



MEET/EVENT COVID PROCEDURES

Updated 10/13/2020

HEALTH SCREENING

- Prior to entering the building, each coach, swimmer/diver will have a temperature check, and anyone with a temperature of 100.4 or higher will not be allowed to enter. CAC Staff will check coaches; coaches/team personnel will be responsible for checking all of their swimmers (no exceptions). The CAC has 7 infrared (no touch) thermometers available for use. Teams are encouraged to bring their own as well thermometer as well to expedite the process. A CAC staff member will help as well, however teams are encouraged to schedule parents or additional personnel to assist as needed.
- Every person who enters the building will have to answer each of the following questions. If the answer to any of the questions is YES, that individual will not be permitted to enter the building (no exceptions):
 1. Are you confirmed or suspected of having COVID-19, and have had a fever in the past 3 days and have had symptoms in the past 7 days?
 2. In the past 14 days, been in close contact with someone suspected or confirmed as having COVID-19?
 3. In the past 24 hours, have you had any of the following symptoms: fever/chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestions or runny nose, nausea or vomiting, or diarrhea.
- Coaches MUST keep accurate attendance records of swimmers/divers so there is a record of who was in the facility each day, in the event of an outbreak.
- A health screening is required for all swim/dive meet participants as well, and rosters from each team attending must be supplied, if requested by the Aquatics Director.
- A mask or face shield must be worn by any individual performing a health screening.
- Teams will enter/exit the building via the front door (lobby) and will proceed immediately to the bleacher seating, which will be their staging area. Swimmers should arrive dressed to compete, with bathing suits on.
- Please encourage swimmers to arrive 10 minutes early so that they can be properly screened, and make sure they understand that NO ONE is to enter the facility without being screened. They will have to wait outside until it is their time. If a swimmer is

tardy and screenings have finished, he/she should wait at the Front Desk for CAC personnel to conduct the screening.

LOCKER ROOMS & SHOWERS

- Swimmers/divers are asked to shower prior to coming to the CAC (on the same day).
- Swimmers/divers should arrive and leave the CAC in their bathing suits. While locker rooms are open (with the exception of the lockers), swimmers/divers will not be permitted to use the changing areas or showers to avoid overcrowding. Swimmers will have to shower at home or elsewhere following the meet or event.
- Swimmers/divers should limit locker room use to using the restrooms only when necessary.
- There are lockers available on deck if needed.
- There is sanitizing spray and paper towels in each restroom. Everyone must sanitize their area after use.

SOCIAL DISTANCING & MASKS

- Masks are strongly encouraged. Currently, all CAC Staff and USA Swim Coaches wear a mask when within 6 feet of others, and most of our patrons do as well. Please lead by example as a coach and strongly encourage your athletes to wear a mask when not in the water. There are hooks on the back of each block where the swimmers can hang their masks prior to their race, so they can wear them to and from the blocks.
- Social distancing must be practiced in and out of the water, at practice and at meets. There are 6 foot markings along the entirety of the Competition Pool deck that you are encouraged to use to assist with social distancing of your swimmers. Please ask swimmers to remain upstairs in the bleacher seating until the announcer calls their event and asks them to come to the pool deck.
- Following each race, swimmers will proceed to the window/diving board side of the pool, and walk around the pool to the Front Lobby. Swimmers should follow the arrows directing traffic to and from the pool deck.
- Please visit the USA Swimming website to familiarize yourself with their recommendations for how to practice social distancing in/out of the water.
- Only 6 swimmers are allowed per lane at practice and at meet warm-up/warm-down.
- Swimmers/coaches will not be permitted in CAC staff areas.
- Social distancing must be practiced in the staging area at meets. The primary staging area for swimmers will be the upstairs bleacher seating. No spectators will be permitted at meets. A maximum of 180 swimmers are permitted in the upstairs bleacher seating.
- All timers are required to wear a face mask or face shield (supplied by the CAC).

SANITIZING

- Proper water quality will continue to be maintained at the Cumming Aquatic Center. The Pool Operator will perform water tests (chlorine & pH) with increased frequency.
- The CAC has a Daily Cleaning & Sanitizing Checklist, so that a staff member is assigned to sanitize throughout the day.
- The Competition area and bleacher seating will be sanitized between each session (when scheduling, please allow at least 30 minutes between sessions). The CAC will supply sanitizing solution and personnel to do this. Areas to be sanitized include the bleachers, dive blocks, bulkhead, and any other areas that a swimmer, diver, or coach from that team has had contact with.

OTHER GUIDELINES

- All USA Swimming, CDC, and GADPH of health procedures for covid-19 must be practiced and followed.
- Please remind your parents NOT to park in front of the facility for swimmer pick-up/drop-off. This blocks our fire/emergency lane and creates traffic issues at the CAC.
- Athletes should leave the building promptly at the conclusion of the meet.
- As long as it remains comfortable in the natatoriums, at least 3 fans in the Competition Pool and 1 fan in the Instructional Pool will be turned on to increase the circulation of outdoor air.
- Please encourage your athletes to follow the Flow of Traffic recommendations posted in the facility.
- The Lifeguards' primary responsibility will be to ensure the safety of all of the patrons in the water. It is the coach's/host team's responsibility to ensure that all covid-19, and social distancing guidelines are being practiced by their respective teams.
- CAC Management reserves the right to suspend any team's ability to practice or attend meets here if these policies are not adhered to. We take this seriously and we expect you all to too. Please understand that your failure to follow our covid-19 policies can result in the temporary shutdown of our entire operation, which not only affects your team's ability to swim but everyone else's too, not to mention a significant loss of revenue for the CAC.

REPORTING

- Carla is the designated point of contact at the CAC for all covid-19 related questions and to report positive cases.
- If an athlete or coach does report a positive COVID-19 test and has been at the CAC within 48 hours of exhibiting symptoms, please notify Carla immediately.

