

Rancho Bernardo High School
Swimathon/Diveathon 2010

Dear Swimmers, Divers, and Parents,

2010 looks to be another successful year here at Rancho Bernardo High School for the Swim and Dive Team. We have over 110 student-athletes participating in our program. In order for this team to be successful we must all work together as cooperative team members. We need to remember that: **Together Everyone Achieves More**. This includes the student-athletes, coaching staff, parents, the school, and the local community. We must all work together so as to provide a safe and positive experience for all who wish to participate in any of the Rancho Bernardo Aquatics Programs.

Fundraising is a must in all high school athletics. By supporting the Rancho Bernardo High School Aquatics Program, you will help provide the student-athletes with the necessary equipment that will allow them to succeed such as team parkas, team sweats, equipment, entry fees, transportation to and from meets, coaching salaries, team banquet, team spirit supplies, student-athlete of the week awards, etc.

To help motivate the student-athletes of the swim and dive program, we created an incentive program for our fundraising efforts. **We are asking that every individual raise a minimum amount of \$100.00 in pledges.** Of course, we would greatly appreciate larger pledges. For every extra \$100.00, you will receive a special gift for your accomplishment.

- \$200.00 earns – Mikasa water polo ball or RB beanie hat
- \$300.00 earns – shorts or pants with a logo on the bottom (mostly a girl item as this is a sweat suit type material) or Speedo towel
- \$400.00 earns – A pair of Uggs or Speedo backpack
- \$500.00 earns – A Speedo Team jacket and Pants or a Speedo Parka

The individual who raises the most money will receive a portable DVD player!

Here's what you need to know:

Date: Friday, March 19, 2010 (rain or shine!)

Location: Rancho Bernardo High School pool

Time: Plan to arrive at 2:40 pm. We will swim for 2 hours from 3:00—5:00pm.

The goal is to swim as much as possible for 2 hours. You must earn pledges for every lap that you complete. Your goal is to swim at least 5000 yards. The more you can swim, the more that you can earn.

If you are unable to participate in the swimathon, the coaching staff needs written note stating the reason why you can't participate. We will announce the total amount raised and the individual prizes during team pictures.

Together we can provide a premier Aquatic Facility for the students and the local Rancho Bernardo Community that will be enjoyed for years to come. Thank you for your help and support with this fundraising event.

-- The Swim and Dive Coaching Staff at Rancho Bernardo High School.