



Aloha, my name is Mr. Tumoana Kenessey, I am the President of Aloha Aquatics and I'd like to personally welcome you to the Club. Included below is some preliminary information to assist you with getting started with the Club. If you need any additional information or have any questions or concerns please feel free to contact myself, your child's coach, or one of the Board Members listed at the bottom of this email.

Mahalo,

Tumoana Kenessey President
Aloha Aquatics Association Email:
President@alohaquatics.org
Phone: (808) 368-4964

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*****Mission*****

Aloha Aquatics is a community based non-profit tax exempt swim club operating under the rules and guidance of the Hawaii Age Group Local Swim Committee and USA Swimming. Our MISSION: To develop competitive swimmers by instilling self-confidence, discipline and life skills through positive coaching, mentorship and establishment of a fun, caring, and challenging environment.

*****Club Organization and Administration*****

The general management of the club is performed by a parent-volunteer Board of Directors. Our staff of Coaches, led by Coach Lara Fergueson and Coach Travis Suemori, are responsible for planning and directing the training program and competitive activities of the club. All of our coaches are knowledgeable of the rules and techniques of competitive swimming, are trained in water safety and CPR/First Aid, and have successfully passed USA Swimming certification and criminal background checks. Last, but definitely not the least, are our parent volunteers. Our swim team cannot function without volunteer participation from our member parents. As a member of the club, each family is required to volunteer/participate in the administration of the club under our Volunteer Program. We have parent volunteers who serve as assistant coaches and officials; and others who assist the team in various ways such as meet entry coordination, meet hosting & setup, and website administration. Additionally, every swim meet requires dozens of parent volunteers to serve as timers and officials. The attached presentation provides additional information on volunteer requirements, opportunities, and fees/credits.



*****Code of Conduct and Media Waiver Forms*****

Please ensure that parents and swimmers read the attached team Code of Conduct Form and then sign it and turn it in to your coach. The code describes acceptable behavior while at practice, swim meets and all other Aloha Aquatics events. Please also read and sign the attached Media Waiver Form which indicates your agreement to allow tasteful photos of your swimmers participating in official Aloha Aquatics events to be used in advertising, marketing and social media sites.

*****Dues & Fees*****

Monthly dues and fees: Dues for the first swimmer (\$80) in each family. The second swimmer in a family gets a 5% discount on dues (\$76.00). There are no dues for additional swimmers within a family. Each swimmer is assessed a \$3.50 per month fee for our Coaches Travel Fund. Each family is also assessed a \$25.00 per month volunteer program fee. This charge can be reduced or eliminated by volunteering for the board, various committees and functions (including swim meets) and credits are carried forward month-to-month. Details on the Volunteer Program can be found on the forms page of our website under the information/handouts section.

Other fees: As a USA Swimming club, each swimmer must be registered with USA Swimming and must pay the annual registration fee (currently \$77/year per swimmer). This annual registration fee includes accident insurance and dues to the Hawaii Age Group Local Swim Committee. Each swimmer is invoiced for their individual swim meet event entry fees (currently \$3 to 5/race). The team pays for relay race entry fees.

*****Monthly Invoices*****

Monthly invoices are distributed via email by our club Treasurer on or about the first of each month. Payment is due by the 10th of the month. A \$5 late fee is applied after the 10th. If you do not receive your invoice or have any questions about your invoice please contact our Treasurer by email at Treasurer@alohaquatics.org.



Fundraising

Aloha Aquatics conducts only one fundraising event per year. In order to keep our membership dues at current levels all members are expected to participate in the annual Swim-a-Thon and raise the minimum amount set by the Board of Directors. A Swim-a-Thon is a fundraiser in which participants earn money for their team by swimming lengths of the pool. Participants get pledges from businesses, family members, neighbors, etc and have a two-hour period to swim a maximum of 200 lengths. Prior to the Swim-a-Thon, swimmers will receive a packet containing pledge sheets and other information. Swimmers who raise money will receive incentive prizes and the pool group that raises the most money will earn a group prize. All families must fundraise a minimum of \$150 for the first swimmer. Multi-swimmer families must fundraise a minimum of \$250. Additional information regarding this year's Swim-a-Thon will be sent to you in a separate email.

