



2021 - 2022 ShAC Masters  
(All ability levels. Novice, Triathletes and  
competitive swimmers)

Monday, Wednesday , Friday  
12:00 PM - 1:00 PM and

Tuesday, Thursday  
6:00 AM - 7:00 AM

Saturdays  
11:00 AM - 12:00 PM

\$100 Per month (\$10 drop in. Must be  
registered with US Masters to swim)

Yearly Registration  
\$150.00 per year includes yearly USA  
Masters' Registration, White ShAC Shirt and  
a ShAC Hoodie.