

Georgia Swimming will increase opportunity, recognition, and growth in competitive swimming. We believe that swimming provides life-changing experiences for young people.

CHAMPIONSHIP	SwimAtlanta and SA Hereafter known as "Host Club" 2023 Georgia Age Group Long Course State Championships July 13-16, 2023				
Sanction Application Links: Click on the corresponding link to complete the	Sanction Application Sanction Application for Approved Meets Application for Observation Non-Season Culminating Application for Observation Season Culminating				
Application for Sanction. SANCTION: ATTESTATION:	Held under the sanction of USA Swimming, issued by Georgia Swimming Inc., Sanction #: GA23-075/STT Article 202.4.3: Granted sanctions are non-transferrable to other organizations or clubs. Any such transferred sanction shall be void and the Sanction Committee shall deny any further sanctions to the organization or club violating this provision. In applying for this sanctioned event, the "Host Club" agrees to comply and to enforce all health and safety mandates and guidelines of USA Swimming, Georgia LSC, the State of Georgia, and local jurisdiction.				
LIABILITY:	In granting this sanction it is understood and agreed that USA Swimming, Inc., Georgia Swimming, Inc., and "Host Club," shall be free and held harmless from any liabilities or claims for damages or illnesses arising by reason of injuries to anyone during the conduct of the event.				
MAAPP: Minor Athlete Abuse Prevention Policy	 This meet will adhere to the current Minor Athlete Abuse Prevention Policy ("MAAPP) set forth by USA Swimming. All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition. A USA Swimming club that hosts a sanctioned USA Swimming swim meet indicates acknowledgement of USA Swimming's Minor Athlete Abuse Prevention Policy ("MAAPP"). All USA Swimming members including athletes 18 and older and adults who interact with minor athletes at swim meets are expected to comply with the MAAPP policy. All chaperones, team managers, adult swimmers, meet directors, officials, and non-member parents and meet volunteers are expected to understand and comply with MAAPP. As the host club, you are responsible for ensuring that these individuals know about and comply with MAAPP. 				

ELIGIBILITY FOR TIME RECOGNITION TO THE SWIMS DATABASE	Effective September 1, 2022, there will NO longer be a 30-day administrative grace period. Going forward, ANY 17-year-old athlete who has not completed the APT requirements by their 18th birthday WILL NOT be a USA Swimming member in good standing unless or until the APT requirement is completed. This includes eligibility to compete in USA Swimming sanctioned meets, club practices and all other related activities. Athletes will continue to receive an email notification reminder of the APT requirement 30 days prior to their 18th birthday as well as a reminder on their 18th birthday. ALL I+USA Swimming members aged 18 years old and older are required to complete APT annually. This is the individual's responsibility and includes both athlete and non-athlete members.
REPORT	The Georgia LSC believes that there is no place for discrimination in the sport of
DISCRIMINATION:	swimming.
	If you believe you are the victim of discrimination, you are encouraged to report the
	incident to USA-Swimming's Associate: Michelle
	Steinfeld, msteinfeld@usaswimming.org. Please provide a complete description of the
D , E , & I = Reference /	incident as well as a way to contact you and/or other parties involved. For more information refer to gaswimming.org/diversity.
Informational Section	Starting on September 1, 2022, USA Swimming members can submit anonymously or on
Informational Section	the record through plain text messaging at 888-270-SWIM (7946).
	Georgia Swimming LSC: D, E, & I (teamunify.com)
Swimmers with a Disability:	All swimmers with a disability (swads) must meet the LSC Parallel Time Standards in every
	event they wish to participate in the meet.
	Coaches with swimmers with a disability (swads) competing must notify the Entry Chair with their entry and the Meet Referee prior to the meet.
	Coaches may use the <u>Necessary Accommodation Form</u> to satisfy this requirement. LSC PARA motivational times (Parallel Time Standards LSC) should be included in meet information.
	Swimmers achieving a <u>PARA Sectional time</u> will qualify to swim in one of three mixed PARA heats at Finals to be swum at the beginning of the session, after the 2 nd event, and after the last individual event.
MEET DIRECTOR:	Wil Bayer – wil@swimatlanta.com / Chris Davis Jr. – chrisjr@swimatlanta.com
MEET REFEREE:	Jason Frankel – <u>jf18111@gmail.com</u>
ADMIN REFEREE:	Jill Brinkman - jeb207@att.net
STARTER:	Peter Soderstrom
STROKE AND TURN #1:	Kelly Griendling
STROKE AND TURN #2:	Brad Smith
ADMIN OFFICIAL:	Cheryl Loprinzo – <u>cheryl.loprinzo@comcast.net</u>
MARSHALL #1: -	Amy Brown
FEMALE	
MARSHALL #2: - MALE	Ryan L'Roy
FACILITY:	Georgia Tech McAuley Aquatic Center
	750 Ferst Drive NW Atlanta, GA 30332
	404-385-7529

