


Georgia Swimming will increase opportunity, recognition, and growth in competitive swimming. We believe that swimming provides life-changing experiences for young people.

	<p>SwimAtlanta (SA) Hereafter known as “Host Club”</p> <p>2023 Best of the South March 10-12, 2023</p>
<p>SANCTION:</p> <p>ATTESTATION:</p>	<p>Held under the sanction of USA Swimming, issued by Georgia Swimming Inc., Sanction #: GA23-031/STT (Rev 1)</p> <ul style="list-style-type: none"> • The meet announcement must be submitted for sanctioning at least three weeks prior to the meet start date. • Article 202.4.3: Granted sanctions are non-transferrable to other organizations or clubs. Any such transferred sanction shall be void and the Sanction Committee shall deny any further sanctions to the organization or club violating this provision. • In applying for this sanctioned event, the “Host Club” agrees to comply and to enforce all health and safety mandates and guidelines of USA Swimming, Georgia LSC, the State of Georgia, and local jurisdiction.
<p>MAAPP: Minor Athlete Abuse Prevention Policy</p>	<p>This meet will adhere to the current Minor Athlete Abuse Prevention Policy (“MAAPP”) set forth by USA Swimming.</p> <ul style="list-style-type: none"> • A USA Swimming club that hosts a sanctioned USA Swimming swim meet indicates acknowledgement of USA Swimming’s Minor Athlete Abuse Prevention Policy (“MAAPP”). • All USA Swimming members including athletes 18 and older and adults who interact with minor athletes at swim meets are expected to comply with the MAAPP policy. • All chaperones, team managers, adult swimmers, meet directors, officials, and non-member parents and meet volunteers are expected to understand and comply with MAAPP. • As the host club, you are responsible for ensuring that these individuals know about and comply with MAAPP.
<p>ELIGIBILITY FOR TIME RECOGNITION TO THE SWIMS DATABASE</p>	<p>Effective September 1, 2022, there will no longer be a 30-day administrative grace period. Going forward, any 17-year-old athlete who has not completed the APT requirement by their 18th birthday will not be a USA Swimming member in good standing unless or until the APT requirement is completed.</p> <p>This includes eligibility to compete in USA Swimming sanctioned meets, club practices and all other related activities Athletes will continue to receive an email notification reminder of the APT requirement 30 days prior to their 18th birthday as well as a reminder on their 18th birthday.</p> <p>All USA Swimming members aged 18 years old and older are required to complete APT annually. This is the individual’s responsibility and includes both athlete and non-athlete members.</p>

