

# Richard Quick Invitational 

In memory of<br>Coach Richard W. Quick June 17-19, 2016<br>James E. Martin Aquatic Center

Auburn University

Auburn, AL

## Official Event Information

"Richard will be remembered as one of the greatest coaches in the history of swimming," Auburn's Athletic Director, Jay Jacobs

Richard Walter Quick was born Jan. 31, 1943, in Akron, Ohio, and grew up in Austin; Wichita, Kan.; and Dallas. At 9, he swam in his first meet. He became a three-time all-American swimmer at Southern Methodist, where he earned a bachelor's degree in physical education in 1965 and a master's in physiology of exercise in 1977 .

His college career took him to five campuses. He was the head coach of the Southern Methodist University women (1976-77), the lowa State men (1977-78), the Auburn men and women (1978-82), the Texas women (1982-88) and the Stanford women (1988-2005). He returned to Auburn in 2007. Quick won seven N.C.A.A. titles with the Stanford women and five with the Texas women. In March, 2009, the Auburn men gained his record breaking 13 th N. C.A.A. title in Division 1. Quick was elected to the International Swimming Hall of Fame in 2000 . The College Swimming Coaches As sociation of America named him the N.C.A.A. coach of the year six times. In May, 2009, it awarded him its first Lifetime Achievement Award.

Internationally, Quick was the head coach of the United States men's and women's teams at the 1988 Olympics in Seoul, head coach of the women's teams in 1996 in Atlanta and 2000 Olympic Games at Sydney and also served as an assistant at the $1984,{ }^{\prime} 92$, and 2004 Olympics. A list of other international coaching assignments for Coach Quick includes four consecutive World Championships as the head coach in 1986, 1990 and 1994 , and an assistantin 1982. He also coached at the 1990 Goodwill Games, three Pan Pacific Games (1983, `85, `87), the 1985 World University Games and the 1979 Pan American Games.

Among the swimmers he coached were Rowdy Gaines, Janet Evans, Jenny Thompson, Dara Torres, Summer Sanders, Misty Hyman, Matt Biondi, Betsy Mitchell and Lea Loveless. "He'd show up at 5:30 a.m. It could be 30 degrees and he'd be smiling," Sanders, who swam for Quick at Stanford and at the 1992 Olympics, told the San Jose Mercury News in 2005 . "He had an ability to make you believe you could do what you thought was impossible." "He told me if lame to Stanford, he would make me into an Olympic gold medalist," Thompson told USA Today in 1997. She went to Stanford and went on to win eight Olympic gold medals, the most by any female swimmer.

Coach Quick had experienced tremendous success at every level of coaching and was very familiar with Auburn, the Auburn community and the swimming
and diving program. He built a reputation as one of the top swimming coaches in the world. With his passing at age 66, the swimming world lost a giant.

## MPORTANT FACtS ABOUT THE MEET

Time Trials will be offered for all swimmers according to Rule 207.11.

Swimmers' and Coaches' Responsibility - It shall be the swimmers' and coaches' responsibility to acquaint themselves with all of the information contained in this meet information book.
Held under the sanction of USA Swimming and Southeastern Swimming Inc. -

Sanction number:16SEAUB6-17
Time Trial Sanction number: 16SEAUB6-17TT

No USA Registration will be allowed at the meet.

This meet will be conducted under the auspices of Southeastern Swimming, Inc. of USA Swimming. USA Swimming technical rules and regulations will be followed with the exception of items specifically addressed in the meet information Sanctioned by Southeastern Swimming, Inc

All swimmers shall be registered with their LSC through United States Swimming, Inc. and registration numbers must be listed on the entry form. No entries will be accepted without current registration numbers.

Coaches shall display, in an obvious location, or provide their USAS membership cards to be allowed on deck at any SES sanctioned meet. Please check in with security person before entering pool deck to receive your wrist band.

In the interest of safety, coaches, swimmers and spectators are asked to observe all posted pool rules and conduct themselves in a safe and prudent manner. Only meet officials, meet volunteers, coaches and swimmers will be allowed on the pool deck. Nobody will be allowed to climb on the diving boards or diving towers for any reason.

Southeastern Swimming Safety Guidelines and Warm-up Procedures will be in effect. USA Swimming prohibits cameras/video recording devices, including camera phones from the locker rooms.

Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.

Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

THERE WILL BE NO FOLDING CHAIRS ALLOWED IN THE UPSTAIRS WALKWAY AREAS. ONLY STADIUM SEATS ARE ALLOWED IN THE SPECTATOR SEATING AREA.

Order of Events

| Richard Quick Invitational <br> Order of Events Long Course Meters als events are Senior (Minimum age is 13) Max Events 6 |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Women's Events |  | Day 1-Friday, Prelim Warm ups - | etition - | Men's | Events |
| 1 | 38.79 | 50 Fly | 39.29 |  | 2 |
| 3 | 2:50.69 | 200 Free | 2:46.19 |  | 4 |
| 5 | 1:41.89 | 100 Breast | 1:33.99 |  | 6 |
| 7 | 1:31.09 | 100 Back | 1:30.09 |  | 8 |
| 9 | 5:49.99 | 400 IM | 5:30.99 |  | 10 |

Finals Warm ups - 5:00 pm Competition-6:00 pm


## Richard Quick Invitational 12 and under Order of Events

All 12 and under events will be timed finals. All events will follow prelims. 12 and unders have a max of 6 events total with no more than three per day.

Friday, June 17, 2016

Warm-up - No sooner than 1:00pm Competition - No Sooner than 2:00 pm


## Meet Administration

Facility Address

James E. Martin Aquatic Center
661 Heisman D r.
Auburn University Campus
Auburn, AL 36849
Phone: 334-844-9622
Email: ses0032@auburn.edu

Meet Director

Jeff Dellinger

4260 Loblolly Ct.
Auburn, AL 36830
Phone: 334-707-1980
Email: jeffdellinger@msn.com

## Meet Referee

Dave Smith

Admin Official

Judi Middleton
davesmith4@cox.net

Schedule

| Friday June 26 | 8:00 AM | Officials' Briefing | Hospitality Room |
| :--- | :--- | :--- | :--- |
|  | 8:45 AM | Coaches' Meeting | Hospitality Room |

All subsequent officials' briefings will be one hour prior to each session

## SITE INFORMATION

INFORMATION / LOST \& FOUND
Any items turned into the facility staff will be collected at the lifeguard office.
Medical Assistance
First aid assistance available through the facility lifeguards

## Concessions

Concessions will be available for spectators in the facility lobby.

## Hospitality

Coaches and Officials hospitality will be available throughout the meet in the room mid-point to the pool.

## Pool Hours

| Thursday | 6:00 PM $-8: 45$ PM |
| :--- | :--- |
| Friday- Sunday | 6:30 AM -30 minutes after Finals |

Credentials Restricted access to the facility will be strictly enforced. Please wear your credentials at all times.

## About the Facility

POOL Indoor 50 meter by 25-yard pool, offering 8 lanes for long course competition. It is one of the fastest pools in the country with pool depth ranging from 9 feet at the shallowest to 16 feet. . The competition course has not been certified in accordance with 104.2.2C(4).

TIMING Automatic timing will be provided by Colorado Timing System with HYTEK interface on both courses. Manual back up will be used. An 8-lane Daktronics scoreboard will be used.

The James E. Martin Aquatics Center is a swimming complex on the Auburn University campus in Auburn, Alabama. It is the home pool of the Auburn University and Auburn High School swimming and diving programs. The Martin Aquatics Center has hosted the NCAA Men's (1998) and Women's (2003) Swimming and Diving Championships, as well as the US Open in 1995, 2000, and 2005. In 2002, Sports Illustrated rated the Martin Aquatics Center indoor pool the third-fastest pool in the United States.

The James E. Martin Aquatics Center consists of three pools: an indoor training pool (built in 1969), an outdoor training pool (2007), and a competition pool with diving well (1993).

The Martin Aquatics Center competition pool was constructed in 1993 as part of a $\$ 10.5$ million expansion to the previous swimming facility. The pool is $77 \mathrm{~m} \times 25 \mathrm{y}$, with a general depth of $9-10$ feet extending to 16.5 feet in the diving well. The pool has two moveable bulkheads allowing for variable distance competitions and simultaneous diving. The pool contains a gutter system which minimizes wave reflection along the sides of the pool, as well as a water pass-through system in the bulkheads which reduces wave reflection on turns. The diving area contains $1-, 3-, 5-, 7.5-$ and 10 -meter platforms, and two one-meter and two three-meter springboards. The facility contains seating for 1000 spectators and 800 competitors.

