

Palomar League Championships 2018 - 5/3/2018
Results - Palomar League Championships 2018 Finals

Event 1 Girls 200 Yard Medley Relay

Team	Relay	Prelim Time	Finals Time
A - Final			
1 2-1 Mt. Carmel Swim & Dive	A	2:08.03	1:49.93
1) Fox, J M 25.90 31.19 27.48	2) Lam, L L 25.36	3) Abouchabki, M	4) Rowe, I G
2 2-2 Del Norte High School	A	1:56.53	1:51.88
1) Nguyen, K 28.60 32.46 25.88	2) Luu, I 24.94	3) Palmroos, M	4) Czajka, D
3 2-3 Rancho Bernardo High Schoc	A	1:58.71	1:56.29
1) McIver, H 29.25 31.51 28.58	2) Raagas, K 26.95	3) Nickerson, K	4) Hultner, N
4 2-4 Poway High School-CA	A	2:00.40	1:58.58
1) Jelsma, M 30.29 32.78 28.17	2) Schulze, N 27.34	3) Whitaker, M	4) Sunseri, M
5 2-5 Escondido Charter-CA	A	2:03.16	2:00.11
33.33 34.25 25.76	26.77		
6 2-6 Westview-SI	A	2:07.01	2:02.26
1) Heflinger, M 33.49 34.71 28.76	2) Kim, G 25.30	3) Lin, J	4) Heistand, E
B - Final			
9 1-1 Del Norte High School	B	2:06.25	1:56.47
1) Montoro, E 29.58 33.29 27.88	2) Kang, H 25.72	3) Cong, C	4) Blanchette, T
10 1-2 Rancho Bernardo High Schoc	B	2:03.52	2:02.65
1) Tetens, S 32.33 33.25 30.21	2) Doan, J 26.86	3) Tran, A	4) Liu, A
11 1-3 Mt. Carmel Swim & Dive	B	2:13.84	2:08.01
1) Gocal, P H 32.08 39.29 28.96	2) Cloes, K D 27.68	3) Smith, N C	4) Grazda, B V
12 1-4 Poway High School-CA	B	2:14.16	2:09.05
1) Timmerman, N 30.34 38.42 31.83	2) Hartvig, A 28.46	3) Pham, T	4) May, L
13 1-5 Westview-SI	B	2:09.21	2:09.24
1) Lau, H 34.58 33.65 33.26	2) Stannard, T 27.75	3) Powell, I	4) He, S
14 1-6 Escondido Charter-CA	B	2:39.95	2:39.37
41.77 47.37 38.77	31.46		

Event 2 Boys 200 Yard Medley Relay

Team	Relay	Prelim Time	Finals Time
A - Final			
1 2-1 Poway High School-CA	A	1:40.42	1:37.11
1) Crotty, S	2) Timmerman, T	3) Blihorn, R	4) Huffman, B
2 2-2 Westview-SI	A	1:47.06	1:41.71
1) Wenger, J	2) Ho, C	3) Steel, A	4) Apsey, D
3 2-3 Mt. Carmel Swim & Dive	A	1:54.08	1:46.36
1) Makepeace, M R	2) Stanton, L B	3) Seyoum, A A	4) Spiking, T R
4 2-4 Rancho Bernardo High Schoc	A	1:46.22	1:46.45
1) Haberman, B	2) Rout, J	3) Alvidrez, M	4) Ho, A
5 2-5 Del Norte High School	A	1:52.56	1:47.55
1) Dimagiba, P	2) Leon, J	3) Yoo, T	4) Davis, B
6 2-6 Escondido Charter-CA	A	2:07.08	2:05.81
1) Torres, V	2) Stephens, C	3) Smigal, A	4) Gaggle, C

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B - Final ... (Event 2 Boys 200 Yard Medley Relay)

Team	Relay	Prelim Time	Finals Time
B - Final			
9 1-1 Poway High School-CA	B	1:48.01	1:46.08
1) Penarejo, A	2) Cain, S	3) Vivona, T	4) Rath, Z
10 1-2 Mt. Carmel Swim & Dive	B	2:00.35	1:47.58
1) Cloes, B C	2) Hughes, C L	3) Crosby, J D	4) Godin, T
11 1-3 Rancho Bernardo High Schoc	B	1:52.84	1:50.43
1) Al Lzawi, A	2) Zeng, D	3) Ford, T	4) Don, R
12 1-4 Del Norte High School	B	1:57.09	1:57.81
1) Glozman, D	2) He, M	3) Kirtland, J T	4) Facchini, J M

Event 3 Girls 200 Yard Freestyle

Name	School	Prelim Time	Finals Time
A - Final			
1 2-1 Marsh, H	Poway High School-CA	1:59.67	1:56.17
27.43 29.28 29.66 29.80			
2 2-2 Cecchetto, C	Del Norte High School	2:00.14	1:56.50
27.54 29.44 30.44 29.08			
3 2-3 Kidd, K M	Mt. Carmel Swim & Dive	1:59.63	1:59.45
27.64 29.84 30.71 31.26			
4 2-4 Rowe, I G	Mt. Carmel Swim & Dive	2:02.19	2:01.86
28.02 30.13 31.51 32.20			
5 2-5 Whitaker, M	Poway High School-CA	2:08.91	2:02.83
28.38 30.67 31.51 32.27			
6 2-6 Gates, K	Escondido Charter-CA	2:06.02	2:04.03
28.75 31.38 32.28 31.62			
7 2-7 Seyoum, N A	Mt. Carmel Swim & Dive	2:08.14	2:07.14
28.98 31.33 32.85 33.98			
8 2-8 Kapp, M L	Mt. Carmel Swim & Dive	2:07.54	2:07.82
29.22 31.61 33.27 33.72			
B - Final			
9 1-1 Timmerman, N	Poway High School-CA	2:10.22	2:03.71
1:01.19 32.13 30.45			
10 1-2 Montoro, E	Del Norte High School	2:11.71	2:05.07
1:00.41 32.48 32.27			
11 1-3 Owens, S	Westview-SI	2:11.80	2:09.79
1:00.06 34.37 35.37			
12 1-4 Derunes, J	Westview-SI	2:09.09	2:10.30
1:02.11 34.00 34.25			
13 1-5 Tetens, S	Rancho Bernardo High School	2:09.38	2:10.85
1:03.63 34.40 33.06			
14 1-6 Schirmacher, N	Del Norte High School	2:19.06	2:17.15
1:06.15 35.65 35.34 0.01			
15 1-7 Vestal, G	Del Norte High School	2:16.45	2:18.45
31.64 34.79 36.27 35.75			
16 1-8 Walden, B	Rancho Bernardo High School	2:20.23	2:21.48
32.65 36.16 37.24 35.43			

