

# Gulf Swimming 12 & Under Championships

July 9 - 10, 2022

A Short Course Yards Timed Finals Meet

HOSTED BY

Swim Houston Aquatics Center (ShAC)



Sanction Number # **GU-LC-22-114**

**ENTRIES DUE TO TPC CHAIR ( [tpc@gulfswimming.org](mailto:tpc@gulfswimming.org) ) BY 11:59 PM, FRIDAY, JUNE 17, 2022**

**LOCATION:** Swim Houston Aquatics Center  
8454 W. Airport Blvd.  
Houston, TX 77071

**SPECIAL INSTRUCTIONS:** This is an outdoor meet. Spectator set up will be allowed at Shac's outdoor facility in designated areas. Swimmers may bring chairs for outdoor set up around pool deck. In the case of inclement weather, the meet will be suspended.

<b>MEET STAFF:</b>	<b>MEET REFEREE:</b> Kyle Stewart	kyle.stewart63@gmail.com
	<b>ADMIN OFFICIAL:</b> Amy Schauss	amyschauss@yahoo.com
	<b>MEET DIRECTOR:</b> Heather Valchar	heathervalchar@hotmail.com
	<b>SAFETY MARSHAL:</b> Scott Ashley (ShAC)	
	Scott Valchar (ShAC)	
	<b>COACH:</b> Gilbert Legaspi, Head Coach (ShAC)	
	Karol Legaspi, Age Group Coach (ShAC)	

**POOL:** One eight lane, 25 yard indoor pool with non-turbulent lane lines will be used for warm-up and competition. A separate warm-up / warm-down area will be made available during the competition.

**TIME AND DATE:** This is a four session, 2 day, timed-finals meet with AM and PM sessions on Saturday and Sunday.

**Session 1:** Saturday AM—July 9, 2022

Age Groups: 12 & Under Girls

Warm-up\*: 7:30-8:45 am / Meet Start: 9:00 am

**Session 2:** Saturday PM – July 9, 2022

Age Groups: 12 & Under Boys

Warm-up\*: Host team will publish PM session warm-up and start times with warmup/timing assignments on Gulf webpage.

**Session 3:** Sunday AM—July 10, 2022



Age Groups: 12 & Under Girls

Warm-up\*: 7:30-8:45 am / Meet Start: 9:00 am

**Session 4: Sunday PM – July 10, 2022**

Age Groups: 12 & Under Boys

Warm-up\*: Host team will publish PM session warm-up and start times with warm up/timing assignments on Gulf webpage

\*Split warm-ups will be in effect, with assignments posted on the Gulf Swimming website. Lane assignments for warm-ups and timing will be designated in the meet program, and posted on the Gulf Swimming website by Monday, July 4, 2022.

**MEET TYPE:**

This meet will be run utilizing flyover start procedures unless a waiver is received from the Technical Planning Committee Chair. At the conclusion of each heat, the swimmers shall remain in the water until after the next heat is started. Coaches, please remind your swimmers of the flyover start procedure.

**SAFETY GUIDELINES AND WARM-UP PROCEDURES:**

See attached Safety Guidelines and Warm-up Procedures

**SEEDING:**

The meet will be a pre-seeded for all events except the 500 free and all relays, which will be deck seeded. All events will be seeded fastest to slowest.

**ON-DECK ENTRIES:**

Late entries will be accepted each day up to 45 minutes before the start of each session. Those swimmers missing the 11:59 pm, Friday, June 17, 2022 deadline may enter the meet on-deck in the following manner:

1. On deck entries are open to those athletes assigned to the meet location by the TPC Chair through the meet entry procedures.
2. Swimmers must pay double the entry fee at the time of entry. Swimmers not already entered in the meet must also pay the swimmer surcharge fee.
3. Swimmers must supply completed entry forms. The swimmers will be seeded according to their best times in deck seeded events.
4. Swimmers must enter all events for the session forty-five (45) minutes prior to the start of the session's first event.
5. Swimmers must be qualified to swim the event entered.
6. Swimmers must not exceed the allotted number of events allowed each day.
7. Swimmers that on-deck enter to change their entry time in a deck seeded event,
  - a. must circle-in on the posted circle-in sheets,
  - b. the on-deck entry time will be used for seeding, and
  - c. the on-deck entry fees still apply to these swimmers.
8. Heats will be added, if necessary and if the timeline permits.

