This meet will be conducted in compliance with local, state, and USA Swimming COVID 19 restrictions.
- Participants in the meet will abide by KATY's COVID-19 Preparedness Plans, KATY's Return to Competition Plan, and this meet announcement.
- This meet will be conducted in compliance with local, state, and USA Swimming COVID 19 restrictions.
- The Meet Referee has final authority over conduct of this sanctioned event and will be working with the Meet Director, Facility Management, and host team Covid-19 Task Force to enforce Covid-19 safety guidelines and resolve any issues.
- **Temperature screenings, health screening questionnaires, and masks are no longer required on the KATY ISD campus. Per the CDC, fully vaccinated (must be at least 2 weeks after receiving final recommended vaccine dosage and or boosted) people can resume activities without wearing a mask or physically distancing. If you are not fully vaccinated, the CDC recommendation is to continue to wear a face covering and to continue physical distancing.**
- Only coaches, officials, swimmers, and lane timers are allowed on the pool deck for each session. Spectators will have access to a temporary viewing area in the upstairs bleachers.
- Parent may arrive to the viewing area several heats prior to their swimmer's competition heat and should exit the pool area immediately upon the conclusion of their swimmer's race.

### ON-DECK ENTRIES:

Late entries will be accepted each day up to 45 minutes before the start of each session. Those swimmers missing the 11:59 pm, Thursday, December 30<sup>th</sup>, 2021, deadline may enter the meet on-deck in the following manner:

1. Swimmers must pay double the entry fee at the time of entry
2. Swimmers must supply completed entry forms
3. Swimmers must enter all events for the day forty-five (45) minutes prior to the start of the day's first event.
4. Swimmers must be qualified to swim the event entered.
5. Swimmers must not exceed the allotted number of events allowed each day.
6. Heats may be added, if necessary and if the timeline permits. Otherwise, the meet host will only fill spots created by scratches or in the last heat of each event.

### ENTRY INFORMATION:

Swimmers must enter at their best time. Entry times must be submitted in the course at which the best time was achieved – short course yards (Y), short course meters (S), or long course meters (L). Do not convert meter (yard) times to yard (meter) times. If swimmers have never competed in a USA Swimming meet before, put NT where a seed time is requested. Times must be from USA Swimming meets.

**Cut-off Times:** None

**Qualifying Times:** None

**Times Eligibility:** None

**Age:** As of January 14, 2022

**Number of Events:** Swimmers may enter a maximum of one (1) event for the Friday session and three (3) events in a session on Saturday and Sunday.

**Entries:** Teams MUST submit their entries electronically via email, using the Hy-Tek Meet Manager/Team Manager computer software.

**Deadline:** Entries must be received by 11:59 PM Thursday, December 30th, 2021

**EMAIL:** [meetinfo@katyaquatics.org](mailto:meetinfo@katyaquatics.org)

**Eligible Teams:** Only KATY, CFSC, PEAK and STA swimmers who are registered with USAS and in good standing with the team may compete in this meet.

**Individual Event Entry Fee (per event):** \$10.00

**Facility Surcharge:** \$10 per swimmer

**Entry Fees Payable to:** Katy Aquatics

**AWARDS:** There will be individual event awards for this meet. Ribbons for 4th-8th and Medals for 1st-3rd. award groups 10&Under, 11-12, 13-14, 15&Over.

**SCORING:** Individual events 1<sup>st</sup>-16<sup>th</sup> place: 20, 17, 16, 15, 14, 13, 12, 11, 9, 7, 6, 5, 4, 3, 2, 1

**RULES AND SANCTIONS: RULES AND SANCTIONS:**

- The current USA Swimming and Gulf Swimming rules will apply. The meet will be held under the sanction of USA Swimming and Gulf Swimming. It is understood and agreed that USA Swimming and Gulf Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. No entries can be accepted unless the entrant is a registered member of USA Swimming as provided in Article 302. On deck USA Swimming membership registration will not be permitted.
- *In applying for this sanctioned event, the Host, Katy Aquatics, CFSC, PEAK and STA agree to comply and to enforce all health and safety mandates and guidelines of USA Swimming, Gulf Swimming, the State of Texas and Harris County Public Health Department*

**POOL MEASUREMENT: POOL MEASUREMENT:**

The competition course has been certified in accordance with USA Swimming Rule 104.2.2C(4). The copy of such certification is on file with USA Swimming.

