



HAWAIIAN SWIMMING



Event: Kauai Pentathlon Date: 9/25/21
 Host: Swim Kauai Aquatics Sanction #: HI20210925-KAUAI

Meet Director (1): Ikaika Perreira Email: ikaikaperreira@gmail.com
 Meet Director (2): _____ Email: _____
 Meet Referee Dan Britzman Email: danbritz@me.com
 Meet Entry Contact: Carrie Hovland Email: carrie@thislandshowland.com
 Entry Deadline: Monday, September 20, 2021

Disclaimer: The host has taken enhanced health and safety measures for all participants and attendees of this competition. You must follow all posted instructions while attending of this facility and guidelines and requirements of the State of Hawai'i (SOH) Department of Health while participating in this event. By attending and/or participating in this event, you voluntarily assume all risks related to exposure to COVID-19. An inherent risk of exposure to COVID-19 exists in any public place where people are present.

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable. USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID 19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND HAWAIIAN SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

It is understood and agreed that USA Swimming and HISI shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

In support of Hawaiian Swimming, Inc. (HISI) and continued effort to ensure safety to all athletes, coaches, officials, volunteers, parents and spectators the swim event may be suspended or canceled by the Meet Director, Meet Referee, or Administrative Official if activities are not in compliance with USA Swimming and HISI requirements or SOH, CDC, local, or official authorized health organizations. In addition, HISI Board of Directors retains the right to revoke the meet sanction and expunge all or part of the times uploaded to SWIMS due to non-compliance with all sanctioning requirements.

Current USA Swimming and HISI rules, including the **Minor Athlete Abuse Prevention Policy**, will govern this meet.

<https://www.usaswimming.org/docs/default-source/safe-sportdocuments/maapp/usaswimmingmaapp>

Meet Restrictions and Requirements

- Maximum number of people attending the event and in the aquatic facility must comply with local government requirements.
- Everyone entering the facility must have their temperature taken and must have a reading of 100.4 degrees Fahrenheit or less.
- Parents shall be required to confirm their athletes are allowed entry into the facility before the parent or driver leaves.
- Entry/exit gates will be monitored continuously before, during, and after the swim meet and under the facility owner's authority.
- Until further notice, coaches, officials, spectators (parents), should wear masks.
- Until further notice, athletes should arrive in their suits and depart in suits if possible. Locker rooms use should be minimized.
- USA-S rule 102.8D will be enforced - swimsuits worn for competition must be conform to the current concept of the appropriate.
- Unless approved in writing in advance of the competition by the Vice President of Program Operations, operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.



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- Use of audio or visual recording devices, including a cell phones, is not permitted in changing areas, restrooms, or locker rooms.
- Photography behind the starting area(s) is not permitted.
- Only deck officials, timers, coaches, and athletes may be on the pool deck during competition. Athletes are to return to their team area soon after they have completed their events.
- Venue and pool rules will be strictly enforced & parking is permitted only in marked areas.



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VENUE INFORMATION:

Address: Kauai O'hana YMCA Pool. 4477 Nuhou St. Lihue, HI 96766
 Course: X SCY; LCM; SCM. Set-up: 6 Lanes; X 8 Lanes; 10 Lanes
 Facility: 50M x 25M; X 50M x 25Y; 25M x 25Y; 25Y x 20Y; Other:
 Warm-down pool/area: X Yes; No. Start Depth: 5 ft / 6 in. and Turn Depth: 5 ft / 6 in.
 Competition course: X Certified in accordance with 104.2.2C(4); Not certified

DIVING IS ONLY PERMITTED IN THE COMPETITION POOL

ENTRY LIMITS: Athletes may enter a maximum of Five (5) Individual Events.

ENTRY PROCEDURE: Entries must be received NO LATER than the entry deadline. Entries must include a SDIF compatible entry file AND an entry fee report. All athletes, and their USA-S IDs, must be listed in the entry file. No late entries will be accepted at the meet.

