

2022-2023 SCAT Short Course Schedule

Group	Schedule	Monthly Cost
Bronze Developmental	Monday & Wednesday 3:15-4:00p	\$100
Bronze Developmental	Tuesday & Thursday 3:15-4:00p	\$100
Bronze	Monday - Thursday 3:15-4:00p	\$170
Silver Developmental	Monday & Wednesday 4:00-5:00p	\$115
Silver Developmental	Tuesday & Thursday 4:00-5:00p	\$115
Silver	Monday & Wednesday 4:00-5:00p Tuesday & Thursday 4:00-5:00p *	\$190
Gold	Monday & Wednesday 4:00-5:30p Tuesday & Thursday 4:00-5:30p * Saturday 9:30-11:30a	\$270
Senior	Monday & Wednesday 5:30-7:00p Tuesday & Thursday 5:30-7:00p * Saturday 7:00-9:30a	\$270
National Development	Monday & Wednesday 5:00-7:00p Tuesday & Thursday 5:00-6:30p ^ Saturday 7:00-9:30a	\$380
National	Monday & Wednesday 5:00-6:30p ^ Tuesday & Thursday 5:00-7:00p Friday 4:30-6:30p Saturday 7:00- 9:30a	\$400
2 caps & shirt	Registration fee (Developmental & Prep)	\$150
2 caps, t-shirt, team suit	Registration fee (all other groups)	\$275
	* Dry-land after practice for 30 mins	
	^ GoPerformance dry-land 6:45-8:00p	