

**2022 Dual Meet -
Mt. Carmel High School vs
Results**

Event 1 Girls 200 Yard Medley Relay

Team	Relay	Prelim Time	Finals Time	Points
A - Final				
1 Del Norte High School	A	1:55.07	1:51.82	40
28.12 31.68 26.03 25.99				
2 Mt. Carmel High School-CA	A	1:54.98	1:52.71	34
26.52 31.28 29.12 25.79				
3 Rancho Bernardo High Scho	A	1:58.46	1:53.99	32
29.03 33.38 26.42 25.16				
4 San Marcos	A	1:54.86	1:54.47	30
29.82 31.95 28.07 24.63				
5 Poway High School	A	1:59.38	1:56.46	28
32.19 28.79 29.15 26.33				
6 Westview High School Swim	A	2:03.08	2:02.08	26
30.28 36.15 29.11 26.54				
7 San Pasqual High School	A	2:05.62	2:07.82	24
27.12 40.05 32.23 28.42				
B - Final				
9 San Marcos	B	1:58.58	1:59.15	18
10 Del Norte High School	B	2:10.00	2:03.93	14
11 Poway High School	B	2:11.35	2:11.44	12
12 San Pasqual High School	B	2:34.18	2:24.37	10
13 Rancho Bernardo High Scho	B	2:06.23	2:34.75	8
39.13 49.65 35.69 30.28				
14 Mt. Carmel High School-CA	B	2:06.50	2:55.77	6
39.32 54.23 44.30 37.92				

Event 1 Girls 200 Yard Medley Relay

Team	Relay	Seed Time	Prelim Time
Preliminaries			
1 San Marcos	A	1:57.00	1:54.86 a
1) Sirbuly, Milja SO	2) Lynne, Sally SR	3) Groom, Emily JR	4) Allison, Cassidy FR
2 Mt. Carmel High School-CA	A	1:52.20	1:54.98 a
1) Alonso, Delaney SO	2) Rowe, Ashley JR	3) Perez, Paulina SR	4) Nason, Makyla SO
3 Del Norte High School	A	1:50.32	1:55.07 a
1) Tang, Summer FR	2) Byrne, Allie JR	3) Wong, Cassidy JR	4) Tran, Jeslyn FR
4 Rancho Bernardo High Scho	A	1:56.81	1:58.46 a
1) White, Callahan FR	2) Cheng, Cadence SR	3) Kershner, Alexis SO	4) Bi, Annie SR
5 San Marcos	B	2:01.00	1:58.58 a
1) Halasz, Grace SR	2) Del Rio, Emma JR	3) Huntley, Olivia JR	4) Lawson, Sofia FR
6 Poway High School	A	1:57.57	1:59.38 a
1) Pham, Theophany	2) Hernandez, Ashlyn	3) Alsop, Logan	4) Loosbrock, Corinne
7 Westview High School Swim	A	2:03.87	2:03.08 a
1) Diep, Ally SR	2) Harkins, Carmela SO	3) Wong, Kaia SR	4) Page, Sora JR
8 San Pasqual High School	A	2:16.73	2:05.62 a
1) Dang, Megan SR	2) McDonald, Devon SO	3) Pulido, Nora SR	4) Eldrenkamp, Kiara SR
9 Rancho Bernardo High Scho	B	2:09.53	2:06.23 a
1) Williams, Ashley SR	2) Tudor, Helen FR	3) Bravo, Carolina JR	4) Wadley, Kelena FR
10 Mt. Carmel High School-CA	B	2:04.40	2:06.50 a
1) Hsieh, Madison FR	2) Foncerrada, Mia SO	3) Kao, Emily FR	4) McGrath, Mary FR
11 Del Norte High School	B	NT	2:10.00 a
1) Rousseau, Eva JR	2) Reyes-Moreno, Emma FR	3) Finley, Clarie JR	4) Ahuja, Naavya FR

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Preliminaries ... (Event 1 Girls 200 Yard Medley Relay)

Team	Relay	Seed Time	Prelim Time
12 Poway High School	B	2:11.89	2:11.35 a
1) Kim, Anna	2) Hakim, Harper	3) Collins, Kayne	4) Worley, Abby
13 San Pasqual High School	B	2:39.96	2:34.18 a
1) Masing, Alayna SR	2) Mohan, Danika JR	3) Bell, Ciela FR	4) Speer, Torrey FR
--- Westview High School Swim	B	2:06.27	DQ
1) Smider, Tatiana JR	2) Ho, Allysa SO	3) Lu, Caroline SO	4) McCulloch, McKynley JR

Event 2 Boys 200 Yard Medley Relay

Team	Relay	Prelim Time	Finals Time	Points
A - Final				
1 Del Norte High School	A	1:43.91	1:40.08	40
26.39 27.04 24.85 21.80				
2 San Marcos	A	1:42.27	1:40.34	34
26.59 28.48 23.48 21.79				
3 Poway High School	A	1:44.02	1:41.63	32
26.79 29.02 23.71 22.11				
4 Rancho Bernardo High Scho	A	1:49.62	1:45.20	30
33.11 24.93 25.09 22.07				
5 Mt. Carmel High School-CA	A	1:45.65	1:46.26	28
27.59 28.84 26.28 23.55				
6 San Pasqual High School	A	1:54.95	1:55.08	26
29.48 33.84 27.19 24.57				
7 Westview High School Swim	A	1:57.45	1:56.97	24
30.39 32.58 28.99 25.01				
B - Final				
9 San Marcos	B	1:48.72	1:47.81	18
29.33 29.08 25.54 23.86				
10 Del Norte High School	B	1:52.70	1:51.54	14
30.03 29.68 27.21 24.62				
11 Poway High School	B	1:54.23	1:52.47	12
28.59 31.25 28.66 23.97				
12 Mt. Carmel High School-CA	B	1:56.35	1:59.26	10
28.26 33.50 28.30 29.20				
13 Rancho Bernardo High Scho	B	2:00.23	2:00.54	8
37.78 27.68 29.18 25.90				
14 San Pasqual High School	B	2:06.39	2:02.46	6
30.05 34.15 30.31 27.95				

Event 2 Boys 200 Yard Medley Relay

Team	Relay	Seed Time	Prelim Time
Preliminaries			
1 San Marcos	A	1:44.00	1:42.27 a
1) James, Alexander SR	2) Berry, Aidric FR	3) Cairns, Jacob FR	4) DelCastillo, Andrew SR
2 Del Norte High School	A	1:37.44	1:43.91 a
1) Rousseau, Julien FR	2) Cong, Jonathan SO	3) Lucia, Nicolas JR	4) Palmroos, Ian JR
3 Poway High School	A	1:46.07	1:44.02 a
1) Daza, Marcus	2) Lee, Joshua	3) Major, Adam	4) Struhs, James
4 Mt. Carmel High School-CA	A	1:44.10	1:45.65 a
1) Dibble, Aidan SR	2) Bolas, Kyle FR	3) McGrath, Daniel SR	4) Kuleto, Tanner JR
5 San Marcos	B	1:49.00	1:48.72 a
1) Putnam, Nick FR	2) Kelly, Ryder JR	3) Putnam, Jack FR	4) Schneider, Collin SR
6 Rancho Bernardo High Scho	A	1:46.50	1:49.62 a
1) Pattison, Kieran SO	2) Nguyen, Alex SR	3) Lazaroiu, Lucas SR	4) Evtimov, Simeon JR

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Preliminaries ... (Event 2 Boys 200 Yard Medley Relay)

Team	Relay	Seed Time	Prelim Time
7 Del Norte High School 1) Nguyen, Jaden FR	B 2) Nguyen, Jace FR	NT 3) Kyles, Austin SO	1:52.70 a 4) Nguyen, Brian JR
8 Poway High School 1) Stone, Benjamin	B 2) Struhs, Charlie	1:56.64 3) Dimino, Chase	1:54.23 a 4) Hedblad, Tyler
9 San Pasqual High School 1) Chadwick, Britain SO	A 2) Myers, Finn FR	1:48.79 3) Burroughs, Joseph SO	1:54.95 a 4) Regan, Brody SR
10 Mt. Carmel High School-CA 1) Le, Kyle SO	B 2) Reyes, Andrew FR	1:51.80 3) Bi, Aaron SO	1:56.35 a 4) Sanfilippo, Luca SO
11 Westview High School Swim 1) Pagel, Marcus SO	A 2) Naik, Nishit SR	1:52.12 3) Snyder, Kai SO	1:57.45 a 4) Stropky, Jake SR
12 Westview High School Swim 1) Huynh, Kyle SR	B 2) Chauvapun, Ethan FR	2:07.07 3) Tran, Daniel SO	1:59.56 a 4) Kangas, Carter SR
13 Rancho Bernardo High Scho 1) Fan, Jonmax FR	B 2) Lund, Trevin SR	1:57.80 3) Crane, Anton SO	2:00.23 a 4) Lund, Chase SO
14 San Pasqual High School 1) Gannon, Kayden SO	B 2) Lund, Trevin SR	2:07.02 3) Crane, Anton SO	2:06.39 a 4) Lund, Chase SO

Event 3 Girls 200 Yard Freestyle

Name	Yr School	Prelim Time	Finals Time	Points
A - Final				
1 Putnam, Lauren 26.70 28.72 29.14	FR San Marcos 29.25	1:57.95	1:53.81	20
2 Luu, Emmy 27.68 29.01 27.99	JR Del Norte High School 30.35	2:00.17	1:55.03	17
3 Partridge, Alyssa Jane 27.29 29.44 30.66	FR Del Norte High School 31.30	2:01.53	1:58.69	16
4 Kershner, Alexis 27.92 30.10 30.82	SO Rancho Bernardo High School 30.52	2:02.15	1:59.36	15
5 Stanton, Meredith 28.21 30.82 32.19	SO Mt. Carmel High School-CA 30.82	2:03.94	2:02.04	14
6 Page, Sora 28.67 30.78 31.80	JR Westview High School Swim Team-(30.82	2:04.93	2:02.07	13
7 Pulham, Alicia 28.29 30.89 32.08	SO Rancho Bernardo High School 31.74	2:02.41	2:03.00	12
8 Groom, Emily 28.28 31.16 32.36	JR San Marcos 31.58	2:02.22	2:03.38	11
B - Final				
9 Diep, Ally 29.36 31.63 32.91	SR Westview High School Swim Team-(33.01	2:07.53	2:06.91	9
10 Stewart, Victoria 28.96 32.47 33.58	SO San Marcos 32.65	2:06.81	2:07.66	7
11 Bekmanis, Sofia 29.86 32.95 33.19	SO San Marcos 31.69	2:10.14	2:07.69	6
12 Alsoop, Logan 30.61 33.12 34.24	Poway High School 31.93	2:13.36	2:09.90	5
13 Tripiano, Kate 30.51 33.17 33.59	FR Westview High School Swim Team-(32.69	2:11.77	2:09.96	4
14 Rozenkrants, Ellie 29.58 32.52 34.55	SO Del Norte High School 34.64	2:16.78	2:11.29	3
15 Wadley, Kelena 31.62 34.29 35.07	FR Rancho Bernardo High School 33.81	2:13.74	2:14.79	2

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B - Final ... (Event 3 Girls 200 Yard Freestyle)

Name	Yr	School	Prelim Time	Finals Time	Points
16 Purewal, Balhar 31.05 34.64 35.43	FR	Mt. Carmel High School-CA	2:18.61	2:16.06	1

Event 3 Girls 200 Yard Freestyle

Name	Yr	School	Seed Time	Prelim Time	
Preliminaries					
1 Putnam, Lauren 27.32 29.93 30.43	FR	San Marcos	2:00.33	1:57.95	a
2 Luu, Emmy 29.11 30.98 28.93	JR	Del Norte High School	2:00.82	2:00.17	a
3 Partridge, Alyssa Jane 28.92 30.72 31.04	FR	Del Norte High School	2:01.86	2:01.53	a
4 Kershner, Alexis 28.58 31.25 31.61	SO	Rancho Bernardo High School	2:01.38	2:02.15	a
5 Groom, Emily 28.07 30.69 31.43	JR	San Marcos	2:04.00	2:02.22	a
6 Pulham, Alicia 28.69 30.96 31.53	SO	Rancho Bernardo High School	2:06.70	2:02.41	a
7 Andreani, Lily 28.66 30.81 31.98	SR	Westview High School Swim Team-(2:05.49	2:03.63	a
8 Stanton, Meredith 29.10 31.44 32.29	SO	Mt. Carmel High School-CA	2:03.75	2:03.94	a
9 Page, Sora	JR	Westview High School Swim Team-(2:11.09	2:04.93	a
10 Stewart, Victoria	SO	San Marcos	2:11.00	2:06.81	a
11 Diep, Ally 29.50 32.10 32.98	SR	Westview High School Swim Team-(2:03.00	2:07.53	a
12 Bekmanis, Sofia	SO	San Marcos	2:13.00	2:10.14	a
13 Tripiano, Kate 30.71 33.61 34.20	FR	Westview High School Swim Team-(2:16.66	2:11.77	a
14 Alsop, Logan 31.15 34.75 34.54		Poway High School	2:17.00	2:13.36	a
15 Wadley, Kelena 31.84 34.34 35.17	FR	Rancho Bernardo High School	2:13.22	2:13.74	a
16 Rozenkrants, Ellie 31.32 34.66 35.63	SO	Del Norte High School	2:15.45	2:16.78	a
17 Purewal, Balhar 30.90 34.84 1:12.87	FR	Mt. Carmel High School-CA	2:19.71	2:18.61	
18 Shirley, Gabriella 31.42 34.85 36.80	FR	Rancho Bernardo High School	2:19.46	2:18.77	
19 Partridge, Kylie 32.03 35.21 36.44	FR	Del Norte High School	2:17.91	2:19.22	
20 Goldman, Ella		Poway High School	2:23.76	2:23.89	
21 Bell, Ciela 33.07 1:56.16	FR	San Pasqual High School	2:33.59	2:29.23	
22 Duplan, Audrey 33.56 39.36 40.93	FR	San Pasqual High School	2:42.23	2:36.89	
23 Ommen, Kristin 37.80 42.47 42.84	SO	San Pasqual High School	2:46.75	2:42.21	
24 Karbosky, Emma 38.58 41.87 43.37		Poway High School	NT	2:47.39	

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Preliminaries ... (Event 3 Girls 200 Yard Freestyle)

Name	Yr	School	Seed Time	Prelim Time
--- Pyatt, Mackenzie 30.77 34.49 36.20 35.63	FR	San Marcos	2:20.00	X2:17.09