MEDICAL SUPERVISION: SCHEDULE:	This facility's competition pool is a 10 lane, 50-meter pool, with Omega timing and scoreboard. The competition course has been certified in accordance with 104.2.2C(4). The certification is on file with USA Swimming, Inc., and Georgia Swimming, Inc. The pool depth at the start ends equals 9ft. and turn end depth equals 9ft. Lifeguards will be on duty during the course of the meet. *The Meet committee may decide to modify the schedule, based upon the timelines. All changes will be communicated as soon as possible. Session Warm-Up Start					
	Friday, Saturday, Sunday Finals	5:00pm	6:00pm			
MEET FORMAT:						
ENTRY FEES:	• IND. EVENT FEE:	\$12 / event				

	LATERIN ENTRIES \$24
	• LATE IND. ENTRIES: \$24 / event
	• RELAYS: - \$24 / event
	• LATE RELAY ENTRIES: \$48 / event
	• TIME TRIALS: \$24
	• FACILITY SURCHARGE: \$21/swimmer
	• \$3.00 GA LSC Travel Fund per athlete
ELIGIBILITY:	Open to all Qualifying Georgia Swimming registered Swimmers and teams.
	This meet will be conducted as defined above. All 2023 swimmers registered with USA Swimming and/or their respective FINA Federation, in good standing with their local national federation, will be allowed to compete. All foreign delegations must submit documentation from their federation indicating athletes, coaches, and team support are members in good standing of their FINA affiliated federation. "Host Club" will not allow unregistered swimmers, coaches, officials, or teams to participate in this meet. No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302.
	Qualifying times need to have been achieved between April 1, 2022 to July 9, 2023. Swimmers who have achieved the qualifying standard in the 800 or 1500 may enter either the 800 or 1500 free.
ENTRIES:	11-14 Swimmers may swim a maximum of 3 individual events per day, 10 & unders may swim a maximum of 4 events per day. Bonus swims: Swimmers who have qualified for an event in any preliminary or timed final session may swim three bonus events during the meet. (400 meter and above events cannot be a bonus swim option). Bonus swims can be used on any day. Bonus events count towards the daily event limit and must be designated as such on the entry. Bonus swims must be marked as such on the event file. Failure to do so will result in automatic removal of a swimmer from the bonus event and/or subject to proof of time fines. Deck entries can be made with the clerk of course up to 30 minutes before the start of the session.
	Time Trial events will be included in the daily individual event limit. JS swimmers can only use bonus swims in JS sessions.
CHECK IN:	In order to be seeded into deck-seeded events, swimmers must check-in with the Clerk of Course by the times shown below: • Thursday – 3:30 pm
CLERK of COURSE:	 Friday, Saturday, Sunday Prelims – 8:15 am Sunday 10&under 400 Free & 11-14 400 Free - 1:00 pm
	Deck entries will be accepted at each session at the start of warm-ups and will close 30 minutes before the session start time. Time trials will close at 10:30 am each day.
ENTRY SUBMISSION:	Submit one check payable to: SwimAtlanta Entries must be received on or before: Monday July 10, 2023, 3:00 pm. Submit entries using Hy-Tek team manager. Entries must include the USA Swimming Club Code and each swimmer's USA Swimming number, first and last name, age, and seeding time for each event entered.

