

LCM - 2017/18 HAWAIIAN SWIMMING AGE GROUP TIME STANDARDS - LCM

FEMALE						8 & U	MALE					
B	A							A	B			
0:52.80	0:44.00					50 Free		0:45.19	0:54.24			
1:03.25	0:52.70					50 Back		0:54.73	1:05.68			
1:10.59	0:58.81					50 Breast		1:01.48	1:13.78			
1:00.03	0:50.03					50 Fly		0:53.97	1:04.76			
B	A	AA	AAA	AAAA	AG-Z	10 & U	AG-Z	AAAA	AAA	AA	A	B
0:47.68	0:44.00	0:40.34	0:36.68			50 Free		0:37.66	0:41.43	0:45.19	0:48.96	
1:47.82	1:39.51	1:31.22	1:22.93			100 Free		1:25.68	1:34.25	1:42.82	1:51.38	
3:56.00	3:37.85	3:19.69	3:01.54			200 Free		3:09.42	3:28.36	3:47.31	4:06.25	
0:57.10	0:52.70	0:48.31	0:43.92			50 Back		0:45.61	0:50.17	0:54.73	0:59.30	
2:05.12	1:55.50	1:45.87	1:36.25			100 Back		1:41.08	1:51.19	2:01.29	2:11.40	
1:03.72	0:58.81	0:53.91	0:49.01			50 Breast		0:51.24	0:56.37	1:01.48	1:06.61	
2:19.65	2:08.91	1:58.16	1:47.42			100 Breast		1:52.57	2:03.82	2:15.09	2:26.36	
0:54.20	0:50.03	0:45.85	0:41.69			50 Fly		0:44.97	0:49.46	0:53.97	0:58.48	
2:11.34	2:01.24	1:51.13	1:41.03			100 Fly		1:46.25	1:56.87	2:07.50	2:18.13	
4:25.98	4:05.52	3:45.06	3:24.60			200 IM		3:35.63	3:57.19	4:18.76	4:40.32	
B	A	AA	AAA	AAAA	AG-Z	11/12	AG-Z	AAAA	AAA	AA	A	B
0:41.78	0:38.57	0:35.35	0:32.14			50 Free		0:32.69	0:35.95	0:39.23	0:42.49	
1:32.30	1:25.21	1:18.10	1:11.00			100 Free		1:12.91	1:20.20	1:27.49	1:34.80	
3:20.90	3:05.45	2:49.99	2:34.54			200 Free		2:40.10	2:56.10	3:12.12	3:28.13	
7:06.85	6:34.02	6:01.18	5:28.35			400 Free		5:38.78	6:12.66	6:46.54	7:20.42	
0:49.37	0:45.58	0:41.78	0:37.98			50 Back		0:39.43	0:43.37	0:47.32	0:51.26	
1:47.11	1:38.86	1:30.62	1:22.39			100 Back		1:25.40	1:33.94	1:42.48	1:51.02	
3:52.29	3:34.43	3:16.56	2:58.69			200 Back		3:07.93	3:26.72	3:45.52	4:04.31	
0:55.15	0:50.89	0:46.65	0:42.41			50 Breast		0:43.85	0:48.23	0:52.63	0:57.00	
2:00.53	1:51.24	1:41.97	1:32.70			100 Breast		1:36.03	1:45.63	1:55.23	2:04.84	
4:21.72	4:01.58	3:41.45	3:21.32			200 Breast		3:32.21	3:53.43	4:14.65	4:35.87	
0:46.17	0:42.61	0:39.06	0:35.51			50 Fly		0:36.89	0:40.58	0:44.27	0:47.95	
1:47.15	1:38.90	1:30.67	1:22.42			100 Fly		1:26.26	1:34.88	1:43.51	1:52.13	
4:04.86	3:46.02	3:27.18	3:08.35			200 Fly		3:14.09	3:33.50	3:52.90	4:12.32	
3:48.42	3:30.85	3:13.28	2:55.71			200 IM		3:02.30	3:20.52	3:38.76	3:56.99	
8:19.06	7:40.67	7:02.28	6:23.89			400 IM		6:47.35	7:28.08	8:08.82	8:49.57	
B	A	AA	AAA	AAAA	AG-Z	13/14	AG-Z	AAAA	AAA	AA	A	B
0:39.44	0:36.41	0:33.38	0:30.34			50 Free		0:28.84	0:31.72	0:34.61	0:37.50	
1:25.88	1:19.27	1:12.66	1:06.06			100 Free		1:03.53	1:09.89	1:16.24	1:22.59	
3:06.88	2:52.51	2:38.13	2:23.76			200 Free		2:20.36	2:34.39	2:48.43	3:02.47	
6:34.85	6:04.47	5:34.10	5:03.73			400 Free		4:58.84	5:28.72	5:58.61	6:28.49	
13:51.99	12:47.99	11:43.99	10:39.99			800 Free		10:23.99	11:26.39	12:28.78	13:31.19	
26:51.98	24:47.99	22:43.99	20:39.99			1500 Free		19:59.99	21:59.99	23:59.99	25:59.98	
1:38.91	1:31.31	1:23.70	1:16.09			100 Back		1:15.05	1:22.55	1:30.06	1:37.57	
