

2019-2020 Gulf Age Group Championships Time Standards

* Relay standards are not qualifying standards.

*Relays must achieve the relay standards in order to score.

| Girls | | 10&U | Boys | |
|---------|---------|------------|---------|---------|
| LCM | Yards | | Yards | LCM |
| 35.59 | 31.89 | 50 Free | 31.89 | 36.59 |
| 1:18.09 | 1:10.29 | 100 Free | 1:10.09 | 1:20.29 |
| 2:54.09 | 2:36.49 | 200 Free | 2:35.29 | 2:57.49 |
| 6:08.69 | 6:49.89 | 500 Free | 6:46.99 | 6:05.09 |
| 43.09 | 37.79 | 50 Back | 37.79 | 44.39 |
| 1:31.49 | 1:22.79 | 100 Back | 1:23.09 | 1:34.29 |
| 49.79 | 43.79 | 50 Breast | 44.19 | 51.39 |
| 1:45.69 | 1:32.99 | 100 Breast | 1:36.09 | 1:51.09 |
| 40.89 | 35.69 | 50 Fly | 36.19 | 41.39 |
| 1:39.29 | 1:29.09 | 100 Fly | 1:30.79 | 1:40.79 |
| --- | 1:20.79 | 100 IM | 1:22.59 | --- |
| 3:17.29 | 2:54.69 | 200 IM | 2:58.09 | 3:23.09 |

| Girls | | 11-12 | Boys | |
|---------|---------|------------|---------|---------|
| LCM | Yards | | Yards | LCM |
| 31.49 | 27.69 | 50 Free | 27.89 | 31.99 |
| 1:08.69 | 1:00.59 | 100 Free | 1:01.69 | 1:09.59 |
| 2:30.29 | 2:12.79 | 200 Free | 2:12.69 | 2:32.49 |
| 5:14.49 | 5:49.69 | 500 Free | 5:49.49 | 5:13.49 |
| 37.49 | 32.59 | 50 Back | 33.39 | 38.29 |
| 1:20.69 | 1:10.29 | 100 Back | 1:11.99 | 1:22.19 |
| 2:53.39 | 2:31.39 | 200 Back | 2:34.69 | 2:58.09 |
| 42.59 | 36.79 | 50 Breast | 37.39 | 43.39 |
| 1:31.69 | 1:20.99 | 100 Breast | 1:20.49 | 1:31.09 |
| 3:14.69 | 2:52.99 | 200 Breast | 2:57.99 | 3:24.79 |
| 34.49 | 30.69 | 50 Fly | 31.09 | 36.09 |
| 1:18.19 | 1:10.49 | 100 Fly | 1:09.89 | 1:20.89 |
| 3:04.19 | 2:44.09 | 200 Fly | 2:47.69 | 3:05.99 |
| --- | 1:10.39 | 100 IM | 1:10.59 | --- |
| 2:52.79 | 2:31.29 | 200 IM | 2:31.09 | 2:52.29 |
| 6:16.89 | 5:29.29 | 400 IM | 5:19.79 | 6:08.69 |

| Girls | | 13-14 | Boys | |
|----------|----------|------------|----------|----------|
| LCM | Yards | | Yards | LCM |
| 29.99 | 26.29 | 50 Free | 24.89 | 28.69 |
| 1:04.59 | 56.69 | 100 Free | 53.89 | 1:01.89 |
| 2:20.89 | 2:03.49 | 200 Free | 1:57.59 | 2:14.99 |
| 4:57.39 | 5:29.69 | 500 Free | 5:16.09 | 4:48.49 |
| 10:20.49 | 11:42.29 | 1000 Free | 11:04.49 | 9:55.99 |
| 20:39.79 | 19:29.19 | 1650 Free | 18:56.19 | 19:25.39 |
| 1:13.99 | 1:04.59 | 100 Back | 1:01.89 | 1:13.09 |
| 2:39.99 | 2:19.39 | 200 Back | 2:13.99 | 2:37.59 |
| 1:27.19 | 1:14.69 | 100 Breast | 1:09.59 | 1:22.29 |
| 3:04.19 | 2:40.79 | 200 Breast | 2:31.19 | 2:57.29 |
| 1:12.29 | 1:03.49 | 100 Fly | 59.79 | 1:09.69 |
| 2:52.59 | 2:23.59 | 200 Fly | 2:16.49 | 2:35.89 |
| 2:40.69 | 2:19.59 | 200 IM | 2:11.89 | 2:32.79 |
| 5:43.59 | 4:57.19 | 400 IM | 4:41.99 | 5:30.19 |

| Girls | | 12&U | Boys | |
|---------|---------|-----------------|---------|---------|
| LCM | Yards | | Yards | LCM |
| 4:45.79 | 4:12.49 | 400 FR Relay * | 4:19.19 | 4:49.49 |
| 5:32.09 | 4:53.79 | 400 Med Relay * | 4:56.09 | 5:36.79 |

| Girls | | 14&U | Boys | |
|---------|---------|-----------------|---------|---------|
| LCM | Yards | | Yards | LCM |
| 4:28.69 | 3:55.89 | 400 FR Relay * | 3:44.19 | 4:17.49 |
| 5:09.99 | 4:30.89 | 400 Med Relay * | 4:15.39 | 4:58.49 |