**ENTRY INFORMATION:**

**Entry Times:** Swimmers must enter at their best time. Entry times must be submitted in the course at which the best time was achieved – short course yards (Y), short course meters (S), or long course meters (L). Do not convert meter (yard) times to yard (meter) times. If entries are made by paper (not using Hy-Tek), swimmers should indicate on their



entry the course at which the entry time was made (i.e., L, S, or Y). If swimmers have never competed in a USA Swimming meet before, put NT where a seed time is requested. Times must be from USA Swimming meets

**Cut-off Times:** Swimmers must have two (2) or less 2021-2022 Gulf Age Group Champs Time Standards to enter this meet and then may enter and swim any event offered. **This includes events not offered at this meet – i.e. 11 - 12 400 IM. See time standards attachment.**

**Qualifying Times:**

9 – 10 and 11 – 12 None.

8 & U athletes must have B time in next shortest event to swim 200/500 Free, 200IM.

**Age:** As of July 9, 2022

**Number of Events:** Swimmers may compete in up to four (4) individual events and one (1) relay event per day.

**Entries:** All teams MUST submit their entries electronically via e-mail, using the Hy-Tek Meet Manager/Team Manager computer software.

**Deadline:** Entries must be emailed to the Meet Entry Chair no later than **11:59 pm, Friday, June 17, 2022.** No late entries will be accepted. Email entries to [tpc@gulfswimming.org](mailto:tpc@gulfswimming.org)

**Eligible Teams:** Venues will be balanced by team numbers. The team lists will be posted on the Gulf website. Swimmers attached to a registered Gulf Swimming team, swimmers in the documented process of transferring to a Gulf Swimming team may participate in this invitational meet.

An unattached swimmer not affiliated with a USA Swimming Club must follow the same entry procedures as those swimmers affiliated with a team. In order to be seeded in a Gulf meet, an unattached swimmer not affiliated with a USA Swimming Club, must enter by the entry deadline, following the entry procedures in the Meet Announcement, and provide proof of a registered coach responsible for their supervision on deck during the meet. All unattached athletes will be assigned a meet location by the TPC Chair upon assignments being announced.

<b>Individual Event Entry Fee (per event):</b>	\$8.00
<b>Relay Event Entry Fee (per relay):</b>	\$13.00
<b>Swimmer Surcharge Fee (per swimmer):</b>	\$6.75 (includes free electronic meet program)
<b>Make entry fee checks payable to:</b>	Swim Houston Aquatics Center



Mail entry fees **(POSTMARKED BY FRIDAY, JULY 1, 2022)** to the address below:

Swim Houston Aquatics Center  
8454 W. Airport Blvd.  
Houston, TX 77071

Phone: (713) 303-9451 Heather Valchar (Meet Director)  
Email: heathervalchar@hotmail.com

- RELAY CARDS:** Relays cards due 45 minutes before session start.
- AWARDS:** Individual events: Custom Gulf Medals, 1<sup>st</sup> - 3<sup>rd</sup> place, Gulf Ribbons, 4<sup>th</sup> - 8<sup>th</sup> place.  
Relay events: Custom Gulf Medals 1<sup>st</sup> place, Gulf Ribbons 2<sup>nd</sup> - 3<sup>rd</sup> place.  
Individual High Points for each age group (6&U, 7, 8, 9 - 10, 11 - 12) and gender.  
Team Awards for 1<sup>st</sup> - 3<sup>rd</sup> place.
- SCORING:** Individual Events: 9-7-6-5-4-3-2-1  
Relay Events: 18-14-12-10-8-6-4-2  
12 & Under individual events will be swum combined but scored separately as 8 & Under, 9-10 and 11-12.  
8 & Under individual events will be swum combined but scored separately as 6 &U, 7, 8.  
12 & Under relay events will be scored as 12 & Under.  
8 & Under relay events will be scored as 8 & Under.

**RULES AND SANCTIONS:**

The current USA Swimming and Gulf Swimming rules will apply. The meet will be held under the sanction of USA Swimming and Gulf Swimming. It is understood and agreed that USA Swimming and Gulf Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. No entries can be accepted unless the entrant is a registered member of USA Swimming as provided in Article 302. On deck USA Swimming membership registration will not be permitted.

**POOL MEASUREMENT:**

The competition course has not been certified in accordance with USA Swimming Rule 104.2.2(C). The pool will be measured before the competition begins to ensure that the course length is correct

The water depth of the competition course is 6 feet 6 inches measured from 1 meter to 5 meters on the starting end of the course, and 6 feet 6 inches measured from 1 meter to 5 meters on the turning end of the course.

**TIMING SYSTEM:**

A Colorado Model 6000 electronic timing system with electronic scoreboard will be used. Two watches per lane will be used as a back-up. Teams will be required to furnish timers based on their percentage of swims at the meet. Timing assignments will be published in the meet program. Swimmers in the 500 Free, must provide their own timers and a lap counter where applicable.