**TIMING SYSTEM:** A Daktronics electronic timing system with electronic scoreboard will be used. Two watches per lane will be used as a back-up. Teams will be required to furnish timers at both prelims and finals based on their percentage of swims in the meet. Timing assignments will be published in the meet program. 500 and 1000 free swimmers must provide their own times and lap counters.

**POOL DECK RESTRICTION:**

- Because of USA Swimming Insurance Safety Regulations, the swimming pool deck, during the operation of all Gulf Swimming sanctioned meets, is closed to all persons except swimmers, coaches, marshals, officials, meet personnel, and timers. Coaches and Officials must present their membership cards to receive a complimentary Heat Sheet.
- **Safe Sport ensures that a parent has access to/or the opportunity to observe their child(ren). Athletes and their families will be able to view the meet.**

**DECK CHANGING PROHIBITION:** Changing into or out of swimsuits on the pool deck is prohibited.

**AUDIO/VIDEO RECORDING DEVICES:** Use of audio or visual recording devices, including a cell phone, is not permitted in the area behind the starting blocks, in changing areas, restrooms, showers, or locker rooms. Violators may be reported to law enforcement or other governmental authorities and/or may be barred from the facility during the sanctioned event.

**MAAP POLICY:** All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (“MAAPP”), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

**DRONES:** Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Vice President of Program Operations

**PROOF OF TIME:** NONE

**UNACCOMPANIED SWIMMERS:** Any swimmers entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.

**SWIMMERS WITH DISABILITIES:** Coaches and/or swimmers are responsible for notifying the Meet Referee of any disability prior to the competition and for providing their own assistant or equipment. However, Coaches/Swimmers may contact the Meet Director at least two weeks in advance of the meet to reserve Gulf Swimming equipment (remote strobe).

**CONCESSIONS:** Concessions will be available at this meet.

**MEET RESULTS:** Meet results will be posted on the Katy Aquatics Website

**ATTACHMENTS:** **MEET FORMAT**  
**ENTRY VERIFICATION FORM**  
**GULF SAFETY GUIDELINES AND WARM-UP PROCEDURES**

**KATY MLK Invite**  
**Hosted by KATY**  
**A SHORT COURSE TIME FINAL/PRELIM/ FINALS MEET**  
**Friday-Sunday, January 14-16, 2022**  
 SANCTION #

<u>Entry Rules</u>		
<b>Type of Meet:</b>		Time Finals Friday; Prelim Final (Saturday/Sunday)
<b>Max # of Events:</b>		1 Event Friday/(3) Events Saturday and Sunday (7) Max
<b>Swimmers Eligible:</b>		KATY/CFSC/PEAK/STA
<b>Entry Times:</b>		LCM/SCM/SCY
<b>Qualifying Times:</b>		None
<b>Cut-off Times:</b>		None
<b>Gulf " three event" rule applies?</b>		No
<b>Gulf "Up/Down" rule applies?</b>		No
<b>Enter with no time?</b>		Yes
<b>Fees:</b>	Individual	\$10.00
	Facility	
	Surcharge	\$10.00

<b>Friday, January 14, 2022</b>		
<b>Session 1 Timed Final Events</b>		
Girls Event #	Event Name	Boys Event #
1	12&Under 200 IM	2
3	13&Over 400 IM	4
5	Open 500 Free	6

\*Meet host reserves the right to limit entries due to timeline constraints on Friday night

<b>Saturday, January 15th, 2022</b>		
<b>Prelims: Split warm-ups 7:15-8:45 AM, Session starts 9:00 AM</b>		
<b>Finals: Split warm-ups 4:10 PM, Session starts 5:30 PM</b>		
Girls Event #	Event Name	Girls Event #
7	12&Under 50 Butterfly	8
9	13&Over 100 Butterfly	10
11	11&Over 200 Backstroke	12
13	12&Under 50 Breaststroke	14
15	13&Over 200 Breaststroke	16
17	12&Under 100 Butterfly	18
19	Open 100 Freestyle	20
21	11-12 200 Breaststroke	22
23	Open Girls 1000 Freestyle* Max 40 entrants	

\*The Girls 1000 Freestyle is a Timed Final event, fastest 8 that declare will swim in Finals

<b>Sunday, January 16, 2022</b>
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Prelims: Split warm-ups 7:15-8:45 AM, Session starts 9:00 AM Finals: Split warm-ups 4:10 PM, Session starts 5:30 PM		
Girls Event #	Event Name	Boys Event#
25	12&Under 100 Backstroke	26
27	Open 200 Freestyle	28
29	Open 50 Freestyle	30
31	Open 100 Breaststroke	32
33	12&Under 50 Backstroke	34
35	13&Over 100 Backstroke	36
37	13&Over 200 IM	38
39	11&Over 200 Butterfly	40
	Boys 1000 Freestyle (Max 40 entrants)	24