LIABILITY:	In granting this sanction it is understood and agreed that USA Swimming, Inc., Georgia Swimming, Inc., and "Host Club," shall be free and held harmless from any liabilities or claims for damages or illnesses arising by reason of injuries to anyone during the conduct of the event.																		
REPORT DISCRIMINATION:	The Georgia LSC believes that there is no place for discrimination in the sport of swimming. If you believe you are the victim of discrimination, you are encouraged to report the incident to USA-Swimming's Associate: Michelle Steinfeld, msteinfeld@usaswimming.org . Please provide a complete description of the incident as well as a way to contact you and/or other parties involved. For more information refer to gaswimming.org/diversity .																		
D, E, & I = Reference / Informational Section	Starting on September 1, 2022, USA Swimming members can submit anonymously or on the record through plain text messaging at 888-270-SWIM (7946). Georgia Swimming LSC: D, E, & I (teamunify.com)																		
MEET DIRECTOR:	Chris Davis Jr. chrisjr@swimatlanta.com & Wil Bayer wil@swimatlanta.com																		
MEET REFEREE:	Will Heffner wcheffner63@gmail.com																		
ADMIN REFEREE:	Eric B. Pingel – epingel.usaswimming@gmail.com																		
STARTER:	Heather Boyer																		
STROKE AND TURN:	Shelley Heffner																		
EVALUATORS:	Ed Saltzman / Nancy Harmon / Eric B. Pingel																		
ADMIN OFFICIAL:	Cheryl Loprinzo – cheryl.lopinzo@comcast.net																		
FACILITY:	Georgia Tech - McAuley Aquatic Center 750 Ferst Drive Atlanta, GA 30332 404-385-7529 This facility seats 1,900 and contains both a competition pool and diving well. The competition pool is 50 meters by 10 lanes, with two movable bulkheads so that courses can be set up for 25 yards or 25 meters. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming & Georgia Swimming. The water depth of the pool is 9 1/2 feet at start end and 9 1/2 feet at turn end. (Measured from 3' 3 1/2" (1.0 mtr) to 16'5" (5mtrs) from both end walls).																		
SCHEDULE:	<table> <tr> <td>Session 1: Friday Prelims</td> <td>Warm up: 9:00am</td> <td>Start: 10:30am</td> </tr> <tr> <td>Session 2: Friday Finals</td> <td>Warm up: 5:00pm</td> <td>Start: 6:00pm</td> </tr> <tr> <td>Session 3: Saturday Prelims</td> <td>Warm up: 9:00am</td> <td>Start: 10:30am</td> </tr> <tr> <td>Session 4: Saturday Finals</td> <td>Warm up: 5:00pm</td> <td>Start: 6:00pm</td> </tr> <tr> <td>Session 5: Sunday Prelims</td> <td>Warm up: 9:00am</td> <td>Start: 10:30am</td> </tr> <tr> <td>Session 6: Sunday Finals</td> <td>Warm up: 5:00pm</td> <td>Start: 6:00pm</td> </tr> </table>	Session 1: Friday Prelims	Warm up: 9:00am	Start: 10:30am	Session 2: Friday Finals	Warm up: 5:00pm	Start: 6:00pm	Session 3: Saturday Prelims	Warm up: 9:00am	Start: 10:30am	Session 4: Saturday Finals	Warm up: 5:00pm	Start: 6:00pm	Session 5: Sunday Prelims	Warm up: 9:00am	Start: 10:30am	Session 6: Sunday Finals	Warm up: 5:00pm	Start: 6:00pm
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MEET FORMAT:	<ul style="list-style-type: none"> ● SCY ● Slow to Fast ● Combined (P/F + TF) ● 12&under: A Final, 13-14: B-A Final, Open/Senior C-B-a ● 20 Lanes used for competition (10 for Finals) ● Lanes will be provided in the diving pool for warm up/warm down ● Relays are Time Final Events 																		
ENTRY FEES:	<ul style="list-style-type: none"> ● IND. EVENT FEE: \$10 / Event ● LATE IND. ENTRIES: \$20 / Event ● RELAYS: - \$20 / Event ● LATE RELAY ENTRIES: \$40 / Event 																		

