

SCY - 2010/11 HAWAIIAN SWIMMING AGE GROUP TIME STANDARDS - SCY

HI-C+ HI-B HI-A			GIRLS			8 & U			BOYS			HI-A HI-B HI-C+		
0:24.73	0:24.72	0:20.54				25 Free			0:21.10	0:25.41	0:25.42			
0:49.45	0:49.44	0:41.08				50 Free			0:42.21	0:50.79	0:50.80			
0:29.74	0:29.73	0:24.73				25 Back			0:25.60	0:30.78	0:30.79			
0:59.47	0:59.46	0:49.46				50 Back			0:51.20	1:01.55	1:01.56			
0:32.84	0:32.83	0:27.28				25 Breast			0:28.73	0:34.57	0:34.58			
1:05.66	1:05.65	0:54.56				50 Breast			0:57.47	1:09.14	1:09.15			
0:27.80	0:27.79	0:23.11				25 Fly			0:24.34	0:29.28	0:29.29			
0:55.59	0:55.58	0:46.22				50 Fly			0:48.69	0:58.55	0:58.56			
HI-C+	HI-B	HI-A	HI-AA	QUAL	*ZONE	10 & U	*ZONE	QUAL	HI-AA	HI-A	HI-B	HI-C+		
0:44.58	0:44.57	0:41.08	0:37.60	0:34.12	-	50 Free	-	0:35.05	0:38.63	0:42.21	0:45.79	0:45.80		
1:37.48	1:37.47	1:29.86	1:22.25	1:14.65	-	100 Free	-	1:17.14	1:25.00	1:32.86	1:40.72	1:40.73		
3:36.44	3:36.43	3:19.56	3:02.69	2:45.82	-	200 Free	-	2:48.24	3:05.36	3:22.47	3:39.58	3:39.59		
0:53.64	0:53.63	0:49.46	0:45.30	0:41.13	-	50 Back	-	0:42.58	0:46.89	0:51.20	0:55.51	0:55.52		
1:55.62	1:55.61	1:46.63	1:37.65	1:28.68	-	100 Back	-	1:30.69	1:39.87	1:49.05	1:58.23	1:58.24		
0:59.19	0:59.18	0:54.56	0:49.94	0:45.32	-	50 Breast	-	0:47.74	0:52.60	0:57.47	1:02.33	1:02.34		
2:09.24	2:09.23	1:59.15	1:49.07	1:38.99	-	100 Breast	-	1:43.92	1:54.49	2:05.06	2:15.64	2:15.65		
0:50.13	0:50.12	0:46.22	0:42.31	0:38.41	-	50 Fly	-	0:40.47	0:44.58	0:48.69	0:52.80	0:52.81		
1:57.07	1:57.06	1:47.96	1:38.86	1:29.76	-	100 Fly	-	1:34.46	1:44.03	1:53.60	2:03.18	2:03.19		
1:54.85	1:54.84	1:45.90	1:36.96	1:28.02	-	100 IM	-	1:31.55	1:40.85	1:50.14	1:59.44	1:59.45		
4:02.83	4:02.82	3:43.92	3:25.02	3:06.12	-	200 IM	-	3:11.38	3:30.80	3:50.23	4:09.66	4:09.67		
HI-C+	HI-B	HI-A	HI-AA	QUAL	*ZONE	11/12	*ZONE	QUAL	HI-AA	HI-A	HI-B	HI-C+		
0:38.53	0:38.52	0:35.51	0:32.48	0:29.46	-	50 Free	-	0:30.57	0:33.70	0:36.83	0:39.96	0:39.97		
1:25.07	1:25.06	1:18.41	1:11.75	1:05.10	-	100 Free	-	1:06.90	1:13.74	1:20.57	1:27.41	1:27.42		
3:05.10	3:05.09	2:50.63	2:36.17	2:21.71	-	200 Free	-	2:25.94	2:40.82	2:55.70	3:10.58	3:10.59		
8:11.55	8:11.54	7:32.88	6:54.23	6:15.57	-	500 Free	-	6:28.19	7:08.11	7:48.02	8:27.95	8:27.96		
0:45.79	0:45.78	0:42.21	0:38.65	0:35.09	-	50 Back	-	0:36.66	0:40.38	0:44.10	0:47.82	0:47.83		
1:38.52	1:38.51	1:30.85	1:23.19	1:15.52	-	100 Back	-	1:18.74	1:26.73	1:34.71	1:42.69	1:42.70		
0:51.08	0:51.07	0:47.08	0:43.08	0:39.08	-	50 Breast	-	0:39.80	0:43.87	0:47.94	0:52.02	0:52.03		
1:51.33	1:51.32	1:42.62	1:33.92	1:25.21	-	100 Breast	-	1:27.91	1:36.88	1:45.85	1:54.82	1:54.83		
0:42.89	0:42.88	0:39.53	0:36.19	0:32.84	-	50 Fly	-	0:33.91	0:37.36	0:40.82	0:44.27	0:44.28		
1:36.79	1:36.78	1:29.23	1:21.69	1:14.15	-	100 Fly	-	1:16.45	1:24.22	1:32.00	1:39.78	1:39.79		
1:37.93	1:37.92	1:30.28	1:22.64	1:15.00	-	100 IM	-	1:17.51	1:25.39	1:33.28	1:41.17	1:41.18		
3:29.53	3:29.52	3:13.18	2:56.85	2:40.51	-	200 IM	-	2:45.81	3:02.68	3:19.55	3:36.42	3:36.43		

