

LCM - 2013/14 R2 HAWAIIAN SWIMMING AGE GROUP TIME STANDARDS - LCM

HI-C+			HI-B			HI-A			GIRLS			8 & U			BOYS			HI-A			HI-B			HI-C+		
0:54.12	1:05.11	1:12.38	0:54.11	1:05.10	1:12.37	0:45.10	0:54.26	1:00.31				50 Free	50 Back	50 Breast				0:54.42	0:57.43	1:04.29	0:56.91	1:08.92	1:17.16	0:56.92	1:08.93	1:17.17
1:02.40	1:12.39	1:02.40	1:02.39	1:12.37	1:02.40	0:52.00	0:52.00	0:52.00				50 Fly	100 Free	100 Back				0:54.75	0:57.43	1:04.29	1:05.69	1:08.92	1:17.16	1:05.70	1:08.93	1:17.17
HI-C+	HI-B	HI-A	HI-AA	QUAL	ZONE	10 & U	ZONE	QUAL	HI-AA	HI-A	HI-B	HI-C+	HI-A	HI-B	HI-C+	HI-A	HI-B	HI-C+	HI-AA	HI-A	HI-B	HI-C+	HI-A	HI-B	HI-C+	
0:48.86	0:48.85	0:45.10	0:41.34	0:37.59	0:33.29	50 Free	0:32.99	0:39.52	0:43.47	0:47.42	0:51.37	0:51.38	0:47.42	0:51.37	0:51.38	0:47.42	0:51.37	0:43.47	0:47.42	0:51.37	0:47.42	0:51.37	0:51.37	0:47.42	0:51.37	0:51.38
1:49.80	1:49.79	1:41.34	1:32.90	1:24.46	1:12.49	100 Free	1:12.09	1:27.23	1:35.95	1:44.67	1:53.40	1:53.41	1:44.67	1:53.40	1:53.41	1:44.67	1:53.40	1:27.23	1:35.95	1:44.67	1:44.67	1:53.40	1:53.40	1:44.67	1:53.40	1:53.41
4:03.45	4:03.44	3:44.71	3:25.99	3:07.26	2:38.49	200 Free	2:37.39	3:09.95	3:28.95	3:47.94	4:06.93	4:06.94	3:47.94	4:06.93	4:06.94	3:47.94	4:06.93	3:09.95	3:28.95	3:47.94	3:47.94	4:06.93	4:06.93	3:47.94	4:06.93	4:06.94
0:58.79	0:58.78	0:54.26	0:49.73	0:45.21	0:39.29	50 Back	0:39.39	0:47.86	0:52.65	0:57.43	1:02.22	1:02.23	0:57.43	1:02.22	1:02.23	0:57.43	1:02.22	0:39.39	0:47.86	0:52.65	0:57.43	1:02.22	1:02.22	0:57.43	1:02.22	1:02.23
2:09.54	2:09.53	1:59.56	1:49.59	1:39.63	1:24.69	100 Back	1:25.09	1:41.87	1:52.06	2:02.25	2:12.44	2:12.45	1:41.87	1:52.06	2:12.45	1:41.87	1:52.06	1:49.59	1:39.63	1:24.69	2:02.25	2:12.44	2:12.44	2:02.25	2:12.44	2:12.45
1:05.35	1:05.34	1:00.31	0:55.29	0:50.26	0:44.19	50 Breast	0:44.89	0:53.58	0:58.94	1:04.29	1:09.65	1:09.66	0:53.58	0:58.94	1:09.66	0:53.58	0:58.94	1:00.31	0:55.29	0:50.26	1:04.29	1:09.65	1:09.65	1:04.29	1:09.65	1:09.66
2:23.19	2:23.18	2:12.17	2:01.16	1:50.14	1:36.29	100 Breast	1:37.59	1:57.35	2:09.08	2:20.82	2:32.56	2:32.57	1:57.35	2:09.08	2:32.57	1:57.35	2:09.08	2:12.17	2:01.16	1:50.14	2:20.82	2:32.56	2:32.56	2:20.82	2:32.56	2:32.57
0:56.34	0:56.33	0:52.00	0:47.66	0:43.34	0:36.49	50 Fly	0:36.79	0:45.62	0:50.18	0:54.75	0:59.31	0:59.32	0:45.62	0:50.18	0:59.32	0:45.62	0:50.18	0:52.00	0:47.66	0:43.34	0:54.75	0:59.31	0:59.31	0:54.75	0:59.31	0:59.32
2:11.35	2:11.34	2:01.24	1:51.13	1:41.03	1:24.19	100 Fly	1:24.69	1:46.25	1:56.87	2:07.50	2:18.13	2:18.14	1:46.25	1:56.87	2:18.14	1:46.25	1:56.87	2:01.24	1:51.13	1:41.03	2:07.50	2:18.13	2:18.13	2:07.50	2:18.13	2:18.14