Event 4 Boys 200 Yard Freestyle

Name	Yr	School	Prelim Time	Finals Time	Points
A - Final					
1 Rousseau, Julien 24.90 26.61 26.70 26.08	FR	Del Norte High School	1:46.75	1:44.29	20
2 Toledo, Avenn 24.82 27.08 27.12 26.26	SR	San Marcos	1:46.51	1:45.28	17
3 Struhs, James 25.06 27.53 28.86 28.21		Poway High School	1:46.64	1:49.66	16
4 Kelly, Ryder 25.58 27.32 28.84 29.29	JR	San Marcos	1:51.28	1:51.03	15
5 Kaljevic, Simon 25.87 29.19 29.04 27.44	SO	Mt. Carmel High School-CA	1:52.21	1:51.54	14
6 Strother, Shade 26.20 28.47 29.21 27.79	FR	San Pasqual High School	1:56.86	1:51.67	13
7 Pattison, Kieran 25.75 28.23 29.30 28.72	SO	Rancho Bernardo High School	1:55.00	1:52.00	12
8 James, Alexander 27.17 29.15 29.95 29.42	SR	San Marcos	1:56.98	1:55.69	11
B - Final					
9 Halasz, Connor 27.93 30.85 31.30 29.17	SO	San Marcos	1:58.40	1:59.25	9
10 Struhs, Charlie 28.01 30.54 32.12 29.29		Poway High School	1:58.94	1:59.96	7
11 Huang, Derrick 29.44 31.49 32.79 30.40	SO	Del Norte High School	2:04.89	2:04.12	6
12 Regan, Brody 28.07 31.73 32.33 32.18	SR	San Pasqual High School	2:01.21	2:04.31	5
13 Burroughs, Joseph 28.94 31.35 32.34 32.11	SO	San Pasqual High School	2:04.78	2:04.74	4
14 Chadwick, Britain 28.69 31.60 32.75 33.34	SO	San Pasqual High School	2:03.96	2:06.38	3
15 Fitton, Henry 28.71 31.66 33.14 32.94	JR	Rancho Bernardo High School	2:04.80	2:06.45	2

Event 4 Boys 200 Yard Freestyle

Name	Yr	School	Seed Time	Prelim Time
Preliminaries				
1 Toledo, Avenn 25.58 27.39 27.07 26.47	SR	San Marcos	1:44.06	1:46.51 a
2 Struhs, James 23.74 27.16 28.17 27.57		Poway High School	1:51.59	1:46.64 a
3 Rousseau, Julien 25.23 27.01 27.61 26.90	FR	Del Norte High School	1:45.22	1:46.75 a
4 Kelly, Ryder 25.43 27.36 28.56 29.93	JR	San Marcos	1:55.00	1:51.28 a
5 Kaljevic, Simon 26.08 29.27 28.95 27.91	SO	Mt. Carmel High School-CA	1:54.92	1:52.21 a
6 Pattison, Kieran 26.08 29.20 29.89 29.83	SO	Rancho Bernardo High School	1:52.87	1:55.00 a

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Preliminaries ... (Event 4 Boys 200 Yard Freestyle)

Name	Yr	School	Seed Time	Prelim Time	
7 Strother, Shade 26.45 29.56 31.34	FR	San Pasqual High School	1:57.66	1:56.86	a
8 James, Alexander 27.18 29.67 30.18	SR	San Marcos	1:58.00	1:56.98	a
9 Halasz, Connor 27.13 29.76 31.30	SO	San Marcos	2:00.00	1:58.40	a
10 Struhs, Charlie 27.66 30.60 31.69		Poway High School	2:03.07	1:58.94	a
11 Regan, Brody 27.57 30.21 31.08	SR	San Pasqual High School	2:01.25	2:01.21	a
12 Chadwick, Britain 28.38 30.94 31.97	SO	San Pasqual High School	2:04.95	2:03.96	a
13 Burroughs, Joseph 28.46 30.95 32.38	SO	San Pasqual High School	2:04.70	2:04.78	a
14 Fitton, Henry 28.67 31.33 32.79	JR	Rancho Bernardo High School	1:59.73	2:04.80	a
15 Huang, Derrick 29.22 31.96 32.79	SO	Del Norte High School	2:04.31	2:04.89	a
16 Patay, Tyler 28.88 32.23 33.42	FR	Westview High School Swim Team-(2:06.51	2:05.11	a
17 Bareno-Egan, Ryan 29.89 31.54 33.09		Poway High School	NT	2:06.79	
18 Bi, Aaron 29.54 32.79 34.17	SO	Mt. Carmel High School-CA	2:10.74	2:11.48	
19 Artaud, Marc 29.21 34.05 35.69	SR	Westview High School Swim Team-(2:06.99	2:13.01	
20 Snyder, Kai 29.84 33.32 34.84	SO	Westview High School Swim Team-(2:10.99	2:13.08	
21 Duroiu, Christopher 30.27 33.65 35.02	JR	Del Norte High School	2:12.21	2:13.56	
22 Cavaglieri, Ryan 30.81 34.26 34.83		Poway High School	NT	2:15.45	
23 Shindikar, Advay 29.27 34.28 38.47	FR	Del Norte High School	2:15.03	2:20.93	
--- Rees, Forest 27.60 30.46 31.01	SO	San Marcos	2:03.00	X1:59.93	

Event 5 Girls 200 Yard IM

Name	Yr	School	Prelim Time	Finals Time	Points
A - Final					
1 Hernandez, Ashlyn 28.92 32.84 34.65		Poway High School	2:13.83	2:05.94	20
2 Rowe, Ashley 27.66 31.84 37.42	JR	Mt. Carmel High School-CA	2:11.43	2:06.83	17
3 Cerceo, Talia 28.26 34.20 38.97	SR	San Marcos	2:15.74	2:12.10	16
4 Wong, Cassidy 28.16 34.17 39.44	JR	Del Norte High School	2:24.62	2:13.62	15
5 Toledo, Treahanna 29.02 34.70 40.65	JR	San Marcos	2:17.87	2:15.23	14
6 Tran, Jeslyn 30.57 36.32 40.48	FR	Del Norte High School	2:23.04	2:19.72	13

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A - Final ... (Event 5 Girls 200 Yard IM)

Name	Yr	School	Prelim Time	Finals Time	Points
7 Williams, Ashley 30.09 38.78 41.43	SR	Rancho Bernardo High School	2:22.70	2:26.33	12
8 Vohnout, Kiele 31.21 37.42 44.86	FR	San Marcos	2:24.76	2:26.38	11
B - Final					
9 Cheng, Cadence 30.57 35.84 41.63	SR	Rancho Bernardo High School	2:29.54	2:23.12	9
10 Mayer, Sophie 31.39 35.96 40.57	SO	Mt. Carmel High School-CA	2:27.80	2:24.29	7
11 Harkins, Carmela 30.41 39.40 43.94	SO	Westview High School Swim Team-(2:30.48	2:29.51	6
12 Murphy, Dylan 33.98 38.32 44.09	SR	San Marcos	2:33.44	2:29.58	5
13 Walker, Isabella 31.11 36.35 47.00	FR	Mt. Carmel High School-CA	2:33.12	2:31.36	4
14 Winklebech, Katelyn 33.30 40.08 45.00	JR	Rancho Bernardo High School	2:39.36	2:34.99	3
15 Hu, Joanna 36.64 41.20 52.20	FR	Del Norte High School	2:48.47	2:50.15	2
--- Lu, Caroline 36.83 40.80 42.99	SO	Westview High School Swim Team-(2:36.95	DQ	

Event 5 Girls 200 Yard IM

Name	Yr	School	Seed Time	Prelim Time	
Preliminaries					
1 Rowe, Ashley 28.55 33.65 38.73	JR	Mt. Carmel High School-CA	2:12.63	2:11.43	a
2 Hernandez, Ashlyn 29.82 35.09 37.34		Poway High School	2:09.75	2:13.83	a
3 Cerceo, Talia 28.91 35.03 40.73	SR	San Marcos	2:13.63	2:15.74	a
4 Toledo, Treahanna 29.60 35.76 41.72	JR	San Marcos	2:19.00	2:17.87	a
5 Williams, Ashley 30.68 36.54 41.27	SR	Rancho Bernardo High School	2:24.82	2:22.70	a
6 Tran, Jeslyn 30.49 37.57 41.56	FR	Del Norte High School	2:20.50	2:23.04	a
7 Wong, Cassidy 29.50 36.88 42.50	JR	Del Norte High School	2:17.32	2:24.62	a
8 Vohnout, Kiele 31.64 35.68 45.10	FR	San Marcos	2:32.00	2:24.76	a
9 Mayer, Sophie 31.40 37.69 41.56	SO	Mt. Carmel High School-CA	2:27.15	2:27.80	a
10 Cheng, Cadence 31.57 38.07 42.99	SR	Rancho Bernardo High School	2:23.32	2:29.54	a
11 Harkins, Carmela 31.05 39.56 44.17	SO	Westview High School Swim Team-(2:27.64	2:30.48	a
12 Earnest, Kennedy 32.92 39.96 45.68	SO	Westview High School Swim Team-(2:32.01	2:32.78	a
13 Walker, Isabella 31.27 36.80 47.19	FR	Mt. Carmel High School-CA	2:33.38	2:33.12	a

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Preliminaries ... (Event 5 Girls 200 Yard IM)

Name	Yr	School	Seed Time	Prelim Time	
14 Murphy, Dylan 34.06 39.21 45.80 34.37	SR	San Marcos	2:30.46	2:33.44	q
15 Lu, Caroline 34.96 41.55 43.64 36.80	SO	Westview High School Swim Team-(2:29.32	2:36.95	q
16 Winklebech, Katelyn 34.16 41.15 46.33 37.72	JR	Rancho Bernardo High School	2:38.08	2:39.36	q
17 Hu, Joanna 35.79 40.51 52.48 39.69	FR	Del Norte High School	2:44.95	2:48.47	
18 Hernandez, Renne 36.52 40.09 56.76 36.17	JR	San Pasqual High School	2:48.29	2:49.54	
19 Moncada, Isabella 36.37 41.43 52.74 41.61	JR	Rancho Bernardo High School	2:40.06	2:52.15	
20 Eldrenkamp, Kiara 35.37 44.52 56.85 38.61	SR	San Pasqual High School	2:50.00	2:55.35	
21 Garcia, Gabriella 38.40 47.51 52.13 40.59		Poway High School	2:59.40	2:58.63	
22 Mohan, Danika 40.38 47.34 52.32 39.92	JR	San Pasqual High School	2:48.88	2:59.96	
23 Jackson, Nateal 39.55 47.87 51.52 42.24		Poway High School	3:10.83	3:01.18	
--- Fadavi, Deanna 32.66 38.12 48.18 35.45	JR	San Marcos	2:34.00	X2:34.41	

Event 6 Boys 200 Yard IM

Name	Yr	School	Prelim Time	Finals Time	Points
A - Final					
1 Wenger, Sebastien 24.94 29.92 32.78 27.18	JR	Westview High School Swim Team-(2:00.13	1:54.82	20
2 Dang, Caden 24.58 29.09 32.69 28.59	JR	San Pasqual High School	1:59.58	1:54.95	17
3 Cong, Jonathan 25.75 29.94 32.86 28.41	SO	Del Norte High School	2:01.53	1:56.96	16
4 Cairns, Joey 24.95 30.66 36.72 29.38	SR	San Marcos	2:04.36	2:01.71	15
5 Tlalka, Kevin 27.76 32.61 37.14 29.40	JR	San Marcos	2:07.15	2:06.91	14
6 McGrath, Daniel 27.22 35.39 36.87 30.08	SR	Mt. Carmel High School-CA	2:13.09	2:09.56	13
7 Putnam, Nick 28.14 32.65 38.38 30.59	FR	San Marcos	2:09.26	2:09.76	12
8 Bolas, Kyle 26.40 35.25 37.75 31.85	FR	Mt. Carmel High School-CA	2:12.09	2:11.25	11
B - Final					
9 Lazaroiu, Lucas 26.56 33.38 36.60 30.63	SR	Rancho Bernardo High School	2:15.29	2:07.17	9
10 Nguyen, Jace 28.28 34.08 34.61 30.83	FR	Del Norte High School	2:14.16	2:07.80	7
11 Sheive, Caden 29.48 35.92 39.44 31.82	SO	San Marcos	2:16.16	2:16.66	6
12 Thapa, Arnav 28.16 36.08 40.22 32.67	SO	Rancho Bernardo High School	2:18.50	2:17.13	5

**2022 Dual Meet -
Mt. Carmel High School vs
Results**

B - Final ... (Event 6 Boys 200 Yard IM)

Name	Yr	School	Prelim Time	Finals Time	Points
13 Yang, Josh 28.54 36.15 41.19	SO	Westview High School Swim Team-(2:20.42	2:17.25	4
		31.37			
14 Chauvapun, Ethan 29.22 35.55 42.75	FR	Rancho Bernardo High School	2:22.36	2:20.27	3
		32.75			
15 Farre, Valentino 31.33 38.29 43.38	SO	Del Norte High School	2:29.31	2:25.41	2
		32.41			
16 Winters, Christopher 30.29 37.30 44.40	JR	Westview High School Swim Team-(2:25.95	2:26.32	1
		34.33			

Event 6 Boys 200 Yard IM

Name	Yr	School	Seed Time	Prelim Time	
Preliminaries					
1 Dang, Caden 26.13 31.14 34.31	JR	San Pasqual High School	1:58.64	1:59.58	a
		28.00			
2 Wenger, Sebastien 26.14 31.15 34.86	JR	Westview High School Swim Team-(2:02.02	2:00.13	a
		27.98			
3 Cong, Jonathan 26.41 31.38 34.73	SO	Del Norte High School	2:00.33	2:01.53	a
		29.01			
4 Cairns, Joey 25.71 32.44 36.87	SR	San Marcos	2:01.20	2:04.36	a
		29.34			
5 Tlalka, Kevin 28.06 32.59 37.10	JR	San Marcos	2:07.59	2:07.15	a
		29.40			
6 Putnam, Nick 27.50 32.25 38.46	FR	San Marcos	2:11.00	2:09.26	a
		31.05			
7 Bolas, Kyle 26.14 35.48 38.06	FR	Mt. Carmel High School-CA	2:13.03	2:12.09	a
		32.41			
8 McGrath, Daniel 27.79 35.28 38.31	SR	Mt. Carmel High School-CA	2:11.02	2:13.09	a
		31.71			
9 Nguyen, Jace 29.55 36.18 36.18	FR	Del Norte High School	2:13.12	2:14.16	a
		32.25			
10 LazaroIU, Lucas 27.66 36.02 38.98	SR	Rancho Bernardo High School	2:14.66	2:15.29	a
		32.63			
11 Sheive, Caden 28.95 36.36 38.40	SO	San Marcos	2:24.00	2:16.16	a
		32.45			
12 Thapa, Arnav 28.45 36.13 40.37	SO	Rancho Bernardo High School	2:14.32	2:18.50	a
		33.55			
13 Yang, Josh 29.59 36.01 42.39	SO	Westview High School Swim Team-(2:18.18	2:20.42	a
		32.43			
14 Chauvapun, Ethan 29.33 36.46 43.30	FR	Rancho Bernardo High School	2:20.39	2:22.36	a
		33.27			
15 Winters, Christopher 30.35 37.00 44.51	JR	Westview High School Swim Team-(2:28.04	2:25.95	a
		34.09			
16 Farre, Valentino 32.14 40.22 43.47	SO	Del Norte High School	2:28.11	2:29.31	a
		33.48			
17 Riddle, Ned 30.67 37.62 49.19		Poway High School	2:29.72	2:31.08	
		33.60			
18 Daza, Xavier 35.32 39.62 46.11		Poway High School	2:38.93	2:34.29	
		33.24			
19 Danti, Diego 32.87 37.29 47.48	FR	Mt. Carmel High School-CA	2:35.53	2:34.50	
		36.86			
20 Nguyen, Patrick 30.01 40.58 46.50		Poway High School	2:45.95	2:43.35	
		46.26			