Training Equipment

Aloha Aquatics is a FINIS sponsored team. Individuals receive an approximate 30% discount depending upon the item. Team orders are placed periodically. Specific order dates and directions are distributed via email approximately one week before each team order. Families can also place individual orders at any time by contacting the Equipment Manager. The team also maintains a stock of standard items (see New Swimmer Package list below) that can be requested at any time. If you find something else you want on the FINIS website (finisswim.com) send an email to Equipment@alohaquatics.org with the details (item, color, size, etc) and your items will be included in our next team order.

Each swimmer is required to have their own training equipment for practice. For new swimmers the team offers a full equipment bag consisting of all the required items. The bags cost approximately \$125.00 and contain:

- 1 Mesh Training Bag - 1 Foam Kickboard - 1 Pull Buoy -
- 1 Set of Fins - 1 Swimmer's Snorkel (Silver group and above) - 1 Set of FINIS Lightning Silver Mirrored Racing Goggles - 2 Aloha Aquatics Swim Caps - 1 Team t-shirt

If you would like to take advantage of this offer all you need to do is submit an email with your swimmer's T-shirt and fin size (see Finisswim.com, Floating Fins) to Equipment@alohaquatics.org and we'll get the bag delivered to you at practice. If you already have obtained some of the required equipment you can also just send a list of the individual items you would like to purchase to Equipment@alohaquatics.org and still take advantage of the Club's special pricing.

T-shirts are available for all family members and friends and we have all sizes from youth small

through adult 2XL. To order t-shirts
all sizes and quantities of t-shirts



aloha-aquatics.org with a list of
so get those delivered to

practice. All items will be invoiced to your account and billed on your next monthly invoice.

Team Suits

Aloha Aquatics swimmers need an all-black suit for meets/competitions. Any 1-piece suit is acceptable for practice. The standard FINIS suits are the Aquatuff Bladeback or Skinback (girls) and Aquatuff Jammer (boys). There are also higher end FINIS competition suits available.

The FINIS sizing chart and a measurement guide for all available FINIS suits is available on the website (finisswim.com). Please measure your swimmer(s), pick a suit and send an email to Equipment@aloha-aquatics.org with the **suit style, color and size** and we'll put it on our next order. The coaches and other swimmers/parents can be helpful when choosing a size. For competition (not practice) the suit should fit very snug so water cannot get underneath when they dive and swim. It may feel uncomfortable at first, but with use and being in the water, they will loosen up some. Please follow care directions to maximize the life of your suit. Swimsuits should be rinsed or soaked in plain cold water after every use. Swimsuits should never be put in the washer and drier and only a mild detergent should be used occasionally in a cold rinse/soak.

The FINIS sizing chart and a measurement guide for all available FINIS suits is available on the website. Please measure your swimmer(s), pick a suit and send an email to Equipment@aloha-aquatics.org with the suit(s) and size(s) and we'll get them in on our next order.

Team Website

Aloha Aquatics uses Team Unify as our team website, announcements, calendars, swimmer's times database, and for meet entries. There is an abundance of information accessible from the website (www.aloha-aquatics.org). You should have received your login and password for the website via email earlier today. Please send me an email confirming that you have received it. If you have any problems navigating through the website or with using the features like Meet Signups and Job Signups visit the Forms page of the website by clicking "Forms" at the top of the homepage banner. Here you will find detailed directions with screen shots on how to use the various features of the system. If you are still having any problems feel free to call or email me.

Meet Entries

For BC, Classified, A+, and Distance Meets each swimmer must log in to the website and at a minimum declare their status for that meet (attending or not attending). For these meets each swimmer is also able to request the events they would like to swim in that meet or they can leave the entries section blank and the coaches will pick for them. Requested events will be reviewed by

the Club's Meet Entry Coordinator



at their discretion.

For all Invitational and Championship meets, all active swimmers who qualify for the meet will be automatically entered in the meet. Coaches will pick the events for each swimmer for these meets based on the swimmer's strengths and the needs of the team for that meet. We realize that we all have very busy lives and there will be times where other family priorities will prevent swimmers from attending these meets. In order to accommodate all situations, you will always have the opportunity to opt out of the meet by going into Team Unify and stating that your swimmer(s) will not be able to attend.

*****Team Communications*****

Finally, Aloha Aquatics uses email as our primary means of communicating to our membership. Please be sure to check it often, daily if possible as changes to practice times or locations sometimes happen at the last minute.

If you have any questions about the club please do not hesitate to call or email me.

Mahalo,

Tumoana Kenessey President, Aloha
Aquatics Association Email:
President@alohaquatics.org Phone:
(808) 368-4964