

2018/19 HAWAIIAN SWIMMING AGE GROUP CHAMPIONSHIP RELAY STANDARDS

GIRLS					BOYS		
SCY	SCM	LCM	AGE	RELAY	SCY	SCM	LCM
2:10.64	2:25.00	2:28.20	10&U	200 FREE	2:13.48	2:28.16	2:31.36
2:34.19	2:51.15	2:54.25	10&U	200 MEDLEY	2:41.67	2:59.46	3:02.56
1:53.28	2:05.76	2:08.96	11/12	200 FREE	1:55.16	2:07.84	2:11.04
4:11.04	4:38.64	4:45.04	11/12	400 FREE	4:16.60	4:44.84	4:51.24
2:10.95	2:25.36	2:28.46	11/12	200 MEDLEY	2:15.49	2:30.39	2:33.49
4:52.06	5:24.18	5:30.38	11/12	400 MEDLEY	5:02.69	5:35.99	5:42.19
1:46.44	1:58.16	2:01.36	13/14	200 FREE	1:41.04	1:52.16	1:55.36
3:52.28	4:17.84	4:24.24	13/14	400 FREE	3:43.16	4:07.72	4:14.12
8:26.52	9:22.24	9:35.04	13/14	800 FREE	8:14.28	9:08.64	9:21.44
2:00.07	2:13.28	2:16.07	13/14	200 MEDLEY	1:56.97	2:09.84	2:12.63
4:26.82	4:56.17	5:02.37	13/14	400 MEDLEY	4:19.94	4:48.54	4:54.74
1:44.92	1:56.48	1:59.68	15-18	200 FREE	1:34.32	1:44.68	1:47.88
3:48.60	4:13.76	4:20.16	15-18	400 FREE	3:26.08	3:48.76	3:55.16
8:22.68	9:17.96	9:30.76	15-18	800 FREE	7:40.20	8:30.84	8:43.64
1:58.81	2:11.89	2:14.68	15-18	200 MEDLEY	1:48.04	1:59.93	2:02.72
4:24.03	4:53.08	4:59.28	15-18	400 MEDLEY	4:00.10	4:26.52	4:32.72

ver. R1 updated 2019-Aug-12