RULES:

Current USA Swimming Rules will govern this meet.

Tech Suit Restrictions for 12-and-Under Swimmers

(Note: WOVEN FABRIC-A suit with woven fabric and sewn seams that does not extend below the hips is permitted.)

(Note: KNIT FABRIC-A suit with knit fabric and sewn seams not extending below the knees is permitted.)

This rule is in effect for all USA Swimming competitions in the United States, so any manufacturer or vendor selling a suit in the United States is subject to the above rule. No Technical Suits may be worn by any 12-Under USA Swimming athlete member in competition at any Sanctioned, Approved or Observed meet.

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, behind the blocks (Including warm-up, warm-down, and Competition), rest rooms or locker rooms.

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Deck changes are prohibited. (Defined as changing, in whole or in part, into or out of a swimsuit when wearing just one suit in an area other than a permanent or temporary locker room, bathroom, changing room or other space designated for changing purposes). Swimmers participating in deck changing could be subject to removal from further competition in the meet.

On-deck registrations will not be permitted during this event.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coaches' areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and /or spectators are present. Exceptions may be granted with prior written approval by the Program Operations Vice Chair, Program & Events Committee Chair, or designee.

All referees, starters, administrative officials, chief judges, and stroke and turn judges, serving in an official capacity in a sanctioned event, must be non-athlete members of USA Swimming or members of other FINA-member organizations. All meet directors for meets sanctioned by USA Swimming must be members of USA Swimming. Except for coaches accompanying athletes participating under the provisions of 202.9 or USA Swimming's "open border" policy, all persons acting in any coaching capacity in a sanctioned event must be coach members of USA Swimming.

Photos and videos may be taken of swimmers during the meet by parents or a professional photographer retained by the host club. All participants agree to be filmed or photographed by photographers designated by the meet host and to allow the meet host the right to use names, pictures, likenesses, and biographical information before, during, or after the period of participation in Georgia Swimming competitions to promote swimming and meets hosted by the meet organizer. If you do not wish to have your child(ren) photographed, you may

	withdraw your consent by informing the Meet Director before the start of the first day of the meet.
	Swimmers participating under the provisions of 202.9 or USA Swimming's "open border" policy must be under the supervision of their own coach or a USA Swimming member coach. The Meet Director or Meet Referee may assist the swimmer in deciding for such supervision, but it is the swimmer's responsibility to make such arrangements prior to the start of the meet.
USA SWIMMING	As of September 2022, Deck Pass and Deck Pass Plus are no longer available. To access
MEMBER VERIFICATION:	USA Swimming member benefits, including your USA Swimming member card, download the USA Swimming app. Present this card to verify your USA-S and GA LSC credentials are in good standing.
COACHES:	Coaches will be required to sign in at the Clerk of Course desk to verify their credentials, via SWIMS 3.0, are in good standing with USA-S and their respective LSC.
COACHES MEETING:	Coaches meeting will be held by Zoom on Wednesday, July 12th at 7:00pm.
OFFICIALS:	"Host Club" welcomes visiting officials and apprentices and will appreciate help in officiating this competition. There will be an official's meeting 60 minutes prior to the start of each session. The official's uniform will consist of a white polo collared shirt, navy blue shorts (prelims only), skirts or slacks with white socks and shoes. All officials must present at check-in their current LSC Officials Certification Card; OR a recently completed Apprentice Form; AND proof of current USA Swimming Non-Athlete membership. Credentials may be required for deck access and hospitality. Officials or apprentices requesting certain positions should contact the Meet Referee as early as possible, prior to the meet. Apprenticing as a Starter will not be allowed at this meet. This will be an OQM for N2 advancement or renewal and N3 S&T only. If interested in being evaluated, please complete the Application to work the
	meet.
MEET COMMITTEE / MEET JURY:	The Meet Committee / Meet Jury shall be established during the coaching meeting or prior to the competition and shall consist of the Meet Director, Meet Referee, 2 Coaches, and 1 athlete member, as appropriate. As defined in the Official Glossary (2023 USA Swimming Rulebook)
AWARDS:	 Medals will be awarded in each individual event places 1st through 3rd, and ribbons 4th-10th for all non-JS events. Medals will be awarded in each relay event for places 1st through 3rd. An award will be presented to the most outstanding swimmer (top individual scorer), male and female, in each age group (10&under, 11-12, 13-14). The three highest scoring teams in each division will receive awards. Division I (XL): 451+ swimmers Division II (L): 201-450 swimmers Division IV (S): 1-80 swimmers It is the team's responsibility to pick up awards.

