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## Swimmer Code of Conduct

### Swimmers

- Must follow CFISD Pool Rules, which are posted at all pools.
- No horseplay, such as: dunking, pushing, shoving, or spitting.
- No running on the pool deck.
- No verbal or physical abuse to another swimmer or coach
- No sitting or hanging on the lane ropes, diving boards, or any other CFISD equipment, unless instructed to do so by the coach.
- No improper entry into the pool.
- No entry into the pool area without a coach on the deck.
- No sliding into the pool while using the handrails.
- No diving off the diving blocks without the coach's permission.
- No diving into the pool without the coach's permission.
- No headfirst or "suicide" dives at any time.
- Swimmers will enter the pool using the steps or by sliding in unless directed otherwise by a coach
- No jumping into the pool without the coach's permission.
- **The coach has complete authority during practice and swim meets, except where the referee is involved.**
- We are privileged to have the use of CFISD pools. Defacing of school property will not be tolerated.
- No sitting or standing on diving blocks.
- No use of any CFISD equipment without the permission of the coach.
- All swimmers must show respect to the coaches, swimmers, and parents.
- No talking while the coach is giving instructions.
- No interfering with other swimmers while practice is in session.
- No public displays of affection before, during or after practice.
- No use of cell phones in private areas such as bathrooms or locker rooms during practice or at meets.
- **Swimmers will abide by "Safe Sport" guidelines as outlined by USA Swimming and Team Yes.**