3:33.50	3:17.07	3:00.65	2:44.23			200 Back		2:43.53	2:59.88	3:16.24	3:32.59	
1:51.56	1:42.98	1:34.40	1:25.82			100 Breast		1:23.45	1:31.80	1:40.14	1:48.48	
4:02.57	3:43.91	3:25.25	3:06.61			200 Breast		3:02.41	3:20.65	3:38.90	3:57.13	
1:36.74	1:29.29	1:21.85	1:14.40			100 Fly		1:12.82	1:20.10	1:27.38	1:34.66	
3:43.07	3:25.91	3:08.75	2:51.59			200 Fly		2:44.96	3:01.45	3:17.95	3:34.44	
3:32.82	3:16.45	3:00.08	2:43.71			200 IM		2:38.97	2:54.86	3:10.77	3:26.66	
7:32.03	6:57.27	6:22.49	5:47.74			400 IM		5:40.92	6:15.01	6:49.11	7:23.20	
B	A	AA	AAA	AAAA	SR-Z	15/16	SR-Z	AAAA	AAA	AA	A	B
0:39.02	0:36.01	0:33.01	0:30.02			50 Free		0:27.17	0:29.88	0:32.60	0:35.32	
1:24.97	1:18.43	1:11.90	1:05.36			100 Free		0:59.19	1:05.11	1:11.03	1:16.95	
3:06.88	2:52.51	2:38.13	2:23.76			200 Free		2:11.22	2:24.34	2:37.47	2:50.59	
6:33.80	6:03.50	5:33.21	5:02.92			400 Free		4:43.54	5:11.90	5:40.25	6:08.60	
13:38.99	12:35.99	11:32.99	10:29.99			800 Free		9:59.99	10:59.99	11:59.99	12:59.99	
26:25.99	24:23.99	22:21.99	20:19.99			1500 Free		19:29.99	21:26.98	23:23.99	25:20.99	
1:38.34	1:30.77	1:23.21	1:15.64			100 Back		1:09.51	1:16.46	1:23.41	1:30.37	
3:33.50	3:17.07	3:00.65	2:44.23			200 Back		2:34.40	2:49.84	3:05.28	3:20.72	
1:51.56	1:42.98	1:34.40	1:25.82			100 Breast		1:18.55	1:26.40	1:34.26	1:42.11	
4:02.57	3:43.91	3:25.25	3:06.61			200 Breast		2:56.31	3:13.93	3:31.56	3:49.19	
1:35.57	1:28.22	1:20.88	1:13.52			100 Fly		1:06.79	1:13.47	1:20.14	1:26.83	
3:43.07	3:25.91	3:08.75	2:51.59			200 Fly		2:35.33	2:50.87	3:06.39	3:21.95	
3:30.33	3:14.15	2:57.97	2:41.79			200 IM		2:28.87	2:43.75	2:58.64	3:13.52	
7:32.03	6:57.27	6:22.49	5:47.74			400 IM		5:24.78	5:57.26	6:29.74	7:02.22	
B	A	AA	AAA	AAAA	SR-Z	17/18	SR-Z	AAAA	AAA	AA	A	B
0:39.02	0:36.01	0:33.01	0:30.02			50 Free		0:27.17	0:29.88	0:32.60	0:35.32	
1:24.97	1:18.43	1:11.90	1:05.36			100 Free		0:59.19	1:05.11	1:11.03	1:16.95	
3:06.88	2:52.51	2:38.13	2:23.76			200 Free		2:11.22	2:24.34	2:37.47	2:50.59	
6:33.80	6:03.50	5:33.21	5:02.92			400 Free		4:43.54	5:11.90	5:40.25	6:08.60	
13:38.99	12:35.99	11:32.99	10:29.99			800 Free		9:59.99	10:59.99	11:59.99	12:59.99	
26:25.99	24:23.99	22:21.99	20:19.99			1500 Free		19:29.99	21:26.98	23:23.99	25:21.00	
1:38.34	1:30.77	1:23.21	1:15.64			100 Back		1:09.51	1:16.46	1:23.41	1:30.37	
3:33.50	3:17.07	3:00.65	2:44.23			200 Back		2:34.40	2:49.84	3:05.28	3:20.72	
1:51.56	1:42.98	1:34.40	1:25.82			100 Breast		1:18.55	1:26.40	1:34.26	1:42.11	
4:02.57	3:43.91	3:25.25	3:06.61			200 Breast		2:56.31	3:13.93	3:31.56	3:49.19	
1:35.57	1:28.22	1:20.88	1:13.52			100 Fly		1:06.79	1:13.47	1:20.14	1:26.83	
3:43.07	3:25.91	3:08.75	2:51.59			200 Fly		2:35.33	2:50.87	3:06.39	3:21.95	
3:30.33	3:14.15	2:57.97	2:41.79			200 IM		2:28.87	2:43.75	2:58.64	3:13.52	
7:32.03	6:57.27	6:22.49	5:47.74			400 IM		5:24.78	5:57.26	6:29.74	7:02.22	

Zone times to be added when released by USA-S

ver. R1 approved AUG-27-2017