

TOWN - June Practice Schedule (No practice on Friday, 6/10 - Kamehameha holiday)



Group	Pool	Days	Times	Session/Activity
Novice *no practice on Wednesdays*	KANEWAI	Mon & Fri	5:00 to 5:25pm 5:30 to 5:55pm	Session 1 Session 2
	KAIMUKI	Tue & Thu	5:00 to 5:25pm 5:30 to 5:55pm	Session 1 Session 2
Beginner	KANEWAI	Mon & Fri	5:00 to 5:45pm	Swim
	KAIMUKI	Tue & Thu	5:00 to 6:00pm	Swim
	KANEOHE	Wednesdays	5:00 to 6:00pm	Swim/Relays
Intermediate	KANEWAI	Mon & Fri	6:00 to 7:00pm	Swim
	KAIMUKI	Tue & Thu	5:00 to 6:30pm	Swim
	KANEOHE	Wednesdays	5:00 to 6:30pm	Swim/Relays
	ALA MOANA BEACH	Saturdays	8:00 to 10:00am	Swim
Senior	KANEWAI	Mon & Fri	5:00 to 5:45pm 5:45 to 7:00pm	Dryland Swim
	KAIMUKI	Tue & Thu	5:00 to 7:00pm	Swim
	KANEOHE	Wednesdays	5:00 to 6:30pm	Swim/Relays
	ALA MOANA BEACH	Saturdays	8:00 to 10:00am	Swim



Revised 6/7/22