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| **Held under sanction of USA Swimming**  **Sanction No:** HI20190915-OAHU  Entry Deadline: Tuesday, September 10, 2019 | **Meet Director(s):** Marcelle Arakaki; [marcelle808@gmail.com](mailto:marcelle808@gmail.com); (808)382-4343  **Meet Referee:** Dave Marchant;  [dkmarchant@yahoo.com](mailto:dkmarchant@yahoo.com)  **Admin Referee:**  **Entry Contact:** Marianne Guevara; [mtguev.rn@gmail.com](mailto:mtguev.rn@gmail.com);  (808) 729-2025. |
| *It is understood and agreed that USA Swimming and Hawaiian Swimming shall be free from any liabilities or claims*  *for damages arising by reason of injuries to anyone during the conduct of the event.* | |
| *Each club entered is expected to provide deck officials AND timers commensurate with their number of athletes entered.*  *Officials are requested to sign-up on-line for their position(s)/session(s) prior to the meet.* | |
| *Only current registered USA-S certified coaches are permitted to coach athletes. Any individual acting as a coach who is*  *not registered, or who's registration is no longer current, will be asked by the Meet Referee and/or Safety Marshals to*  *cease such activity and/or to leave the vicinity of the competition (including the warm-up and warm-down areas).* | |

**VENUE:** **Veterans’ Memorial Aquatic Center** - Central Oahu Regional Park; 94-801 Kamehameha Highway, Waipahu.

**COURSE:** Short Course, 25 Yards. 10 lane 50M x 25M facility with bulkhead and separate diving well. Start Depth - Minimum 8’0”. Turn Depth - Minimum 8’0”. The competition course has not been certified in accordance with 104.2.2C(4).

**SCHEDULE: Session 1:** Warm-up – 7:30AM **Session 2:** Warm-up – during session 1

Races Start – 8:30AM Races Start – approx. 15 min after session 1

**Official’s Brief** – at the start of warm-ups for each session.

**Timer’s Brief** – 20 minutes before the start of races for each session.

**EVENT ORDER:** See attached list of events.

**RULES:** The meet will be conducted in accordance with current USA Swimming and Hawaiian Swimming rules. *Coaches are responsible for instructing their athletes of safety guidelines, warm-up/down procedures, and venue specific requirements.* The Safety Marshals shall enforce safety procedures and maintain order in the swimming venue. The Safety Marshals, with concurrence of the Meet Referee, shall have full authority to remove or have removed from the vicinity of the competition anyone whose behavior or actions are unsafe or are disrupting the orderly conduct of the meet, including the disqualification of athletes from competition.

**ENTRY FEES:** $2.00 per Individual Event. $3.00 per athlete Facility & Equipment Surcharge. No refunds will be made. Fees should be mailed and received prior to the start of the meet. Make check payable to: **“Hawaii Swim Club”.** Mail a copy of the Entry Fee Report AND check to: Hawaii Swimming Club, 87-246 Laiku Street, Waianae, HI 96792

**FORMAT:**

* 10 lanes.
* Timed finals.
* 13&Over can choose EITHER the 50’s of each stroke and (first listed) 100 IM, or the 100’s of each stroke and (2nd listed) 100 IM
* Seeded and swum slowest to fastest.
* Non-conforming entry times converted by the meet management software prior to seeding.
* Partial heats may be combined by the Meet Referee and/or swum out of order.

**TIMING:** Semi-automatic timing system with manual backup (three buttons and one watch).

**DIVISIONS:** 8&Un, Single Age 9 through 18, 19&Over. Divisions may be swum combined with results ranked separately.

**ELIGIBILITY:** No athlete who is not a member as provided in Article 302 will be allowed to compete or participate except as provided under 202.6 or USA Swimming’s “open border” policy included in its Registration Manual.

All NEW Hawaiian Swimming athlete registrations (and registration fee) MUST be mailed directly by each Club Registrar to the LSC Registrar and POSTMARKED NO LATER than 14 days prior to the scheduled start of the meet. **It is the legal responsibility of each club to ensure that each athlete entered is USA Swimming registered for the current year.**

**ENTRY LIMITS:** Athletes may enter a maximum of **five (5) events**.

**ENTRY RESTRCTIONS:**

* Entry is limited to athletes who have achieved the Hawaiian Swimming ‘A’ time standard or faster for their age group in at least one standard event for their age group of 50 Y/M or longer (whether or not the event is offered at this meet).

**ENTRY PROCEDURE:** Entries must be received by the Entry Contact NO LATER than the Entry Deadline. Entries must include a SDIF compatible entry file AND an entry fee report. All athletes, and their USA-S IDs, must be listed in the entry file. No late entries will be accepted at the meet.

