

1. **Name:** Olivia Leblanc
2. **Age:** 17
3. **Years on SSAN:** 10 years
4. **What university will you be attending in the fall:** Undecided
5. **Will you be swimming at university:** YES
6. **Favorite stroke:** IM
7. **Favorite before meet meal:** Chicken and Rice
8. **Favorite event:** 400 IM and 200 Free
9. **Favorite pump up song:** Not sure
10. **Favorite practice set:** I like IM sets and freestyle sets at pace
11. **Least favorite set:** Long freestyle kick sets
12. **Favorite piece of swimming equipment:** Buoy
13. **Longest period of swimming without dropping time in your best event and how did you get through that struggle:** Throughout my career, my best event has changed so any times that it's hard to answer, but I do have periods when I didn't really drop at all. I got through it by refocusing and working on my technique in practice.
14. **Favorite SSAN moment:** Hanging out with my friends after practice.
15. **Best advice given by a SSAN coach that you've applied to your swimming career:** warm up and warm down before and after every race.
16. **Greatest challenges during your swimming career and how did you overcome this challenge:** Before I started high school I wasn't as dedicated and gave into temptation to slack off fairly often. During the past few years I've worked harder and had better attendance, which helped realize my love for swimming again. It really helped when I became more independent and focused on what changes I needed to make for my swimming.
17. **Advice you would give to your younger SSAN teammates:** Don't skip practice and try your best.
18. **Best change(s) you have made to your swimming:** Better attendance and working harder.
19. **Favorite team travel trip and why?** Zones 2018 because it was first time traveling with the team and I made so many fun memories, including going to the arcade and getting my first NCSA Juniors cut.
20. **Anyone you want to thank during your time on SSAN:** Coaches and friends (especially Lauren and Megan).