*note: 2011 Zone and Sectional standards not yet released

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HI-B	HI-A	HI-AA	QUAL	*ZONE	*SECT	13/14	*SECT	*ZONE	QUAL	HI-AA	HI-A	HI-B
0:36.63	0:33.75	0:30.88	0:28.01	-	-	50 Free	-	-	0:26.82	0:29.57	0:32.32	0:35.08
1:19.32	1:13.11	1:06.90	1:00.68	-	-	100 Free	-	-	0:58.08	1:04.03	1:09.98	1:15.94
2:51.28	2:37.88	2:24.49	2:11.09	-	-	200 Free	-	-	2:06.87	2:19.84	2:32.82	2:45.79
7:33.31	6:57.60	6:21.89	5:46.17	-	-	500 Free	-	-	5:39.22	6:14.24	6:49.26	7:24.29
15:47.83	14:33.23	13:18.63	12:04.03	-	-	1000 Free	-	-	11:47.13	13:00.05	14:12.95	15:25.85
26:29.28	24:24.82	22:20.37	20:15.91	-	-	1650 Free	-	-	19:42.88	21:44.03	23:45.18	25:46.33
1:33.61	1:26.33	1:19.04	1:11.76	-	-	100 Back	-	-	1:08.95	1:15.96	1:22.96	1:29.96
3:16.09	3:00.84	2:45.59	2:30.34	-	-	200 Back	-	-	2:25.65	2:40.43	2:55.21	3:09.99
1:44.30	1:36.14	1:27.98	1:19.82	-	-	100 Breast	-	-	1:16.55	1:24.39	1:32.22	1:40.06
3:40.93	3:23.66	3:06.39	2:49.12	-	-	200 Breast	-	-	2:43.78	3:00.52	3:17.26	3:34.00
1:30.41	1:23.36	1:16.31	1:09.26	-	-	100 Fly	-	-	1:05.90	1:12.61	1:19.33	1:26.05
3:18.44	3:02.98	2:47.52	2:32.06	-	-	200 Fly	-	-	2:26.09	2:40.96	2:55.82	3:10.69
3:15.63	3:00.36	2:45.09	2:29.82	-	-	200 IM	-	-	2:23.51	2:38.15	2:52.79	3:07.43
6:56.14	6:23.68	5:51.23	5:18.77	-	-	400 IM	-	-	5:07.32	5:38.63	6:09.94	6:41.25
HI-B	HI-A	HI-AA	QUAL	*ZONE	*SECT	15/16	*SECT	*ZONE	QUAL	HI-AA	HI-A	HI-B
0:36.07	0:33.24	0:30.41	0:27.58	-	-	50 Free	-	-	0:24.86	0:27.42	0:29.97	0:32.53
1:18.74	1:12.57	1:06.40	1:00.24	-	-	100 Free	-	-	0:54.49	1:00.09	1:05.68	1:11.28
2:49.63	2:36.36	2:23.09	2:09.82	-	-	200 Free	-	-	1:59.41	2:11.64	2:23.87	2:36.10
7:30.97	6:55.43	6:19.90	5:44.37	-	-	500 Free	-	-	5:19.81	5:52.88	6:25.97	6:59.04
15:29.87	14:16.66	13:03.44	11:50.22	-	-	1000 Free	-	-	11:09.62	12:18.77	13:27.93	14:37.09
26:12.56	24:09.39	22:06.22	20:03.05	-	-	1650 Free	-	-	19:02.72	20:59.86	22:56.99	24:54.13
