

LCM - 2014/15 HAWAIIAN SWIMMING AGE GROUP TIME STANDARDS - LCM

HI-C+	HI-B	HI-A	FEMALE			8 & U	MALE			HI-A	HI-B	HI-C+
0:52.87	0:52.86	0:44.06				50 Free				0:45.19	0:54.24	0:54.25
1:03.84	1:03.83	0:53.18				50 Back				0:54.73	1:05.68	1:05.69
1:10.60	1:10.59	0:58.81				50 Breast				1:01.59	1:13.92	1:13.93
1:01.23	1:01.22	0:51.02				50 Fly				0:54.60	1:05.54	1:05.55
HI-C+	HI-B	HI-A	HI-AA	QUAL	ZONE	10 & U	ZONE	QUAL	HI-AA	HI-A	HI-B	HI-C+
0:47.73	0:47.72	0:44.06	0:40.38	0:36.71	0:33.19	50 Free	0:32.99	0:37.66	0:41.43	0:45.19	0:48.96	0:48.97
1:48.80	1:48.79	1:40.42	1:32.05	1:23.68	1:12.29	100 Free	1:12.49	1:26.87	1:35.56	1:44.24	1:52.93	1:52.94
3:58.23	3:58.22	3:39.91	3:21.58	3:03.25	2:38.09	200 Free	2:37.79	3:09.95	3:28.95	3:47.94	4:06.93	4:06.94
0:57.63	0:57.62	0:53.18	0:48.75	0:44.32	0:39.19	50 Back	0:39.39	0:45.61	0:50.17	0:54.73	0:59.30	0:59.31
2:07.33	2:07.32	1:57.53	1:47.74	1:37.94	1:24.29	100 Back	1:25.09	1:41.08	1:51.19	2:01.29	2:11.40	2:11.41
1:03.73	1:03.72	0:58.81	0:53.91	0:49.01	0:44.09	50 Breast	0:44.89	0:51.33	0:56.47	1:01.59	1:06.75	1:06.76
2:20.11	2:20.10	2:09.32	1:58.54	1:47.76	1:35.89	100 Breast	1:37.29	1:52.57	2:03.82	2:15.09	2:26.36	2:26.37
0:55.28	0:55.27	0:51.02	0:46.78	0:42.51	0:36.49	50 Fly	0:36.69	0:45.50	0:50.05	0:54.60	0:59.15	0:59.16
2:11.35	2:11.34	2:01.24	1:51.13	1:41.03	1:23.59	100 Fly	1:23.99	1:46.25	1:56.87	2:07.50	2:18.13	2:18.14
4:32.74	4:32.73	4:11.75	3:50.77	3:29.79	2:58.39	200 IM	2:58.79	3:35.63	3:57.19	4:18.76	4:40.32	4:40.33
HI-C+	HI-B	HI-A	HI-AA	QUAL	ZONE	11/12	ZONE	QUAL	HI-AA	HI-A	HI-B	HI-C+
0:42.04	0:42.03	0:38.78	0:35.55	0:32.32	0:29.49	50 Free	0:29.49	0:33.02	0:36.32	0:39.63	0:42.94	0:42.95
1:32.31	1:32.30	1:25.21	1:18.10	1:11.00	1:04.79	100 Free	1:04.29	1:13.26	1:20.59	1:27.91	1:35.24	1:35.25
3:22.37	3:22.36	3:06.79	2:51.22	2:35.66	2:20.39	200 Free	2:19.99	2:42.45	2:58.69	3:14.94	3:31.18	3:31.19
7:12.19	7:12.18	6:38.94	6:05.70	5:32.45	4:56.19	400 Free	4:56.49	5:44.99	6:19.49	6:53.99	7:28.49	7:28.50
0:49.86	0:49.85	0:46.02	0:42.18	0:38.35	0:34.59	50 Back	0:34.69	0:39.81	0:43.79	0:47.79	0:51.75	0:51.76
1:48.10	1:48.09	1:39.78	1:31.47	1:23.15	1:14.09	100 Back	1:14.39	1:27.92	1:36.72	1:45.51	1:54.30	1:54.31
4:03.24	4:03.23	3:44.50	3:25.80	3:07.09	2:46.49	200 Back	2:43.69	3:15.14	3:34.65	3:54.17	4:13.68	4:13.69
0:55.20	0:55.19	0:50.94	0:46.70	0:42.45	0:38.49	50 Breast	0:38.19	0:44.82	0:49.31	0:53.78	0:58.28	0:58.29