**2022 Dual Meet -
Mt. Carmel High School vs
Results**

Preliminaries ... (Event 6 Boys 200 Yard IM)

Name	Yr	School	Seed Time	Prelim Time
21 Huynh, Anthony		Poway High School	2:48.00	2:45.80
				35.14 46.01 46.83 37.82
--- Petree, Alexander	JR	San Marcos	2:29.00	X2:28.73
				31.54 37.91 45.58 33.70

Event 7 Girls 50 Yard Freestyle

Name	Yr	School	Prelim Time	Finals Time	Points
A - Final					
1 Dang, Megan	SR	San Pasqual High School	25.67	24.54	20
2 Luu, Emmy	JR	Del Norte High School	25.89	24.81	17
3 Bi, Annie	SR	Rancho Bernardo High School	26.04	25.30	16
4 Lawson, Sofia	FR	San Marcos	26.34	25.96	15
5 Huntley, Olivia	JR	San Marcos	26.19	26.04	14
6 Bruhn, Kyla	JR	Rancho Bernardo High School	26.98	26.19	13
7 Loosbrock, Corinne		Poway High School	26.70	26.84	12
8 Nason, Makyla	SO	Mt. Carmel High School-CA	27.24	27.02	11
B - Final					
9 Wong, Kaia	SR	Westview High School Swim Team-(27.44	26.49	9
10 Lynne, Sally	SR	San Marcos	27.57	26.63	7
11 Perez, Paulina	SR	Mt. Carmel High School-CA	27.25	27.18	6
12 Pham, Emma	SR	San Marcos	27.38	27.33	5
13 Frye, Maggie	JR	Del Norte High School	27.42	27.35	4
14 Weede, Katherine	SR	Mt. Carmel High School-CA	27.78	27.41	3
15 McCullock, McKynley	JR	Westview High School Swim Team-(28.80	28.35	2
16 Hakim, Harper		Poway High School	29.05	28.52	1

Event 7 Girls 50 Yard Freestyle

Name	Yr	School	Seed Time	Prelim Time
Preliminaries				
1 Dang, Megan	SR	San Pasqual High School	24.76	25.67 a
2 Luu, Emmy	JR	Del Norte High School	24.76	25.89 a
3 Bi, Annie	SR	Rancho Bernardo High School	25.36	26.04 a
4 Huntley, Olivia	JR	San Marcos	26.40	26.19 a
5 Lawson, Sofia	FR	San Marcos	26.20	26.34 a
6 Loosbrock, Corinne		Poway High School	27.02	26.70 a
7 Bruhn, Kyla	JR	Rancho Bernardo High School	26.83	26.98 a
8 Nason, Makyla	SO	Mt. Carmel High School-CA	26.49	27.24 a
9 Perez, Paulina	SR	Mt. Carmel High School-CA	27.66	27.25 a
10 Pham, Emma	SR	San Marcos	27.20	27.38 a
11 Frye, Maggie	JR	Del Norte High School	27.23	27.42 a
12 Wong, Kaia	SR	Westview High School Swim Team-(26.99	27.44 a
13 Lynne, Sally	SR	San Marcos	26.80	27.57 a
14 Weede, Katherine	SR	Mt. Carmel High School-CA	30.71	27.78 a
15 McCullock, McKynley	JR	Westview High School Swim Team-(28.08	28.80 a
16 Hakim, Harper		Poway High School	29.56	29.05 a
17 Bravo, Carolina	JR	Rancho Bernardo High School	29.84	29.37
18 Ahuja, Naavya	FR	Del Norte High School	NT	29.68
19 Page, Namika	FR	Westview High School Swim Team-(30.99	29.97
20 Stout, Rhiannon	JR	San Pasqual High School	29.32	30.03
21 Mordhorst, Grace	JR	Westview High School Swim Team-(29.73	30.10

**2022 Dual Meet -
Mt. Carmel High School vs
Results**

Preliminaries ... (Event 7 Girls 50 Yard Freestyle)

Name	Yr	School	Seed Time	Prelim Time
22 Lim, Abigail	JR	Del Norte High School	29.67	30.24
23 Alfonzo, Sailor	SR	Rancho Bernardo High School	29.22	30.38
24 Smith, Kiele		Poway High School	32.31	31.34
25 Acevedo, Gina	JR	San Pasqual High School	38.58	33.40
26 Espinoza, Jesyann	FR	San Pasqual High School	39.16	40.28
--- Burns, Katherine	JR	San Marcos	28.50	X29.50
--- Santos, Isabella	SR	Mt. Carmel High School-CA	30.71	X31.91

Event 8 Boys 50 Yard Freestyle

Name	Yr	School	Prelim Time	Finals Time	Points
A - Final					
1 Palmroos, Ian	JR	Del Norte High School	22.91	22.00	20
2 Hong, Nathaniel	SR	San Marcos	22.68	22.14	17
3 Evtimov, Simeon	JR	Rancho Bernardo High School	22.79	22.26	16
4 Nguyen, Nolan	SR	Westview High School Swim Team-(23.75	22.45	15
5 DelCastillo, Andrew	SR	San Marcos	23.00	22.74	14
6 McAulay, Ben		Poway High School	22.75	23.07	13
7 Kaljevic, Simon	SO	Mt. Carmel High School-CA	23.69	23.48	12
8 Fiske, Joshua	SR	San Pasqual High School	23.73	23.66	11
B - Final					
9 Kuleto, Tanner	JR	Mt. Carmel High School-CA	23.89	23.56	9
10 Stone, Benjamin		Poway High School	24.23	23.59	7
11 Sprouse, Andrew		Poway High School	24.64	23.85	6
12 Schneider, Collin	SR	San Marcos	24.33	23.98	5
13 Carriles, Manuel	SR	Westview High School Swim Team-(24.26	23.99	4
14 Gannon, Kayden	SO	San Pasqual High School	24.41	24.50	3
15 Le, Kyle	SO	Mt. Carmel High School-CA	24.37	24.53	2
16 Coutts, Jake	SR	San Marcos	24.62	24.77	1

Event 8 Boys 50 Yard Freestyle

Name	Yr	School	Seed Time	Prelim Time
Preliminaries				
1 Hong, Nathaniel	SR	San Marcos	22.61	22.68 a
2 McAulay, Ben		Poway High School	23.22	22.75 a
3 Evtimov, Simeon	JR	Rancho Bernardo High School	22.96	22.79 a
4 Palmroos, Ian	JR	Del Norte High School	22.48	22.91 a
5 DelCastillo, Andrew	SR	San Marcos	22.80	23.00 a
6 Kaljevic, Simon	SO	Mt. Carmel High School-CA	24.32	23.69 a
7 Fiske, Joshua	SR	San Pasqual High School	24.41	23.73 a
8 Nguyen, Nolan	SR	Westview High School Swim Team-(23.33	23.75 a
9 Kuleto, Tanner	JR	Mt. Carmel High School-CA	23.59	23.89 a
10 Stone, Benjamin		Poway High School	23.69	24.23 a
11 Carriles, Manuel	SR	Westview High School Swim Team-(24.49	24.26 a
12 Schneider, Collin	SR	San Marcos	24.45	24.33 a
13 Le, Kyle	SO	Mt. Carmel High School-CA	24.93	24.37 a
14 Gannon, Kayden	SO	San Pasqual High School	24.53	24.41 a
15 Coutts, Jake	SR	San Marcos	24.50	24.62 a
16 Sprouse, Andrew		Poway High School	24.45	24.64 a
17 Jaber, Khalil	SO	Del Norte High School	24.75	24.87
18 Hedblad, Tyler		Poway High School	25.26	25.08

**2022 Dual Meet -
Mt. Carmel High School vs
Results**

Preliminaries ... (Event 8 Boys 50 Yard Freestyle)

Name	Yr	School	Seed Time	Prelim Time
19 Lewandowski, Justin	JR	Del Norte High School	25.23	25.11
20 Fan, Jonmax	FR	Rancho Bernardo High School	25.54	25.22
21 Vieux, Hudson	FR	Westview High School Swim Team-(26.00	25.34
22 Tonthat, Minh	SO	Rancho Bernardo High School	24.94	25.47
23 Myers, Finn	FR	San Pasqual High School	26.04	25.59
24 Tran, Dylan	FR	Westview High School Swim Team-(25.28	25.74
25 Kim, Caleb	JR	Del Norte High School	25.69	25.75
26 Lund, Chase	SO	San Pasqual High School	29.50	28.71
--- Poselenik, Nathan	SO	Mt. Carmel High School-CA	25.85	X25.84
--- Castro, Chris	SO	San Marcos	26.50	X27.32

Event 9 Girls 100 Yard Butterfly

Name	Yr	School	Prelim Time	Finals Time	Points
A - Final					
1 Alonso, Delaney 27.12 30.74	SO	Mt. Carmel High School-CA	1:00.67	57.86	20
2 Wong, Cassidy 27.74 31.22	JR	Del Norte High School	1:01.16	58.96	17
3 Kershner, Alexis 27.87 31.45	SO	Rancho Bernardo High School	1:02.76	59.32	16
4 Cerceo, Talia 28.38 31.65	SR	San Marcos	1:00.17	1:00.03	15
5 Byrne, Allie 28.39 32.23	JR	Del Norte High School	1:02.58	1:00.62	14
6 Huntley, Olivia 28.50 33.14	JR	San Marcos	1:02.36	1:01.64	13
7 Tang, Summer 28.48 33.21	FR	Del Norte High School	1:02.92	1:01.69	12
8 Groom, Emily 29.38 32.88	JR	San Marcos	1:01.44	1:02.26	11
B - Final					
9 Finley, Clarie 29.12 33.00	JR	Del Norte High School	1:04.83	1:02.12	9
10 Perez, Paulina 30.68 34.83	SR	Mt. Carmel High School-CA	1:06.43	1:05.51	7
11 Wong, Kaia 30.60 35.94	SR	Westview High School Swim Team-(1:07.83	1:06.54	6
12 Smider, Tatiana 31.23 35.65	JR	Westview High School Swim Team-(1:08.69	1:06.88	5
13 Kao, Emily 32.43 34.93	FR	Mt. Carmel High School-CA	1:08.49	1:07.36	4
14 Kim, Anna 32.33 35.99		Poway High School	1:07.56	1:08.32	3
15 Lang, Maddie 32.37 37.38	SR	Westview High School Swim Team-(1:10.12	1:09.75	2
16 Vohnout, Kiele 33.81 39.71	FR	San Marcos	1:10.97	1:13.52	1

**2022 Dual Meet -
Mt. Carmel High School vs
Results**

Event 9 Girls 100 Yard Butterfly

Name	Yr	School	Seed Time	Prelim Time	
Preliminaries					
1 Cerceo, Talia 28.40 31.77	SR	San Marcos	59.89	1:00.17	a
2 Alonso, Delaney 28.31 32.36	SO	Mt. Carmel High School-CA	59.71	1:00.67	a
3 Wong, Cassidy 28.37 32.79	JR	Del Norte High School	59.84	1:01.16	a
4 Groom, Emily 28.65 32.79	JR	San Marcos	1:02.20	1:01.44	a
5 Huntley, Olivia 29.15 33.21	JR	San Marcos	1:02.50	1:02.36	a
6 Byrne, Allie 28.88 33.70	JR	Del Norte High School	1:02.81	1:02.58	a
7 Kershner, Alexis 29.36 33.40	SO	Rancho Bernardo High School	1:01.81	1:02.76	a
8 Tang, Summer 29.36 33.56	FR	Del Norte High School	1:00.36	1:02.92	a
9 Finley, Clarie 30.19 34.64	JR	Del Norte High School	NT	1:04.83	a
10 Perez, Paulina 30.62 35.81	SR	Mt. Carmel High School-CA	1:07.40	1:06.43	a
11 Kim, Anna 32.17 35.39		Poway High School	1:07.40	1:07.56	a
12 Wong, Kaia 30.59 37.24	SR	Westview High School Swim Team-(1:06.29	1:07.83	a
13 Kao, Emily 32.45 36.04	FR	Mt. Carmel High School-CA	1:08.27	1:08.49	a
14 Smider, Tatiana 31.15 37.54	JR	Westview High School Swim Team-(1:02.99	1:08.69	a
15 Lang, Maddie 32.16 37.96	SR	Westview High School Swim Team-(1:13.34	1:10.12	a
16 Vohnout, Kiele 32.52 38.45	FR	San Marcos	1:11.00	1:10.97	a
17 Collins, Kayne 33.76 39.20		Poway High School	NT	1:12.96	
18 Bravo, Carolina 32.22 40.96	JR	Rancho Bernardo High School	1:11.52	1:13.18	
19 Worley, Abby 33.87 40.27		Poway High School	1:16.07	1:14.14	
20 Batchelder, Myra	JR	Rancho Bernardo High School	1:16.89	1:17.41	
21 Jackson, Parker 36.48 41.91		Poway High School	1:19.00	1:18.39	
22 Doan, Amber 35.21 43.89	FR	Rancho Bernardo High School	1:19.60	1:19.10	
23 Hernandez, Renne 36.93 46.12	JR	San Pasqual High School	1:25.00	1:23.05	
24 Bell, Ciela 39.69 44.64	FR	San Pasqual High School	1:20.00	1:24.33	
25 Speer, Torrey 46.74 57.03	FR	San Pasqual High School	1:39.00	1:43.77	