SCORING:	Events will be scored to 20 places for all age groups (10&U, 11-12, 13-14); Relays will be scored to 20 places. Swimmers and relays that do not achieve the meet qualifying time in an event cannot score points in that event. JS events are timed final, non-scoring events. • Individual Events: 24-21-20-19-18-17-16-15-14-13-11-9-8-7-6-5-4-3-2-1 • Relay Events: 48-42-40-38-36-34-32-30-28-26-22-18-16-14-12-10-8-6-4-2			
CONCESSIONS:	Georgia Tech H20 Cafe			
GEORGIA WARM-UP	The Georgia Swimming approved warm-up guidelines will be followed for this meet.			
POLICY:	Warm-up lane assignments will be posted at the pool. USA Swimming Certified Coaches			
	must supervise in the vicinity of all warm-up activities.			
GA. SCRATCH RULE:	Georgia Swimming Scratch Rule			
MISC. INFORMATION:	Qualifying Time Standards			
	JS Qualifying Time Standards			
	Zone Team Selection			

Order of Events

Session 1: / Warm up 3:00 pm and Start 4:00 pm

Girls #	Age	Event	Boys #		Notes
1	13-14	800 Free		Timed Final	1, 2,3
	13-14	1500 Free	2	Timed Final	1, 2, 3
3	11-12	800 Free	4	Timed Final	1, 2, 3

Note 1: Positive check-in required.

Note 2: Swimmers must provide their own timer.

Note 3: Swimmers must provide their own counter.

Session 2: Prelims Warm up 7:30 am and Start 8:45 am

Girls #	Age	Event	Boys #		Notes
5	12&U	400 Free Relay	6	Timed Final	
7	14&U	400 Free Relay	8	Timed Final	
		Break – 3 Minut	te Minimum		
9	11-12	200 Back	10	Timed Final	
11	13-14	200 Breast	12	Prelims	
13	11-12	100 Breast	14	Prelims	
15	13-14	100 Fly	16	Prelims	
17	11-12	50 Fly	18	Prelims	
19	13-14	200 Free	20	Prelims	
21	11-12	200 Free	22	Prelims	
23	13-14	400 IM	24	Prelims	1, 2
25	11-12	400 IM	26	Timed Final	1, 2

Note 1: Positive check-in required.

Note 2: Swimmer must provide their own timer.

Session 3: JS and 10&U Warm Up Not Before 11:45 am and Start Not Before 12:30 pm

Girls #	Age	Event	Boys #		Notes	
101	10&U	50 Free	102	Timed Final		
103	11-12	JS 200 Back	104	Timed Final		
105	13-14	JS 200 Breast	106	Timed Final		
107	10&U	100 Back	108	Timed Final		
109	11-12	JS 100 Breast	110	Timed Final		
111	13-14	JS 100 Fly	112	Timed Final		
113	10&U	50 Breast	114	Timed Final		
115	11-12	JS 50 Fly	116	Timed Final		
117	13-14	JS 200 Free	118	Timed Final		
119	11-12	JS 200 Free	120	Timed Final	·	
	Break – 3 Minute Minimum					
121	10&U	200 Mixed Relay		Timed Final		