Event 4 Boys 200 Yard Freestyle

Name	School	Prelim Time	Finals Time
A - Final			
1 2-1 Sauter, J	Del Norte High School	1:43.86	1:42.83
24.06 25.95 25.89 26.93			
2 2-2 Smigal, A	Escondido Charter-CA	1:46.41	1:45.07
24.49 26.57 27.30 26.71			

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A - Final ... (Event 4 Boys 200 Yard Freestyle)

Name	School	Prelim Time	Finals Time
3 2-3 Smith, E C 24.65 26.64 27.78 26.24	Mt. Carmel Swim & Dive	1:47.64	1:45.31
4 2-4 Looksbrock, T 24.55 26.80 27.41 28.04	Poway High School-CA	1:48.47	1:46.80
5 2-5 Crotty, S 25.37 27.35 28.09 27.94	Poway High School-CA	1:51.09	1:48.75
6 2-6 Kaljevic, T O 25.78 28.42 30.10 29.57	Mt. Carmel Swim & Dive	1:52.52	1:53.87
7 2-7 Godin, T 26.16 28.81 30.33 29.36	Mt. Carmel Swim & Dive	1:56.77	1:54.66
8 2-8 Lazaroiu, A 26.50 28.74 30.12 30.31	Rancho Bernardo High School	1:54.86	1:55.67

B - Final

9 1-1 Simeroth, J 26.65 30.14 30.66 30.86	Del Norte High School	1:58.61	1:58.31
10 1-2 Bergmark, J 28.13 30.40 30.92 30.77	Rancho Bernardo High School	2:02.35	2:00.22
11 1-3 Edelstein, N 28.07 30.55 31.63 31.60	Poway High School-CA	2:06.75	2:01.85
12 1-4 Eibeck, E S 27.51 30.95 32.30 31.45	Mt. Carmel Swim & Dive	2:04.77	2:02.21
13 1-5 Rose, D 28.31 31.44 33.35 31.32	Rancho Bernardo High School	2:04.10	2:04.42
14 1-6 Holbel, A 28.72 31.81 32.64 31.51	Del Norte High School	2:07.86	2:04.68
15 1-7 Huang, T 28.55 31.95 32.98 31.25	Del Norte High School	2:05.60	2:04.73
16 1-8 Papworth, W 29.48 32.79 33.01 31.53	Westview-SI	2:08.96	2:06.81

Event 5 Girls 200 Yard IM

Name	School	Prelim Time	Finals Time
A - Final			
1 2-1 Nguyen, K 28.51 32.52 39.38 31.15	Del Norte High School	2:15.77	2:11.56
2 2-2 Lam, L L 28.32 35.89 38.33 33.15	Mt. Carmel Swim & Dive	2:19.72	2:15.69
3 2-3 Raagas, K 30.01 34.49 39.26 32.32	Rancho Bernardo High School	2:19.85	2:16.08
4 2-4 Schulze, N 29.62 38.65 38.68 31.24	Poway High School-CA	2:20.00	2:18.19
5 2-5 Cong, C 29.04 36.50 40.95 32.62	Del Norte High School	2:22.65	2:19.11
6 2-6 Luu, I 30.96 37.46 38.61 32.39	Del Norte High School	2:23.48	2:19.42
7 2-7 Smith, N C 28.84 35.04 44.11 32.21	Mt. Carmel Swim & Dive	2:21.06	2:20.20
8 2-8 Langat, I 30.80 36.30 40.83 33.64	Escondido Charter-CA	2:22.46	2:21.57
B - Final			
9 1-1 Doan, J 31.31 36.34 40.29 33.54	Rancho Bernardo High School	2:24.39	2:21.48
10 1-2 Nickerson, K 29.77 37.75 43.01 32.51	Rancho Bernardo High School	2:24.07	2:23.04

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B - Final ... (Event 5 Girls 200 Yard IM)

Name	School	Prelim Time	Finals Time
11 1-3 Smigal, M 31.70 39.25 41.02 34.05	Escondido Charter-CA	2:32.93	2:26.02
12 1-4 Sengsourinho, C 31.62 35.78 47.90 35.62	Mt. Carmel Swim & Dive	2:29.75	2:30.92
13 1-5 Liu, A 32.75 39.45 44.69 35.39	Rancho Bernardo High School	2:29.10	2:32.28
14 1-6 Lau, H 33.14 39.01 44.93 37.19	Westview-SI	2:34.70	2:34.27
15 1-7 Gocal, P H 35.65 39.67 46.56 34.58	Mt. Carmel Swim & Dive	2:34.80	2:36.46
--- 1- Wong, A 31.49 39.76 47.16 37.40	Del Norte High School	2:34.02	DQ

