

Platinum *Aquatics*

2022 Fall & Winter Regular Practice Schedule

Any practice changes will always be posted under the "Practice Schedule Changes" tab on front page of web site. Please check this daily before heading out to practices. Emails will be sent out as well. NO PRACTICES during meets or meet weekends

THIS SCHEDULE BEGINS WEDNESDAY Sept 7th & Ends Sat. April 1st Mon. 4-3 Spring Competitive Group Schedule Begins.

Goups	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Competitive	Groups					
Senior	4:00 - 6:15PM		4:00 - 6:15PM		4:00 - 6:15PM	7:30 - 9:45AM
Junior	4:45 - 6:15PM		4:45 - 6:15PM		4:45 - 6:15PM	8:00 - 9:30AM
Age Group	5:00 - 6:15PM		5:00 - 6:15PM		5:00 - 6:15PM	8:00 - 9:30AM
Non-Competitive	Group	Sessions	FALL 9-7 - 11-11		Spring 2-13 - 4-28	
Future Champions	4:15 - 5:00PM		4:15 - 5:00PM		4:15 - 5:00PM	
Water Buddies	5:45 - 6:15PM		5:45 - 6:15PM		5:45 - 6:15PM	

Non-Competitive Groups are 10 week group sessions and do not compete in sanctioned meets, ONLY team intra-squad meets, when offered.