

**SHARKS Annual Pentathlon 2021
A SHORT COURSE TIMED FINALS MEET**

Saturday, September 18, 2021

SHARKS



SANCTION #

ENTRIES DUE BY FRIDAY, SEPTEMBER 10, 2021 AT 6PM

LOCATION: Friendswood High School Natatorium
1115 Falling Leaf Dr
Friendswood, TX 77546

COACHES:

Coach Tim Hill- Head Coach
Coach Kate Zabler – Head Age Group Coach

MEET REFEREE:	Jay Haskins	jhrider@gmail.com
MEET DIRECTOR:	Stephanie Meyers	sctimes2@gmail.com
	Matt Troquille	mtroquille@gmail.com
SAFETY MARSHAL:	Ken Ferguson, Kayla Vestal	Riggle, John Atchison
ADMIN OFFICIAL:	Jim McMichael	mcmicha@gmail.com
	Ann Esbeck.	Ann.esbeck@gmail.com

POOL: One eight (8) lane, 25-yard pool with non-turbulent lane lines will be used for competition. A separate four (4) lane 25-yard pool will be available for warm-up/cool down.

TIME AND DATE: This is a two (2) session, one (1) day timed finals meet.

Saturday, September 18, 2021

Session One:

11-12 Girls
13&Over Girls & Boys
Warm-up: 7:30 AM
Meet Start: 9:00 AM

Session Two:

11-12 Boys
10 & Under Girls & Boys
Warm-up: Immediately following completion of the AM session. Start time will be posted and communicated to coaches once entries are received. Split warm-ups will be in effect and posted by Wednesday prior to the meet.
Meet Start: No earlier than 12:30pm

SPECIAL INSTRUCTIONS:

1. No spectators will be allowed inside the natatorium. Swimmers, volunteers, officials and coaches will be the only groups allowed inside.
2. There will be a limit of 2 coaches per team. Due to space restrictions and need for physical distancing, we would request families attending would keep their group size to a minimum.
3. There will be live streaming of the meet available for families to follow the meet.
4. The warm down pool will be available to use, however, no congregating of swimmers on the ends of the lanes.
5. Adjustments to warm-ups, breaks during the meet, etc. may be added to provide appropriate spacing between sessions and the best racing situation possible.

MEET TYPE: This meet will be a pre-seeded, timed finals invitational.

SAFETY GUIDELINES & WARM-UP PROCEDURES:

See attached Safety Guidelines and Warm-up Procedures.

USA/GULF SWIMMING/SHARKS DISCLAIMER:

The Pool Deck is Limited to Coaches, Athletes, Officials & Volunteers working the meet – NO EXCEPTIONS

- An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.
- USA Swimming, Inc., Gulf Swimming and Sharks Swim Club cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be

exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

- BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND GULF SWIMMING, EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORSEEN OR UNFORSEEN, IN CONNECTION THEREWITH.
- Sharks Swim Club have taken enhanced health and safety measures for the participants, coaches, and volunteers. You must follow all posted instructions while on the property. An inherent risk of COVID-19 exists in any public or private place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. By participating in the Sharks event, you voluntarily assume all risks related to exposure to COVID-19.

**COVID-19
PROCEDURES:**

- Participants in the meet will abide by the Sharks Swim Club Return to Practice COVID-19 Plans and this meet announcement.
- This meet will be conducted in compliance with local, state, and USA Swimming COVID-19 restrictions.
- The Meet Referee has final authority over conduct of this sanctioned event and will be working with the Meet Director, Facility Management, and host team COVID-19 Task Force to enforce COVID-19 safety guidelines and resolve any issues.
- Only coaches, officials, swimmers, and lane timers are allowed on the pool deck for the current session and will maintain current social distancing guidelines throughout the meet. Staff will be present to help enforce this rule.
- The pool deck will be closed to spectators. There will be limited adult volunteers that will be necessary to run the competition.
- Spectators will not enter the facility except for use of the lobby restrooms.
- All timers will be required to enter and exit the pool as directed by the meet operations staff.
- Swimmers will maintain social distancing at all times. We will allow adequate time between each event to provide rest for the swimmers. **Masks are optional**

on the pool deck unless otherwise indicated by local governance at the time of the meet.

- Bring a filled water bottle for your session.
- Swimmers must enter and leave the facility in their swimsuits. Locker rooms will be restroom use only. Spectators outside the facility will only be allowed to enter the lobby for using the restrooms.

SEEDING: The meet will be pre-seeded for all events. All events will be seeded fastest to slowest. The meet assignments and psych sheet will be sent to all families. Coaches please inform your swimmers of pre-seeded rules. As a courtesy to the host, coaches should inform the meet director of swimmers not attending the meet.

