SwimAtlanta Age Group Select Time Standards

Long Course

Girls				Boys		
10 & Under	**11&12**	**13&14**	**Event**	**13&14**	**11&12**	**10 & Under**
32.79	30.09	28.69	**50 Free**	26.69	29.09	32.79
1:13.29	1:05.09	1:02.09	**100 Free**	58.59	1:03.59	1:12.99
2:39.79	2:18.99	2:13.39	**200 Free**	2:06.99	2:18.59	2:36.59
5:34.99	5:00.09	4:41.99	**400 Free**	4:26.89	4:50.99	5:29.69
----	10:18.99	9:48.99	**800 Free**	9:19.39	10:15.99	----
----	20:08.09	18:31.09	**1500 Free**	17:42.09	19:41.00	----
38.89	34.79	----	**50 Back**	----	34.09	38.89
1:23.89	1:13.89	1:09.69	**100 Back**	1:06.29	1:13.59	1:23.39
----	2:40.89	2:30.09	**200 Back**	2:22.99	2:36.99	----
43.09	38.09	----	**50 Breast**	----	37.69	42.69
1:36.19	1:23.89	1:19.59	**100 Breast**	1:12.99	1:22.19	1:35.09
----	3:02.79	2:50.99	**200 Breast**	2:42.09	2:56.59	----
36.69	32.29	----	**50 Fly**	----	31.79	36.29
1:24.59	1:13.09	1:07.39	**100 Fly**	1:03.89	1:10.89	1:23.99
----	2:40.99	2:28.59	**200 Fly**	2:20.89	2:38.79	----
2:59.59	2:40.09	2:32.09	**200 IM**	2:23.59	2:38.49	2:58.39
----	5:42.09	5:21.29	**400 IM**	5:06.59	5:37.99	----

updated 5/17