Event 6 Boys 200 Yard IM

Name	School	Prelim Time	Finals Time
A - Final			
1 2-1 Humbert, D 24.18 30.49 35.22 28.12	Del Norte High School	1:59.36	1:58.01
2 2-2 Ho, C 25.97 30.29 35.20 27.92	Westview-SI	2:06.07	1:59.38
3 2-3 Apsey, D 25.48 29.98 36.37 27.94	Westview-SI	2:02.30	1:59.77
4 2-4 Blihorn, R 25.91 32.10 36.70 29.02	Poway High School-CA	2:10.39	2:03.73
5 2-5 Monge, C 26.18 31.96 37.14 29.18	Poway High School-CA	2:07.86	2:04.46
6 2-6 Alvidrez, M 26.66 32.59 36.23 30.46	Rancho Bernardo High School	2:07.86	2:05.94
7 2-7 Haberman, B 28.68 30.72 40.61 30.84	Rancho Bernardo High School	2:11.67	2:10.85
8 2-8 Rout, J 27.34 33.98 40.10 37.89	Rancho Bernardo High School	2:09.75	2:19.31
B - Final			
9 1-1 Hughes, C L 27.44 31.10 36.35 31.23	Mt. Carmel Swim & Dive	2:12.08	2:06.12
10 1-2 Dimagiba, P 27.72 33.39 38.32 31.27	Del Norte High School	2:12.10	2:10.70
11 1-3 Zeng, D 28.18 32.37 40.64 31.37	Rancho Bernardo High School	2:14.75	2:12.56
12 1-4 Cloes, B C 28.27 32.57 40.58 31.23	Mt. Carmel Swim & Dive	2:19.30	2:12.65
13 1-5 He, M 28.94 36.27 38.15 31.30	Del Norte High School	2:15.57	2:14.66
14 1-6 Stanton, L B 28.58 39.07 37.08 32.46	Mt. Carmel Swim & Dive	2:15.23	2:17.19
15 1-7 Stephens, C 28.63 35.89 42.50 32.09	Escondido Charter-CA	2:17.28	2:19.11
16 1-8 Seyoum, A A 28.24 36.46 43.43 31.44	Mt. Carmel Swim & Dive	2:17.76	2:19.57

Event 7 Girls 50 Yard Freestyle

Name	School	Prelim Time	Finals Time
A - Final			
1 2-1 Gharbaoui, L M	Mt. Carmel Swim & Dive	24.38	23.54

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A - Final ... (Event 7 Girls 50 Yard Freestyle)

Name	School	Prelim Time	Finals Time
2 2-2 Shields, T	Escondido Charter-CA	24.93	24.48
3 2-3 Czajka, D	Del Norte High School	25.64	25.01
4 2-4 Eisenbraun, K	Rancho Bernardo High School	25.39	25.02
5 2-5 Torgerson, K	Poway High School-CA	25.60	25.35
6 2-6 Palmroos, M	Del Norte High School	26.11	25.48
7 2-7 Kellerman, G	Poway High School-CA	26.20	25.64
8 2-8 Abouchabki, M	Mt. Carmel Swim & Dive	26.04	25.91

B - Final

9 1-1 Deck, B	Del Norte High School	26.61	26.09
10 1-2 Heistand, E	Westview-SI	26.23	26.12
11 1-3 Blanchette, T	Del Norte High School	26.54	26.39
*12 1-4 Don, I	Rancho Bernardo High School	28.13	27.58
*12 1-4 Sunseri, M	Poway High School-CA	27.79	27.58
14 1-6 Polonichko, S I	Mt. Carmel Swim & Dive	28.36	27.63
15 1-7 Grazda, B V	Mt. Carmel Swim & Dive	27.64	28.04
16 1-8 Hall, C	Westview-SI	28.74	28.70

Event 8 Boys 50 Yard Freestyle

Name	School	Prelim Time	Finals Time
A - Final			
1 2-1 Huffman, B	Poway High School-CA	21.31	21.48
2 2-2 Kidd, C K	Mt. Carmel Swim & Dive	22.39	22.04
3 2-3 Timmerman, T	Poway High School-CA	22.40	22.26
4 2-4 Gent, E W	Mt. Carmel Swim & Dive	23.42	22.98
5 2-5 Spiking, T R	Mt. Carmel Swim & Dive	22.41	23.01
6 2-6 Yoo, T	Del Norte High School	23.10	23.08
7 2-7 Davis, B	Del Norte High School	24.03	23.60
8 2-8 Frazier, J	Westview-SI	24.11	23.64

B - Final

9 1-1 Ho, A	Rancho Bernardo High School	24.39	24.07
10 1-2 Gerdji, D	Westview-SI	24.93	24.86
11 1-3 Ilnitsky, D	Poway High School-CA	25.51	24.92
12 1-4 Lee, S	Westview-SI	25.64	25.00
13 1-5 Kirouski, J	Poway High School-CA	25.67	25.25
14 1-6 Don, R	Rancho Bernardo High School	25.40	25.63
15 1-7 Lestyk, J	Westview-SI	25.72	26.09
16 1-8 Schnecker, J T	Mt. Carmel Swim & Dive	26.06	26.11

Event 9 Girls 100 Yard Butterfly

Name	School	Prelim Time	Finals Time
A - Final			
1 2-1 Fox, J M 25.71 30.06	Mt. Carmel Swim & Dive	57.89	55.77
2 2-2 Shields, T 26.72 30.12	Escondido Charter-CA	58.78	56.84
3 2-3 Palmroos, M 27.29 31.78	Del Norte High School	1:00.07	59.07
4 2-4 Jelsma, M 28.42 31.75	Poway High School-CA	1:00.65	1:00.17
5 2-5 Whitley, S 28.42 33.27	Poway High School-CA	1:02.29	1:01.69
6 2-6 Eisenbraun, K 28.98 33.37	Rancho Bernardo High School	1:02.24	1:02.35

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A - Final ... (Event 9 Girls 100 Yard Butterfly)

Name	School	Prelim Time	Finals Time
7 2-7 Wu, C 29.27 33.12	Del Norte High School	1:02.67	1:02.39
8 2-8 Schulze, N 29.94 33.78	Poway High School-CA	1:01.68	1:03.72
B - Final			
9 1-1 Cong, C 28.57 31.84	Del Norte High School	1:03.84	1:00.41
10 1-2 McIver, H 28.10 32.56	Rancho Bernardo High School	1:02.83	1:00.66
11 1-3 Whitaker, M 28.69 33.83	Poway High School-CA	1:05.65	1:02.52
12 1-4 Smith, N C 28.93 34.56	Mt. Carmel Swim & Dive	1:04.53	1:03.49
13 1-5 Hultner, N 29.89 33.96	Rancho Bernardo High School	1:04.11	1:03.85
14 1-6 Nickerson, K 29.72 35.89	Rancho Bernardo High School	1:05.67	1:05.61
15 1-7 Lin, J 31.41 35.76	Westview-SI	1:09.01	1:07.17
16 1-8 He, S 31.83 39.00	Westview-SI	1:11.35	1:10.83