**POOL DECK RESTRICTION:**

Because of USA Swimming Insurance Safety Regulations, the swimming pool deck, during the operation of all Gulf Swimming sanctioned meets, is closed to all persons except swimmers, coaches, marshals, officials, meet personnel, and timers. All registered non-athletes are required to display their current USA Swimming registration card. If you are asked to leave the deck by any registered personnel, please do so. It is for your safety.

Coaches and Officials must present their membership cards in order to receive complimentary Heat Sheets and for admission to the Hospitality Room. Coaches must supervise their swimmers.

**DECK CHANGES:**

Deck Changes are prohibited. Deck Change definition – “changing, in whole or in part, into or out of a swimsuit when wearing just one suit in an area other than a permanent or temporary locker room, bathroom, changing room or other space designated for changing purposes”.

**MAAPP POLICY:**

All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (“MAAPP”), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

**AUDIO/VIDEO RECORDING DEVICES:**

Use of audio or visual recording devices, including a cell phone, is not permitted in the area behind the starting blocks, in changing areas, restrooms, showers or locker rooms. Violators may be reported to law enforcement or other governmental authorities and/or may be barred from the facility during the sanctioned event.

**DRONES:**

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Vice President of Program Operations.

**PROOF OF TIME:**

Any swimmer who cannot prove that he/she was eligible to swim an event in this meet will be fined \$20.00 for each event that he/she fails to prove. The fine or proof of time is sent to the Administrative Vice-Chair, Paige Sikkema. **Swimmers are not eligible to swim in this meet if they are over-qualified (for example, swimmers who have 3 or more "2021-2022 Gulf Age Group Champs Time Standards " times PRIOR to the entry deadline stated in the meet announcement). Over-qualified swimmers entering events in this meet are subject to disqualification from the meet by the Meet Director or the Referee. Swimmers shall be fined \$50 for each event in which they competed and are over-qualified.**

**UNACCOMPANIED SWIMMERS:**

Any swimmers entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the



water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**SWIMMERS WITH DISABILITIES:**

Coaches and/or swimmers are responsible for notifying the Meet Referee of any disability prior to the competition and for providing their own assistant or equipment. However, Coaches/Swimmers may contact the Meet Director at least two weeks in advance of the meet to reserve Gulf Swimming equipment (remote strobe).

**HOSPITALITY:**

A hospitality room will be available for coaches and officials.

**OFFICIALS:**

USA Swimming Qualified Officials and Apprentices are welcome to come and help officiate the meet. Official attire for all sessions will be white polo shirts over Navy slacks/skirts/shorts and white shoes. There will be an officials' briefing one (1) hour before the start of each session.

**USA / GULF  
SWIMMING  
DISCLAIMER:**

- An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.
- USA Swimming, Inc., Gulf Swimming, and Swim Houston Aquatics Center (ShAC) cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.
- BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING, SWIM HOUSTON AQUATICS CENTER (ShAC), AND (GULF SWIMMING) EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSESS, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORSEEN OR UNDFORSEEN, IN CONNECTION THEREWITH.
- Swim Houston Aquatics Center (ShAC) has taken enhanced health and safety measures for the participants, coaches, and volunteers. You must follow all posted instructions while at the facility. An inherent risk of COVID-19 exists in any public or private place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. By participating in this event at the Swim Houston Aquatics (ShAC) hosted swim meet, you voluntarily assume all risks related to exposure to COVID-19.

**COVID-19  
PROCEDURES:**

This meet will be conducted in compliance with local, state, and USA Swimming COVID 19 restrictions.



- MEET RESULTS:** Meet results will be posted on the Gulf Swimming Web Page ([www.gulfswimming.org](http://www.gulfswimming.org)), within three days after the conclusion of the meet. Unofficial real time results will be available on MEET MOBILE, keyword "12 & Under Champs"
- CONCESSIONS:** Concessions will be available for purchase.
- MERCHANDISE:** There will not be a merchandise vendor available at this meet.
- FACILITY RULES:** Parents will not be allowed inside the pool deck fence unless they are a part of the meet personnel, official, coach, or volunteer team. Parents will be able to watch the competition from behind the pool deck fence. There will be a designated come-and-go viewing area to allow parents to see their swimmer race. **There will be absolutely NO spectator viewing permitted in detention pond area beyond the fence.** Spectators will be allowed to set up in designated areas. The grassy area inside the pool deck fence will be off limits to spectators. **Swimmers may bring chairs and set up inside the black fenced area.** Locker rooms will be available for changing; **Outside locker room/bathroom is for athletes only.** Spectators must utilize the bathrooms located inside the main building. **The water fountain will not be available during the competition.** Swimmers will need to bring their own water bottle filled with them to the meet. There will be concessions available for purchase at the meet.
- ATTACHMENTS:** Meet Format, Time Standards, Gulf Safety Guidelines and Warm-up Procedures, Entry Verification Form



