SUMMER A.M. PRACTICE SCHEDULE

All @ AHS

Red: Mon.-Thurs. 11:00-11:45

Silver: Mon.-Thurs. 8-9:45; Fri. 9-10:45 Blue: Mon.-Thurs: 8:15-9:45; Fri: 9-10:30

**White: Mon.-Thurs: 9:45-11; Fri 10:30-11:45**

ALL @ SCHS

Senior: Mon.-Thurs. 7-9:30;

Junior: Mon.- Thurs. 9:15-11:15;

Friday: Jr./Sr. Combined 7-9:00 AM @ AHS

*Jr./Sr. Pay attention to weekly emails for afternoon practices both at SCHS or Dad’s*