**2022 Dual Meet -
Mt. Carmel High School vs
Results**

Preliminaries ... (Event 9 Girls 100 Yard Butterfly)

Name	Yr	School	Seed Time	Prelim Time
--- Trias, Madison 35.12 37.66	FR	Mt. Carmel High School-CA	1:11.19	X1:12.78
--- Lynne, Emily 36.15 41.83	FR	San Marcos	1:17.00	X1:17.98

Event 10 Boys 100 Yard Butterfly

Name	Yr	School	Prelim Time	Finals Time	Points
A - Final					
1 Chu, Jacob 23.62 27.00	SO	Del Norte High School	53.62	50.62	20
2 Cairns, Jacob 24.85 27.74	FR	San Marcos	55.07	52.59	17
3 Cairns, Joey 25.21 28.67	SR	San Marcos	54.91	53.88	16
4 Major, Adam 25.43 28.74		Poway High School	55.85	54.17	15
5 LazaroIU, Lucas 26.24 29.52	SR	Rancho Bernardo High School	58.10	55.76	14
6 Lucia, Nicolas 25.87 30.06	JR	Del Norte High School	56.67	55.93	13
7 Putnam, Jack 27.32 29.22	FR	San Marcos	57.62	56.54	12
8 Daza, Marcus 27.04 30.27		Poway High School	59.29	57.31	11
B - Final					
9 Schneider, Collin	SR	San Marcos	1:00.74	58.97	9
10 Kyles, Austin	SO	Del Norte High School	1:01.86	59.75	7
11 Padrid, Miguel	SR	Mt. Carmel High School-CA	1:02.87	1:00.84	6
12 Burroughs, Joseph	SO	San Pasqual High School	1:02.83	1:00.87	5
13 Bird, Jack	SO	Del Norte High School	1:03.64	1:01.52	4
14 Snyder, Kai	SO	Westview High School Swim Team-(1:04.03	1:02.78	3
--- Tran, Daniel	SO	Westview High School Swim Team-(1:02.21	DFS	

Event 10 Boys 100 Yard Butterfly

Name	Yr	School	Seed Time	Prelim Time
Preliminaries				
1 Chu, Jacob 24.90 28.72	SO	Del Norte High School	53.53	53.62 a
2 Cairns, Joey 25.58 29.33	SR	San Marcos	54.00	54.91 a
3 Cairns, Jacob 25.79 29.28	FR	San Marcos	54.47	55.07 a
4 Major, Adam 25.93 29.92		Poway High School	58.40	55.85 a
5 Lucia, Nicolas 26.08 30.59	JR	Del Norte High School	56.26	56.67 a
6 Putnam, Jack 27.18 30.44	FR	San Marcos	59.00	57.62 a
7 LazaroIU, Lucas 27.05 31.05	SR	Rancho Bernardo High School	58.80	58.10 a
8 Daza, Marcus 27.93 31.36		Poway High School	58.90	59.29 a

**2022 Dual Meet -
Mt. Carmel High School vs
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Preliminaries ... (Event 10 Boys 100 Yard Butterfly)

Name	Yr	School	Seed Time	Prelim Time	
9 Schneider, Collin 28.35 32.39	SR	San Marcos	1:01.75	1:00.74	a
10 Kyles, Austin 28.77 33.09	SO	Del Norte High School	1:02.35	1:01.86	a
11 Tran, Daniel 28.92 33.29	SO	Westview High School Swim Team-(1:00.66	1:02.21	a
12 Burroughs, Joseph 29.13 33.70	SO	San Pasqual High School	1:01.73	1:02.83	a
13 Padrid, Miguel 29.82 33.05	SR	Mt. Carmel High School-CA	1:03.95	1:02.87	a
14 Bird, Jack 29.15 34.49	SO	Del Norte High School	1:02.97	1:03.64	a
15 Snyder, Kai 29.89 34.14	SO	Westview High School Swim Team-(1:03.43	1:04.03	a
16 Alessandro, Alvarez 30.03 38.62	SR	Rancho Bernardo High School	1:06.70	1:08.65	a
17 Vieux, Hudson 32.99 37.41	FR	Westview High School Swim Team-(1:08.01	1:10.40	
18 Valentine, Dylan 33.34 40.39		Poway High School	1:18.52	1:13.73	
19 Huynh, Kyle 32.89 40.96	SR	Westview High School Swim Team-(1:12.32	1:13.85	
20 Sanfilippo, Luca 33.15 41.16	SO	Mt. Carmel High School-CA	1:15.27	1:14.31	
21 Hansen, Luke 32.86 41.61		Poway High School	1:15.40	1:14.47	
22 Koenig, Ben 34.03 42.06	FR	Mt. Carmel High School-CA	1:13.81	1:16.09	
23 Crane, Anton 34.08 45.65	SO	San Pasqual High School	1:18.90	1:19.73	
--- Rees, Forest 28.47 32.73	SO	San Marcos	1:02.50	X1:01.20	

Event 11 Girls 100 Yard Freestyle

Name	Yr	School	Prelim Time	Finals Time	Points
A - Final					
1 Allison, Cassidy 25.20 26.99	FR	San Marcos	53.93	52.19	20
2 Rowe, Ashley 25.99 27.29	JR	Mt. Carmel High School-CA	55.09	53.28	17
3 White, Callahan 27.38 28.62	FR	Rancho Bernardo High School	59.05	56.00	16
4 Stanton, Meredith 27.38 28.91	SO	Mt. Carmel High School-CA	58.20	56.29	15
5 Lawson, Sofia 27.26 29.77	FR	San Marcos	57.18	57.03	14
6 Halasz, Grace 27.41 29.77	SR	San Marcos	56.45	57.18	13
7 Del Rio, Emma 27.96 30.42	JR	San Marcos	58.13	58.38	12
8 Pham, Theophany 28.93 30.69		Poway High School	59.36	59.62	11

**2022 Dual Meet -
Mt. Carmel High School vs
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B - Final ... (Event 11 Girls 100 Yard Freestyle)

Name	Yr	School	Prelim Time	Finals Time	Points
B - Final					
9 Bruhn, Kyla 28.51 29.52	JR	Rancho Bernardo High School	59.89	58.03	9
10 Loosbrock, Corinne 28.75 30.91		Poway High School	1:00.98	59.66	7
11 Weede, Katherine 29.37 31.16	SR	Mt. Carmel High School-CA	1:01.18	1:00.53	6
12 Reyes-Moreno, Emma 28.63 31.91	FR	Del Norte High School	1:03.40	1:00.54	5
13 Hakim, Harper 29.82 32.03		Poway High School	1:01.47	1:01.85	4
14 Rozenkrants, Ellie 30.35 31.78	SO	Del Norte High School	1:03.59	1:02.13	3
15 Frye, Maggie 30.21 32.93	JR	Del Norte High School	1:01.50	1:03.14	2
16 Mordhorst, Grace 30.63 33.13	JR	Westview High School Swim Team-(1:04.77	1:03.76	1

Event 11 Girls 100 Yard Freestyle

Name	Yr	School	Seed Time	Prelim Time	
Preliminaries					
1 Allison, Cassidy 26.23 27.70	FR	San Marcos	54.90	53.93	a
2 Rowe, Ashley 26.44 28.65	JR	Mt. Carmel High School-CA	53.61	55.09	a
3 Halasz, Grace 27.34 29.11	SR	San Marcos	58.50	56.45	a
4 Lawson, Sofia 27.58 29.60	FR	San Marcos	59.50	57.18	a
5 Del Rio, Emma 27.99 30.14	JR	San Marcos	59.90	58.13	a
6 Stanton, Meredith 28.14 30.06	SO	Mt. Carmel High School-CA	56.98	58.20	a
7 White, Callahan 28.19 30.86	FR	Rancho Bernardo High School	57.94	59.05	a
8 Pham, Theophany 28.17 31.19		Poway High School	58.70	59.36	a
9 Bruhn, Kyla 28.65 31.24	JR	Rancho Bernardo High School	59.29	59.89	a
10 Loosbrock, Corinne 29.13 31.85		Poway High School	1:01.10	1:00.98	a
11 Weede, Katherine 29.68 31.50	SR	Mt. Carmel High School-CA	1:00.50	1:01.18	a
12 Hakim, Harper 29.35 32.12		Poway High School	1:03.47	1:01.47	a
13 Frye, Maggie 29.82 31.68	JR	Del Norte High School	59.82	1:01.50	a
14 Reyes-Moreno, Emma 30.04 33.36	FR	Del Norte High School	1:04.03	1:03.40	a
15 Rozenkrants, Ellie 30.46 33.13	SO	Del Norte High School	1:03.09	1:03.59	a

**2022 Dual Meet -
Mt. Carmel High School vs
Results**

Preliminaries ... (Event 11 Girls 100 Yard Freestyle)

Name	Yr	School	Seed Time	Prelim Time	
16 Mordhorst, Grace 31.29 33.48	JR	Westview High School Swim Team-(1:03.45	1:04.77	a
17 Truran, Madison 30.32 34.97	JR	Del Norte High School	1:06.03	1:05.29	
18 McDonald, Devon 31.73 34.74	SO	San Pasqual High School	1:07.13	1:06.47	
19 Shen, Sabrina 31.95 34.55	SO	Westview High School Swim Team-(1:05.55	1:06.50	
20 Alfonzo, Sailor 32.11 35.01	SR	Rancho Bernardo High School	1:04.93	1:07.12	
21 DeGuzman, Hannah 32.23 34.91	JR	Westview High School Swim Team-(1:06.55	1:07.14	
22 Keddington, Rachael 33.13 35.52	FR	Westview High School Swim Team-(1:07.22	1:08.65	
23 Hanel, Kenna 37.02 39.13	FR	San Pasqual High School	1:22.52	1:16.15	
24 Acevedo, Gina 37.62 42.38	JR	San Pasqual High School	1:25.35	1:20.00	
25 Espinoza, Jesyann 44.42 49.22	FR	San Pasqual High School	1:34.15	1:33.64	
--- Oakley, Elene 29.32 32.09	JR	San Marcos	1:03.75	X1:01.41	
--- Saad, Shannon 33.46 35.99	SR	Mt. Carmel High School-CA	1:11.53	X1:09.45	

Event 12 Boys 100 Yard Freestyle

Name	Yr	School	Prelim Time	Finals Time	Points
A - Final					
1 Hong, Nathaniel 23.41 24.45	SR	San Marcos	49.32	47.86	20
2 Nguyen, Nolan 23.89 24.84	SR	Westview High School Swim Team-(50.55	48.73	17
3 Lee, Joshua 24.19 24.92		Poway High School	49.72	49.11	16
4 Evtimov, Simeon 23.50 25.66	JR	Rancho Bernardo High School	49.78	49.16	15
5 McAulay, Ben 24.40 25.44		Poway High School	50.19	49.84	14
6 DelCastillo, Andrew 24.33 26.16	SR	San Marcos	51.70	50.49	13
7 Berry, Aidric 24.42 26.53	FR	San Marcos	50.89	50.95	12
8 Kuleto, Tanner 24.93 26.60	JR	Mt. Carmel High School-CA	51.68	51.53	11
B - Final					
9 Palmroos, Ian 23.89 26.41	JR	Del Norte High School	53.32	50.30	9
10 Carriles, Manuel 25.66 27.49	SR	Westview High School Swim Team-(54.63	53.15	7
11 Jaber, Khalil 25.62 27.56	SO	Del Norte High School	55.59	53.18	6

**2022 Dual Meet -
Mt. Carmel High School vs
Results**

B - Final ... (Event 12 Boys 100 Yard Freestyle)

Name	Yr	School	Prelim Time	Finals Time	Points
12 Regan, Brody 25.84 28.35	SR	San Pasqual High School	54.30	54.19	5
13 Halasz, Connor 26.90 27.59	SO	San Marcos	54.45	54.49	4
14 Gannon, Kayden 26.60 28.25	SO	San Pasqual High School	54.14	54.85	3
15 Lewandowski, Justin 26.38 28.62	JR	Del Norte High School	55.49	55.00	2
16 Fan, Jonmax 27.95 29.56	FR	Rancho Bernardo High School	55.99	57.51	1

Event 12 Boys 100 Yard Freestyle

Name	Yr	School	Seed Time	Prelim Time	
Preliminaries					
1 Hong, Nathaniel 23.92 25.40	SR	San Marcos	48.90	49.32	a
2 Lee, Joshua 24.06 25.66		Poway High School	50.47	49.72	a
3 Evtimov, Simeon 23.65 26.13	JR	Rancho Bernardo High School	50.95	49.78	a
4 McAulay, Ben 24.48 25.71		Poway High School	51.73	50.19	a
5 Nguyen, Nolan 24.46 26.09	SR	Westview High School Swim Team-(50.62	50.55	a
6 Berry, Aidric 24.24 26.65	FR	San Marcos	51.50	50.89	a
7 Kuleto, Tanner 24.86 26.82	JR	Mt. Carmel High School-CA	51.78	51.68	a
8 DelCastillo, Andrew 25.21 26.49	SR	San Marcos	51.75	51.70	a
9 Palmroos, Ian 24.82 28.50	JR	Del Norte High School	52.77	53.32	a
10 Gannon, Kayden 25.56 28.58	SO	San Pasqual High School	55.75	54.14	a
11 Regan, Brody 25.93 28.37	SR	San Pasqual High School	55.25	54.30	a
12 Halasz, Connor 26.87 27.58	SO	San Marcos	53.80	54.45	a
13 Carriles, Manuel 25.77 28.86	SR	Westview High School Swim Team-(54.98	54.63	a
14 Dunaway, Everett 25.89 29.40	JR	Mt. Carmel High School-CA	56.67	55.29	a
15 Lewandowski, Justin 26.79 28.70	JR	Del Norte High School	55.29	55.49	a
16 Jaber, Khalil 27.19 28.40	SO	Del Norte High School	55.00	55.59	a
17 Fan, Jonmax 26.81 29.18	FR	Rancho Bernardo High School	56.58	55.99	
18 Patay, Tyler 26.97 29.52	FR	Westview High School Swim Team-(57.99	56.49	
19 Naik, Nishit 27.05 29.64	SR	Westview High School Swim Team-(55.45	56.69	

**2022 Dual Meet -
Mt. Carmel High School vs
Results**

Preliminaries ... (Event 12 Boys 100 Yard Freestyle)