Session 4: Finals / Warm Up 5:00pm and Start 6:00pm

Girls #	Age	Event	Boys #		Notes
11	13-14	200 Breast	12	Finals	
13	11-12	100 Breast	14	Finals	
15	13-14	100 Fly	16	Finals	
17	11-12	50 Fly	18	Finals	
19	13-14	200 Free	20	Finals	
21	11-12	200 Free	22	Finals	
23	13-14	400 IM	24	Finals	

Session 5: Prelims / Warm Up 7:30am and Start 8:45am

Girls #	Age	Event	Boys #		Notes	
27	12&U	200 Free Relay	28	Timed Final		
29	14&U	200 Free Relay	30	Timed Final		
	Break – 3 Minute Minimum					
31	11-12	200 Breast	32	Timed Final		
33	13-14	200 Fly	34	Prelims		
35	11-12	100 Fly	36	Prelims		

Season 2023-2024 / Revision v04_15_2023

37	13-14	100 Back	38	Prelims			
39	11-12	50 Back	40	Prelims			
41	13-14	200 IM	42	Prelims			
43	11-12	200 IM	44	Prelims			
45	13-14	100 Free	46	Prelims			
47	11-12	100 Free	48	Prelims			
	Break – 3 Minute Minimum						
49	14&U	200 Medley Relay	50	Timed Final			
51	12&U	200 Medley Relay	52	Timed Final			

Session 6: JS & 10&U / Warm Up Not Before 11:45am and Start Not Before 12:30pm

Girls #	Age	Event	Boys #		Notes
123	10&U	200 IM	124	Timed Final	
125	11-12	JS 200 Breast	126	Timed Final	
127	12-14	JS 200 Fly	128	Timed Final	
129	10&U	50 Fly	130	Timed Final	
131	11-12	JS 100 Fly	132	Timed Final	
133	13-14	JS 100 Back	134	Timed Final	
135	10&U	100 Breast	136	Timed Final	
137	11-12	JS 50 Back	138	Timed Final	
139	10&U	100 Free	140	Timed Final	
141	11-12	JS 200 IM	142	Timed Final	
143	13-14	JS 200 IM	144	Timed Final	
145	11-12	JS 100 Free	146	Timed Final	
147	13-14	JS 100 Free	148	Timed Final	
149	10&U	200 Free Relay	150	Timed Final	

Session 7: Finals Warm Up 5:00 pm and Start 6:00 pm

Girls #	Age	Event	Boys #		Notes
33	13-14	200 Fly	34	Finals	
35	11-12	100 Fly	36	Finals	
37	13-14	100 Back	38	Finals	
39	11-12	50 Back	40	Finals	
41	13-14	200 IM	42	Finals	
43	11-12	200 IM	44	Finals	
45	13-14	100 Free	46	Finals	
47	11-12	100 Free	48	Finals	

Session 8: Warm Up 7:30 am and Start Time 8:45 am

Girls #	Age	Event	Boys #		Notes	
53	12&U	400 Medley Relay	54	Timed Final		
55	14&U	400 Medley Relay	56	Timed Final		
		Break – 3 Minute	Minimum			
57	11-12	200 Fly	58	Time Final		
59	13-14	200 Back	60	Prelims		
61	11-12	100 Back	62	Prelims		
63	13-14	100 Breast	64	Prelims		
65	11-12	50 Breast	66	Prelims		
67	13-14	50 Free	68	Prelims		
69	11-12	50 Free	70	Prelims		
Break – 3 Minute Minimum						
71	13-14	400 Free	72	Prelims	1, 2	
73	11-12	400 Free	74	Timed Final	1, 2	

Note 1: Positive check-in required.

Note 2: Swimmer must provide their own timer.