TIME STANDARDS:

**2021 - 2022**  
**Gulf Age Group Championships**  
**Time Standards**  
 (Note: unchanged from 2019 - 2020)

Girls		10&U	Boys	
LCM	Yards		Yards	LCM
35.59	31.89	<b>50 Free</b>	31.89	36.59
1:18.09	1:10.29	<b>100 Free</b>	1:10.09	1:20.29
2:54.09	2:36.49	<b>200 Free</b>	2:35.29	2:57.49
6:08.69	6:49.89	<b>500 Free</b>	6:46.99	6:05.09
43.09	37.79	<b>50 Back</b>	37.79	44.39
1:31.49	1:22.79	<b>100 Back</b>	1:23.09	1:34.29
49.79	43.79	<b>50 Breast</b>	44.19	51.39
1:45.69	1:32.99	<b>100 Breast</b>	1:36.09	1:51.09
40.89	35.69	<b>50 Fly</b>	36.19	41.39
1:39.29	1:29.09	<b>100 Fly</b>	1:30.79	1:40.79
---	1:20.79	<b>100 IM</b>	1:22.59	---
3:17.29	2:54.69	<b>200 IM</b>	2:58.09	3:23.09

Girls		11-12	Boys	
LCM	Yards		Yards	LCM
31.49	27.69	<b>50 Free</b>	27.89	31.99
1:08.69	1:00.59	<b>100 Free</b>	1:01.69	1:09.59
2:30.29	2:12.79	<b>200 Free</b>	2:12.69	2:32.49
5:14.49	5:49.69	<b>500 Free</b>	5:49.49	5:13.49
37.49	32.59	<b>50 Back</b>	33.39	38.29
1:20.69	1:10.29	<b>100 Back</b>	1:11.99	1:22.19
2:53.39	2:31.39	<b>200 Back</b>	2:34.69	2:58.09
42.59	36.79	<b>50 Breast</b>	37.39	43.39
1:31.69	1:20.99	<b>100 Breast</b>	1:20.49	1:31.09
3:14.69	2:52.99	<b>200 Breast</b>	2:57.99	3:24.79
34.49	30.69	<b>50 Fly</b>	31.09	36.09
1:18.19	1:10.49	<b>100 Fly</b>	1:09.89	1:20.89
3:04.19	2:44.09	<b>200 Fly</b>	2:47.69	3:05.99
---	1:10.39	<b>100 IM</b>	1:10.59	---
2:52.79	2:31.29	<b>200 IM</b>	2:31.09	2:52.29
6:16.89	5:29.29	<b>400 IM</b>	5:19.79	6:08.69





# Gulf Swimming 12 & Under Championships

July 9 - 10, 2022

A Short Course Yards Timed Finals Meet

HOSTED BY

Swim Houston Aquatics Center (ShAC)

## Entry Rules:

Type of meet	Timed Finals
Max # individual events per day	Four (4)
Swimmers eligible	Gulf registered swimmers assigned to this venue
Entry times in	SCY, LCM
Qualifying times	9 – 10 and 11 – 12 None 8 & U athletes must have B time in next shortest event to swim 200/500 Free, 200IM
Cut-off times	Swimmers must have two (2) or less 2021-2022 Gulf Age Group Champs Time Standards to enter this meet and then may enter and swim any event offered. This includes events not offered at this meet – i.e. 11 - 12 400 IM. See time standards attachment.
Enter with no time?	Yes
Gulf “three event rule” applies?	Does not apply
Gulf “up/down rule” applies?	Does not apply
Gulf “Beyond IMX rule” applies?	Does not apply
Fees	Individual – \$8.00 Relay – \$13.00 Facility Surcharge – \$6.75 (includes free electronic meet program)



**Saturday AM – July 9, 2022**

<b>Girls Event #</b>		<b>Event Name</b>	
1	12&U	100	IM
2	8&U	25	Free
3	12&U	100	Free
4	12&U	50	Fly
5	11-12	200	Fly
	5 min Break		
6	12&U	200	Free Relay
7	8&U	100	Free Relay
8	12&U	50	Back
9	11-12	200	Back
10	8&U	25	Breast
11	12&U	100	Breast
12	12&U	500	Free