4:32.74	4:32.73	4:11.75	3:50.77	3:29.79	2:58.39	200 IM	2:59.19	3:35.63	3:57.19	4:18.76	4:40.32	4:40.33	3:35.63	3:57.19	4:40.33	3:35.63	3:57.19	4:11.75	3:50.77	3:29.79	4:18.76	4:40.32	4:40.32	4:18.76	4:40.32	4:40.33
HI-C+	HI-B	HI-A	HI-AA	QUAL	ZONE	11/12	ZONE	QUAL	HI-AA	HI-A	HI-B	HI-C+	HI-A	HI-B	HI-C+	HI-AA	HI-A	HI-B	HI-AA	HI-A	HI-B	HI-C+	HI-A	HI-B	HI-C+	
0:42.70	0:42.69	0:39.41	0:36.12	0:32.83	0:29.39	50 Free	0:29.59	0:33.62	0:36.99	0:40.35	0:43.70	0:43.71	0:36.99	0:40.35	0:43.71	0:36.99	0:40.35	0:39.41	0:36.12	0:32.83	0:40.35	0:43.70	0:43.70	0:40.35	0:43.70	0:43.71
1:34.82	1:34.81	1:27.51	1:20.22	1:12.93	1:04.79	100 Free	1:04.19	1:14.87	1:22.35	1:29.86	1:37.33	1:37.34	1:14.87	1:22.35	1:37.34	1:14.87	1:22.35	1:27.51	1:20.22	1:12.93	1:29.86	1:37.33	1:37.33	1:29.86	1:37.33	1:37.34
3:27.51	3:27.50	3:11.53	2:55.57	2:39.61	2:20.69	200 Free	2:19.59	2:44.56	3:01.01	3:17.47	3:33.93	3:33.94	2:44.56	3:01.01	3:33.94	2:44.56	3:01.01	3:11.53	2:55.57	2:39.61	3:17.47	3:33.93	3:33.93	3:17.47	3:33.93	3:33.94
7:19.71	7:19.70	6:45.87	6:12.05	5:38.22	4:56.69	400 Free	4:55.99	5:49.27	6:24.20	6:59.12	7:34.06	7:34.07	5:49.27	6:24.20	7:34.07	5:49.27	6:24.20	6:45.87	6:12.05	5:38.22	6:59.12	7:34.06	7:34.06	6:59.12	7:34.06	7:34.07
0:50.99	0:50.98	0:47.06	0:43.15	0:39.22	0:34.59	50 Back	0:34.69	0:40.88	0:44.97	0:49.05	0:53.15	0:53.16	0:40.88	0:44.97	0:53.16	0:40.88	0:44.97	0:47.06	0:43.15	0:39.22	0:49.05	0:53.15	0:53.15	0:49.05	0:53.15	0:53.16
1:50.56	1:50.55	1:42.04	1:33.54	1:25.03	1:14.39	100 Back	1:14.79	1:28.60	1:37.47	1:46.33	1:55.19	1:55.20	1:28.60	1:37.47	1:55.20	1:28.60	1:37.47	1:42.04	1:33.54	1:25.03	1:46.33	1:55.19	1:55.19	1:46.33	1:55.19	1:55.20
-	-	3:53.86	3:32.60	3:13.27	2:49.09	200 Back	2:45.69	3:16.28	3:35.91	3:57.50	-	-	3:16.28	3:35.91	-	3:35.91	3:57.50	3:53.86	3:32.60	3:13.27	3:57.50	-	-	3:57.50	-	-
0:56.92	0:56.91	0:52.54	0:48.15	0:43.78	0:38.59	50 Breast	0:38.09	0:45.18	0:49.70	0:54.21	0:58.74	0:58.75	0:45.18	0:49.70	0:58.75	0:45.18	0:49.70	0:52.54	0:48.15	0:43.78	0:54.21	0:58.74	0:58.74	0:54.21	0:58.74	0:58.75
2:04.57	2:04.56	1:54.96	1:45.39	1:35.81	1:24.09	100 Breast	1:24.29	1:39.58	1:49.54	1:59.49	2:09.45	2:09.46	1:39.58	1:49.54	2:09.46	1:39.58	1:49.54	1:54.96	1:45.39	1:35.81	1:49.54	2:09.45	2:09.45	1:49.54	2:09.45	2:09.46
-	-	4:23.03	3:59.12	3:37.38	3:10.79	200 Breast	3:07.69	3:41.74	4:03.91	4:28.30	-	-	3:41.74	4:03.91	-	4:03.91	4:28.30	4:23.03	3:59.12	3:37.38	4:03.91	4:28.30	-	4:03.91	4:28.30	-
0:47.74	0:47.73	0:44.07	0:40.39	0:36.72	0:32.39	50 Fly	0:32.39	0:38.34	0:42.17	0:46.01	0:49.84	0:49.85	0:38.34	0:42.17	0:49.85	0:38.34	0:42.17	0:44.07	0:40.39	0:36.72	0:46.01	0:49.84	0:49.84	0:46.01	0:49.84	0:49.85