***\*\* 13&Over athletes entering the 50’s + 100 IM Pentathlon events should enter an actual time (if recent), a split from a 100 event, a relay split, or a best estimate for the event. \*\****

**SCRATCHES/HEAT SHEETS:** Scratches of Individual Events for Session 1 are due to the Entry Contact by Noon on the day prior to the scheduled start of the meet.

Scratches of Individual Events for Session 2 are due by the scheduled start of Session 1.

Coaches are to present their credentials to pick up scratch sheets and heat sheets. Exceptions must see the Meet Referee.

**WARM-UP/DOWN:** Hawaiian Swimming warm-up/down procedures shall be in affect for the meet.

**RACING STARTS:** Any athlete entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the athlete or the athlete’s legal guardian to ensure compliance with this requirement.

**AWARDS:** This meet is a “local” Oahu meet AND a “virtual” All-Island meet. Individuals will be awarded ribbons for 1st through 8th place in each local age group division for COMBINED PENTATHLON results (8&u, 9, 10, 11, 12, 13, 14, 15,16, 17, 18, 19&O). If all 5 events are not swum (or an event is disqualified), the athlete will not be eligible for awards.

Pentathlon results will be combined for Hawaii, Kauai, Maui, and Oahu in each age group division (8&u 9, 10, 11, 12, 13, 14, 15, 16, 17, 18, 19&O).

**RESULTS:** Final results will be posted on the Hawaiian Swimming website at: www.hawaiianswimming.org.

**OFFICIALS and TIMERS:** Each club entered is expected to provide deck officials AND timers commensurate with their number of athletes entered. Deck officials are requested to sign-up on-line for their position(s)/session(s) prior to the meet. Teams will be pre-assigned timer positions. All deck officials, timers, and safety marshals report to the Meet Referee.

**HOSPITALITY:** Refreshments will be available for deck officials, coaches, timers, and safety marshals during the meet. Deck officials, coaches, and safety marshals will be provided lunch during the session break.

**CONCESSIONS:** Concessions will be available for purchase during the meet.

**ADDITIONAL INFORMATION:**

* Venue and pool rules will be strictly enforced.
* Parking is permitted only in marked areas.
* Unless approved in writing in advance of the competition by the Vice President of Program Operations – USA Swimming, operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
* Deck changes are prohibited.
* USA-S rule 102.8D will be enforced: swimsuits worn for competition must be non-transparent and conform to the current concept of the appropriate.
* Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, restrooms, or locker rooms.
* Photography behind the starting area(s) is not permitted.
* Only deck officials, timers, coaches, and athletes may be on the pool deck during competition. Athletes are to return to their team area soon after they have completed their events.
* "The meet will be conducted in accordance with current USA Swimming and Hawaiian Swimming rules, **including the Minor Athlete Abuse Prevention Policy ["MAAPP"].**

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| **ORDER OF EVENTS** | | | | |
| **SESSION 1\*** | | | | |
| **GIRLS** | **DIVSIONS** | **EVENT** | **BOYS** | |
| 1 | 13 & Ov | 50 Butterfly | 2 | |
| 3 | 13 & Ov | 100 Butterfly # | 4 | |
| 5 | 13 & Ov | 50 Backstroke | 6 | |
| 7 | 13 & Ov | 100 Backstroke # | 8 | |
| 9 | 13 & Ov | 50 Breaststroke | 10 | |
| 11 | 13 & Ov | 100 Breaststroke # | 12 | |
| 13 | 13 & Ov | 50 Freestyle | 14 | |
| 15 | 13 & Ov | 100 Freestyle # | 16 | |
| 17 | 13 & Ov | 100 Individual Medley | 18 | |
| 19 | 13 & Ov | 100 Individual Medley # | 20 | |

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| **SESSION 2** | | | |
| **GIRLS** | **DIVSIONS** | **EVENT** | **BOYS** |
| 21 | 12 & Un | 50 Butterfly # | 22 |
| 23 | 12 & Un | 50 Backstroke # | 24 |
| 25 | 12 & Un | 50 Breaststroke # | 26 |
| 27 | 12 & Un | 50 Freestyle # | 28 |
| 29 | 12 & Un | 100 Individual Medley # | 30 |

*- Entry is limited to athletes who have achieved the Hawaiian Swimming ‘A’ time standard or faster in any course for their age group in any standard event of 50 Y/M or longer.*

*\* 13&Over athletes entering the 50’s + 100 IM Pentathlon events should enter an actual time (if recent), a split from a 100 event, a relay split, or a best estimate for the event.*

*# Events marked with # are the only events which will be listed (and awarded) for all-island merged results.*