**Saturday PM – July 9, 2022**

<b>Boys Event #</b>		<b>Event Name</b>	
13	12&U	100	IM
14	8&U	25	Free
15	12&U	100	Free
16	12&U	50	Fly
17	11-12	200	Fly
	5 min Break		
18	12&U	200	Free Relay
19	8&U	100	Free Relay
20	12&U	50	Back
21	11-12	200	Back
22	8&U	25	Breast
23	12&U	100	Breast
24	12&U	500	Free



**Sunday AM – July 10, 2022**

<b>Girls Event #</b>	<b>Event Name</b>		
25	12&U	200	IM
26	12&U	50	Free
27	8&U	25	Back
28	12&U	100	Back
	5 min break		
29	12&U	200	Med Rel
30	8&U	100	Med Rel
31	11-12	200	Breast
32	12&U	50	Breast
33	12&U	100	Fly
34	8&U	25	Fly
35	12&U	200	Free

**Sunday PM – July 10, 2022**

<b>Boys Event #</b>	<b>Event Name</b>		
36	12&U	200	IM
37	12&U	50	Free
38	8&U	25	Back
39	12&U	100	Back
	5 min break		
40	12&U	200	Med Rel
41	8&U	100	Med Rel
42	11-12	200	Breast
43	12&U	50	Breast
44	12&U	100	Fly
45	8&U	25	Fly
46	12&U	200	Free



**ENTRY VERIFICATION**

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry forms or entry disk are currently registered with USA Swimming. Additionally, I verify that the on-deck coaches have met the current certification requirements.

---

\_\_\_\_\_  
Signature

---

\_\_\_\_\_  
Title

---

\_\_\_\_\_  
Date



## GULF SAFETY GUIDELINES AND WARM-UP PROCEDURES

### WARM-UP PROCEDURES

- A. General warm-up (Initial portion [1/2] of the warm-up session or with the agreement of all of the coaches in a particular lane.)
  - 1. **NO DIVING OR RACING STARTS** allowed from the blocks edge of the pool. Swimmers must enter the pool feet first cautiously.
  - 2. **NO SPRINTING OR PACE WORK** allowed during this general warm-up session.
- B. Specific warm-up (Last portion [1/2] of the warm-up session or with the agreement of all of the coaches in a particular lane.)
  - 1. **RACING STARTS ONLY**, either from blocks or from backstroke starts.
  - 2. Lanes are **ONE WAY ONLY**.

### SAFETY GUIDELINES

- A. Swimmers Responsibilities
  - 1. All swimmers without a registered coach to observe them at the meet, and/or their coaches, should arrange, prior to their arrival at the meet, for a registered coach to observe them during the warm-up, competition and warm-down. Any unattached or unattended swimmers who have not made previous arrangements with a coach to observe them at the meet should contact the Meet Director, Safety Marshal or Meet Referee for assistance in making such arrangements prior to their participating in the warm-up.
- B. Coaches Responsibilities
  - 1. Coaches shall instruct their swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practice.
  - 2. Coaches shall stand near the starting end of the pool when starting swimmers on sprint and pace work.
  - 3. Coaches shall actively supervise their swimmers throughout the warm-up session.
  - 4. Coaches shall maintain as much contact with their swimmers as possible, both verbal and visual, throughout the warm-up period.
  - 5. Registered coaches of unattached swimmers and registered coaches of non-Gulf teams should notify the meet host by the entry deadline if they will be at the meet, so that they may be assigned to a warm-up lane.
- C. Safety Marshals
  - 1. Appointed Safety Marshals are members of USA Swimming and have the authority to remove from the deck for the remainder of the warm-up session, any swimmer or coach who is in violation of safety guidelines or warm-up procedures. **THE MEET REFEREE MAY EXERCISE ADDITIONAL ADJUDICATION AUTHORITY AS NECESSARY.**
- D. Miscellaneous
  - 1. Swimmers should be reminded by coaches that breaststrokes need more lead time than freestyle or butterfly swimmers.
  - 2. Backstrokers shall ensure that they are not starting at the same time as a swimmer on the blocks. Swimmers shall not step up on the starting blocks, when a backstroker is waiting to start.
  - 3. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
  - 4. Swimmers are required to exit the pool upon completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during warm-up periods.
  - 5. Warm-up procedures shall be enforced for any breaks, scheduled or otherwise, during the competition.
  - 6. All diving boards and equipment are **OFF LIMITS**.
- E. Pool Rules
  - 1. Smoking or use of other tobacco products is not allowed on the grounds of USA Swimming meets.
  - 2. Glass containers are prohibited.
  - 3. Swimmers, coaches, and spectators are expected to observe all rules and regulations included in the announcement.

