



**Gulf Open Water All-Star Team Qualifying Event
April 25th 2021**

**HOSTED BY
RICE AQUATICS**

Warm Up Info:

Event / Age	WU Time	Staging Area Time	Race Start Time
#1 17-18 Boys 2 mile	8-8:45am	8:50am	9:00am
#2 17-18 Girls 2 mile	8-8:45am	8:50am	9:05am
#3 15-16 Boys 2 mile	9-9:45am	9:50am	10:00am
#4 15-16 Girls 2 mile	9-9:45am	9:50am	10:05am
#5 13-14 Boys 2 mile	10-10:45am	10:50am	11:00am
#6 13-14 Girls 2 mile	10-10:45am	10:50am	11:05am
#7 11-12 Boys 1 mile	11-11:45am	11:50am	12:00pm
#8 11-12 Girls 1 mile	11-11:45am	11:50am	12:05pm

- A dedicated warm up area is available at the lake with swimmers entering at one dock and exiting at another and all swimming in a single direction.
- All swimmers must walk from warm up area of lake to competition staging area of lake AT LEAST 10 minutes prior to the start of their race.
- Course layout will be emailed to all teams and reviewed on site prior to the start of each age group race. Swimmers who miss their start time will be considered scratched from the event.
- Swimmers will need to arrive with their competition numbers already written on upper right arm and back left shoulder in waterproof marker prior to entrance to venue.
- Swimmers will walk through roped area leading to starting dock and remove masks before walking on to dock. Each swimmer must bring a sealable bag with their name on it to place mask in before entering the water. Swimmers will retrieve masks after completion of race and exit the race area.
- An in-water rope line will be used for start. Swimmers will cross over it at the beginning of the race. Only swimmers, coaches, officials and meet volunteers will be allowed inside the marked race venue area.
- Face masks are required at all times by swimmers, spectators, coaches, officials and volunteers.
- There are no changing rooms on site and portable toilets only.
- Swimmers should bring their own hydration and no glass containers. There are no drinking fountains on site.