

## **RICE Aquatics Policy around Covid-19 Positive Test Scenarios**

The following procedures are in addition to our current RICE Social Distancing Guidelines for a safe return to the water. Please make sure you are up to date and aware of all the procedures and guidelines in regards to practices during the current pandemic. With any notification from the team around a positive test or possible exposure we are asking that you refer to your health care provider for guidance on your next steps as they pertain to your swimmer and your family.

## **Staying up to date with Local and State Guidelines**

**RICE** has a Covid Response liaison within our organization responsible for staying up to date on local and state recommendations and any associated changes as they come out. If you have any questions please email [coachjason@riceaquatics.com](mailto:coachjason@riceaquatics.com) and we will contact you in regards to our policies.

## **RICE Aquatics - Covid 19 Links**

**Travel Policy - [Link](#)**

**Social Distancing - [RICE Practice Guidelines](#)**

**CDC Page on Testing - [Link](#)**

**CDC Page on Health Guidance for Community- [Link](#)**

## Positive Test Procedure

Should a Swimmer or Coach Test Positive or otherwise be diagnosed with Covid - 19, RICE will implement the following measures.

- Facility that the swimmer/coach last trained or worked the past 48 hours will not have practice for a minimum of 24 hours.
- Facility will go through cleaning protocols for the area affected and hard touch surfaces.
- The team will be notified of positive test within the team.
- The specific training group affected will be notified of a positive test.
- The families of the swimmers who trained in the same lane or adjacent lanes will be notified to the swimmer will be notified.
- Swimmers/Coaches Names will remain confidential per legal requirements.
- A minimum of 14 Days of self-quarantine from the positive test date.
  - The last 72 hours should be symptom free with out the use of any medication.
- A negative Viral Test ( Typically a Nasal Swab Test) and a doctor's note.
  - If a second negative viral test is recommended by healthcare provider, that test would need to be negative prior to returning to the pool.
- Antibody Test will not be used for a return to the pool. Click [here](#) for more information on types of tests.
  - Viral test tells you if you have a CURRENT infection.
  - Antibody test tells you if you had a prevues infection.
- Specific Group(s) will possibly work back a RICE Phase of lane procedures.

## **Swimmer or Coach who has close contact with a person(s) who has been diagnosed with Covid 19**

Should a Swimmer or Coach have close contact with some (within 6 feet) for a prolonged period of time (15 minutes) with someone who has been diagnosed presumed to be Covid-19 Positive

- A minimum of 72 hours of Self Quarantine with no symptoms & a negative viral test (usually a nasal swab) and a doctors note.
  - If a second nasal swab test is recommended by your health care provider, that test would also need to be negative.
- Or a Minimum 14 Day quarantine with No symptoms in the last 72 hours and a doctors note.
  - No additional contact with the infected individual.
  - No use of medication for the symptom free period.

	RICE Practice Cancellation	Deep Clean of Areas/ Hard Surfaces	Notify Team	Notify Specific Group	Notify Lane(s)	Self Quarantine 14 Days	Viral Test To Return	Social Distancing
<b>Swimmer w/ Covid 19</b>	Min. 24 Hours ****	Yes	Yes *	Yes ***	**Lane and Adjacent	Yes	Yes	Work back one Phase
<b>Coach w/Covid 19</b>	Min. 24 Hours ****	Yes	Yes *	Yes ***	**Lane and Adjacent	Yes	Yes	No Change in Phase
<b>Swimmer/Coach w/ close contact</b>	None	No	Possible	Possible	No	Read Guidelines	Yes	No Change in Phase

\* Notify Team general information and steps are in place.

\*\* Notification will protect the individuals identity from a club level.

\*\*\* Group Notification so parents are empowered to make decisions on their own testing decisions.

\*\*\*\* Going back 48 Hours for Coach/Swimmer last pool practice at the facility