**\*The boys 1000 Freestyle is a Timed Final event, fastest 8 that declare will swim in finals**

#### Reminders

- This is a five (5) session, three (3) day prelim/finals meet, all events on Friday are Timed Finals.
- For Saturday/Sunday events designated as 12&Under, there will be separate A and B finals for 10&U and 11-12 age groups.
- For Saturday/Sunday events designated as 13&Over, there will be a single Super Final heat consisting of the top 8 swimmers regardless of age. In addition, there will be A/B finals for the remaining fastest 13-14 swimmers and an A final only for the remaining fastest 15&Over swimmers.
- For Saturday/Sunday events designated as Open, there will be a single Super Final heat consisting of the top 8 swimmers regardless of age. In addition, there will be separate A/B finals for the remaining fastest 10&U, 11-12 and 13-14 swimmers and an A final only for the remaining fastest 15&O swimmers.
- **On Friday and Saturday, warm-ups for the Finals session will begin no earlier than 4:15 PM.**

## KATY MLK Invite

Hosted by **KATY**

**A SHORT COURSE Timed Final/Prelim/Finals MEET**



January 14-16, 2022

SANCTION #

**ENTRY VERIFICATION FORM**  
**MUST BE SUBMITTED WITH MEET ENTRY**

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry forms or entry disk are currently registered with USA Swimming. Additionally, I verify that the on-deck coaches have met the current certification requirements.

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Signature

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Title

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Date

## WARM-UP PROCEDURES

- A. General warm-up (Initial portion [1/2] of the warm-up session or with the agreement of all of the coaches in a particular lane.)
  - 1. **NO DIVING OR RACING STARTS** allowed from the blocks edge of the pool. Swimmers must enter the pool feet first cautiously.
  - 2. **NO SPRINTING OR PACE WORK** allowed during this general warm-up session.
- B. Specific warm-up (Last portion [1/2] of the warm-up session or with the agreement of all of the coaches in a particular lane.)
  - 1. **RACING STARTS ONLY**, either from blocks or from backstroke starts.
  - 2. Lanes are **ONE WAY ONLY**.

## SAFETY GUIDELINES

- A. Swimmers Responsibilities
  - 1. All swimmers without a registered coach to observe them at the meet, and/or their coaches, should arrange, prior to their arrival at the meet, for a registered coach to observe them during the warm-up, competition and warm-down. Any unattached or unattended swimmers who have not made previous arrangements with a coach to observe them at the meet should contact the Meet Director, Safety Marshal, or Meet Referee for assistance in making such arrangements prior to their participating in the warm-up.
- B. Coaches Responsibilities
  - 1. Coaches shall instruct their swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practice.
  - 2. Coaches shall stand near the starting end of the pool when starting swimmers on sprint and pace work.
  - 3. Coaches shall actively supervise their swimmers throughout the warm-up session.
  - 4. Coaches shall maintain as much contact with their swimmers as possible, both verbal and visual, throughout the warm-up period.
  - 5. Registered coaches of unattached swimmers and registered coaches of non-Gulf teams should notify the meet host by the entry deadline if they will be at the meet, so that they may be assigned to a warm-up lane.
- C. Safety Marshals
  - 1. Appointed Safety Marshals are members of USA Swimming and have the authority to remove from the deck for the remainder of the warm-up session, any swimmer or coach who is in violation of safety guidelines or warm-up procedures. **THE MEET REFEREE MAY EXERCISE ADDITIONAL ADJUDICATION AUTHORITY AS NECESSARY.**
- D. Miscellaneous
  - 1. Swimmers should be reminded by coaches that breaststrokes need more lead time than freestyle or butterfly swimmers.
  - 2. Backstrokers shall ensure that they are not starting at the same time as a swimmer on the blocks. Swimmers shall not step up on the starting blocks, when a backstroker is waiting to start.
  - 3. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
  - 4. Swimmers are required to exit the pool upon completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during warm-up periods.
  - 5. Warm-up procedures shall be enforced for any breaks, scheduled or otherwise, during the competition.
  - 6. All diving boards and equipment are **OFF LIMITS**.
- E. Pool Rules
  - 1. Smoking or use of other tobacco products is not allowed on the grounds of USA Swimming meets.
  - 2. Glass containers are prohibited.
  - 3. Swimmers, coaches, and spectators are expected to observe all rules and regulations included in the announcement.