

## 2020 Holiday Training Schedule

	Sat Dec. 19	Sun Dec. 20	Mon Dec. 21	Tue Dec. 22	Wed Dec. 23	Thu Dec. 24	Fri Dec. 25	Sat Dec. 26	Sun Dec. 27
<b>High Performance</b>	7:00-9:00 AM 1:00-3:00 PM	<b>No Practice</b>	7:00-9:00 AM 1:00-3:00 PM	7:00-9:00 AM 1:00-3:00 PM	7:00-9:00 AM 1:00-3:00 PM	<b>No Practice</b>	<b>No Practice</b>	<b>No Practice</b>	<b>No Practice</b>
<b>Select</b>	7:00-9:00 AM	<b>No Practice</b>	7:00-9:00 AM	7:00-9:00 AM	7:00-9:00 AM	<b>No Practice</b>	<b>No Practice</b>	<b>No Practice</b>	<b>No Practice</b>
<b>Senior</b>	9:00-10:30 AM	<b>No Practice</b>	9:00-10:30 AM	9:00-10:30 AM	9:00-10:30 AM	<b>No Practice</b>	<b>No Practice</b>	<b>No Practice</b>	<b>No Practice</b>
<b>Advanced Age Group</b>	9:00-10:30 AM	<b>No Practice</b>	9:00-10:30 AM	9:00-10:30 AM	9:00-10:30 AM	<b>No Practice</b>	<b>No Practice</b>	<b>No Practice</b>	<b>No Practice</b>
<b>Gold</b>	10:30-12:00 PM	<b>No Practice</b>	10:30-12:00 PM	10:30-12:00 PM	10:30-12:00 PM	<b>No Practice</b>	<b>No Practice</b>	<b>No Practice</b>	<b>No Practice</b>
<b>Silver</b>	10:30-12:00 PM	<b>No Practice</b>	10:30-12:00 PM	10:30-12:00 PM	10:30-12:00 PM	<b>No Practice</b>	<b>No Practice</b>	<b>No Practice</b>	<b>No Practice</b>
<b>Bronze</b>	12:00-1:00 PM	<b>No Practice</b>	12:00-1:00 PM	12:00-1:00 PM	12:00-1:00 PM	<b>No Practice</b>	<b>No Practice</b>	<b>No Practice</b>	<b>No Practice</b>
<b>Blue/Red</b>	12:00-12:45 PM	<b>No Practice</b>	12:00-12:45 PM	12:00-12:45 PM	12:00-12:45 PM	<b>No Practice</b>	<b>No Practice</b>	<b>No Practice</b>	<b>No Practice</b>
	Mon Dec. 28	Tue Dec. 29	Wed Dec. 30	Thu Dec. 31	Fri Jan. 1	Sat Jan. 2	Sun Jan. 3	Mon Jan. 4	Tue Jan. 5
<b>High Performance</b>	7:00-9:00 AM 1:00-3:00 PM	7:00-9:00 AM 1:00-3:00 PM	7:00-9:00 AM 1:00-3:00 PM	7:00-9:00 AM	<b>No Practice</b>	<b>No Practice</b>	<b>No Practice</b>	7:00-9:00 AM	Normal Schedule
<b>Select</b>	7:00-9:00 AM	7:00-9:00 AM	7:00-9:00 AM	<b>No Practice</b>	<b>No Practice</b>	<b>No Practice</b>	<b>No Practice</b>	7:00-9:00 AM	Normal Schedule
<b>Senior</b>	9:00-10:30 AM	9:00-10:30 AM	9:00-10:30 AM	<b>No Practice</b>	<b>No Practice</b>	<b>No Practice</b>	<b>No Practice</b>	9:00-10:30 AM	Normal Schedule
<b>Advanced Age Group</b>	9:00-10:30 AM	9:00-10:30 AM	9:00-10:30 AM	<b>No Practice</b>	<b>No Practice</b>	<b>No Practice</b>	<b>No Practice</b>	9:00-10:30 AM	Normal Schedule
<b>Gold</b>	10:30-12:00 PM	10:30-12:00 PM	10:30-12:00 PM	<b>No Practice</b>	<b>No Practice</b>	<b>No Practice</b>	<b>No Practice</b>	10:30-12:00 PM	Normal Schedule
<b>Silver</b>	10:30-12:00 PM	10:30-12:00 PM	10:30-12:00 PM	<b>No Practice</b>	<b>No Practice</b>	<b>No Practice</b>	<b>No Practice</b>	10:30-12:00 PM	Normal Schedule
<b>Bronze</b>	12:00-1:00 PM	12:00-1:00 PM	12:00-1:00 PM	<b>No Practice</b>	<b>No Practice</b>	<b>No Practice</b>	<b>No Practice</b>	12:00-1:00 PM	Normal Schedule
<b>Blue/Red</b>	12:00-12:45 PM	12:00-12:45 PM	12:00-12:45 PM	<b>No Practice</b>	<b>No Practice</b>	<b>No Practice</b>	<b>No Practice</b>	12:00-12:45 PM	Normal Schedule