Name	Yr	School	Seed Time	Prelim Time
20 Griesi, Nico 27.42 29.56		Poway High School	58.29	56.98
21 Nguyen, Alex 27.11 29.90	SR	Rancho Bernardo High School	57.32	57.01
22 Fujikawa, Kai 28.35 29.80	FR	Del Norte High School	NT	58.15
23 Cavagliari, Ryan 28.46 31.68		Poway High School	1:00.00	1:00.14
24 Thournburg, Sean 29.86 31.86	SO	San Pasqual High School	1:03.47	1:01.72
25 Lund, Trevin 29.61 32.96	SR	San Pasqual High School	1:05.63	1:02.57
--- Kreutzkamp, Ryan 26.41 28.56	FR	San Marcos	55.00	X54.97
--- Reyes, Andrew 28.49 31.37	FR	Mt. Carmel High School-CA	NT	X59.86

Event 13 Girls 500 Yard Freestyle

Name	Yr	School	Prelim Time	Finals Time	Points
A - Final					
1 Putnam, Lauren 27.83 30.29 30.58 30.98 30.31	FR	San Marcos	5:12.69 30.79	5:03.84	20
2 Toledo, Treahnna 28.90 31.52 31.73 32.73 31.68	JR	San Marcos	5:18.72 32.57	5:18.54	17
3 Partridge, Alyssa Jane 29.53 31.66 32.59 32.62 31.96	FR	Del Norte High School	5:30.28 32.87	5:22.16	16
4 Pulham, Alicia 30.48 33.42 34.42 32.50 32.36	SO	Rancho Bernardo High School	5:32.47 32.99	5:29.17	15
5 Page, Sora 30.08 33.41 34.27 33.66 31.98	JR	Westview High School Swim Team-(5:40.25 33.97	5:34.17	14
6 Stewart, Victoria 30.29 32.90 33.52 34.06 33.35	SO	San Marcos	5:37.53 34.80	5:36.39	13
7 Diep, Ally 30.48 33.40 34.98 35.87 34.97	SR	Westview High School Swim Team-(5:41.11 35.83	5:47.44	12
B - Final					
9 Bekmanis, Sofia 31.39 34.59 35.41 33.75 32.01	SO	San Marcos	5:50.23 34.73	5:41.80	9
10 Pulido, Nora 31.29 33.93 34.75 35.40 35.58	SR	San Pasqual High School	5:49.32 35.39	5:46.56	7
11 Cavagliari, Hailey 31.39 34.51 35.58 37.94 36.58		Poway High School	6:08.57 37.75	6:01.94	6

**2022 Dual Meet -
Mt. Carmel High School vs
Results**

B - Final ... (Event 13 Girls 500 Yard Freestyle)

	Name	Yr	School	Prelim Time	Finals Time	Points
12	Nason, Makyla	SO	Mt. Carmel High School-CA	6:02.52	6:04.79	5
	32.51 36.08 36.69		37.17 37.05 37.07 37.79	37.88		
	37.41 35.14					
13	Tudor, Helen	FR	Rancho Bernardo High School	6:09.08	6:06.36	4
	33.02 36.32 37.01		37.47 37.14 37.43 37.26	37.91		
	37.17 35.63					
14	Purewal, Balhar	FR	Mt. Carmel High School-CA	6:16.29	6:09.96	3
	32.36 35.72 37.65		38.13 37.66 38.67 37.92	38.58		
	37.63 35.64					
15	Goldman, Ella		Poway High School	6:24.71	6:21.28	2
	34.47 37.46 38.38		38.36 38.50 39.26 39.49	38.97		
	38.94 37.45					
16	Lucia, Adrianna	FR	Del Norte High School	6:26.24	6:24.64	1
	32.76 36.53 38.17		39.59 39.36 39.40 39.09	40.45		
	40.35 38.94					

Event 13 Girls 500 Yard Freestyle

	Name	Yr	School	Seed Time	Prelim Time	
Preliminaries						
1	Putnam, Lauren	FR	San Marcos	5:14.00	5:12.69	a
	28.68 31.48 31.49		31.31 31.48 31.68 32.21	31.65		
	31.86 30.85					
2	Toledo, Treahhna	JR	San Marcos	5:22.00	5:18.72	a
	29.26 32.07 32.54		32.32 32.35 32.16 32.26	32.25		
	32.06 31.45					
3	Andreani, Lily	SR	Westview High School Swim Team-(5:29.05	5:29.80	a
	29.90 32.39 33.36		33.78 33.26 33.37 34.03	33.70		
	33.74 32.27					
4	Partridge, Alyssa Jane	FR	Del Norte High School	5:22.89	5:30.28	a
	30.37 33.80 34.36		34.32 34.37 33.61 33.46	33.20		
	31.72 31.07					
5	Pulham, Alicia	SO	Rancho Bernardo High School	5:38.66	5:32.47	a
	30.44 34.03 34.93		34.53 33.80 33.68 33.53	33.20		
	32.56 31.77					
6	Stewart, Victoria	SO	San Marcos	5:40.47	5:37.53	a
	30.96 33.65 34.31		34.81 34.29 34.92 34.99	34.13		
	33.19 32.28					
7	Page, Sora	JR	Westview High School Swim Team-(5:53.05	5:40.25	a
	31.16 34.63 35.08		34.47 34.83 34.35 34.82	34.32		
	34.31 32.28					
8	Diep, Ally	SR	Westview High School Swim Team-(5:33.03	5:41.11	a
	30.75 33.30 33.87		34.39 34.65 34.98 34.98	35.17		
	34.92 34.10					
9	Pulido, Nora	SR	San Pasqual High School	5:56.56	5:49.32	a
	31.45 33.79 34.58		35.74 35.85 35.36 36.05	36.04		
	36.07 34.39					
10	Bekmanis, Sofia	SO	San Marcos	5:59.00	5:50.23	a
	32.76 36.31 35.59		36.18 36.82 35.28 35.42	34.77		
	34.21 32.89					
11	Nason, Makyla	SO	Mt. Carmel High School-CA	5:53.25	6:02.52	a
	31.88 35.51 36.70		37.45 37.38 36.83 36.70	36.78		
	37.09 36.20					

**2022 Dual Meet -
Mt. Carmel High School vs
Results**

Preliminaries ... (Event 13 Girls 500 Yard Freestyle)

Name	Yr	School	Seed Time	Prelim Time	
12 Cavaglieri, Hailey		Poway High School	6:04.62	6:08.57	a
32.27 35.36	35.96	36.96 37.38 38.30 38.51	38.43		
39.15 36.25					
13 Tudor, Helen		FR Rancho Bernardo High School	6:04.76	6:09.08	a
33.41 36.97	37.84	37.01 37.56	37.63		
37.33 1:13.46					
14 Purewal, Balhar		FR Mt. Carmel High School-CA	6:17.17	6:16.29	a
32.32 36.34	37.82	37.96 38.40 38.89 39.06	39.47		
38.87 37.16					
15 Goldman, Ella		Poway High School	6:31.85	6:24.71	a
35.14 38.07	38.63	38.89 38.94 39.43 39.14	39.67		
39.18 37.62					
16 Lucia, Adrianna		FR Del Norte High School	6:24.59	6:26.24	a
33.28 37.31	38.61	40.19 39.53 40.02 39.73	40.02		
39.59 37.96					
17 Wadley, Kelena		FR Rancho Bernardo High School	6:01.58	6:26.26	
34.65 37.77	39.13	39.51 39.29 40.33 39.97	39.88		
39.47 36.26					
18 Hu, Deanna		SR Del Norte High School	6:33.89	6:32.97	
32.77 36.53	37.69	38.42 40.45 40.50 41.46	41.84		
42.21 41.10					
19 Schreiber, Evelyn		Poway High School	6:38.05	6:39.88	
34.83 39.52	41.09	41.07 41.21 40.30 41.44	41.27		
40.25 38.90					
20 Doan, Amber		FR Rancho Bernardo High School	6:53.20	6:42.57	
34.32 39.03	40.10	40.38 41.50 41.42 42.24	42.64		
40.83 40.11					
21 Eldrenkamp, Kiara		SR San Pasqual High School	6:34.78	6:43.84	
37.14 42.57	43.48	43.11 42.23 40.60 39.63	38.88		
38.75 37.45					
22 Masing, Alayna		SR San Pasqual High School	6:42.37	6:44.18	
36.51 41.75	42.35	41.71 41.66 41.31 41.22	40.50		
39.90 37.27					
23 Brookshire, Bethany		SR Mt. Carmel High School-CA	6:38.65	6:45.31	
34.75 39.79	41.32	41.68 42.91 41.74 42.54	42.51		
41.14 36.93					
24 Garcia, Gabriella		Poway High School	6:55.72	6:58.39	
35.17 40.57	42.24	42.14 42.70 43.84 43.42	43.80		
43.65 40.86					
25 Duplan, Audrey		FR San Pasqual High School	7:15.00	7:08.99	
34.65 41.42	41.92	42.13 44.70 44.81 46.31	45.62		
44.90 42.53					

Event 14 Boys 500 Yard Freestyle

Name	Yr	School	Prelim Time	Finals Time	Points
A - Final					
1 Rousseau, Julien		FR Del Norte High School	4:40.97	4:35.42	20
25.38 27.28	27.58	27.81 28.03 28.19 28.22	28.11		
27.89 26.93					
2 Wenger, Sebastien		JR Westview High School Swim Team-(4:46.45	4:35.58	17
25.39 27.54	27.74	27.97 27.96 28.28 28.19	28.53		
27.85 26.13					

**2022 Dual Meet -
Mt. Carmel High School vs
Results**

A - Final ... (Event 14 Boys 500 Yard Freestyle)

Name	Yr	School	Prelim Time	Finals Time	Points
3 Toledo, Avenn	SR	San Marcos	4:51.60	4:45.04	16
26.70 28.59 28.71 28.29 28.59 28.57 29.27 28.55					
29.26 28.51					
4 Tlalka, Kevin	JR	San Marcos	5:01.64	4:55.06	15
27.43 29.03 29.69 30.07 30.05 29.88 29.82 30.08					
29.65 29.36					
5 Struhs, James		Poway High School	4:56.91	4:58.15	14
26.30 29.65 30.51 30.09 30.55 30.39 30.19 30.11					
30.39 29.97					
6 Pattison, Kieran	SO	Rancho Bernardo High School	5:09.00	5:01.39	13
26.72 29.38 29.85 30.05 30.85 30.57 31.21 31.25					
31.16 30.35					
7 Major, Adam		Poway High School	5:09.16	5:04.57	12
27.36 30.42 30.23 31.31 30.65 31.07 31.24 31.36					
30.71 30.22					
8 Putnam, Nick	FR	San Marcos	5:07.29	5:06.53	11
27.76 30.36 30.76 31.31 31.06 31.11 31.21 31.39					
31.23 30.34					
B - Final					
9 Strother, Shade	FR	San Pasqual High School	5:20.95	5:05.99	9
28.42 30.57 31.46 31.67 31.70 30.76 31.25 30.39					
31.00 28.77					
10 Putnam, Jack	FR	San Marcos	5:16.76	5:13.36	7
28.26 30.65 31.24 31.69 31.76 31.60 31.88 32.30					
32.26 31.72					
11 Bayer, Max		Poway High School	5:26.64	5:20.04	6
27.04 30.20 31.76 32.38 32.30 32.54 33.39 33.91					
34.34 32.18					
12 Kuleto, Ben	FR	Mt. Carmel High School-CA	5:31.54	5:24.38	5
28.93 31.01 31.51 31.93 32.65 33.17 34.20 33.87					
33.92 33.19					
13 Kangas, Carter	SR	Westview High School Swim Team-(5:42.19	5:37.71	4
27.66 30.73 32.24 32.52 34.97 35.62 36.45 37.21					
36.05 34.26					
14 Fitton, Henry	JR	Rancho Bernardo High School	5:47.38	5:40.41	3
30.52 32.96 33.52 34.48 34.94 34.74 35.79 35.99					
35.23 32.24					
15 Huang, Derrick	SO	Del Norte High School	6:00.86	5:43.81	2
31.44 33.78 34.51 34.97 35.23 36.02 35.67 35.45					
33.26 33.48					
16 Bi, Aaron	SO	Mt. Carmel High School-CA	5:56.28	5:56.54	1
29.81 33.20 34.32 35.62 36.54 37.85 37.55 37.55					
37.48 36.62					

Event 14 Boys 500 Yard Freestyle

Name	Yr	School	Seed Time	Prelim Time	
Preliminaries					
1 Rousseau, Julien	FR	Del Norte High School	4:36.03	4:40.97	a
25.91 27.97 28.31 28.52 28.63 28.64 28.64 1:24.35					
2 Wenger, Sebastien	JR	Westview High School Swim Team-(4:50.80	4:46.45	a
25.78 28.10 28.67 28.87 28.99 29.26 29.44 29.47					
29.45 28.42					

**2022 Dual Meet -
Mt. Carmel High School vs
Results**

Preliminaries ... (Event 14 Boys 500 Yard Freestyle)

Name	Yr	School	Seed Time	Prelim Time	
3 Toledo, Avenn	SR	San Marcos	4:42.15	4:51.60	a
26.87 29.56 30.43	30.07	29.68 30.01 28.78	29.83		
30.12 26.25					
4 Struhs, James		Poway High School	5:01.40	4:56.91	a
26.35 29.64 30.80	30.68	30.22 30.25 30.37	30.47		
28.87 29.26					
5 Tlalka, Kevin	JR	San Marcos	5:01.09	5:01.64	a
27.06 29.13 29.66	30.12	30.54 30.91 31.21	31.27		
31.28 30.46					
6 Putnam, Nick	FR	San Marcos	5:10.00	5:07.29	a
28.00 30.39 30.86	31.01	31.11 31.08 31.39	31.52		
31.32 30.61					
7 Pattison, Kieran	SO	Rancho Bernardo High School	5:04.76	5:09.00	a
26.95 30.51 31.80	31.47	30.85 31.80 31.70	32.06		
31.46 30.40					
8 Major, Adam		Poway High School	5:27.93	5:09.16	a
27.49 30.65 31.43	32.52	31.59 31.21 31.03	31.38		
32.15 29.71					
9 Putnam, Jack	FR	San Marcos	5:20.00	5:16.76	a
28.91 31.80 32.57	32.26	32.37 32.34 32.51	31.74		
31.92 30.34					
10 Strother, Shade	FR	San Pasqual High School	5:18.36	5:20.95	a
28.76 31.96 32.99	33.65	32.71 32.09 33.06	32.51		
32.91 30.31					
11 Bayer, Max		Poway High School	5:23.75	5:26.64	a
27.03 30.91 31.66	33.26	33.64 34.18 34.16	34.83		
34.07 32.90					
12 Kuleto, Ben	FR	Mt. Carmel High School-CA	5:28.79	5:31.54	a
29.58 32.56 33.69	33.22	32.93 33.37 33.97	33.97		
34.84 33.41					
13 Kangas, Carter	SR	Westview High School Swim Team-(5:47.02	5:42.19	a
29.32 32.70 33.81	34.55	35.46 35.38 35.43	35.48		
36.09 33.97					
14 Fitton, Henry	JR	Rancho Bernardo High School	5:28.06	5:47.38	a
29.61 33.43 34.40	34.56	35.35 35.58 36.54	36.90		
36.23 34.78					
15 Bi, Aaron	SO	Mt. Carmel High School-CA	5:52.58	5:56.28	a
30.58 33.73 34.84	35.90	37.06 36.99 37.07	37.43		
37.11 35.57					
16 Huang, Derrick	SO	Del Norte High School	5:41.63	6:00.86	a
32.10 35.48 36.35	36.98	37.59	36.89		
37.43 35.33					
17 Huynh, Jonathon		Poway High School	6:19.13	6:06.67	
31.42 35.87 37.29	38.21	37.76 37.00 37.74	37.38		
37.56 36.44					
18 Artaud, Marc	SR	Westview High School Swim Team-(5:58.43	6:10.97	
30.45 34.69 36.93	37.73	38.26 39.08 39.80	39.82		
39.05 35.16					
19 Duroiu, Christopher	JR	Del Norte High School	6:16.72	6:13.44	
30.84 34.03 36.31	37.74	39.02 38.78 39.17	39.80		
39.41 38.34					

