



2021-2022 SHORT COURSE PRACTICE SCHEDULE



		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Senior - National Squad	AM	---	5:30-7:00	---	5:30-7:00	---	7:00-10:00
	PM	4:00-7:00	4:00-7:00	4:00-7:00	4:00-7:00	4:00-6:00	-
Senior 1	AM	---	---	---	---	---	7:00-10:00
	PM	4:00-7:00	4:00-7:00	4:00-7:00	4:00-7:00	4:00-6:00	---
Junior III	AM	---	---	---	---	---	10:00-12:00
	PM	5:30-7:30	5:30-7:30	5:30-7:30	5:30-7:30	5:30-7:30	---
Junior II	AM	---	---	---	---	---	10:00-12:00
	PM	5:30-7:30	5:30-7:30	5:30-7:30	5:30-7:30	5:30-7:30	---
Junior I	AM	---	7:00-8:30 (Option)	---	7:00-8:30 (Option)	---	9:00-11:00
	PM	6:00-7:30	6:00-7:30	6:00-7:30	6:00-7:30	6:00-7:30	---
ShAC 3	AM	---	---	---	---	---	11:00-12:00
	PM	5:00-6:00	5:00-6:00	5:00-6:00	5:00-6:00	5:00-6:00	---
ShAC 2	AM	---	---	---	---	---	11:00-12:00
	PM	4:15-5:00	4:15-5:00	4:15-5:00	4:15-5:00	4:15-5:00	---

Starting August 1, 2021