



MORNING Practice Schedule: May 30 – July 29

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	*Sunday
National Select	6:45-9:00	6:45-9:00	6:45-9:00	6:45-9:00	OFF	6:45-9:00	7:15-9:30
Pre-National	OFF	7:00-9:00	7:00-9:00	7:00-9:00	7:00-9:00	OFF	7:30-9:30
Senior	7:30-9:00	OFF	7:30-9:00	OFF	7:30-9:00	OFF	8:00-9:30
Age Group Maroon	7:30-9:00	OFF	OFF	OFF	7:30-9:00	OFF	8:00-9:30

** SUNDAY practices will be held at CFSC (FLEET) pool in Cy-Fair*

AFTERNOON Practice Schedule: May 30 – July 29

	Monday	Tuesday	Wednesday	Thursday	Friday
National Select	3:00-5:00	3:00-5:00	OFF	3:00-5:00	OFF
Pre-National	3:00-5:00	3:00-5:00	OFF	3:00-5:00	OFF
Senior	OFF	3:30-5:00	3:30-5:00	OFF	3:30-5:00
Age Group Maroon	5:00-6:30	5:00-6:30	5:00-6:30	5:00-6:30	5:00-6:30
Age Group White	5:00-6:15	5:00-6:15	5:00-6:15	5:00-6:15	5:00-6:15
Gold	6:15-7:15	6:15-7:15	6:15-7:15	6:15-7:15	N/A
Silver	5:15-6:15	5:15-6:15	5:15-6:15	5:15-6:15	N/A
Bronze	5:15-6:15	5:15-6:15	5:15-6:15	5:15-6:15	N/A
13 and Over Development	6:15-7:15	6:15-7:15	6:15-7:15	6:15-7:15	N/A