Event 10 Boys 100 Yard Butterfly

Name	School	Prelim Time	Finals Time
A - Final			
1 2-1 Humbert, D 24.16 28.31	Del Norte High School	53.20	52.47
2 2-2 Ho, C 25.78 28.33	Westview-SI	55.56	54.11
3 2-3 Berkebile, N 25.46 28.83	Del Norte High School	54.99	54.29
4 2-4 Alvidrez, M 26.28 29.86	Rancho Bernardo High School	58.02	56.14
5 2-5 Makepeace, M R 26.66 29.91	Mt. Carmel Swim & Dive	57.09	56.57
6 2-6 Vivona, T 27.10 31.92	Poway High School-CA	58.73	59.02
7 2-7 Seyoum, A A 27.31 32.03	Mt. Carmel Swim & Dive	59.99	59.34
B - Final			
9 1-1 Edelstein, N 28.52 33.00	Poway High School-CA	1:01.46	1:01.52
10 1-2 Ford, T 28.36 33.39	Rancho Bernardo High School	1:01.90	1:01.75
11 1-3 Kirtland, J T 28.74 33.63	Del Norte High School	1:01.69	1:02.37
12 1-4 Crosby, J D 28.03 34.64	Mt. Carmel Swim & Dive	1:03.81	1:02.67
13 1-5 Don, R 28.53 34.51	Rancho Bernardo High School	1:01.10	1:03.04
14 1-6 LU, C 29.09 35.11	Westview-SI	1:07.15	1:04.20
15 1-7 Laughnan, B 29.13 35.29	Poway High School-CA	1:06.06	1:04.42

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B - Final ... (Event 10 Boys 100 Yard Butterfly)

Name	School	Prelim Time	Finals Time
16 1-8 Jamshidi, O 29.94 36.30	Westview-SI	1:10.38	1:06.24

Event 11 Girls 100 Yard Freestyle

Name	School	Prelim Time	Finals Time
A - Final			
1 2-1 Gharbaoui, L M 24.77 26.64	Mt. Carmel Swim & Dive	53.46	51.41
2 2-2 Czajka, D 26.08 27.70	Del Norte High School	55.94	53.78
3 2-3 Kidd, K M 26.59 28.25	Mt. Carmel Swim & Dive	55.57	54.84
4 2-4 Torgerson, K 26.34 28.61	Poway High School-CA	56.77	54.95
5 2-5 Kellerman, G 26.59 28.83	Poway High School-CA	57.23	55.42
6 2-6 Deck, B 27.07 29.26	Del Norte High School	58.41	56.33
7 2-7 Abouchabki, M 27.33 29.19	Mt. Carmel Swim & Dive	57.02	56.52
8 2-8 Pena, E 27.26 30.30	Rancho Bernardo High School	57.33	57.56
B - Final			
9 1-1 Heistand, E 27.37 29.41	Westview-SI	58.87	56.78
10 1-2 Owens, S 28.22 30.45	Westview-SI	1:00.71	58.67
11 1-3 Shields, T 28.67 30.63	Escondido Charter-CA	59.32	59.30
12 1-4 Blanchette, T 28.81 30.92	Del Norte High School	59.16	59.73
13 1-5 Sunseri, M 29.82 32.08	Poway High School-CA	1:01.93	1:01.90
14 1-6 Logan, K 29.40 33.28	Mt. Carmel Swim & Dive	1:02.44	1:02.68
*15 1-7 Gonzales, A 30.12 33.54	Del Norte High School	1:03.15	1:03.66
*15 1-7 He, M 30.51 33.15	Poway High School-CA	1:02.49	1:03.66

Event 12 Boys 100 Yard Freestyle

Name	School	Prelim Time	Finals Time
A - Final			
1 2-1 Looksbrock, T	Poway High School-CA	48.96	48.47
2 2-2 Rath, Z	Poway High School-CA	50.48	48.69
3 2-3 Steel, A	Westview-SI	51.18	49.04
4 2-4 Spiking, T R	Mt. Carmel Swim & Dive	51.00	50.28
5 2-5 Kaljevic, T O	Mt. Carmel Swim & Dive	51.32	51.33
6 2-6 Leon, J	Del Norte High School	51.91	51.36
7 2-7 Gent, E W	Mt. Carmel Swim & Dive	51.82	52.01
8 2-8 Frazier, J	Westview-SI	52.30	52.47

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B - Final ... (Event 12 Boys 100 Yard Freestyle)

Name	School	Prelim Time	Finals Time
B - Final			
9 1-1 Al Lzawi, A 25.00 27.71	Rancho Bernardo High School	53.28	52.71
10 1-2 Stephens, C 25.30 27.98	Escondido Charter-CA	54.07	53.28
11 1-3 Simeroth, J 25.89 27.69	Del Norte High School	54.61	53.58
12 1-4 Huang, T 26.04 28.14	Del Norte High School	55.55	54.18
13 1-5 Ho, A 25.28 29.02	Rancho Bernardo High School	54.60	54.30
14 1-6 Perry, O S 26.72 29.29	Mt. Carmel Swim & Dive	57.74	56.01
15 1-7 McAulay, C 26.40 29.66	Poway High School-CA	55.19	56.06