2:00.76	2:00.75	1:51.46	1:42.17	1:32.88	1:23.99	100 Breast	1:24.09	1:37.03	1:46.73	1:56.44	2:06.14	2:06.15
4:31.69	4:31.68	4:10.78	3:49.87	3:28.98	3:09.29	200 Breast	3:05.99	3:38.32	4:00.15	4:21.99	4:43.81	4:43.82
0:46.75	0:46.74	0:43.16	0:39.56	0:35.96	0:32.29	50 Fly	0:32.39	0:37.75	0:41.53	0:45.30	0:49.07	0:49.08
1:48.84	1:48.83	1:40.46	1:32.08	1:23.71	1:12.29	100 Fly	1:12.69	1:26.26	1:34.88	1:43.51	1:52.13	1:52.14
4:04.86	4:04.85	3:46.02	3:27.18	3:08.35	2:49.69	200 Fly	2:46.59	3:14.09	3:33.49	3:52.90	4:12.31	4:12.32
3:48.42	3:48.41	3:30.84	3:13.27	2:55.71	2:38.69	200 IM	2:38.69	3:05.16	3:23.68	3:42.19	4:00.71	4:00.72
8:22.51	8:22.50	7:43.85	7:05.19	6:26.54	5:55.59	400 IM	5:50.59	6:47.35	7:28.09	8:08.82	8:49.57	8:49.58
HI-C+	HI-B	HI-A	HI-AA	QUAL	ZONE	13/14	ZONE	QUAL	HI-AA	HI-A	HI-B	HI-C+
0:39.82	0:39.81	0:36.74	0:33.68	0:30.61	0:28.89	50 Free	0:27.09	0:29.12	0:32.04	0:34.94	0:37.85	0:37.86
1:26.74	1:26.73	1:20.05	1:13.38	1:06.71	1:02.49	100 Free	0:58.69	1:04.46	1:10.91	1:17.36	1:23.80	1:23.81
3:09.67	3:09.66	2:55.07	2:40.48	2:25.89	2:15.09	200 Free	2:07.79	2:22.13	2:36.35	2:50.55	3:04.77	3:04.78
6:41.36	6:41.35	6:10.48	5:39.61	5:08.73	4:44.39	400 Free	4:31.49	5:04.38	5:34.82	6:05.25	6:35.69	6:35.70
13:52.00	13:51.99	12:47.99	11:43.99	10:39.99	9:51.49	800 Free	9:29.79	10:23.99	11:26.39	12:28.78	13:31.19	13:31.20
26:51.99	26:51.98	24:47.99	22:43.99	20:39.99	18:55.89	1500 Free	18:08.09	19:59.99	21:59.99	23:59.99	25:59.98	25:59.99
1:40.12	1:40.11	1:32.41	1:24.72	1:17.01	1:11.09	100 Back	1:07.89	1:16.55	1:24.21	1:31.86	1:39.51	1:39.52
3:38.63	3:38.62	3:21.80	3:04.98	2:48.17	2:32.19	200 Back	2:25.99	2:44.07	3:00.48	3:16.88	3:33.29	3:33.30
1:54.69	1:54.68	1:45.85	1:37.03	1:28.21	1:20.89	100 Breast	1:15.69	1:25.01	1:33.51	1:42.01	1:50.51	1:50.52
4:06.72	4:06.71	3:47.73	3:28.76	3:09.78	2:53.69	200 Breast	2:44.49	3:05.80	3:24.38	3:42.96	4:01.54	4:01.55
1:39.58	1:39.57	1:31.91	1:24.25	1:16.59	1:09.09	100 Fly	1:04.89	1:14.40	1:21.85	1:29.29	1:36.74	1:36.75
3:43.08	3:43.07	3:25.91	3:08.75	2:51.59	2:35.19	200 Fly	2:26.59	2:44.96	3:01.45	3:17.95	3:34.44	3:34.45
3:35.08	3:35.07	3:18.52	3:01.98	2:45.43	2:33.49	200 IM	2:24.49	2:41.05	2:57.16	3:13.27	3:29.36	3:29.37
7:47.56	7:47.55	7:11.59	6:35.61	5:59.65	5:24.89	400 IM	5:08.09	5:46.99	6:21.69	6:56.39	7:31.09	7:31.10
HI-C+	HI-B	HI-A	HI-AA	QUAL	SR-Z	15/16	SR-Z	QUAL	HI-AA	HI-A	HI-B	HI-C+
0:39.26	0:39.25	0:36.23	0:33.21	0:30.19	0:29.89	50 Free	0:26.29	0:27.27	0:29.99	0:32.72	0:35.47	0:35.48
