

2021 Sprint Sizzler Invitational

Warmup Assignments

Sunday, June 6th, 2021 - Session 1

First Warmup - BOYS POOL			Time: 9:00am to 9:20am				
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
NHN/CYPR	NHN	NHN	NHN	HNH	HNH	GLF	GLF

First Warmup - Girls Pool			Time: 9:00am to 9:20am				
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
IOST	IOST	IOST	IOST	IOST	IOST	IOST	IOST

Second Warmup - Boys			EST Time: 9:20am to 9:40am				
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
COPP	COPP	WOR	WOR	WOR	WOR	WOR	WOR

Second Warmup - Girls			EST Time: 9:20am to 9:40am				
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
WIE	WIE	SCO	SCO	SCO	ORN	ORN	ORN

Third Warmup - BOYS			EST Time: 9:40am to 10:00am				
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
NORP	NORP	NORP	WLH/PF	WLH	WLH	PWF	PWF/RAVE

Third Warmup - Girls			EST Time: 9:40am to 10:00am				
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
CBST	CBST	STG	STG	STG	STG	STG	STG

Fourth Warmup - BOYS			EST Time: 10:00am to 10:20am				
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
WIN	WIN	BSST/CYP	BSST	WNDR	WNDR	WNDR	WNDR

Fourth Warmup - Girls			EST Time: 10:00am to 10:20am				
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
TOM	TOM	CYM	CYM	BRY	BRY	SCST	SCST

Fifth Warmup - BOYS			EST Time: 10:20am to 10:40am				
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
AUL	AUL	AUL	HYD	BCB	BC/CS	DFV	DF

Fifth Warmup - Girls			EST Time: 10:20am to 10:40am				
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
CCB	CCB	CYC	LIV	COLE	COLE	COLE	COLE