Event 13 Girls 500 Yard Freestyle

Name	School	Prelim Time	Finals Time
A - Final			
1 2-1 Marsh, H 28.17 30.04 30.43 30.69 30.57 30.65 30.72 31.46 1:05.81	Poway High School-CA	5:16.24	5:06.89
2 2-2 Cecchetto, C 28.26 30.01 30.75 30.95 31.54 31.93 32.36 32.74 1:03.39	Del Norte High School	5:23.97	5:11.93
3 2-3 Whitley, S 28.89 31.94 33.37 33.55 33.21 33.94 33.99 33.65 1:02.85	Poway High School-CA	5:36.52	5:25.25
4 2-4 Gates, K 29.39 32.39 33.10 32.82 33.12 32.81 33.08 33.69 1:05.07 0.08	Escondido Charter-CA	5:38.47	5:25.55
5 2-5 Rowe, I G 29.70 32.34 33.02 33.48 33.38 33.22 33.67 33.88 1:05.66 0.05	Mt. Carmel Swim & Dive	5:26.87	5:28.40
6 2-6 Hultner, N 30.38 32.76 33.63 34.23 34.39 34.33 34.35 1:41.15 17.30	Rancho Bernardo High School	5:37.54	5:35.23
7 2-7 Derunes, J 30.17 33.28 33.93 34.69 34.81 34.40 34.84 1:45.80 15.27	Westview-SI	5:46.46	5:41.87
8 2-8 Kapp, M L 30.88 33.36 34.18 34.94 35.32 35.97 36.36 1:12.61 34.94	Mt. Carmel Swim & Dive	5:47.56	5:48.53
B - Final			
9 1-1 Seyoum, N A 30.67 33.72 34.78 35.08 35.40 35.50 36.14 35.97 36.09 35.51	Mt. Carmel Swim & Dive	5:51.48	5:48.86
10 1-2 Chen, G 30.75 33.41 34.78 35.67 36.00 36.03 37.15 37.18 35.81 34.18	Del Norte High School	5:56.28	5:50.96
11 1-3 Tetens, S 32.94 37.04 36.11 36.77 36.96 35.09 35.54 35.52 35.54 32.69	Rancho Bernardo High School	6:00.35	5:54.20

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B - Final ... (Event 13 Girls 500 Yard Freestyle)

Name	School	Prelim Time	Finals Time
12 1-4 Vestal, G	Del Norte High School	6:05.13	6:06.20
32.14 35.49 36.63	36.66 37.30 37.87 37.34	37.96	
38.57 36.24			
13 1-5 Osawa, R	Del Norte High School	6:05.03	6:06.57
32.59 35.92 36.99	37.18 37.29 37.66 37.72	37.53	
37.47 36.22			
14 1-6 Tran, A	Rancho Bernardo High School	6:11.60	6:10.49
32.38 36.09 37.47	37.17 38.08 38.16 37.92	37.76	
37.70 37.76			
15 1-7 Do, E	Westview-SI	6:17.22	6:15.62
32.51 35.30 36.95	37.26 38.38 38.51 39.38	39.52	
39.26 38.55			
16 1-8 Walden, B	Rancho Bernardo High School	6:24.45	6:21.83
35.21 37.97 38.17	38.82 38.94 39.13 38.78	39.09	
39.01 36.71			

Event 14 Boys 500 Yard Freestyle

Name	School	Prelim Time	Finals Time
A - Final			
1 2-1 Sauter, J	Del Norte High School	4:41.05	4:40.14
25.03 27.15 27.90	28.03 28.21 28.56 28.86	29.16	
29.22 28.02			
2 2-2 Smigal, A	Escondido Charter-CA	4:43.59	4:41.23
25.48 27.24 27.92	28.53 28.57 29.26 29.09	28.97	
29.04 27.13			
3 2-3 Apsey, D	Westview-SI	4:52.70	4:41.62
25.82 28.10 28.39	28.87 28.87 28.58 28.60	28.97	
28.48 26.94			
4 2-4 Smith, E C	Mt. Carmel Swim & Dive	4:51.19	4:56.94
25.48 27.64 28.58	30.18 30.83 31.05 31.32	31.17	
31.39 29.30			
5 2-5 Rath, Z	Poway High School-CA	5:07.73	4:57.18
26.45 29.42 30.03	30.22 30.27 30.58 30.68	30.84	
30.25 28.44			
6 2-6 Wenger, J	Westview-SI	5:04.96	4:59.57
26.47 29.59 29.92	30.20 30.58 30.28 30.80	31.06	
30.86 29.81			
7 2-7 Lazaroiu, A	Rancho Bernardo High School	5:07.29	5:03.10
27.27 29.96 30.39	30.78 30.50 30.99 31.08	30.96	
31.45 29.72			
8 2-8 Blihorn, R	Poway High School-CA	5:10.23	5:03.29
25.94 29.15 30.11	30.94 31.25 31.67 31.63	31.67	
32.20 28.73			
B - Final			
9 1-1 Monge, C	Poway High School-CA	5:10.93	5:02.04
26.00 28.88 29.98	30.45 30.48 30.70 31.59	31.83	
30.98 31.15			
10 1-2 Godin, T	Mt. Carmel Swim & Dive	5:10.83	5:13.25
27.93 31.64 31.71	32.05 31.86 32.14 32.17	1:03.94	
29.83			
11 1-3 Logan, G	Westview-SI	5:19.72	5:18.43
28.24 31.19 32.03	31.92 31.66 32.43 32.24	1:05.50	
33.18 0.04			

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B - Final ... (Event 14 Boys 500 Yard Freestyle)

Name	School	Prelim Time	Finals Time
12 1-4 McAulay, C 29.26 32.03 32.60	Poway High School-CA 1:07.90 34.41 35.46	1:08.04 31.89	5:37.39 5:31.59
13 1-5 Ford, T 29.69 32.83 33.97	Rancho Bernardo High School 1:09.96 35.08 35.93	35.32 34.98	5:40.81 5:41.14
14 1-6 Papworth, W 30.42 33.74 35.06	Westview-SI 35.26 35.46 35.81	35.81 35.26	5:41.17 5:42.30
15 1-7 Rose, D 29.91 33.73 34.95	Rancho Bernardo High School 35.09 35.70 35.19	35.71 35.97	5:39.87 5:42.55
16 1-8 Shabel, J E 29.67 33.31 35.32	Mt. Carmel Swim & Dive 35.41 35.39 35.11	35.63 35.74	5:42.71 5:43.66
35.11 32.97			