Session 9: JS & 10&U Warm Up Not Before 11:45 am and Start Not Before 12:30 pm

Girls #	Age	Event	Boys #		Notes	
151	10&U	200 Free	152	Timed Final		
153	11-12	JS 200 Fly	154	Timed Final		
155	13-14	JS 200 Back	156	Timed Final		
157	10&U	50 Back	158	Timed Final		
159	11-12	JS 100 Back	160	Timed Final		
161	13-14	JS 100 Breast	162	Timed Final		
163	11-12	JS 50 Breast	164	Timed Final		
165	10&U	100 Fly	166	Timed Final		
167	11-12	JS 50 Free	168	Timed Final		
169	13-14	JS 50 Free	170	Timed Final		
	Break – 3 Minute Minimum					
171	10&U	200 Medley Relay	172	Timed Final		
173	11-14	JS 400 Free	174	Timed Final		
175	10&U	400 Free	176	Timed Final	1	

Note 1: Positive check-in required.

Session 10: Finals Warm Up 5:00 pm and Start 6:00 pm

Girls #	Age	Event	Boys #		Notes		
59	13-14	200 Back	60	Finals			
61	11-12	100 Back	62	Finals			
63	13-14	100 Breast	64	Finals			
65	11-12	50 Breast	66	Finals			
67	13-14	50 Free	68	Finals			
69	11-12	50 Free	70	Finals			
Break – 3 Minute Minimum							
71	13-14	400 Free	72	Finals			

Necessary Accommodation Form

Swimmer's Name:			N	1eet:	DATE:	
Club	ClubLSC Coach:			Cell # (at meet)		
Accommo	odations r	needed; plea	se describe.			
Modificat	ions need	ded; please o	lescribe.			
Sessio	on	Event	Heat	Lane	Modification(s) Per Article 105	
	-					

Examples of Meet Accommodations:

Towel on block to start.

Assistance at the block before the start.

Takes longer to get to block or exit pool.

Wall lane placement.

Personal Assistant for mobility or communication.

Examples of Modifications per Art. 105 in accordance with 105.1.2.

Sitting position on block 105.5.1.E(1).

Starter's arm signals 105.3.1

Personal Assistant for mobility, tapper (B/VI) or communication, etc. 105.1.3.C and elsewhere. Legs due to immobility are unable to perform Breaststroke Kick 105.5.2.

Please state all requested accommodations. While you are familiar with your athlete, we are not. Things that are obvious to you are not to officials who have never met your athlete.

Season 2023-2024 / Revision v04_15_2023

2023 Age Group State LCM Championships July 13-16, 2023

Team Name	Team abbreviation		
Team Address			
City	State	Zip	
Head Coach			
Head Coach E-mail	Head	l Coach Cell	
All coaches from your team m. 1st Coach	ust be listed and have valid USA Swimm. 2 nd Coach _	ing credentials.	
3 rd Coach	4 th Coach _		
Athlete Event Fee	\$12.00 x (Entries)	=	
Relays	\$24.00 x (number of relays)	=	
Facility surcharge	\$21.00 x (number of athlete)	=	
GA LSC Travel Fund	\$3.00 x (number of athlete)	=	
	TOTA	L =	
Email entries to: cheryl.loprin WAIVER, ACKNOWLEDGMA I, the undersigned coa on the enclosed entry are regis I acknowledge that I a Swimming regarding warm-up swimmers with those rules dur I have reviewed RULE 302.4 not properly registered with I	before Monday July 10, 2023, 3:00pm IZO@comcast.net ENT AND LIABILITY RELEASE: Ich, or team representative, verify that all Istered with USA Swimming. Im familiar with the safety rules of USA So I procedures and that I shall be responsite Ing this meet. FALSE REGISTRATION and understa USA Swimming competes in a sanction I fine of up to \$100.00 per event against	Swimming and Georgia ble for the compliance of my and that if a swimmer who is ed competition, Georgia	
Signature/Title		Date	