

Pre-Competitive		
Future Champions	10 Week Sessions - Do not swim meets	
	\$275/Session	
	Fall Session - September 7 to Nov 11; Spring Session - February 13 to April 28; Summer Squad - May 8 to July 14	
	MWF	4:15 PM - 5:00 PM
Water Buddies	10 Week Sessions - Do not swim meets	
	\$250/Session	
	Fall Session - September 7 to Nov 11; Spring Session - February 13 to April 28; Summer Squad - May 8 to July 14	
	MWF	5:45 - 6:15 PM
<p>*Emergency practice schedule changes (ie Weather) will be listed under the practice schedule changes tab on the front page of the website. If you are in doubt, please check the website before heading out to practice.</p>		
All swimmers must begin in learn to swim lessons.		
Recommendations will be made for participation in Future Champions.		
Birth Certificates must be presented the first day of practice for Future Champions.		
Practices will be canceled for any scheduled HS meet during the week.		