The oldest part of the Martin Aquatic Center was a 1969 pool that is currently used as the indoor training pool. In the early 1990s construction began on a $\$ 10.5$ million expansion of that facility to
include the current competition area. The facility was opened in 1993 and dedicated on April 30, 1994 as the James E. Martin Aquatics Center. In its first year, the facility hosted the Southeastern Conference championships, followed by the US Open in 1995.

In 1996, the facility hosted the Olympic swimming and diving teams of China, Japan, Finland, Israel and South Africa and the United States water polo team training for the 1996 Summer Olympics in nearby Atlanta, Georgia. In 1998, the NCAA Men's Swimming and Diving Championships were held at the Aquatic Center, and in 2000 the US Open returned. Martin hosted both the SEC championships and the NCAA Women's Swimming and Diving Championships in 2003, and the US Open in 2005. In 2007, a new outdoor training pool was opened adjacent to the facility.

## MEET FORMAT:

Finals will have the top 48 in each 50,100 , and 200 event returning with the top 32 in the 400 Free and 400 IM . The winner of each heat in finals will be awarded a race winner t-shirt. All Senior events but the 1500 are prelim/finals. 12 and under swimmers will be awarded a high point award for the top 2 finishers in the age group for 11-12 and 10 and under. Swimmers must swim in the 12 and under sessions to be eligible for awards. Senior events will not be eligible.

All individual events 400 meters or longer will be deck seeded. The 400 Free and 400 IM will be swum the fastest four heats of each sex circle seeded slow to fast and then alternate women men fast to slow for remaining heats. Swimmers must check in for these events at the Clerk of Course by 8:15 AM on the day that they will be swum for Senior events and by the end of warm up for the 12 and under session.

The 1500 Free will be conducted as a timed final event on Sunday beginning ten minutes after the completion of the Prelims. All heats of the mile will be fast to slow alternating women and men. The fastest 8 swimmers of each sex entered in the 1500 will be swum during finals. There will be a AM/PM option for swimming the 1500.

## ENTRIES:

A swimmer may enter three individual events per day and no more than six individual events in the entire meet. Time Trial events count as one of the three events allowed on a given day, but do not count as one of the six individual events in the meet.

SCRATCH RULE: Any swimmer not planning to swim at night in the finals must scratch with the Admin Referee through the Clerk of Course within 30 minutes after the results are posted for each affected event. The penalty for failure to show in a Final, Consolation or Bonus final is disqualification from the remainder of the meet (USA Swimming Rule 207.12.6D). The penalty for missing a deck-seeded individual event will result in being barred from the swimmer's next individual event. There is no penalty for not swimming in the non deck-seeded preliminary events or relay events.
NATL OFFICIALS CERTIFICATION: This meet has been designated a qualifying meet for national official certification (OQM). Officials requesting N2/N3 evaluation at this meet are requested to complete
the USAS application for evaluation and forward it to the meet referee, Dave Smith, as soon as practical so we can arrange for evaluators. Evaluation applications will be accepted on site, on a case-by-case basis, depending on our capacity to provide appropriate evaluations.
WARM-UP
RULES: Southeastern Swimming, Inc. safety guidelines and warm-up procedures will be in effect.
A. General Warm-up

1. NO DIVING OR RACING STARTS ALLOWED FROM BLOCKS OR EDGE OF POOL.

Swimmers must enter feet first in a cautious manner.
2. No sprinting or pace work allowed during the general warm-up session.
3. All lanes to be used for general warm-up.
B. Specific warm-up Coordinated by on-deck official

1. OPEN/PACE Lanes 1 and 8
2. SPRINTS Lanes $2,3,6,73$. GENERAL Lanes 4 and 5

ENTRY LIMIT: Swimmers may swim three (3) individual events per day. A swimmer may enter no more than SIX (6) events, but may only swim three individual events per day.
ENTRY FEES: Individual Events $\$ 7.25$ per event
Facility Surcharge of $\$ 18.00$ per athlete
$\$ 5.00$ per swimmer outside the LSC
\$5.00 per swimmer SA surcharge

