

# MTHSSA Time Standards: 2023-2024

Boys				Event	Girls			
Region SCY	Region SCM	State SCY	State SCM		Region Q	Region SCM	State Q	State SCM
N/A	N/A	N/A	N/A	200 Med Relay	N/A	N/A	N/A	N/A
2:19.99	2:35.19	1:56.49	2:09.09	200 Free	2:34.99	2:51.79	2:10.99	2:25.19
2:44.99	3:03.39	2:12.69	2:27.49	200 IM	2:54.99	3:14.29	2:30.59	2:47.19
26.49	29.59	23.69	26.59	50 Free	29.99	33.59	26.99	30.09
1:16.99	1:25.79	58.99	1:05.79	100 Fly	1:24.99	1:34.49	1:07.39	1:14.89
1:01.99	1:08.89	51.89	57.69	100 Free	1:07.99	1:15.69	58.29	1:04.89
6:19.99	5:33.69 (400)	5:24.79	4:45.19 (400)	500 Free	6:39.99	5:50.89 (400)	5:59.69	5:15.49 (400)
N/A	N/A	N/A	N/A	200 Free Relay	N/A	N/A	N/A	N/A
1:14.99	1:23.39	1:01.29	1:08.09	100 Back	1:18.99	1:27.79	1:06.79	1:14.29
1:20.49	1:29.39	1:06.99	1:14.39	100 Breast	1:29.99	1:40.09	1:16.99	1:25.69
N/A	N/A	N/A	N/A	400 Free Relay	N/A	N/A	N/A	N/A

SCY = short course yards (25-yard pools) SCM = short course meters (25-meter pool)