



South Shore Sails Club Code of Conduct

For Swimmers and Parents

SEE USA SWIMMING MAPP POLICY AT END OF THIS PACKET WHICH MUST BE SIGNED AS WELL.

At South Shore Sails, we strive to instill in our swimmers an understanding and appreciation of personal accountability, self-discipline, goal setting and goal achievement. These ideas directly relate to their success in training and competition. The South Shore Sails swim club has set forth the following rules and requirements that are non-negotiable regarding the team code of conduct for swimmers and parents.

General Rules and Expectations:

1. Swimmers are encouraged to support their teammates at practice. Working together as a unit for the benefit of all individuals in the group is essential to learning how to swim like a champion.
2. A swimmer must never interfere with the progress of another swimmer, during practice or otherwise.
3. Swimmers and parents are expected at all times to follow the verbal directions of the coaching staff. At NO time will disrespectful attitudes be tolerated.
4. Abusive language, lying, stealing, and/or vandalism are intolerable. These behaviors are directly contrary to the objectives of our swim team and are detrimental enough to the group to warrant strict disciplinary action.
5. Swimmers may leave practice only with the coach's permission.
6. Swimmers and family members have an obligation to act as guests while in the pools used by our team. South Shore Sails rents most of these facilities. Every member of our team needs to do everything possible to respect this privilege. Any damage to the property may result in financial liability of the swimmer's parents. Any damage may also result in the swimmer being asked to leave the team permanently.
7. At all club functions, whether practice, meets, or social gatherings, swimmers and parents are expected to behave in such a way that their actions reflect positively on the team.
8. All members of the club, whether parents or swimmers, must continue to protect and improve the excellent reputation of South Shore Sails throughout the state and country. In addition, any discussion by parents or swimmers that is destructive to the program will not be tolerated.
9. Members should follow Sails grievance policy to resolve issues and concerns.
10. Swimmers agree to abide by additional guidelines for the team to be established as needed. This includes no inappropriate displays of affection or physical contact between swimmers.
12. It is the coaching staff's position that drugs, alcohol, and tobacco products have no place in athletics. Hence, South Shore Sails is a drug and alcohol free organization at both home and away functions.
13. For the safety of the swimmers, parents will remain off of the pool deck during all meets and practices. Should a situation need to be addressed, a meeting will need to be set up with the coach(es) at a time that is mutually convenient.

Meet Conduct and Policies:

1. At any meet where you are representing South Shore Sails, you should wear team apparel (suit, shirt, cap, sweats, etc.).
2. Whenever and wherever a South Shore Sails swimmer or parent wears any item of the team uniform, the individual should remember that his/her actions and words reflect on the team they represent, and they should behave accordingly. Let your actions reflect the pride you have in being a part of South Shore Sails.

3. As a matter of courtesy to the officials and meet hosts, it is preferable that swimmers and parents alike stay off the deck and competition venue, unless they are competing or serving in an official capacity.
4. Similarly, as a matter of courtesy, all questions swimmers or parents may have concerning meet results, an officiating call, or the conduct of a meet, should be referred to the coaching staff only. They, in turn, will pursue the matter through proper channels.
5. As a matter of pride, leave the South Shore Sails team area in a neat and clean condition at the conclusion of each session of the meet.
6. With regard to which events a swimmer competes in, the coaching staff shall have the final word. South Shore Sails team members are never to scratch or late enter an event without first consulting their coaches
7. In a meet with preliminaries and finals, it is expected that any South Shore Sails swimmer qualifying to swim in the finals will do so.
8. Relay swimmers are expected to attend warm-up with team regardless of the timeline, unless previously discussed with the attending head coach.
9. All relay decisions pertaining to if relays are swum, how they are swum, who swims on them, the selection process, etc. belong to the coaching staff.

Travel Code of Conduct:

As an authorized representative of the South Shore Sails, Gulf Swimming LSC, and USA Swimming, I will comply with the following guidelines:

1. The possession or use of alcohol, tobacco products or controlled substances by any athlete is prohibited.
2. Curfews established by the coach(es) will be adhered to each day.
3. Team members and staff will attend all team functions including meetings, warm-ups, practices, competitions, meals, etc., unless otherwise excused or instructed by the coach of record.
4. To ensure the propriety of the athletes and to protect the staff, there will be no male athletes in female athletes' rooms, and no female athletes in male athletes' rooms.
5. Team members, parents and staff will refrain from any illegal or inappropriate behavior that would detract from a positive image of South Shore Sails, Gulf Swimming LSC or USA Swimming or be detrimental to its performance objectives.
6. Team members and parents will display proper respect and sportsmanship toward coaches, officials, administrators, fellow competitors and the public.

IMPLEMENTATION

Your signature of the document constitutes unconditional agreement to comply with the South Shore Sails Club Code of Conduct for you and your family and it is your responsibility to review it with your swimmers. Failure to comply with any part of the Code of Conduct as set forth in this document may result in disciplinary action per the team's current discipline policies. Such policies may include, but not be limited to: being asked to leave practice, disqualification from one or more events, or all events of competition, suspension from team for predetermined period of time, disqualification from future South Shore Sails Club team travel, financial penalties (cost of returning from meet, lost entries, etc), or dismissal from the team.

Date _____

Family Name _____

Parent Signature _____