	<ul style="list-style-type: none"> ● TIME TRIALS: \$20 / Event ● FACILITY SURCHARGE: \$15 ● \$3.00 GA LSC Travel Fund per athlete ● \$6.00 GA travel fee applies to all non-Georgia LSC registered athletes
ELIGIBILITY:	<p>(Invitational)</p> <p>This meet will be conducted as defined above. All 2023 swimmers registered with USA Swimming and/or their respective FINA Federation, in good standing with their local national federation, will be allowed to compete.</p> <p>All foreign delegations must submit documentation from their federation indicating athletes, coaches, and team support are members in good standing of their FINA affiliated federation. "Host Club" will not allow unregistered swimmers, coaches, officials, or teams to participate in this meet. No swimmer will be permitted to compete unless the swimmer is a member in as provided in Article 302.</p>
ENTRIES:	<ul style="list-style-type: none"> ● Swimmers may swim a maximum of (3) individual events per day. ● Swimmers may not swim both the 1000 Free and 1650 Free. ● Deck entries can be made with the clerk of course up to 30 minutes before the start of the session. ● Time Trial events will be included in daily individual event limit.
CHECK IN: CLERK of COURSE:	<p>Positive check-in will be required by 10:00am for 400IM, 500 Free, 1000Free, 1650 Free</p> <p>Clerk of Course will be available from 9:00am-10:30am.</p>
ENTRY SUBMISSION:	<p>Submit one check payable to: SwimAtlanta</p> <p>Entries must be received on or before: February 27, 2023.</p> <p>Submit entries using Hy-Tek team manager. Entries must include the USA Swimming Club Code and each swimmer's USA Swimming number, first and last name, age, and seeding time for each event entered.</p>
RULES:	<p>Current USA Swimming Rules will govern this meet.</p> <p><u>Tech Suit Restrictions for 12-and-Under Swimmers</u></p> <p>(Note: WOVEN FABRIC-A suit with woven fabric and sewn seams that does not extend below the hips is permitted.)</p> <p>(Note: KNIT FABRIC-A suit with knit fabric and sewn seams not extending below the knees is permitted.)</p> <p>This rule is in effect for all USA Swimming competitions in the United States, so any manufacturer or vendor selling a suit in the United States is subject to the above rule. No Technical Suits may be worn by any 12-Under USA Swimming athlete member in competition at any Sanctioned, Approved or Observed meet.</p> <p>Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, behind the blocks (Including warm-up, warm-down, and Competition), rest rooms or locker rooms.</p> <p>Any swimmer entered in the meet, must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.</p> <p>Deck changes are prohibited. (Defined as changing, in whole or in part, into or out of a swimsuit when wearing just one suit in an area other than a permanent or temporary locker</p>

	<p>room, bathroom, changing room or other space designated for changing purposes). Swimmers participating in deck changing could be subject to removal from further competition in the meet.</p> <p>On deck registrations will not be permitted during this event.</p> <p>Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coaches' areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and /or spectators are present. Exceptions may be granted with prior written approval by the Program Operations Vice Chair, Program & Events Committee Chair, or designee.</p> <p>All referees, starters, administrative officials, chief judges, and stroke and turn judges, serving in an official capacity in a sanctioned event, must be non-athlete members of USA Swimming or members of other FINA-member organizations. All meet directors for meets sanctioned by USA Swimming must be members of USA Swimming. Except for coaches accompanying athletes participating under the provisions of 202.9 or USA Swimming's "open border" policy, all persons acting in any coaching capacity in a sanctioned event must be coach members of USA Swimming.</p> <p>Photos and videos may be taken of swimmers during the meet by parents or a professional photographer retained by the host club. All participants agree to be filmed or photographed by photographers designated by the meet host and to allow the meet host the right to use names, pictures, likenesses, and biographical information before, during, or after the period of participation in Georgia Swimming competitions to promote swimming and meets hosted by the meet organizer. If you do not wish to have your child(ren) photographed, you may withdraw your consent by informing the Meet Director before the start of the first day of the meet.</p> <p>Swimmers participating under the provisions of 202.9 or USA Swimming's "open border" policy must be under the supervision of their own coach or a USA Swimming member coach. The Meet Director or Meet Referee may assist the swimmer in deciding for such supervision, but it is the swimmer's responsibility to make such arrangements prior to the start of the meet.</p>
USA SWIMMING MEMBER VERIFICATION:	September 22, 2022 Deck Pass and Deck Pass Plus are no longer available. To access USA Swimming member benefits, including your USA Swimming member card, download the USA Swimming app. Present this card to verify your USA-S and GA LSC credentials are in good standing.
COACHES: COACHES MEETING:	Coaches will be required to sign in at the Clerk of Course desk to verify their credentials, via SWIMS 3.0, are in good standing with USA-S and their respective LSC. There will be a coached meeting on Friday morning at 9:00am.
OFFICIALS:	SwimAtlanta welcomes visiting officials and apprentices and will appreciate help in officiating this competition. There will be an official's meeting 60 minutes prior to the start of each session. The official's uniform will consist of a white polo collared shirt, navy blue shorts (prelims only), skirts or slacks with white socks and shoes. All officials must present at check in, their current LSC Officials Certification Card; OR a recently completed Apprentice Form; AND proof of current USA Swimming Non-Athlete membership. Credentials may be required for deck access and hospitality. <p>Officials or apprentices requesting certain positions should contact the Meet Referee as early as possible prior to the meet. Note that apprenticing as a Starter will not be allowed at this meet. Note: This will be an OQM for N2 advancement or renewal and N3 S&T only. If interested in being evaluated, please complete the Application to work the meet:</p>

