

Lone Star Swim Team Supplemental Document for Meet Sanction

Lone Star Swim Team has implemented local protocols and requirements, and health and safety guidelines in accordance with the Texas, Local, and State Government ([Executive Order GA 19](#)), Gulf Swimming, and USA Swimming ([Return To Competition Plan](#)).

1. Entry and Exit Procedures at CyFair ISD Facility

Swimmers may enter through the doors to the Natatorium facing Bobcat Road. Temperature screenings may be administered to all athletes, meet personnel, staff, and volunteers. No person will be allowed to enter with a temperature over 100.4 F in accordance with CDC and local health department recommendations. Any person who displays other visible symptoms of illness will not be accepted into competition that day. This includes but is not limited to cough, shortness of breath, difficulty breathing, chills, muscle pain, headache, sore throat or new loss of taste or smell.

Parents must implement the Daily Self Screening for Swimmers Protocol that LSST has implemented. PARENTS MUST SCREEN swimmer(s) daily (**prior** to entering the swim meet) for the following signs and symptoms of COVID-19: 1. Are you experiencing any of the following in a way that is not normal to you? Feeling feverish or a measured temperature greater than or equal to 100.4 F, Loss of taste or smell, Cough, Difficulty breathing, Shortness of breath, Fatigue, Headache, Chills, Sore throat, Congestion, or runny nose, Shaking or exaggerated shivering, Significant muscle pain or ache, Diarrhea, Nausea, or vomiting, 2. Have you had known close contact with a person who has tested positive for COVID-19 within the last 14 days? Temperature checks will still be taken at the gate and any temperature over 100.4 will not be allowed in the facility. Swimmers must stay home if they answer “yes” to any of the above.

2. Team Gatherings/Large Gatherings

Lone Star Swim Team will limit gathering at the facility to current mandated capacity levels. This meet will be conducted in compliance with local, state, and USA Swimming COVID 19 restrictions.

Lone Star Swim Team prohibit anyone congregating anywhere within the facility and property area. As the swim event is entirely indoors, we ask that all persons wear a mask at all times, swimmers may wear a mask when not swimming.

3. Safe Sport Consideration

Safe Sport ensures that a parent has access to/or the opportunity to observe their child(ren). Athletes and their families will be able to view the meet in person. We recommend spectators wear masks and monitor distancing from other spectators in spectator viewing area at the facility.

4. Attestation Statement

In applying for this sanction Lone Star Swim Team agrees to comply and enforce all health and

safety mandates and guidelines of USA Swimming, Gulf Swimming, the State of Texas, and the Harris County Public Health Department.