1:30.36	1:23.32	1:16.29	1:09.26	-	-	100 Back	-	-	1:03.71	1:10.19	1:16.67	1:23.15
3:14.51	2:59.38	2:44.25	2:29.13	-	-	200 Back	-	-	2:18.52	2:32.59	2:46.66	3:00.72
1:41.08	1:33.17	1:25.26	1:17.34	-	-	100 Breast	-	-	1:12.23	1:19.64	1:27.04	1:34.44
3:40.01	3:22.81	3:05.61	2:48.41	-	-	200 Breast	-	-	2:35.95	2:51.91	3:07.87	3:23.82
1:27.52	1:20.69	1:13.86	1:07.03	-	-	100 Fly	-	-	1:00.61	1:06.80	1:12.98	1:19.17
3:17.19	3:01.82	2:46.46	2:31.10	-	-	200 Fly	-	-	2:17.77	2:31.80	2:45.83	2:59.87
3:14.30	2:59.13	2:43.96	2:28.79	-	-	200 IM	-	-	2:15.95	2:29.83	2:43.72	2:57.60
6:49.87	6:17.89	5:45.91	5:13.94	-	-	400 IM	-	-	4:51.95	5:21.73	5:51.51	6:21.27
HI-B	HI-A	HI-AA	QUAL	*ZONE	*SECT	17/18	*SECT	*ZONE	QUAL	HI-AA	HI-A	HI-B
0:36.29	0:33.35	0:31.00	0:28.65	-	-	50 Free	-	-	0:25.15	0:27.22	0:29.29	0:31.88
1:19.21	1:12.81	1:07.69	1:02.57	-	-	100 Free	-	-	0:55.47	1:00.02	1:04.57	1:10.26
2:54.01	2:39.97	2:28.74	2:17.51	-	-	200 Free	-	-	2:03.01	2:13.08	2:23.15	2:35.74
7:36.51	6:59.41	6:29.73	6:00.05	-	-	500 Free	-	-	5:29.68	5:56.93	6:24.18	6:58.25
16:08.24	14:49.65	13:46.78	12:43.91	-	-	1000 Free	-	-	11:40.47	12:38.27	13:36.06	14:48.30
26:55.00	24:44.56	23:00.20	21:15.84	-	-	1650 Free	-	-	19:44.16	21:21.18	22:58.21	24:59.49
1:33.67	1:26.15	1:20.14	1:14.12	-	-	100 Back	-	-	1:06.63	1:12.04	1:17.46	1:24.23
3:22.44	3:06.20	2:53.21	2:40.22	-	-	200 Back	-	-	2:25.04	2:36.82	2:48.59	3:03.32
1:45.33	1:36.83	1:30.03	1:23.23	-	-	100 Breast	-	-	1:14.18	1:20.26	1:26.33	1:33.93
3:49.69	3:31.17	3:16.36	3:01.54	-	-	200 Breast	-	-	2:44.52	2:57.97	3:11.42	3:28.23
1:30.55	1:23.26	1:17.43	1:11.60	-	-	100 Fly	-	-	1:02.17	1:07.24	1:12.32	1:18.66
3:29.55	3:12.72	2:59.26	2:45.79	-	-	200 Fly	-	-	2:26.72	2:38.66	2:50.60	3:05.53
3:15.60	2:59.83	2:47.23	2:34.63	-	-	200 IM	-	-	2:19.94	2:31.37	2:42.79	2:57.07
7:10.17	6:35.57	6:07.89	5:40.21	-	-	400 IM	-	-	5:10.15	5:35.42	6:00.70	6:32.29

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