1:25.08	1:25.07	1:18.52	1:11.99	1:05.44	1:04.49	100 Free	0:58.59	0:59.85	1:05.84	1:11.82	1:17.80	1:17.81
3:06.95	3:06.94	2:52.56	2:38.18	2:23.80	2:19.09	200 Free	2:08.79	2:11.88	2:25.07	2:38.26	2:51.44	2:51.45
6:35.42	6:35.41	6:04.99	5:34.58	5:04.16	4:55.99	400 Free	4:36.69	4:46.16	5:14.77	5:43.40	6:12.01	6:12.02
13:39.00	13:38.99	12:35.99	11:32.99	10:29.99	10:10.59	800 Free	9:35.69	9:59.99	10:59.99	11:59.99	12:59.99	13:00.00
26:26.00	26:25.99	24:23.99	22:21.99	20:19.99	19:36.29	1500 Free	18:19.89	19:29.99	21:26.98	23:23.99	25:20.99	25:21.00
1:38.69	1:38.68	1:31.09	1:23.51	1:15.91	1:12.79	100 Back	1:06.79	1:09.71	1:16.68	1:23.65	1:30.62	1:30.63
3:34.98	3:34.97	3:18.41	3:01.89	2:45.35	2:35.49	200 Back	2:22.69	2:34.80	2:50.28	3:05.76	3:21.25	3:21.26
1:51.77	1:51.76	1:43.17	1:34.56	1:25.97	1:23.09	100 Breast	1:15.59	1:19.07	1:26.98	1:34.88	1:42.79	1:42.80
4:03.86	4:03.85	3:45.10	3:26.34	3:07.58	2:57.99	200 Breast	2:42.89	2:56.86	3:14.54	3:32.24	3:49.92	3:49.93
1:36.46	1:36.45	1:29.02	1:21.61	1:14.19	1:10.79	100 Fly	1:04.29	1:07.32	1:14.05	1:20.79	1:27.51	1:27.52
3:41.69	3:41.68	3:24.62	3:07.57	2:50.52	2:35.59	200 Fly	2:22.89	2:35.72	2:51.29	3:06.86	3:22.43	3:22.44
3:31.21	3:31.20	3:14.95	2:58.70	2:42.46	2:37.49	200 IM	2:24.39	2:30.24	2:45.26	3:00.29	3:15.31	3:15.32
7:36.22	7:36.21	7:01.12	6:26.02	5:50.93	5:35.09	400 IM	5:10.99	5:27.99	6:00.79	6:33.59	7:06.39	7:06.40
HI-C+	HI-B	HI-A	HI-AA	QUAL	SR-Z	17/18	SR-Z	QUAL	HI-AA	HI-A	HI-B	HI-C+
0:39.62	0:39.61	0:36.56	0:33.51	0:30.47	0:29.89	50 Free	0:26.29	0:26.65	0:29.32	0:31.98	0:34.66	0:34.67
1:26.60	1:26.59	1:19.93	1:13.27	1:06.61	1:04.49	100 Free	0:58.59	0:58.28	1:04.10	1:09.93	1:15.76	1:15.77
3:11.97	3:11.96	2:57.18	2:42.42	2:27.66	2:19.09	200 Free	2:08.79	2:08.85	2:21.74	2:34.62	2:47.50	2:47.51
6:35.42	6:35.41	6:04.99	5:34.58	5:04.16	4:55.99	400 Free	4:36.69	4:46.16	5:14.77	5:43.40	6:12.01	6:12.02
13:39.00	13:38.99	12:35.99	11:32.99	10:29.99	10:10.59	800 Free	9:35.69	9:59.99	10:59.99	11:59.99	12:59.99	13:00.00
26:26.00	26:25.99	24:23.99	22:21.99	20:19.99	19:36.29	1500 Free	18:19.89	19:29.99	21:26.98	23:23.99	25:21.00	25:21.01
1:40.33	1:40.32	1:32.61	1:24.88	1:17.17	1:12.79	100 Back	1:06.79	1:08.54	1:15.39	1:22.25	1:29.10	1:29.11
3:44.30	3:44.29	3:27.04	3:09.78	2:52.53	2:35.49	200 Back	2:22.69	2:34.80	2:50.28	3:05.76	3:21.25	3:21.26
1:55.49	1:55.48	1:46.58	1:37.70	1:28.82	1:23.09	100 Breast	1:15.59	1:18.00	1:25.82	1:33.60	1:41.40	1:41.41
4:19.23	4:19.22	3:59.28	3:39.34	3:19.40	2:57.99	200						