1:48.84	1:48.83	1:40.45	1:32.08	1:23.71	1:12.49	100 Fly	1:12.69	1:26.26	1:34.88	1:43.52	1:52.16	1:52.17	1:26.26	1:34.88	1:52.17	1:26.26	1:34.88	1:40.45	1:32.08	1:23.71	1:43.52	1:52.16	1:52.16	1:43.52	1:52.16	1:52.17
-	-	3:59.48	3:37.71	3:17.92	2:51.39	200 Fly	2:46.49	3:17.57	3:37.33	3:59.06	-	-	3:17.57	3:37.33	-	3:37.33	3:59.06	3:59.48	3:37.71	3:17.92	3:59.06	-	-	3:59.06	-	-
3:55.78	3:55.77	3:37.63	3:19.50	3:01.37	2:38.89	200 IM	2:38.59	3:07.25	3:25.97	3:44.70	4:03.43	4:03.44	3:07.25	3:25.97	4:03.44	3:07.25	3:25.97	3:37.63	3:19.50	3:01.37	3:44.70	4:03.43	4:03.43	3:44.70	4:03.43	4:03.44
-	-	8:16.94	7:31.76	6:50.69	5:59.79	400 IM	5:53.19	6:57.02	7:38.72	8:24.59	-	-	6:57.02	7:38.72	-	7:38.72	8:24.59	8:16.94	7:31.76	6:50.69	8:24.59	-	-	8:24.59	-	-
HI-B	HI-A	HI-AA	QUAL	ZONE	*SECT	13/14	*SECT	ZONE	QUAL	HI-AA	HI-A	HI-B	HI-AA	HI-A	HI-B	HI-AA	HI-A	HI-B	HI-AA	HI-A	HI-B	HI-C+	HI-A	HI-B	HI-C+	
0:40.32	0:37.21	0:34.11	0:31.01	0:28.89	0:28.14	50 Free	0:25.49	0:27.29	0:29.53	0:32.48	0:35.43	0:35.44	0:27.29	0:29.53	0:32.48	0:35.43	0:35.43	0:34.11	0:31.01	0:28.89	0:32.48	0:35.43	0:35.43	0:34.11	0:31.01	0:28.89
1:27.74	1:20.99	1:14.24	1:07.49	1:02.69	1:00.66	100 Free	0:55.29	0:58.99	1:05.38	1:11.92	1:18.46	1:18.47	0:58.99	1:05.38	1:11.92	1:18.46	1:18.46	1:14.24	1:07.49	1:02.69	1:11.92	1:18.46	1:18.46	1:14.24	1:07.49	1:02.69
3:11.91	2:57.15	2:42.39	2:27.62	2:15.49	2:11.55	200 Free	2:01.00	2:08.19	2:23.39	2:37.73	2:52.06	2:52.07	2:08.19	2:23.39	2:37.73	2:52.06	2:52.06	2:42.39	2:27.62	2:15.49	2:37.73	2:52.06	2:52.06	2:42.39	2:27.62	2:15.49
6:46.25	6:15.00	5:43.75	5:12.50	4:45.19	4:39.14	400 Free	4:20.00	4:33.19	5:06.42	5:37.06	6:07.70	6:07.71	4:33.19	5:06.42	5:37.06	6:07.70	6:07.70	5:43.75	5:12.50	4:45.19	5:37.06	6:07.70	6:07.70	5:43.75	5:12.50	4:39.14
14:08.55	13:03.28	11:58.00	10:52.73	9:54.59	9:42.19	800 Free	9:12.79	9:31.09	10:37.94	11:41.74	12:45.53	13:49.32	9:31.09	10:37.94	11:41.74	12:45.53	13:49.32	11:58.00	10:52.73	9:54.59	11:41.74	12:45.53	13:49.32	11:58.00	10:52.73	9:42.19
27:07.62	25:02.41	22:57.21	20:52.01	18:58.89	18:44.59	1500 Free	17:36.59	18:14.19	20:18.78	22:20.65	24:22.53	26:24.41	18:14.19	20:18.78	22:20.65	24:22.53	26:24.41	22:57.21	20:52.01	18:58.89	22:20.65	24:22.53	26:24.41	22:57.21	20:52.01	18:44.59
1:42.52	1:34.63	1:26.75	1:18.86	1:11.49	1:08.94	100 Back	1:03.66	1:07.99	1:17.56	1:25.32	1:33.07	1:33.08	1:07.99	1:17.56	1:25.32	1:33.07	1:33.07	1:26.75	1:18.86	1:11.49	1:25.32	1:33.07	1:33.07	1:26.75	1:18.86	1:08.94
3:40.06	3:23.13	3:06.20	2:49.28	2:33.19	2:28.00	200 Back	2:19.00	2:26.09	2:44.07	3:00.48	3:16.88	3:16.89	2:26.09	2:44.07	3:00.48	3:16.88	3:16.88	3:06.20	2:49.28	2:33.19	3:00.48	3:16.88	3:16.88	3:06.20	2:49.28	2:28.00
1:56.42	1:47.46	1:38.50	1:29.55	1:21.09	1:19.63	100 Breast																				