**TERMINOLOGY**

[**USS**](http://www.usaswimming.org/)**-**United States Swimming – National governing body

[**GULF**](http://www.gulfswimming.org/)– is the LSC (Local Swimming Committee) or regional body. Most of SE Texas is in the GULF. The GULF is also part of the Southern **Zone**which extends from Texas to the East coast.

**BLST –**Our team code or sometime shown as BLST-GU

**Short Course –**Meets in pools that are 25 Yards or 25 Meters

**Long Course –**Meets in Olympic sized 50 Meter Pools

**SCY or Y**–Used to describe a time swam in Short Course Yards (34.57Y)

**LCM orL** – Long Course Meters (39.14L)

**SCM or S**– Short Course Meters (38.37S) – Very rarely used.

**Qualification Time**– A minimum time the swimmer has to have for a certain event. If the Qualification time is 35.87 seconds, the swimmer must have swam that time or faster to compete.

**Cut-off Time**– A time that a swimmer must be less than to swim an event. If they have swam that time or faster, they cannot swim it.

**Age Group Motivational Time Standards –**Nationally recognized standards for various age groups. Standards are referred to by letters like B, BB, A, AA, etc. For a full list visit the following link:

[https://www.teamunify.com/Documents.jsp?\_tabid\_=83072&team=gubast](https://www.teamunify.com/Documents.jsp?_tabid_=83072&team=gubast )

**TYPES of MEETS**

**8 and Under Open Meet**– Open to any swimmer 8 years and Under. (Also written 8&U)

**9-14 Junior Meet –** For Ages 9-14 with 2 or fewer qualifying times (as per the meet invitation) in any event. For example, if they have 2 or fewer A times, the can compete in any event at this meet.

**9-14 Elite Meet**– For Ages 9-14 that have 3 or more qualifying times (as per the meet invitation).

**Senior Meets**– Open to any swimmer 15 and up and for swimmer 14 and Under that have an qualifying Standard.

**Championship Meets –**Special meets throughout the year where swimmers usually qualify on an event by event basis depending on qualification or cut-off times. The meets pertain to the GULF, the state of Texas or at a regional or national level.

 **What does it mean to “CIRCLE IN”**

• Prior to a swim meet session, parents/swimmers need to arrive at the pool in time to circle their name on the posted list of events and swimmers. Typically, the sheets are posted in event order – 1 area for Boys and 1 area for Girls.

• **Be sure to circle all events that the swimmer will be competing in for that meet**. If there is an event listed in which the swimmer will not compete, please note this on the sheet by crossing through the swimmer's name.

• Circle in must be completed at least 45 minutes before the start of the session.

• Circle in can be completed by a friend or coach if you are running late.

• Any swimmer who is not circled in 45 min before will be scratched from all events for that meet.

• Any swimmer who circles in for an event, and then misses that even will be assessed a fee by the league. (Actual fee will depend on the meet and if a prelim or final event).