**2022 Dual Meet -
Mt. Carmel High School vs
Results**

Event 15 Girls 200 Yard Freestyle Relay

Team	Relay	Prelim Time	Finals Time	Points
A - Final				
1 San Marcos	A	1:43.95	1:41.67	40
25.43 25.65 25.67 24.92				
2 Del Norte High School	A	1:48.25	1:42.05	34
25.63 26.10 26.34 23.98				
3 Rancho Bernardo High Scho	A	1:49.59	1:46.47	32
26.24 26.66 27.33 26.24				
4 Mt. Carmel High School-CA	A	1:50.36	1:47.62	30
26.47 27.23 27.07 26.85				
5 Poway High School	A	1:53.51	1:49.75	28
26.39 26.54 30.68 26.14				
6 Westview High School Swim	A	1:56.85	1:56.08	26
29.13 28.94 28.23 29.78				
7 San Pasqual High School	A	2:04.63	2:05.21	24
29.96 30.91 32.45 31.89				
B - Final				
9 San Marcos	B	1:47.85	1:47.26	18
27.33 27.06 26.63 26.24				
10 Mt. Carmel High School-CA	B	1:58.28	1:53.42	14
26.85 28.53 28.25 29.79				
11 Del Norte High School	B	1:57.85	1:55.15	12
29.39 28.84 28.76 28.16				
12 Rancho Bernardo High Scho	B	2:03.01	1:56.29	10
29.58 29.61 29.37 27.73				
13 San Pasqual High School	B	2:15.21	2:12.73	8
31.32 34.13 33.81 33.47				
14 Poway High School	B	2:25.99	2:23.02	6
37.38 37.36 36.53 31.75				
--- Westview High School Swim	B	1:56.75	DQ	
29.63 28.58 29.53 27.94				

Event 15 Girls 200 Yard Freestyle Relay

Team	Relay	Seed Time	Prelim Time
Preliminaries			
1 San Marcos	A	1:48.00	1:43.95 a
1) Putnam, Lauren FR	2) Huntley, Olivia JR	3) Toledo, Treahnna JR	4) Cerceo, Talia SR
2 San Marcos	B	1:52.00	1:47.85 a
1) Sirbulu, Milja SO	2) Pham, Emma SR	3) Lynne, Sally SR	4) Lawson, Sofia FR
3 Del Norte High School	A	1:41.27	1:48.25 a
1) Partridge, Alyssa Jane FR	2) Tang, Summer FR	3) Tran, Jeslyn FR	4) Luu, Emmy JR
4 Rancho Bernardo High Scho	A	1:46.24	1:49.59 a
1) Bruhn, Kyla JR	2) Pulham, Alicia SO	3) Williams, Ashley SR	4) Cheng, Cadence SR
5 Mt. Carmel High School-CA	A	1:44.30	1:50.36 a
1) Stanton, Meredith SO	2) Weede, Katherine SR	3) McGrath, Mary FR	4) Nason, Makyla SO
6 Poway High School	A	1:45.50	1:53.51 a
1) Loosbrock, Corinne	2) Alsop, Logan	3) Smith, Kiele	4) Hernandez, Ashlyn
7 Westview High School Swim	B	1:55.01	1:56.75 a
1) Lang, Maddie SR	2) Mordhorst, Grace JR	3) Ho, Allysa SO	4) Thomas, Katelyn SO
8 Westview High School Swim	A	1:57.77	1:56.85 a
1) McCullock, McKynley JR	2) Lu, Caroline SO	3) Harkins, Carmela SO	4) Mason, Charlotte FR
9 Del Norte High School	B	NT	1:57.85 a
1) Partridge, Kylie FR	2) Lim, Abigail JR	3) Rousseau, Eva JR	4) Frye, Maggie JR

**2022 Dual Meet -
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Preliminaries ... (Event 15 Girls 200 Yard Freestyle Relay)

Team	Relay	Seed Time	Prelim Time
10 Mt. Carmel High School-CA 1) Walker, Isabella FR	B 2) Hsieh, Madison FR	1:49.60 3) Kao, Emily FR	1:58.28 q 4) Trias, Madison FR
11 Rancho Bernardo High Scho 1) Shirley, Gabriella FR	B 2) Alfonzo, Sailor SR	1:56.19 3) Moncada, Isabella JR	2:03.01 q 4) Batchelder, Myra JR
12 San Pasqual High School 1) Stout, Rhiannon JR	A 2) Mohan, Danika JR	2:01.55 3) Bell, Ciela FR	2:04.63 q 4) Masing, Alayna SR
13 San Pasqual High School 1) Duplan, Audrey FR	B 2) Hanel, Kenna FR	2:14.36 3) Acevedo, Gina JR	2:15.21 q 4) Ommen, Kristin SO
14 Poway High School 1) Smith, Demitra	B 2) Wilson, Jessilyn	2:33.15 3) Patel, Makenna	2:25.99 q 4) Karbosky, Emma

Event 16 Boys 200 Yard Freestyle Relay

Team	Relay	Prelim Time	Finals Time	Points
A - Final				
1 Del Norte High School 22.66 21.91 23.14 21.12	A	1:33.16	1:28.83	40
2 San Marcos 23.10 22.90 22.22 21.75	A	1:32.59	1:29.97	34
3 Westview High School Swim 22.68 23.15 24.01 22.48	A	1:36.33	1:32.32	32
4 Poway High School 23.21 24.27 22.87 22.68	A	1:34.64	1:33.03	30
5 San Pasqual High School 22.66 24.17 24.01 23.42	A	1:35.23	1:34.26	28
6 Mt. Carmel High School-CA 24.07 24.44 24.28 23.38	A	1:39.33	1:36.17	26
7 Rancho Bernardo High Scho 25.56 25.10 25.44 25.52	A	1:41.46	1:41.62	24
B - Final				
9 San Marcos 25.33 24.78 24.93 24.20	B	1:40.91	1:39.24	18
10 Westview High School Swim 24.62 24.87 26.06 24.43	B	1:40.73	1:39.98	14
11 Del Norte High School 25.97 24.98 25.80 23.84	B	1:44.40	1:40.59	12
12 Poway High School 26.68 24.16 26.73 24.55	B	1:45.66	1:42.12	10
13 Mt. Carmel High School-CA 24.81 29.86 28.82 22.89	B	1:48.95	1:46.38	8
14 San Pasqual High School 29.48 27.06 28.16 27.48	B	1:54.05	1:52.18	6

Event 16 Boys 200 Yard Freestyle Relay

Team	Relay	Seed Time	Prelim Time
Preliminaries			
1 San Marcos 1) Cairns, Joey SR	A 2) Toledo, Avenn SR	1:32.00 3) DelCastillo, Andrew SR	1:32.59 q 4) Hong, Nathaniel SR
2 Del Norte High School 1) Palmroos, Ian JR	A 2) Cong, Jonathan SO	1:24.67 3) Lucia, Nicolas JR	1:33.16 q 4) Chu, Jacob SO
3 Poway High School 1) McAulay, Ben	A 2) Struhs, Charlie	1:39.36 3) Stone, Benjamin	1:34.64 q 4) Major, Adam
4 San Pasqual High School 1) Dang, Caden JR	A 2) Fiske, Joshua SR	1:35.51 3) Regan, Brody SR	1:35.23 q 4) Strother, Shade FR

**2022 Dual Meet -
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Preliminaries ... (Event 16 Boys 200 Yard Freestyle Relay)

Team	Relay	Seed Time	Prelim Time
5 Westview High School Swim 1) Wenger, Sebastien JR	A 2) Nguyen, Nathan JR	1:36.02 3) Carriles, Manuel SR	1:36.33 a 4) Nguyen, Nolan SR
6 Mt. Carmel High School-CA 1) Bolas, Kyle FR	A 2) Le, Kyle SO	1:32.00 3) Dibble, Aidan SR	1:39.33 a 4) Kaljevic, Simon SO
7 Westview High School Swim 1) Stropky, Jake SR	B 2) Kangas, Carter SR	1:43.42 3) Naik, Nishit SR	1:40.73 a 4) Yang, Josh SO
8 San Marcos 1) Kreutzkamp, Ryan FR	B 2) Halasz, Connor SO	1:40.00 3) Coutts, Jake SR	1:40.91 a 4) Schneider, Collin SR
9 Rancho Bernardo High Scho 1) Fan, Jonmax FR	A 2) Chauvapun, Ethan FR	1:40.89 3) Tonthat, Minh SO	1:41.46 a 4) Thapa, Arnav SO
10 Del Norte High School 1) Fujikawa, Kai FR	B 2) Kim, Caleb JR	1:43.26 3) Nguyen, Jace FR	1:44.40 a 4) Jaber, Khalil SO
11 Poway High School 1) Griesi, Nico	B 2) Sprouse, Andrew	1:40.78 3) Hansen, Luke	1:45.66 a 4) Hedblad, Tyler
12 Mt. Carmel High School-CA 1) Padrid, Miguel SR	B 2) Sanfilippo, Luca SO	1:40.10 3) Poselenik, Nathan SO	1:48.95 a 4) Reyes, Andrew FR
13 San Pasqual High School 1) Thournburg, Sean SO	B 2) Crane, Anton SO	1:44.05 3) Lund, Chase SO	1:54.05 a 4) Lund, Trevin SR

Event 17 Girls 100 Yard Backstroke

Name	Yr School	Prelim Time	Finals Time	Points
A - Final				
1 Alonso, Delaney 27.42 29.18	SO Mt. Carmel High School-CA	57.99	56.60	20
2 Allison, Cassidy 28.64 29.42	FR San Marcos	59.54	58.06	17
3 Dang, Megan 28.92 30.86	SR San Pasqual High School	1:01.93	59.78	16
4 Tang, Summer 29.29 32.53	FR Del Norte High School	1:03.69	1:01.82	15
5 Halasz, Grace 30.92 32.57	SR San Marcos	1:03.83	1:03.49	14
6 Walker, Isabella 31.04 33.78	FR Mt. Carmel High School-CA	1:06.76	1:04.82	13
7 Sirbulu, Milja 30.82 34.13	SO San Marcos	1:05.59	1:04.95	12
B - Final				
9 White, Callahan 31.03 32.53	FR Rancho Bernardo High School	1:06.83	1:03.56	9
10 Finley, Clarie 32.80 32.51	JR Del Norte High School	1:07.65	1:05.31	7
11 Rousseau, Eva 32.44 34.41	JR Del Norte High School	1:09.29	1:06.85	6
12 Hsieh, Madison 32.73 35.23	FR Mt. Carmel High School-CA	1:08.41	1:07.96	5
13 Pham, Theophany 33.36 35.50	Poway High School	1:10.80	1:08.86	4
14 Fadavi, Deanna 32.91 36.32	JR San Marcos	1:10.54	1:09.23	3
15 Batchelder, Myra 34.65 36.90	JR Rancho Bernardo High School	1:13.67	1:11.55	2

**2022 Dual Meet -
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Results**

B - Final ... (Event 17 Girls 100 Yard Backstroke)

Name	Yr	School	Prelim Time	Finals Time	Points
16 Mason, Charlotte 34.83 36.79	FR	Westview High School Swim Team-(1:13.01	1:11.62	1

Event 17 Girls 100 Yard Backstroke

Name	Yr	School	Seed Time	Prelim Time	
Preliminaries					
1 Alonso, Delaney 28.35 29.64	SO	Mt. Carmel High School-CA	51.01	57.99	a
2 Allison, Cassidy 29.21 30.33	FR	San Marcos	59.90	59.54	a
3 Dang, Megan 30.09 31.84	SR	San Pasqual High School	1:01.41	1:01.93	a
4 Tang, Summer 30.51 33.18	FR	Del Norte High School	1:02.95	1:03.69	a
5 Halasz, Grace 31.07 32.76	SR	San Marcos	1:05.90	1:03.83	a
6 Sirbulj, Milja 31.44 34.15	SO	San Marcos	1:06.90	1:05.59	a
7 Williams, Ashley 31.85 34.51	SR	Rancho Bernardo High School	1:08.02	1:06.36	a
8 Walker, Isabella 32.12 34.64	FR	Mt. Carmel High School-CA	1:07.78	1:06.76	a
9 White, Callahan 32.38 34.45	FR	Rancho Bernardo High School	1:06.20	1:06.83	a
10 Finley, Clarie 33.96 33.69	JR	Del Norte High School	1:07.93	1:07.65	a
11 Hsieh, Madison 33.12 35.29	FR	Mt. Carmel High School-CA	1:08.13	1:08.41	a
12 Rousseau, Eva 33.73 35.56	JR	Del Norte High School	1:09.65	1:09.29	a
13 Fadavi, Deanna 33.89 36.65	JR	San Marcos	1:12.00	1:10.54	a
14 Pham, Theophany 34.22 36.58		Poway High School	1:10.03	1:10.80	a
15 Mason, Charlotte 35.07 37.94	FR	Westview High School Swim Team-(1:10.52	1:13.01	a
16 Batchelder, Myra 35.14 38.53	JR	Rancho Bernardo High School	1:12.36	1:13.67	a
17 Hu, Deanna 35.29 38.49	SR	Del Norte High School	1:11.83	1:13.78	
18 Kim, Anna 35.86 38.21		Poway High School	1:10.82	1:14.07	
19 Nguyen, Katrina 36.28 38.57	SO	Westview High School Swim Team-(1:15.30	1:14.85	
20 Shirley, Gabriella 37.39 37.72	FR	Rancho Bernardo High School	1:13.74	1:15.11	
21 Le, Kacey 36.30 39.25		Poway High School	1:16.66	1:15.55	
22 Masing, Alayna 37.76 40.23	SR	San Pasqual High School	1:21.41	1:17.99	
23 Thomas, Katelyn 38.83 39.76	SO	Westview High School Swim Team-(1:16.16	1:18.59	