ON-DECK ENTRIES: There will be no on-deck entries.

ENTRY INFORMATION: Swimmers must enter at their best time. Entry times must be submitted in the course at which the best time was achieved – short course yards (Y), short course meters (S), or long course meters (L). Do not convert meter (yard) times to yard (meter) times. If swimmers have never competed in a USA Swimming meet before, put NT where a seed time is requested. Times must be from USA Swimming meets.

Qualifying Times: None

Age: As of September 18, 2021

Number of Events: Swimmers may enter a maximum of five (5) events per session.

Entries: All teams MUST submit their entries electronically via email, using the Hy-Tek Meet Manager/Team Manager computer software.

Deadline: Entries must be received by 6:00 PM Friday, September 10, 2021.

EMAIL: mtroquille@gmail.com

Eligible Teams: Selected teams as determined by SHARKS Swim Club. Only swimmers attached to a registered Gulf Swimming team or swimmers in the documented process of transferring to a Gulf Swimming team may participate in this invitational meet.

FEES:

Individual Event: \$6.00

Swimmer Surcharge Fee (per swimmer): \$10.00 (\$8.00 + \$2.00 electronic heat sheet)

Make entry fee checks payable to: SHARKS Swim Club

Mail entry fees (POSTMARKED BY SATURDAY, September 18, 2021) to the address below:

SHARKS Swim Club
PO Box 361
Friendswood, TX 77549

If you would like to make electronic payment for entry fees, please contact Matt Troquille for instructions.

AWARDS: There will be no awards given.

SCORING: There will be no scoring.

RULES AND SANCTIONS: RULES AND SANCTIONS:

The current USA Swimming and Gulf Swimming rules will apply. The meet will be held under the sanction of USA Swimming and Gulf Swimming. It is understood and agreed that USA Swimming and Gulf Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. No entries can be accepted unless the entrant is a registered member of USA Swimming as provided in Article 302. On deck USA Swimming membership registration will not be permitted.

In applying for this sanctioned event, the Host, Sharks Swim Club agrees to comply and to enforce all health and safety mandates and guidelines of USA Swimming, Gulf Swimming, the State of Texas and Galveston County Public Health Department

POOL MEASUREMENT:

The competition course has been certified in accordance with USA Swimming Rule 104.2.2C(4). The copy of such certification is on file with USA Swimming.

The water depth of the competition course is 13 feet measured from 1 meter to 5 meters on the starting end of the course, and 6 feet measured from 1 meter to 5 meters on the turning end of the course.

TIMING SYSTEM:

Daktronics Model 2000 electronic timing system with electronic scoreboard will be used. Two watches per lane will be used as a back-up. Teams will be required to furnish timers based on their percentage of swims at the meet. Timing assignments will be published in the heat sheet.

POOL DECK RESTRICTION:

- Because of USA Swimming Insurance Safety Regulations, the swimming pool deck, during the operation of all Gulf Swimming sanctioned meets, is closed to all persons except swimmers, coaches, marshals, officials, meet personnel, and timers. Coaches and Officials and meet personnel must present their Deck Pass credential in order to be admitted to the event.

DECK CHANGING PROHIBITION: Changing into or out of swimsuits on the pool deck is prohibited.

AUDIO/VIDEO RECORDING DEVICES: Use of audio or visual recording devices, including a cell phone, is not permitted in the area behind the starting blocks, in changing areas, restrooms, showers or locker rooms. Violators may be reported to law

enforcement or other governmental authorities and/or may be barred from the facility during the sanctioned event.

MAAP POLICY:	All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (“MAAPP”), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.
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DRONES: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Vice President of Program Operations

PROOF OF TIME: Any swimmer that cannot prove that he/she was eligible to swim an event will be fined \$20.00 for each event he/she fails to prove. The fine or proof of time is sent to the Administrative Vice-Chairman.

UNACCOMPANIED SWIMMERS: Any swimmers entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.

SWIMMERS WITH DISABILITIES: Coaches and/or swimmers are responsible for notifying the Meet Referee of any disability prior to the competition and for providing their own assistant or equipment. However, Coaches/Swimmers may contact the Meet Director at least two weeks in advance of the meet to reserve Gulf Swimming equipment (remote strobe).

CONCESSIONS: No concessions will be available.

MEET RESULTS: Meet results will be posted on the Gulf Swimming website (www.gulfswimming.org) within three days of the conclusion of the meet. Unofficial real time results will be on Meet Mobile provided we have a reliable WiFi connection.

