

All person attending the swim meet are expected to follow the policies set forth by the Lewisville ISD. Anyone not following these policies can be removed from the meet and facility.

#### Athletes

- Masks must always be worn by all swimmers inside the facility.
- We recommend swimmers bring a zip lock bag (with their name on it) for their mask on deck to keep dry. They should also have an extra mask with them.
- Swimmers must always have their masks on when not warming up, warming down, or competing. As soon as they exit the pool, they need to immediately put their masks on.
- All swimmers will need to maintain social distance (6ft apart) when in the stands, moving about the facility, and in the pool to the best of their ability.
- Swimmers will not be allowed behind the blocks until they are sent by an official or volunteer. They should be in the staging area at least 2 heats before they swim.
- ***SWIMMERS WILL BE WARNED ONLY ONCE ABOUT NOT FOLLOWING MASK GUIDELINES. AFTER FIRST WARNING SWIMMER WILL BE REMOVED FROM THE MEET & FACILITY. NO EXCEPTIONS!***

#### Coaches, Officials, Volunteers, etc

- Masks must always be worn by all coaches, officials, and volunteers inside the facility, bathrooms, and hospitality (can take it off to eat or drink only).
- All coaches, volunteers, and officials will need to social distance (6ft apart) as best they can.
- Hospitality will be outside in a large tent to allow coaches and officials to spread out
- ***COACHES, OFFICIALS, & VOLUNTEERS WILL BE WARNED ONLY ONCE ABOUT NOT FOLLOWING MASK GUIDELINES. AFTER FIRST WARNING SWIMMER OR COACH WILL BE REMOVED FROM THE MEET. NO EXCEPTIONS!***

#### Facility

- Our facility will open at 9 am on Thursday, December 10 and will be open till 2 pm for any teams wanting to warm-up prior to the meet. Please email Tom Cyprus, [tom.cyprus@swimlac.org](mailto:tom.cyprus@swimlac.org) if you want to swim and how many swimmers will be coming to warm-up on Thursday. This will be a first come first serve due to limited space. We will assign 6 swimmers per lane.
- Entrance & exit: see facility map
- Swimmers will be seated in the stand's upstairs. No seating on the pool deck for swimmers. Swimmers will not be able to bring chairs into the facility. There will be clearly marked spots where the swimmers can sit.

- There will be a one-way flow of traffic around the pool for the meet. A diagram will be sent out and must be followed by all teams.
- There will be a 30-minute transition period between the A flight and B flight to allow our facility to clean. All swimmers will need to exit the facility while cleaning is going on, and before B flight is allowed to enter the facility.
- 4 swimmers per restroom. We will not have a place for swimmers to put on their tech suits at the facility.
- There will be ice available from the lifeguards in case of injuries.

#### Parking

- Parking is available at the facility

#### Spectators

- No spectators will be allowed in the facility.
- All sessions will be live streamed and information on the live stream will be posted on the Arena Winter Championship Meet landing page on the LAC website ([www.swimlac.org](http://www.swimlac.org))
- Tents are welcome outside the facility in designated areas.

#### Hospitality

- Hospitality for coaches and officials will be in a tent outside the facility.
- Food from hospitality may not be brought inside the facility, but drinks are okay to bring inside.

#### Miscellaneous

- Attached is the hotel list
- We will be pre-selling 18 and Under Meet shirts, hoodies and other meet gear online.
- Coaches will be given team orders upon check in to the meet. They will be responsible for getting that gear to their swimmers.