SHAC
SWIM HOUSTON AQUATICS CENTER

July 8-14, 2019

www.swimshac.com

speedo

	Monday July 8	Tuesday July 9	Wednesday July 10	Thursday July 11	Friday July 12	Saturday July 13	Sunday July 14	Monday July 15
Practice (AM)	SRNat 6:00-9:00 SR I 6:00- 8:30	SRNat 6:00-9:00 PreSR 8:00-9:30 JR II 8:00-9:30 JR I 8:00-9:30	SRNat 6:00-9:00 SR I 6:00- 8:30 PrSR 8:00-10:00 JR II 8:00-10:00 JR I 8:30-10:00 ShAC3 7:30 8:30 ShAC2 7:30-8:15	Modified Practice SRNat 6:00-9:00 SR I 6:00- 8:30 PrSR 8:00-10:00 JR II 8:00-10:00 JR I 8:30-10:00 ShAC3 7:30 8:30 ShAC2 7:30-8:15	SRNat 6:00-9:00 SR I 6:00- 8:30 PrSR 8:00-10:00 JR II 8:00-10:00 JR I 8:30-10:00 ShAC3 7:30 8:30 ShAC2 7:30-8:15	Modified Practice SRNat 6:00-9:00 SR I 6:00- 8:30 All Others: NO Practice	No Practice	SRNat 6:00-9:00 SR I 6:00- 8:30
Practice (PM)	SRNat 4:00-6:00 SR I 4:00-6:00 PreSR 5:30-7:30 JRII 5:30-7:30 JR I 6:00-7:30 ShAC3 5:00-6:00 ShAC2 4:15-5:00	SRNat 4:00-6:00 SR I 4:00-6:00 PreSR 5:30-7:30 JRII 5:30-7:30 JR I 6:00-7:30 ShAC3 5:00-6:00 ShAC2 4:15-5:00	No Practice	SRNat 4:00-6:00 SR I 4:00-6:00 PreSR 5:30-7:30 JRII 5:30-7:30 JR I 6:00-7:30 ShAC3 5:00-6:00 ShAC2 4:15-5:00	No Practice	No Practice	No Practice	SRNat 4:00-6:00 SR I 4:00-6:00 PreSR 5:30-7:30 JRII 5:30-7:30 JR I 6:00-7:30 ShAC3 5:00-6:00 ShAC2 4:15-5:00
Due	-	-	-	-	-	-	-	-
B-day	Alvin Oentoro	-	-	Isaac Prescod	-	-	-	-
Meets & Events	-	-	-	-	Gulf Age Group Champs (CFSC)	Gulf Age Group Champs (CFSC)	Gulf Age Group Champs (CFSC)	-

Subscribe to ShAC calendar (iOS/Outlook/Google Calendar)

webcal://p41-calendars.icloud.com/published/2/j7w39ZsSCNOkfA-MOUhDmQbLQ_hGWsvLRZZ4WtV8j3_bQJEdw_FWDSqlfGbwSAzq29XXIi_6QvPeGmcVyexhKKuZdco-s7nqj7NmZITLt78