MEET COMMITTEE / MEET JURY:	The Meet Committee / Meet Jury shall be established during the coaching meeting or prior to the competition and shall consist of the Meet Director, Meet Referee, 2 Coaches, and 1 athlete member, as appropriate. As defined in the Official Glossary (2022 USA Swimming Rulebook)
AWARDS:	No awards
SCORING:	<ul style="list-style-type: none"> • Individual and Relay events will be scored to 20 places for 13-14 and 15&over. 12&Under events will be scored to 10 places. Teams can have 2 relays score per event, but can enter an unlimited number of relays. Swimmers that do not achieve the meet qualifying time in an event cannot score points in that event. • Individual Events: 24-21-20-19-18-17-16-15-14-13-11-9-8-7-6-5-4-3-2-1 • Relay Events: 48-42-40-38-36-34-32-30-28-26-22-18-16-14-12-10-8-6-4-2
CONCESSIONS:	Concessions will be available in the facility cafe
GEORGIA WARM-UP POLICY:	The <u>Georgia Swimming approved warm-up guidelines</u> will be followed for this meet. Warm-up lane assignments will be posted at the pool. USA Swimming Certified Coaches must supervise in the vicinity of all warm-up activities.
GA. SCRATCH RULE:	Georgia Swimming Scratch Rule

Friday, March 10, 2023
Session 1: / Warm up 9:00am and Start times 10:30am

Girls	SCY	ORDER OF EVENTS	SCY	Boys
1	-	12&u MIXED 200 Free Relay (Swam in Finals)	-	
3	-	14&u MIXED 200 Free Relay (Swam in Finals)	-	
5	-	Open MIXED 200 Free Relay (Swam in Finals)	-	
7	2:08.89	12&under 200 Free	2:08.69	8
9	2:01.09	13-14 200 Free	1:53.59	10
11	1:56.99	Open 200 Free	1:48.29	12
13	1:17.59	12&under 100 Breast	1:16.99	14
15	1:12.39	13-14 100 Breast	1:08.69	16
17	1:08.89	Open 100 Breast	1:02.49	18
19	1:07.89	12&under 100 Fly	1:08.29	20
21	1:02.69	13-14 100 Fly	59.09	22
23	59.99	Open 100 Fly	54.39	24
25	31.49	12&under 50 Back	31.79	26
27	5:08.79	11-12 400 IM*	5:20.49	28
29	4:49.49	13-14 400 IM	4:36.29	30
31	4:40.59	Open 400 IM	4:19.09	32

*** Event will be swum as Timed Final. All heats will be swum in prelims.**

Saturday, March 11, 2023 Session 3: / Warm up 9:00am and Start times 10:30am

Girls		ORDER OF EVENTS		Boys
33	-	12&u MIXED 200 Medley Relay (Swam in prelims)	-	
35	-	14&u MIXED 200 Medley Relay (Swam in prelims)	-	
37	-	Open MIXED 200 Medley Relay (Swam in prelims)	-	
39	1:07.99	12&under 100 IM	1:08.49	40
41	1:05.19	13-14 100 IM	1:01.49	42
43	1:04.99	Open 100 IM	58.99	44
45	2:36.29	12&under 200 Fly*	2:33.49	46
47	2:20.79	13-14 200 Fly	2:14.79	48
49	2:11.59	Open 200 Fly	2:01.29	50
51	27.59	12&under 50 Free	27.29	52
53	25.99	13-14 50 Free	24.39	54
55	24.89	Open 50 Free	22.49	56
57	2:49.49	12&under 200 Breast*	2:47.69	58
59	2:36.19	13-14 200 Breast	2:28.29	60
61	2:29.09	Open 200 Breast	2:16.09	62
63	1:07.99	12&under 100 Back	1:08.59	64
65	1:03.29	13-14 100 Back	59.89	66
67	1:00.89	Open 100 Back	55.29	68
69	5:40.59	12&under 500 Free*	5:42.29	70
71	5:21.79	13-14 500 Free	5:08.99	72
73	5:10.89	Open 500 Free	4:52.59	74
75	-	12&u MIXED 400 Free Relay (Swam in finals)	-	
77	-	14&u MIXED 400 Free Relay (Swam in finals)	-	
79	-	OPEN MIXED 400 Free Relay (Swam in finals)	-	