ENTRY FEES: \$3.00 per Individual Event (subject to approval). Athlete Surcharge: \$ 0

Make Payment to: Swim Kauai Aquatics; Mail Address: P. O. Box 662340 Lihue, HI 96766

Fees shall be received prior to the start of the meet. No refunds will be offered.

SESSION SCHEDULE, EVENT ORDER, ENTRY RESTRICTIONS & DIVISIONS: See attached Schedule of Events.

MEET FORMAT: X Timed finals (seeded and swum slowest to fastest); Prelims/Finals (championship seeding)
 Partial heats may be combined and/or swum out of order.

TIMING SYSTEM: X Automatic w/ manual backup; Semi-automatic w/ manual backup; Other:

RULES: The meet will be conducted in accordance with current USA Swimming and HISI rules. Coaches are responsible for instructing their athletes of safety guidelines, warm-up/down procedures, and venue specific requirements. The Safety Marshals, with concurrence of the Meet Referee, shall enforce safety procedures and maintain order in the swimming venue. Safety Marshals shall have full authority to remove or have removed from the vicinity of the event anyone whose behavior or actions are unsafe or are disrupting the orderly conduct of the swim event, including the disqualification of athletes from competition.

ELIGIBILITY: Clubs and their athletes registered within HISI open only to Kauai Island swim teams/swimmers are eligible to the participate in the event. No athlete who is not a member as provided in Article 302 will be allowed to compete or participate except as provided under 202.8 or USA Swimming's "open border" policy included in its Registration Manual. All new HISI athlete registrations (and registration fee) shall be mailed directly by each Club Registrar to the LSC Registrar and POSTMARKED NO LATER than 14 days prior to the scheduled start of the meet. All swimmers must be registered prior to the entry deadline. It is the legal responsibility of each club to ensure that each athlete entered is a current member of USA Swimming. The age of the swimmer shall be the age on the first day of the swim meet.

SCRATCHES/HEAT SHEETS: Scratches of Individual Events for Sessions 1 are due to the Entry Contact by Noon on the day prior to the scheduled start of the meet. Coaches are to present their credentials to pick up scratch sheets and heat sheets. Exceptions must see the Meet Referee.

WARM-UP/DOWN: HISI warm-up/down procedures shall be in effect for the meet.

RACING STARTS: Any athlete entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the athlete or the athlete's legal guardian to ensure compliance with this requirement.

AWARDS & RESULTS: Awards presented: X Yes; No. Results posted on HISI website at: www.hawaiianswimming.org.
 See additional rules attached.

OFFICIALS & TIMERS: Each club entered is expected to provide deck officials and timers commensurate with their number of athletes entered. Officials and timers are requested to sign-up on-line prior to the meet (no officials briefing).



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Safety Marshals: with concurrence of the Meet Referee, shall have authority to remove anyone whose behavior or actions are unsafe and/or disrupting the orderly conduct of the event, including the disqualification of athletes from competition.

HOSPITALITY: No hospitality will be available at this event.

ORDER OF EVENTS

SESSION 1*			
GIRLS	DIVISIONS	EVENT	BOYS
1	10 & Under	50 Butterfly	2
3	11& Over	50 Butterfly	4
5	11& Over	100 Butterfly	6
7	10 & Under	50 Backstroke	8
9	11 & Over	50 Backstroke	10
11	11 & Over	100 Backstroke	12
13	10 & Under	50 Breaststroke	14
15	11 & Over	50 Breaststroke	16
17	11 & Over	100 Breaststroke	18

Break

SESSION 2			
GIRLS	DIVISIONS	EVENT	BOYS
19	10 & Under	50 Freestyle	20
21	11& Over	50 Freestyle	22
23	11& Over	100 Freestyle	24
25	10 & Under	100 Individual Medley	26
27	11 & Over	100 Individual Medley	28
29	11 & Over	200 Individual Medley	30
31	11 & Over	400 Individual Medley	32