Event 15 Girls 200 Yard Freestyle Relay

Team	Relay	Prelim Time	Finals Time
A - Final			
1 2-1 Mt. Carmel Swim & Dive 1) Lam, L L 25.39 25.98 25.32	A 2) Abouchabki, M 23.86	3) Kidd, K M	1:52.22 1:40.55
2 2-2 Del Norte High School 1) Blanchette, T 26.32 25.26 25.00	A 2) Wu, C 24.69	3) Palmroos, M	1:45.88 1:41.27
3 2-3 Poway High School-CA 1) Marsh, H 26.17 25.48 25.55	A 2) Whitley, S 24.95	3) Kellerman, G	1:45.03 1:42.15
4 2-4 Rancho Bernardo High Schoc 1) Pena, E 25.94 26.27 26.40	A 2) McIver, H 26.42	3) Raagas, K	1:48.23 1:45.03
5 2-5 Westview-SI 1) Owens, S 27.28 27.92 28.87	A 2) He, S 29.26	3) Clarkson, S	1:57.09 1:53.33
6 2-6 Escondido Charter-CA 1) Smigal, M 28.25 30.10 31.57	A 2) Dambrosi, F 29.09	3) Ashforth, K	2:01.84 1:59.01
4) Langat, I			
B - Final			
9 1-1 Del Norte High School 1) Chen, G 26.81 27.24 26.27	B 2) Cruz, C 26.05	3) Cecchetto, C	1:48.87 1:46.37
10 1-2 Mt. Carmel Swim & Dive 1) Park, J S 28.57 27.91 27.68	B 2) Sengsourinho, C 26.59	3) Grazda, B V	2:02.71 1:50.75
11 1-3 Rancho Bernardo High Schoc 1) Don, I 28.16 27.43 29.15	B 2) Liu, A 28.61	3) Huynh, A	1:54.64 1:53.35
12 1-4 Westview-SI 1) Nelson, B 27.21 28.60 29.70	B 2) Lin, J 28.66	3) Do, E	1:56.40 1:54.17
13 1-5 Poway High School-CA 1) Pham, T 29.33 29.66 30.14	B 2) He, M 29.72	3) Nguyen, E	1:58.91 1:58.85
4) May, L			

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Event 16 Boys 200 Yard Freestyle Relay

Team	Relay	Prelim Time	Finals Time
A - Final			
1 2-1 Poway High School-CA 1) Timmerman, T	A 2) Crotty, S	1:29.64	1:26.63
2 2-2 Del Norte High School 1) Humbert, D	A 2) Yoo, T	1:33.85	1:29.32
3 2-3 Mt. Carmel Swim & Dive 1) Kidd, C K	A 2) Perry, O S	1:47.04	1:33.10
4 2-4 Rancho Bernardo High Schoc 1) Ho, A	A 2) Alvidrez, M	1:38.63	1:36.47
5 2-5 Westview-SI 1) Nguyen, D	A 2) Lee, S	1:40.14	1:40.28
6 2-6 Escondido Charter-CA 1) Peterson, K	A 2) Kennedy, N	2:10.94	2:03.57
3) Looksbrock, T			4) Huffman, B
3) Berkebille, N			4) Sauter, J
3) Gent, E W			4) Smith, E C
3) Rout, J			4) Lazaroiu, A
3) Gerdji, D			4) Lestyk, J
3) Gagle, C			4) Jacobsen, E
B - Final			
9 1-1 Mt. Carmel Swim & Dive 1) Kaljevic, T O	B 2) Godin, T	1:51.04	1:36.43
10 1-2 Del Norte High School 1) Glozman, D	B 2) Simeroth, J	1:40.68	1:38.07
11 1-3 Poway High School-CA 1) Bartholomeusz, J	B 2) Von Ehrenstine-Smith, E	1:42.72	1:38.90
12 1-4 Rancho Bernardo High Schoc 1) Bergmark, J	B 2) Beauchamp, M	1:43.93	1:43.07
13 1-5 Westview-SI 1) Zhang, E	B 2) Papworth, W	1:45.90	1:45.02
3) Crosby, J D			4) Eibeck, E S
3) Huang, T			4) Davis, B
3) Laughnan, B			4) Fastner, M
3) Ford, T			4) Rose, D
3) Logan, G			4) Huynh, K

Event 17 Girls 100 Yard Backstroke

Name	School	Prelim Time	Finals Time
A - Final			
1 2-1 Fox, J M 26.81 28.45	Mt. Carmel Swim & Dive	57.21	55.26
2 2-2 Nguyen, K 29.76 30.79	Del Norte High School	1:02.69	1:00.55
3 2-3 McIver, H 29.71 31.05	Rancho Bernardo High School	1:04.23	1:00.76
4 2-4 Jelsma, M 30.83 32.27	Poway High School-CA	1:05.14	1:03.10
5 2-5 Wu, C 31.08 32.60	Del Norte High School	1:04.64	1:03.68
6 2-6 Pena, E 31.72 33.74	Rancho Bernardo High School	1:05.58	1:05.46
7 2-7 Sengsourinho, C 32.34 33.41	Mt. Carmel Swim & Dive	1:06.61	1:05.75
8 2-8 Gocal, P H 33.38 33.83	Mt. Carmel Swim & Dive	1:07.25	1:07.21
B - Final			
9 1-1 Timmerman, N 31.54 31.94	Poway High School-CA	1:08.09	1:03.48
10 1-2 Montoro, E 32.26 33.50	Del Norte High School	1:07.46	1:05.76
11 1-3 Chen, G 33.00 35.35	Del Norte High School	1:09.26	1:08.35
12 1-4 Tran, A 33.85 35.23	Rancho Bernardo High School	1:09.21	1:09.08

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B - Final ... (Event 17 Girls 100 Yard Backstroke)

Name	School	Prelim Time	Finals Time
13 1-5 Shields, T 34.52 35.51	Escondido Charter-CA	1:10.68	1:10.03
14 1-6 Lau, H 34.29 35.76	Westview-SI	1:10.36	1:10.05
15 1-7 Polonichko, S I 35.02 36.82	Mt. Carmel Swim & Dive	1:11.38	1:11.84
16 1-8 Pham, T 34.78 37.61	Poway High School-CA	1:13.59	1:12.39

