



## Equipment Requirements

Label all your equipment with your name. Be sure to check, periodically, to make sure name has not worn off. Please check your equipment nightly to make sure you have the right equipment. Be sure to return any equipment picked up by accident to the swimmer or coach next time you attend practice. Please be respectful of other swimmer's equipment and gear that belongs to them, the natatorium, or the school.

Equipment List			
Beginner Group	Intermediate Group	Advanced Group	White Group
<ul style="list-style-type: none"> <li>• Kick Board</li> <li>• Extra Goggles</li> <li>• Cap</li> </ul>	<ul style="list-style-type: none"> <li>• Kick Board</li> <li>• Fins</li> <li>• Mesh Bag</li> <li>• Extra Goggles</li> <li>• Cap</li> </ul>	<ul style="list-style-type: none"> <li>• Kick Board</li> <li>• Fins</li> <li>• Pull Buoy</li> <li>• Mesh Bag</li> <li>• Extra Goggles</li> <li>• Cap</li> </ul>	<ul style="list-style-type: none"> <li>• Kick Board</li> <li>• Fins</li> <li>• Pull Buoy</li> <li>• Paddles</li> <li>• Mesh Bag</li> <li>• Extra Goggles</li> <li>• Cap</li> </ul>
Green Group	Blue Group	Junior Group	Senior Group
<ul style="list-style-type: none"> <li>• Kick Board</li> <li>• Fins</li> <li>• Pull Buoy</li> <li>• Paddles</li> <li>• Mesh Bag</li> <li>• Extra Goggles</li> <li>• Cap</li> <li>• Water Bottle</li> </ul>	<ul style="list-style-type: none"> <li>• Kick Board</li> <li>• Fins</li> <li>• Pull Buoy</li> <li>• Paddles</li> <li>• US Swim Snorkel</li> <li>• Mesh Bag</li> <li>• Extra Goggles</li> <li>• Cap</li> <li>• Water Bottle</li> <li>• Cross Training shoes</li> </ul>	<ul style="list-style-type: none"> <li>• Kick Board</li> <li>• Fins</li> <li>• Pull Buoy</li> <li>• Paddles</li> <li>• US Swim Snorkel</li> <li>• Mesh Bag</li> <li>• Extra Goggles</li> <li>• Cap</li> <li>• Water Bottle</li> <li>• Cross Training shoes</li> <li>• Old tennis shoes (for in pool use)</li> </ul>	<ul style="list-style-type: none"> <li>• Kick Board</li> <li>• Fins</li> <li>• Pull Buoy</li> <li>• Paddles</li> <li>• US Swim Snorkel</li> <li>• Mesh Bag</li> <li>• Extra Goggles</li> <li>• Cap</li> <li>• Water Bottle</li> <li>• Cross Training shoes</li> <li>• Old tennis shoes (for in pool use)</li> </ul>

Equipment may be purchased at:

D & J Sports  
 11407 Spring Cypress Road  
 Suite 100, Tomball, Texas 77377  
 281-370-SWIM Fax: 281-370-7948  
 1-800-460-SWIM