**2022 Dual Meet -
Mt. Carmel High School vs
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Preliminaries ... (Event 17 Girls 100 Yard Backstroke)

Name	Yr	School	Seed Time	Prelim Time
24 Shen, Sabrina 38.55 41.32	SO	Westview High School Swim Team-(1:18.22	1:19.87
25 Cavaglieri, Hailey 38.91 42.52		Poway High School	1:18.22	1:21.43
26 Ommen, Kristin	SO	San Pasqual High School	1:25.74	1:26.17
27 Speer, Torrey 45.21 49.08	FR	San Pasqual High School	1:33.10	1:34.29
--- Truong, Clara 36.33 40.09	SO	San Marcos	1:17.00	X1:16.42

Event 18 Boys 100 Yard Backstroke

Name	Yr	School	Prelim Time	Finals Time	Points
A - Final					
1 Chu, Jacob 25.62 27.39	SO	Del Norte High School	55.60	53.01	20
2 Cairns, Jacob 27.14 28.79	FR	San Marcos	57.46	55.93	17
3 Dibble, Aidan 26.85 29.16	SR	Mt. Carmel High School-CA	56.95	56.01	16
4 James, Alexander 27.87 29.36	SR	San Marcos	57.28	57.23	15
5 Daza, Marcus 28.58 30.24		Poway High School	1:00.38	58.82	14
6 Stone, Benjamin 30.09 32.08		Poway High School	1:01.45	1:02.17	13
7 Hobart, Aidan 31.37 31.87	SO	San Marcos	1:03.81	1:03.24	12
8 Le, Kyle 30.65 33.28	SO	Mt. Carmel High School-CA	1:03.11	1:03.93	11
B - Final					
9 Nguyen, Jaden 30.91 31.66	FR	Del Norte High School	1:04.48	1:02.57	9
10 Chadwick, Britain 30.10 32.61	SO	San Pasqual High School	1:04.60	1:02.71	7
11 Kuleto, Ben 31.56 33.10	FR	Mt. Carmel High School-CA	1:06.33	1:04.66	6
12 Yang, Josh 31.96 32.78	SO	Westview High School Swim Team-(1:05.86	1:04.74	5
13 Lee, Dahvin 33.61 35.11	FR	San Marcos	1:08.90	1:08.72	4
14 Fiske, Joshua 32.60 36.39	SR	San Pasqual High School	1:07.69	1:08.99	3
15 Tonthat, Minh 33.62 35.84	SO	Rancho Bernardo High School	1:10.26	1:09.46	2

Event 18 Boys 100 Yard Backstroke

Name	Yr	School	Seed Time	Prelim Time
Preliminaries				
1 Chu, Jacob 26.50 29.10	SO	Del Norte High School	55.49	55.60 a
2 Dibble, Aidan 27.78 29.17	SR	Mt. Carmel High School-CA	59.99	56.95 a

**2022 Dual Meet -
Mt. Carmel High School vs
Results**

Preliminaries ... (Event 18 Boys 100 Yard Backstroke)

Name	Yr	School	Seed Time	Prelim Time	
3 James, Alexander 28.46 28.82	SR	San Marcos	58.00	57.28	a
4 Cairns, Jacob 27.54 29.92	FR	San Marcos	57.00	57.46	a
5 Daza, Marcus 29.10 31.28		Poway High School	59.07	1:00.38	a
6 Stone, Benjamin 29.43 32.02		Poway High School	1:02.98	1:01.45	a
7 Le, Kyle 30.97 32.14	SO	Mt. Carmel High School-CA	1:04.59	1:03.11	a
8 Hobart, Aidan 31.16 32.65	SO	San Marcos	1:03.00	1:03.81	a
9 Nguyen, Jaden 31.01 33.47	FR	Del Norte High School	1:04.04	1:04.48	a
10 Chadwick, Britain 30.89 33.71	SO	San Pasqual High School	1:04.92	1:04.60	a
11 Yang, Josh 32.16 33.70	SO	Westview High School Swim Team-(1:04.85	1:05.86	a
12 Kuleto, Ben 32.58 33.75	FR	Mt. Carmel High School-CA	1:04.69	1:06.33	a
13 Fiske, Joshua 32.11 35.58	SR	San Pasqual High School	1:06.45	1:07.69	a
14 Alessandro, Alvarez 33.75 34.92	SR	Rancho Bernardo High School	1:07.73	1:08.67	a
15 Lee, Dahvin 33.79 35.11	FR	San Marcos	1:12.00	1:08.90	a
16 Tonthat, Minh 34.22 36.04	SO	Rancho Bernardo High School	1:08.51	1:10.26	a
17 Riddle, Ned 33.73 36.89		Poway High School	NT	1:10.62	
18 Winters, Christopher 34.38 37.20	JR	Westview High School Swim Team-(1:12.98	1:11.58	
19 Daza, Xavier 37.43 37.69		Poway High School	1:12.99	1:15.12	
20 Huynh, Kyle 36.20 39.42	SR	Westview High School Swim Team-(1:15.55	1:15.62	
21 Farre, Valentino 37.38 38.80	SO	Del Norte High School	NT	1:16.18	
22 Thournburg, Sean 39.70 40.97	SO	San Pasqual High School	1:25.18	1:20.67	
--- Petree, Alexander 35.08 36.27	JR	San Marcos	1:14.00	X1:11.35	

Event 19 Girls 100 Yard Breaststroke

Name	Yr	School	Prelim Time	Finals Time	Points
A - Final					
1 Hernandez, Ashlyn 29.91 33.40		Poway High School	1:06.44	1:03.31	20
2 Byrne, Allie 32.43 36.75	JR	Del Norte High School	1:12.36	1:09.18	17
3 Lynne, Sally 32.85 36.86	SR	San Marcos	1:12.31	1:09.71	16

**2022 Dual Meet -
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A - Final ... (Event 19 Girls 100 Yard Breaststroke)

Name	Yr	School	Prelim Time	Finals Time	Points
4 Alsop, Logan 33.67 36.55		Poway High School	1:14.15	1:10.22	15
5 Mayer, Sophie 33.88 38.65	SO	Mt. Carmel High School-CA	1:12.34	1:12.53	14
6 Tran, Jeslyn 34.67 38.27	FR	Del Norte High School	1:15.63	1:12.94	13
7 Del Rio, Emma 35.56 39.06	JR	San Marcos	1:14.90	1:14.62	12
8 McGrath, Mary 34.99 39.85	FR	Mt. Carmel High School-CA	1:16.14	1:14.84	11

B - Final

9 Cheng, Cadence 34.05 37.42	SR	Rancho Bernardo High School	1:16.24	1:11.47	9
10 Pulido, Nora 36.25 39.86	SR	San Pasqual High School	1:17.17	1:16.11	7
11 Foncerrada, Mia 35.71 40.99	SO	Mt. Carmel High School-CA	1:16.87	1:16.70	6
12 Carpenter, Danika 36.27 41.55	SO	San Marcos	1:18.76	1:17.82	5
13 Harkins, Carmela 36.65 41.64	SO	Westview High School Swim Team-(1:19.27	1:18.29	4
14 Reyes-Moreno, Emma 36.72 41.92	FR	Del Norte High School	1:17.97	1:18.64	3
15 Partridge, Kylie 37.62 42.49	FR	Del Norte High School	1:22.11	1:20.11	2
16 Winklebech, Katelyn 38.59 44.05	JR	Rancho Bernardo High School	1:22.03	1:22.64	1

Event 19 Girls 100 Yard Breaststroke

Name	Yr	School	Seed Time	Prelim Time	
Preliminaries					
1 Hernandez, Ashlyn 31.45 34.99		Poway High School	1:04.80	1:06.44	a
2 Lynne, Sally 34.37 37.94	SR	San Marcos	1:11.75	1:12.31	a
3 Mayer, Sophie 34.10 38.24	SO	Mt. Carmel High School-CA	1:14.79	1:12.34	a
4 Byrne, Allie 33.75 38.61	JR	Del Norte High School	1:12.62	1:12.36	a
5 Alsop, Logan 35.28 38.87		Poway High School	1:14.29	1:14.15	a
6 Del Rio, Emma 36.03 38.87	JR	San Marcos	1:18.00	1:14.90	a
7 Tran, Jeslyn 36.03 39.60	FR	Del Norte High School	1:15.53	1:15.63	a
8 McGrath, Mary 35.27 40.87	FR	Mt. Carmel High School-CA	1:19.11	1:16.14	a
9 Cheng, Cadence 36.18 40.06	SR	Rancho Bernardo High School	1:13.05	1:16.24	a
10 Foncerrada, Mia 36.30 40.57	SO	Mt. Carmel High School-CA	1:17.67	1:16.87	a

**2022 Dual Meet -
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Preliminaries ... (Event 19 Girls 100 Yard Breaststroke)

Name	Yr	School	Seed Time	Prelim Time	
11 Pulido, Nora 36.90 40.27	SR	San Pasqual High School	1:18.27	1:17.17	q
12 Reyes-Moreno, Emma 36.64 41.33	FR	Del Norte High School	1:17.43	1:17.97	q
13 Carpenter, Danika 36.33 42.43	SO	San Marcos	1:20.57	1:18.76	q
14 Harkins, Carmela 37.15 42.12	SO	Westview High School Swim Team-(1:18.70	1:19.27	q
15 Winklebech, Katelyn 39.07 42.96	JR	Rancho Bernardo High School	1:23.52	1:22.03	q
16 Partridge, Kylie 39.23 42.88	FR	Del Norte High School	1:21.68	1:22.11	q
17 Ho, Allysa 39.35 42.77	SO	Westview High School Swim Team-(1:21.21	1:22.12	
18 Pham, Emma 38.34 44.22	SR	San Marcos	1:21.00	1:22.56	
19 Tudor, Helen 40.23 43.75	FR	Rancho Bernardo High School	1:24.16	1:23.98	
20 Earnest, Kennedy 39.61 45.12	SO	Westview High School Swim Team-(1:22.04	1:24.73	
21 McDonald, Devon 40.30 48.47	SO	San Pasqual High School	1:34.53	1:28.77	
22 Moncada, Isabella 41.58 48.17	JR	Rancho Bernardo High School	1:25.85	1:29.75	
23 Mohan, Danika 45.69 49.28	JR	San Pasqual High School	1:32.40	1:34.97	
24 Wilson, Jessilyn 46.97 54.83		Poway High School	1:39.93	1:41.80	
25 Hanel, Kenna 49.12 54.83	FR	San Pasqual High School	1:43.87	1:43.95	
--- Lopez de Castro, Cayla 40.19 44.38	SO	San Marcos	1:24.00	X1:24.57	
--- Saad, Shannon 41.71 47.67	SR	Mt. Carmel High School-CA	1:31.01	X1:29.38	

Event 20 Boys 100 Yard Breaststroke

Name	Yr	School	Prelim Time	Finals Time	Points
A - Final					
1 Dang, Caden 27.87 31.10	JR	San Pasqual High School	1:01.83	58.97	20
2 Cong, Jonathan 28.01 31.14	SO	Del Norte High School	1:02.54	59.15	17
3 Berry, Aidric 29.26 32.71	FR	San Marcos	1:03.42	1:01.97	16
4 Bolas, Kyle 29.49 33.19	FR	Mt. Carmel High School-CA	1:03.99	1:02.68	15
5 Nguyen, Jace 29.87 33.28	FR	Del Norte High School	1:04.59	1:03.15	14
6 McGrath, Daniel 29.85 33.56	SR	Mt. Carmel High School-CA	1:04.78	1:03.41	13
7 Kelly, Ryder 30.02 34.29	JR	San Marcos	1:04.15	1:04.31	12

**2022 Dual Meet -
Mt. Carmel High School vs
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A - Final ... (Event 20 Boys 100 Yard Breaststroke)

Name	Yr	School	Prelim Time	Finals Time	Points
8 Nguyen, Nathan 30.32 34.37	JR	Westview High School Swim Team-(1:06.85	1:04.69	11
B - Final					
9 Lee, Joshua 30.20 35.03		Poway High School	1:07.42	1:05.23	9
10 Nguyen, Brian 31.21 36.93	JR	Del Norte High School	1:08.75	1:08.14	7
11 Stropky, Jake 32.62 37.17	SR	Westview High School Swim Team-(1:13.16	1:09.79	6
12 Thapa, Arnav 32.91 37.33	SO	Rancho Bernardo High School	1:09.42	1:10.24	5
13 Chauvapun, Ethan 33.57 36.75	FR	Rancho Bernardo High School	1:11.05	1:10.32	4
14 Sheive, Caden 33.53 37.09	SO	San Marcos	1:11.80	1:10.62	3
15 Myers, Finn 34.16 37.73	FR	San Pasqual High School	1:12.59	1:11.89	2
16 Tran, Dylan 34.32 38.20	FR	Westview High School Swim Team-(1:13.50	1:12.52	1

Event 20 Boys 100 Yard Breaststroke

Name	Yr	School	Seed Time	Prelim Time	
Preliminaries					
1 Dang, Caden 28.80 33.03	JR	San Pasqual High School	1:00.75	1:01.83	a
2 Cong, Jonathan 29.42 33.12	SO	Del Norte High School	1:01.05	1:02.54	a
3 Berry, Aidric 29.91 33.51	FR	San Marcos	1:04.50	1:03.42	a
4 Bolas, Kyle 29.64 34.35	FR	Mt. Carmel High School-CA	1:03.79	1:03.99	a
5 Kelly, Ryder 29.79 34.36	JR	San Marcos	1:06.00	1:04.15	a
6 Nguyen, Jace 31.00 33.59	FR	Del Norte High School	1:04.75	1:04.59	a
7 McGrath, Daniel 30.19 34.59	SR	Mt. Carmel High School-CA	1:03.77	1:04.78	a
8 Nguyen, Nathan 31.62 35.23	JR	Westview High School Swim Team-(1:05.51	1:06.85	a
9 Lee, Joshua 31.42 36.00		Poway High School	1:07.93	1:07.42	a
10 Nguyen, Brian 31.87 36.88	JR	Del Norte High School	1:09.02	1:08.75	a
11 Thapa, Arnav 32.40 37.02	SO	Rancho Bernardo High School	1:08.40	1:09.42	a
12 Chauvapun, Ethan 33.83 37.22	FR	Rancho Bernardo High School	1:11.32	1:11.05	a
13 Sheive, Caden 34.02 37.78	SO	San Marcos	1:12.00	1:11.80	a
14 Myers, Finn 34.62 37.97	FR	San Pasqual High School	1:13.19	1:12.59	a