Event 18 Boys 100 Yard Backstroke

Name	School	Prelim Time	Finals Time
A - Final			
1 2-1 Crotty, S 26.22 27.03	Poway High School-CA	56.04	53.25
2 2-2 Kidd, C K 26.04 28.27	Mt. Carmel Swim & Dive	55.24	54.31
3 2-3 Berkebile, N 27.22 28.44	Del Norte High School	56.74	55.66
4 2-4 Wenger, J 27.09 28.80	Westview-SI	58.21	55.89
5 2-5 Haberman, B 28.38 29.77	Rancho Bernardo High School	58.33	58.15
6 2-6 Makepeace, M R 28.57 29.61	Mt. Carmel Swim & Dive	59.55	58.18
7 2-7 Cloes, B C 28.62 30.26	Mt. Carmel Swim & Dive	1:00.51	58.88
8 2-8 Al Lzawi, A 29.30 31.12	Rancho Bernardo High School	1:00.74	1:00.42
B - Final			
9 1-1 Penarejo, A 29.30 31.83	Poway High School-CA	1:03.12	1:01.13
10 1-2 Dimagiba, P 30.30 32.64	Del Norte High School	1:06.06	1:02.94
11 1-3 Fastner, M 30.36 33.70	Poway High School-CA	1:04.48	1:04.06
12 1-4 Bergmark, J 32.65 33.55	Rancho Bernardo High School	1:07.27	1:06.20
13 1-5 Vivona, T 32.66 33.68	Poway High School-CA	1:07.80	1:06.34
14 1-6 Kredich, S R 33.20 34.57	Del Norte High School	1:04.08	1:07.77
15 1-7 Jamshidi, O 33.93 36.09	Westview-SI	1:11.39	1:10.02
16 1-8 Shabel, J E 34.36 36.17	Mt. Carmel Swim & Dive	1:11.76	1:10.53

Event 19 Girls 100 Yard Breaststroke

Name	School	Prelim Time	Finals Time
A - Final			
1 2-1 Lam, L L 31.69 36.39	Mt. Carmel Swim & Dive	1:08.75	1:08.08
2 2-2 Raagas, K 32.54 36.50	Rancho Bernardo High School	1:10.80	1:09.04

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A - Final ... (Event 19 Girls 100 Yard Breaststroke)

Name	School	Prelim Time	Finals Time
3 2-3 Luu, I 33.40 37.32	Del Norte High School	1:13.52	1:10.72
4 2-4 Langat, I 33.92 38.16	Escondido Charter-CA	1:13.27	1:12.08
5 2-5 Smigal, M 33.94 38.47	Escondido Charter-CA	1:14.30	1:12.41
6 2-6 Doan, J 34.25 38.28	Rancho Bernardo High School	1:13.82	1:12.53
7 2-7 Stannard, T 34.30 39.38	Westview-SI	1:16.33	1:13.68
8 2-8 Kang, H 35.44 39.79	Del Norte High School	1:15.64	1:15.23

B - Final

9 1-1 Don, I 35.91 40.39	Rancho Bernardo High School	1:18.40	1:16.30
10 1-2 Kim, G 34.87 41.98	Westview-SI	1:17.98	1:16.85
11 1-3 Powell, I 36.60 40.76	Westview-SI	1:18.04	1:17.36
12 1-4 Liu, A 36.61 40.83	Rancho Bernardo High School	1:17.39	1:17.44
13 1-5 May, L 37.61 42.15	Poway High School-CA	1:22.20	1:19.76
14 1-6 Jessie, N 38.04 41.74	Del Norte High School	1:21.57	1:19.78
15 1-7 Brown, D 39.37 43.45	Del Norte High School	1:22.68	1:22.82
16 1-8 Cloes, K D 39.84 46.97	Mt. Carmel Swim & Dive	1:26.79	1:26.81

Event 20 Boys 100 Yard Breaststroke

Name	School	Prelim Time	Finals Time
A - Final			
1 2-1 Timmerman, T 27.21 31.12	Poway High School-CA	1:00.43	58.33
2 2-2 Yoo, T 30.23 33.21	Del Norte High School	1:03.79	1:03.44
3 2-3 Stanton, L B 29.78 33.80	Mt. Carmel Swim & Dive	1:04.68	1:03.58
4 2-4 Rout, J 29.53 34.14	Rancho Bernardo High School	1:03.58	1:03.67
5 2-5 Hughes, C L 29.83 33.97	Mt. Carmel Swim & Dive	1:04.84	1:03.80
6 2-6 Cain, S 30.09 34.45	Poway High School-CA	1:06.07	1:04.54
7 2-7 Nguyen, D 31.00 33.90	Westview-SI	1:06.19	1:04.90
8 2-8 Leon, J 30.05 35.16	Del Norte High School	1:05.80	1:05.21
B - Final			
9 1-1 Cheng, C 30.05 34.73	Westview-SI	1:09.78	1:04.78
10 1-2 Zeng, D 31.12 35.81	Rancho Bernardo High School	1:08.56	1:06.93

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B - Final ... (Event 20 Boys 100 Yard Breaststroke)

Name	School	Prelim Time	Finals Time
11 1-3 He, M 32.73 35.65	Del Norte High School	1:09.10	1:08.38
12 1-4 Gerdji, D 30.73 37.74	Westview-SI	1:10.28	1:08.47
13 1-5 Deng, O 33.76 38.18	Poway High School-CA	1:13.79	1:11.94
14 1-6 Perry, O S 33.88 38.15	Mt. Carmel Swim & Dive	1:16.70	1:12.03
15 1-7 Copperucci, L 33.66 39.54	Poway High School-CA	1:15.52	1:13.20
--- 1- Logan, G 34.04 37.53	Westview-SI	1:12.16	DQ