*** Event will be swum as Timed Final. All heats will be swum in prelims.**

Sunday, March 12, 2023 / Session 5: / Warm Up 9:00am and Start 10:30am

Girls		ORDER OF EVENTS		Boys
81	2:26.29	12&under 200 IM	2:28.29	82
83	2:18.09	13-14 200 IM	2:10.49	84
85	2:12.79	Open 200 IM	2:00.99	86
87	30.19	12&under 50 Fly	30.59	88
89	2:27.69	12&under 200 Back*	2:28.19	90
91	2:16.19	13-14 200 Back	2:09.49	92
93	2:10.99	Open 200 Back	2:00.29	94
95	35.89	12&under 50 Breast	35.49	96
97	59.29	12&under 100 Free	59.39	98
99	56.09	13-14 100 Free	52.69	100
101	54.29	Open 100 Free	49.19	102
103	-	12&u MIXED 400 Med Relay (Swam in prelims)	-	
105	-	14&u MIXED 400 Medley Relay (Swam in prelims)	-	
107	-	Open MIXED 400 Medley Relay (Swam in prelims)	-	
109	11:43.8 9	11-12 1000 Free*	11:38.99	110
111	11:08.7 9	13-14 1000 Free*	10:42.09	112
113	10:48.8 9	Open 1000 Free*	10:14.29	114
115	19:47.9 9	11-12 1650 Free*	19:47.99	116
117	18:50.1 9	13-14 1650 Free*	18:15.99	118
119	17:47.0 9	Open 1650 Free*	17:03.89	120

*** Event will be swum as Timed Final. All heats will be swum in prelims.**

2023 Best of the South**March 10-12, 2023**

Team Name _____ Team abbreviation _____

Team Address _____

City _____ State _____ Zip _____

Head Coach _____

Head Coach E-mail _____ Head Coach Cell _____

All coaches from your team must be listed and have valid USA Swimming credentials.1st Coach _____ 2nd Coach _____

Event Fee	\$10.00 x (number of Entries)	= _____
Relays	\$20.00 x (number of relays)	= _____
Facility Surcharge	\$15.00 x (number of athlete)	
GA LSC Travel Fund	\$3.00 x (number of athlete)	= _____
Non-GA LSC registered athletes	\$6.00 x (number of athlete)	= _____
	TOTAL	= _____

Submit one check payable to: [SwimAtlanta](#)Entries must be received on or before **[Feb 27, 2023](#)**Email entries to: Cheryl Loprinzo – cheryl.loprinzo@comcast.net**WAIVER, ACKNOWLEDGMENT AND LIABILITY RELEASE:***I, the undersigned coach, or team representative, verify that all swimmers and coaches listed on the enclosed entry are registered with USA Swimming.**I acknowledge that I am familiar with the safety rules of USA Swimming and Georgia Swimming regarding warm-up procedures and that I shall be responsible for the compliance of my swimmers with those rules during this meet.***I have reviewed RULE 302.4 FALSE REGISTRATION and understand that if a swimmer who is not properly registered with USA Swimming competes in a sanctioned competition, Georgia Swimming Inc. may impose a fine of up to \$100.00 per event against the individual, member coach or member club submitting the entry.**_____
Signature/Title_____
Date

COVID 19:

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable. USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND [THE LSC] AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION THEREWITH.

This statement shall also be included in heat sheets.