**2022 Dual Meet -
Mt. Carmel High School vs
Results**

Preliminaries ... (Event 20 Boys 100 Yard Breaststroke)

Name	Yr	School	Seed Time	Prelim Time	
15 Stropky, Jake 33.87 39.29	SR	Westview High School Swim Team-(1:13.25	1:13.16	q
16 Tran, Dylan 34.20 39.30	FR	Westview High School Swim Team-(1:14.78	1:13.50	q
17 Nguyen, Alex 34.89 38.87	SR	Rancho Bernardo High School	1:11.31	1:13.76	
18 Hyler, Khuyen 33.85 40.31	SO	San Marcos	1:15.00	1:14.16	
19 Struhs, Charlie 33.53 40.78		Poway High School	1:12.71	1:14.31	
20 Naik, Nishit 35.03 39.38	SR	Westview High School Swim Team-(1:12.47	1:14.41	
21 Nguyen, Patrick 35.77 42.22		Poway High School	1:16.97	1:17.99	
22 Reyes, Andrew 35.82 42.48	FR	Mt. Carmel High School-CA	NT	1:18.30	
23 Lund, Trevin 37.32 44.25	SR	San Pasqual High School	1:23.89	1:21.57	
24 Hansen, Luke 38.00 45.02		Poway High School	1:22.88	1:23.02	
25 Lund, Chase 39.50 45.97	SO	San Pasqual High School	1:44.47	1:25.47	
--- McCurdy, Seth 35.54 42.02	SO	San Marcos	1:20.00	X1:17.56	

Event 21 Girls 400 Yard Freestyle Relay

Team	Relay	Prelim Time	Finals Time	Points
A - Final				
1 San Marcos 26.51 54.51 26.50 55.99	A	3:47.39	3:37.91	40
2 Mt. Carmel High School-CA 26.41 54.62 26.90 56.18	A	3:48.52	3:41.60	34
3 Del Norte High School 27.16 57.29 26.84 56.42	A	3:48.34	3:42.26	32
4 Rancho Bernardo High Scho 28.04 58.54 26.30 55.30	A	4:07.48	3:51.58	30
5 Westview High School Swim 29.55 1:02.62 28.83 1:00.61	A	4:03.52	4:02.26	28
6 Poway High School 29.56 1:01.65 29.98 1:03.64	A	4:15.02	4:10.83	26
7 San Pasqual High School 30.43 1:04.16 31.03 1:05.14	A	4:22.00	4:12.07	24
B - Final				
9 San Marcos 28.61 1:00.42 29.30 1:01.21	B	3:55.72	3:54.13	18
10 Mt. Carmel High School-CA 29.56 1:01.11 29.52 1:02.46	B	4:36.86	4:13.38	14
11 Rancho Bernardo High Scho 29.89 1:05.22 30.44 1:03.67	B	4:15.57	4:16.47	12
12 Westview High School Swim 32.38 1:07.57 30.30 1:02.96	B	4:20.92	4:19.96	10

**2022 Dual Meet -
Mt. Carmel High School vs
Results**

B - Final ... (Event 21 Girls 400 Yard Freestyle Relay)

Team	Relay	Prelim Time	Finals Time	Points
13 Poway High School	B	4:35.37	4:32.85	8
32.30 1:10.59 32.16 1:09.20	31.28 1:05.15 32.09 1:07.91			
14 San Pasqual High School	B	5:25.96	4:51.72	6
32.95 1:11.87 29.36 1:06.78	38.72 1:19.60 35.32 1:13.47			

Event 21 Girls 400 Yard Freestyle Relay

Team	Relay	Seed Time	Prelim Time
Preliminaries			
1 San Marcos	A	3:45.00	3:47.39 a
1) Putnam, Lauren FR	2) Groom, Emily JR	3) Cerceo, Talia SR	4) Allison, Cassidy FR
2 Del Norte High School	A	3:37.45	3:48.34 a
1) Wong, Cassidy JR	2) Byrne, Allie JR	3) Partridge, Alyssa Jane FR	4) Luu, Emmy JR
3 Mt. Carmel High School-CA	A	3:49.20	3:48.52 a
1) Alonso, Delaney SO	2) Stanton, Meredith SO	3) Perez, Paulina SR	4) Rowe, Ashley JR
4 San Marcos	B	3:57.00	3:55.72 a
1) Sirbuluy, Milja SO	2) Del Rio, Emma JR	3) Halasz, Grace SR	4) Toledo, Treahhna JR
5 Westview High School Swim	A	3:58.94	4:03.52 a
1) Smider, Tatiana JR	2) Wong, Kaia SR	3) Diep, Ally SR	4) Page, Sora JR
6 Rancho Bernardo High Scho	A	3:49.43	4:07.48 a
1) Pulham, Alicia SO	2) Kershner, Alexis SO	3) Bruhn, Kyla JR	4) White, Callahan FR
7 Poway High School	A	4:14.26	4:15.02 a
1) Kim, Anna	2) Worley, Abby	3) Collins, Kayne	4) Pham, Theophany
8 Rancho Bernardo High Scho	B	4:13.55	4:15.57 a
1) Bravo, Carolina JR	2) Shirley, Gabriella FR	3) Tudor, Helen FR	4) Wadley, Kelena FR
9 Westview High School Swim	B	4:22.01	4:20.92 a
1) Tripiano, Kate FR	2) Mordhorst, Grace JR	3) Mason, Charlotte FR	4) Lang, Maddie SR
10 San Pasqual High School	A	4:12.51	4:22.00 a
1) Dang, Megan SR	2) McDonald, Devon SO	3) Pulido, Nora SR	4) Eldrenkamp, Kiara SR
11 Poway High School	B	4:33.37	4:35.37 a
1) Le, Kacey	2) Jackson, Nateal	3) Cavaglieri, Hailey	4) Goldman, Ella
12 Mt. Carmel High School-CA	B	4:02.20	4:36.86 a
1) Weede, Katherine SR	2) Walker, Isabella FR	3) Trias, Madison FR	4) Purewal, Balhar FR
13 San Pasqual High School	B	4:40.61	5:25.96 a
1) Stout, Rhiannon JR	2) Duplan, Audrey FR	3) Acevedo, Gina JR	4) Ommen, Kristin SO
--- Del Norte High School	B	NT	DQ
1) Rozenkrants, Ellie SO	2) Ahuja, Naavya FR	3) Frye, Maggie JR	4) Partridge, Kylie FR

Event 22 Boys 400 Yard Freestyle Relay

Team	Relay	Prelim Time	Finals Time	Points
A - Final				
1 San Marcos	A	3:20.42	3:15.75	40
23.79 49.13 23.42 49.77	23.57 49.03 23.06 47.82			
2 Poway High School	A	3:21.82	3:20.09	34
24.48 50.99 24.09 50.63	23.74 49.32 21.58 49.15			
3 Del Norte High School	A	3:25.70	3:20.37	32
24.45 49.92 25.55 53.06	23.90 50.69 22.34 46.70			
4 Westview High School Swim	A	3:29.60	3:23.41	30
23.69 48.81 24.90 52.27	25.62 53.99 22.89 48.34			
5 Rancho Bernardo High Scho	A	3:32.52	3:26.52	28
23.92 49.87 24.02 50.99	26.04 55.00 24.08 50.66			
6 Mt. Carmel High School-CA	A	3:28.16	3:28.68	26
24.62 52.10 24.65 52.40	25.71 53.41 23.85 50.77			

**2022 Dual Meet -
Mt. Carmel High School vs
Results**

A - Final ... (Event 22 Boys 400 Yard Freestyle Relay)

Team	Relay	Prelim Time	Finals Time	Points
7 San Pasqual High School	A	3:35.88	3:34.75	24
25.62 52.27 27.20	57.97 25.43 53.84 23.79	50.67		

B - Final

9 San Marcos	B	3:30.50	3:27.65	18
26.30 53.85 25.61	53.07 24.57 50.59 23.73	50.14		
10 Poway High School	B	3:48.43	3:40.58	14
26.59 54.14 25.73	54.52 27.30 57.18 26.19	54.74		
11 Del Norte High School	B	3:55.72	3:45.31	12
27.52 57.36 28.00	56.63 25.84 55.50 25.94	55.82		
12 Rancho Bernardo High Scho	B	3:51.66	3:53.12	10
28.62 1:00.10 26.71	57.00 27.63 58.08 27.44	57.94		
13 San Pasqual High School	B	3:56.33	3:53.22	8
29.80 1:03.29 27.17	56.44 27.25 57.46 26.84	56.03		
14 Mt. Carmel High School-CA	B	4:00.69	3:54.64	6
25.68 54.26 29.45	1:03.89 27.94 58.89 27.11	57.60		

Event 22 Boys 400 Yard Freestyle Relay

Team	Relay	Seed Time	Prelim Time
Preliminaries			
1 San Marcos	A	3:22.00	3:20.42 a
1) Cairns, Joey SR	2) Kelly, Ryder JR	3) Toledo, Avenn SR	4) Hong, Nathaniel SR
2 Poway High School	A	3:23.10	3:21.82 a
1) Daza, Marcus	2) Lee, Joshua	3) McAulay, Ben	4) Struhs, James
3 Del Norte High School	A	3:06.10	3:25.70 a
1) Rousseau, Julien FR	2) Jaber, Khalil SO	3) Lucia, Nicolas JR	4) Chu, Jacob SO
4 Mt. Carmel High School-CA	A	3:23.10	3:28.16 a
1) Kaljevic, Simon SO	2) McGrath, Daniel SR	3) Kuleto, Ben FR	4) Kuleto, Tanner JR
5 Westview High School Swim	A	3:27.70	3:29.60 a
1) Wenger, Sebastien JR	2) Nguyen, Nathan JR	3) Carriles, Manuel SR	4) Nguyen, Nolan SR
6 San Marcos	B	3:35.00	3:30.50 a
1) James, Alexander SR	2) Tlalka, Kevin JR	3) Cairns, Jacob FR	4) Berry, Aidric FR
7 Rancho Bernardo High Scho	A	3:35.12	3:32.52 a
1) Evtimov, Simeon JR	2) Lazaroiu, Lucas SR	3) Nguyen, Alex SR	4) Pattison, Kieran SO
8 San Pasqual High School	A	3:35.84	3:35.88 a
1) Strother, Shade FR	2) Fiske, Joshua SR	3) Gannon, Kayden SO	4) Dang, Caden JR
9 Poway High School	B	3:41.86	3:48.43 a
1) Bayer, Max	2) Sprouse, Andrew	3) Griesi, Nico	4) Hedblad, Tyler
10 Rancho Bernardo High Scho	B	3:50.75	3:51.66 a
1) Tonthat, Minh SO	2) Thapa, Arnav SO	3) Fitton, Henry JR	4) Alessandro, Alvarez SR
11 Westview High School Swim	B	3:47.19	3:55.60 a
1) Kangas, Carter SR	2) Tran, Dylan FR	3) Snyder, Kai SO	4) Yang, Josh SO
12 Del Norte High School	B	NT	3:55.72 a
1) Nguyen, Jaden FR	2) Farre, Valentino SO	3) Kim, Caleb JR	4) Nguyen, Brian JR
13 San Pasqual High School	B	4:02.95	3:56.33 a
1) Thournburg, Sean SO	2) Chadwick, Britain SO	3) Burroughs, Joseph SO	4) Myers, Finn FR
14 Mt. Carmel High School-CA	B	3:30.90	4:00.69 a
1) Padrid, Miguel SR	2) Sanfilippo, Luca SO	3) Bi, Aaron SO	4) Poselenik, Nathan SO

Event 23 Girls 1 mtr Diving

Name	Yr	School	Finals Score	Points
1 Mosolgo, Anabella	SR	Westview High School Swim Team-(2.10	379.50
2 Kudo, Lauren	SO	San Marcos	331.45	370.25

**2022 Dual Meet -
Mt. Carmel High School vs
Results**

(Event 23 Girls 1 mtr Diving)

Name	Yr	School		Finals Score	Points
3 Gornall, Megan	SR	San Marcos	288.95	346.20	
4 Forbes, Lauren	SR	San Marcos	NP	303.40	
5 Hedges, Emily	FR	Mt. Carmel High School-CA	158.00	283.95	
6 Palanca, Gianna	JR	Del Norte High School	250.95	283.20	
7 D'Acquisto, Allie		Poway High School	NP	267.60	
8 Graves, Devyn	JR	Mt. Carmel High School-CA	178.00	241.70	
9 Pham, Hannah	FR	San Marcos	253.05	240.35	
10 Onepeng, Jada	25	Mt. Carmel High School-CA	NP	220.80	
11 Su, Karen		Rancho Bernardo High School	129.00	219.35	
12 Chang, Mia		Rancho Bernardo High School	127.90	218.70	
13 Kaelin, Chloe	SO	Westview High School Swim Team-(NP	213.30	
14 Peterson, Camryn		Poway High School	NP	211.25	
15 Molinari, Isabella	SO	Mt. Carmel High School-CA	174.00	199.60	
16 Bowman, Ava		Rancho Bernardo High School	115.89	163.10	
--- De La Rosa, Sofia	SO	San Marcos	NP	X235.35	

Event 24 Boys 1 mtr Diving

Name	Yr	School		Finals Score	Points
1 Liddle, Connor		Poway High School	NP	455.20	
2 Gardner, Noah	SO	Del Norte High School	NP	355.30	
3 Bentley, Ethan		Poway High School	NP	350.85	
4 Ferratt, Luke	SO	Rancho Bernardo High School	2.00	345.65	
5 Norris, Isaac	SO	Mt. Carmel High School-CA	227.86	308.90	
6 Seiter, Coleson	FR	Mt. Carmel High School-CA	168.00	281.95	
7 Raggo, Luke		Poway High School	NP	280.20	
8 Howes, Jackson		Rancho Bernardo High School	135.95	221.20	
9 Tasbas, Collin		Rancho Bernardo High School	152.80	202.35	

Scores - WomenWomen - Team Rankings - Through Event 24

1. San Marcos	532	2. Del Norte High School	361
3. Mt. Carmel High School	341	4. Rancho Bernardo High School	287
5. Poway High School	218	6. Westview High School Swim Team	178
7. San Pasqual High School	146		

Scores - MenMen - Team Rankings - Through Event 24

1. San Marcos	529	2. Del Norte High School	371
3. Poway High School	305	4. Mt. Carmel High School	249
5. Westview High School Swim Team	215	6. San Pasqual High School	208
7. Rancho Bernardo High School	204		