Event 21 Girls 400 Yard Freestyle Relay

Team	Relay	Prelim Time	Finals Time
A - Final			
1 2-1 Mt. Carmel Swim & Dive 1) Kidd, K M 26.44 55.04 26.57	A 2) Rowe, I G 55.98 25.18 52.74	4:17.06	3:35.98
	3) Fox, J M 24.98 52.22		4) Gharbaoui, L M
2 2-2 Poway High School-CA 1) Marsh, H 26.77 55.01 26.72	A 2) Whitley, S 55.44 26.41 55.95	4:17.50	3:40.68
	3) Kellerman, G 25.64 54.28		4) Torgerson, K
3 2-3 Del Norte High School 1) Cecchetto, C 27.27 55.38 26.73	A 2) Cong, C 55.86 26.53 56.15	3:56.00	3:41.42
	3) Deck, B 25.99 54.03		4) Nguyen, K
4 2-4 Rancho Bernardo High Schoc 1) Pena, E 27.75 58.15 27.73	A 2) Hultner, N 57.27 27.54 57.63	3:56.21	3:48.86
	3) Nickerson, K 26.82 55.81		4) Eisenbraun, K
5 2-5 Escondido Charter-CA 1) Gates, K 28.70 59.63 29.68	A 2) Shields, T 1:02.09 28.41 59.61	4:00.74	3:54.51
	3) Langat, I 25.44 53.18		4) Shields, T
6 2-6 Westview-SI 1) Owens, S 28.71 1:00.47 30.21	A 2) Clarkson, S 1:05.67 29.52 1:02.03	4:12.87	4:04.73
	3) Derunes, J 26.85 56.56		4) Heistand, E
B - Final			
9 1-1 Del Norte High School 1) Wu, C 27.33 57.06 29.02	B 2) Kang, H 1:00.82 27.22 57.45	4:10.30	3:52.17
	3) Luu, I 27.19 56.84		4) Chen, G
10 1-2 Mt. Carmel Swim & Dive 1) Sengsourinho, C 28.63 58.80 28.05	B 2) Smith, N C 58.54 27.31 57.65	4:31.11	3:53.89
	3) Logan, K 27.35 58.90		4) Seyoum, N A
11 1-3 Poway High School-CA 1) Jelsma, M 27.84 56.92 27.03	B 2) Timmerman, N 56.75 29.58 1:01.71	4:04.06	3:56.49
	3) Hartvig, A 28.25 1:01.11		4) Sunseri, M
12 1-4 Rancho Bernardo High Schoc 1) Don, I 29.62 1:01.40 28.97	B 2) Doan, J 1:00.30 29.94 1:02.36	4:09.69	4:07.05
	3) Tran, A 30.11 1:02.99		4) Tetens, S
13 1-5 Westview-SI 1) Nelson, B 29.04 1:01.73 33.05	B 2) Kozak, A 1:10.31 30.50 1:05.15	4:29.03	4:21.08
	3) Del Rosario, S 30.56 1:03.89		4) Parel, C

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Event 22 Boys 400 Yard Freestyle Relay

Team	Relay	Prelim Time	Finals Time
A - Final			
1 2-1 Del Norte High School	A	3:35.45	3:18.10
1) Humbert, D 23.51 48.79 24.20	2) Leon, J 51.34 23.50 49.71	3) Berkebile, N 22.72 48.26	4) Sauter, J
2 2-2 Mt. Carmel Swim & Dive	A	4:03.35	3:20.14
1) Kidd, C K 23.51 49.04 25.13	2) Kaljevic, T O 51.56 23.66 50.42	3) Spiking, T R 23.64 49.12	4) Smith, E C
3 2-3 Westview-SI	A	3:28.47	3:20.35
1) Apsey, D 23.87 49.13 23.00	2) Frazier, J 48.92 23.83 51.69	3) Ho, C 24.66 50.61	4) Steel, A
4 2-4 Poway High School-CA	A	3:28.02	3:21.56
1) Looksbrock, T 23.35 49.19 24.36	2) Monge, C 51.29 24.35 52.18	3) Blihorn, R 23.17 48.90	4) Rath, Z
5 2-5 Rancho Bernardo High Schoc	A	3:47.86	3:38.21
1) Al Lzawi, A 25.40 53.72 25.68	2) Haberman, B 54.85 26.53 54.58	3) Zeng, D 26.65 55.06	4) Lazaroiu, A
B - Final			
9 1-1 Mt. Carmel Swim & Dive	B	4:10.37	3:31.91
1) Gent, E W 24.75 53.30 25.17	2) Makepeace, M R 51.74 24.78 52.37	3) Cloes, B C 25.83 54.50	4) Seyoum, A A
10 1-2 Poway High School-CA	B	3:49.52	3:38.16
1) Bartholomeusz, J 26.37 55.45 26.39	2) McAulay, C 55.53 24.97 54.51	3) Myers, J 25.02 52.67	4) Cain, S
11 1-3 Del Norte High School	B	3:51.52	3:38.31
1) Dimagiba, P 25.06 52.69 27.14	2) Cereghini, N P 58.40 25.43 54.18	3) Huang, T 25.43 53.04	4) Simeroth, J
12 1-4 Westview-SI	B	3:57.19	3:46.09
1) LU, C 26.60 55.22 26.54	2) Gerdji, D 56.07 27.44 58.03	3) Huynh, K 27.06 56.77	4) Lestyk, J
13 1-5 Rancho Bernardo High Schoc	B	3:48.90	3:49.49
1) Don, R 27.31 57.26 27.25	2) Rose, D 59.31 27.06 56.97	3) Beauchamp, M 26.90 55.95	4) Bergmark, J

Scores - Women

Women - Team Rankings - Through Event 22

1. Mt. Carmel Swim & Dive	462	2. Del Norte High School	456.5
3. Poway High School	360	4. Rancho Bernardo High School	327.5
5. Escondido Charter	206	6. Westview	189

Scores - Men

Men - Team Rankings - Through Event 22

1. Poway High School	444	2. Mt. Carmel Swim & Dive	433
3. Del Norte High School	374	4. Rancho Bernardo High School	303
5. Westview	300	6. Escondido Charter	95