ATTACHMENTS:
GULF SAFETY GUIDELINES AND WARM-UP PROCEDURES

Sharks Annual Pentathlon 2021

Hosted by

Sharks Swim Club

A SHORT COURSE TIMED FINALS MEET

Saturday, September 18, 2021

Entry Rules
Type of Meet: Timed Finals
Max # of individual events per day: Five (5)
Entry times in: SCY/SCM/LCM
Qualifying Times: None
Gulf "three event" rule applies? No
Gulf "up/down" rule applies? No
Enter with no time? Yes
Fees:
Individual Event: \$6.00
Swimmer Surcharge Fee (per swimmer): \$10.00 (\$8.00 + \$2.00 electronic heat sheet)



Session 1 – Saturday, September 18, 2021 – AM			
11-12 Girls/13 & Over Girls & Boys			
Girls Event #	Age	Event	Boys Event #
1	11-12	50 Fly	
3	13 & Over	100 Fly	4
5	11-12	50 Back	
7	13 & Over	100 Back	8
9	11-12	50 Breast	
11	13 & Over	100 Breast	12
13	11-12	50 Free	
15	13 & Over	100 Free	16
17	11-12	100 IM	
19	13 & Over	200 IM	20

Session 2 – Saturday, September 18, 2021 – PM			
11-12 Boys/10 & Under Girls & Boys			
Girls Event #	Age	Event	Boys Event #
21	10 & Under	50 Fly	
	12 & Under	50 Fly	22

23	8& Under	25 Fly	24
25	10 & Under	50 Back	
	12 & Under	50 Back	26
27	8& Under	25 Back	28
29	10 & Under	50 Breast	
	12 & Under	50 Breast	30
31	8& Under	25 Breast	32
33	10 & Under	50 Free	
	12 & Under	50 Free	34
35	8& Under	25 Free	36
37	10&Under	100 IM	
	12&Under	100 IM	38

WARM-UP PROCEDURES

- A. General warmup (Initial portion [1/2] of the warm-up session or with the agreement of all of the coaches in a particular lane.)
 - 1. **NO DIVING OR RACING STARTS** allowed from the blocks edge of the pool. Swimmers must enter the pool feet first cautiously.
 - 2. **NO SPRINTING OR PACE WORK** allowed during this general warmup session.
- B. Specific warmup (Last portion [1/2] of the warm-up session or with the agreement of all coaches in a particular lane.)
 - 1. **RACING STARTS ONLY**, either from blocks or from backstroke starts.
 - 2. Lanes are **ONE WAY ONLY**.

SAFETY GUIDELINES

- A. Swimmers Responsibilities
 - 1. All swimmers without a registered coach to observe them at the meet, and/or their coaches, should arrange, prior to their arrival at the meet, for a registered coach to observe them during the warm-up, competition and warm-down. Any unattached or unattended swimmers who have not made previous arrangements with a coach to observe them at the meet should contact the Meet Director, Safety Marshal, or Meet Referee for assistance in making such arrangements prior to their participating in the warm-up.
- B. Coaches Responsibilities
 - 1. Coaches shall instruct their swimmers regarding safety guidelines and warmup procedures as they apply to conduct at meets and practice.
 - 2. Coaches shall stand near the starting end of the pool when starting swimmers on sprint and pace work.
 - 3. Coaches shall actively supervise their swimmers throughout the warmup session.
 - 4. Coaches shall maintain as much contact with their swimmers as possible, both verbal and visual, throughout the warmup period.
 - 5. Registered coaches of unattached swimmers and registered coaches of non-Gulf teams should notify the meet host by the entry deadline if they will be at the meet, so that they may be assigned to a warm-up lane.
- C. Safety Marshals
 - 1. Appointed Safety Marshals are members of USA Swimming and have the authority to remove from the deck for the remainder of the warmup session, any

swimmer or coach who is in violation of safety guidelines or warmup procedures.
THE MEET REFEREE MAY EXERCISE ADDITIONAL ADJUDICATION AUTHORITY AS NECESSARY.

D. Miscellaneous

1. Swimmers should be reminded by coaches that breaststrokes need more lead time than freestyle or butterfly swimmers.
2. Backstrokers shall ensure that they are not starting at the same time as a swimmer on the blocks. Swimmers shall not step up on the starting blocks, when a backstroker is waiting to start.
3. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
4. Swimmers are required to exit the pool upon completion of their warmup to allow other swimmers adequate warmup time. The pool is not for visiting or playing during warmup periods.
5. Warmup procedures shall be enforced for any breaks, scheduled or otherwise, during the competition.
6. All diving boards and equipment are **OFF LIMITS**.

E. Pool Rules

1. Smoking or use of other tobacco products is not allowed on the grounds of USA Swimming meets.
2. Glass containers are prohibited.
3. Swimmers, coaches, and spectators are expected to observe all rules and regulations included in the announcement.