## DASH-RCA "Bronze" Final

**ISI SANCTION**: IA-18-38

**DATE**: Saturday, February 17, 2018

**TIME**: Morning - Warm-ups: 8:00-8:40 am / Competition: 8:50 am

Afternoon - Warm-ups: 50 minutes, not before 11:30 am / Competition:

Not before 12:30 pm

LOCATION: Clinton High School Swimming Pool, 817 8th Ave., Clinton, IA 52732

INVITED TEAMS: DASH-IA, RCA-IA, DMET-IA, PSC-IA, L4A-IA, EMSC-IL, MBLM-IL, ORCA-IL, SSSC-IL, MSSC-IL, FAST-IL

**ENTRY FEES**: \$5.00 per individual event and \$5.00 per swimmer ISI Surcharge

Fees payable to - Dubuque Area Swimmin' Hurricanes

**ENTRY DEADLINE**: Noon, Monday, February 12, 2018

#### **ENTRY REQUIREMENTS:**

1. Swimmers may enter no more than four individual events.

2. Only swimmers affiliated with the invited teams are eligible to compete in this meet.

3. Swimmers MAY NOT enter an event in which they have achieved an ISI Silver Championships or faster qualifying time.

4. NT will be accepted.

5. Seed times must be submitted for a 25 yard course. Converted times aren't allowed.

6. Once entries have been accepted by the host, entering teams are responsible for payment of these entries.

**ENTRIES:** Send entries to Doug Colin at <a href="mailto:coachdoug@teamdash.org">coachdoug@teamdash.org</a>. Electronic entries must be received no

later than noon on Thursday, February 8, 2018. Handwritten entries aren't allowed. Fees and a

hardcopy of entries and entry fees must be received by the start of warm ups.

**LATE ENTRIES:** Late entries will not be accepted.

#### **MEET OPERATIONS:**

1. Events will be pre-seeded

2. Swimmers shall report directly to the starting blocks.

3. Events may be combined to facilitate meet operation.

AWARDS: 12 & Under: 1st - 8th ribbons / 13 & Over: No awards

MEET DIRECTOR:Doug Colin, <a href="mailto:coachdoug@teamdash.org">coachdoug@teamdash.org</a>, 563-543-1105REFEREE:Dan Hammel, marihammel@teamdash.org563-580-3593

### **ADDITIONAL INFORMATION:**

- 1. The competition pool is 25 yards with 8 lanes, backstroke flags at both ends, non-turbulent lane markers, permanent starting blocks at the starting end, 12 feet deep at starting end with a turn end of four feet deep. Daktronics 2000 timing system with horn start, with a minimum of two watches per lane. The competition course has been certified in accordance with Rule 104.2.2C(4) of the USA Swimming Rules and Regulations. A copy of such certification is on file with USA Swimming.
- 2. The use of tobacco products and the consumption alcohol is not permitted on the school property.

This meet is held under the sanction of USA Swimming and Iowa Swimming, Inc. (ISI) and shall conform in every respect to all technical and administrative rules of USA Swimming and ISI. Per USA Swimming and/or ISI requirements, the following statements are included in all meet announcements sanctioned by ISI:

- 1. <u>Eligibility</u>. All swimmers must be registered as athlete members of USA Swimming. Any athlete whose registration and fee has not be received by ISI at least 24 hours before the start of competition will NOT be permitted to swim. No registrations will be accepted at the meet.
- Swimmers with disabilities. Swimmers with disabilities are encouraged to compete. The Information Form for Adapted Competitive Swimmers
  (APP-21) indicating limitations and requested modifications should be completed and attached to the meet entries. Modifications will be
  determined by the Referee. The swimmer (or swimmer's coach) is responsible for providing any equipment or assistants required.
- 3. <u>Warm-ups</u>. The ISI mandatory warm-up procedure will be followed. The pool will be cleared ten minutes prior to competition.
- 4. Racing starts. Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
- 5. Scratches. The ISI scratch rule is in effect.

- 6. <u>Coach requirements</u>. Only currently registered USA Swimming coach members will be permitted on deck in designated areas. Each coach must sign the Coaches Meet Sign-In (APP-29) to verify that all certifications are current and on file.
- 7. <u>Proof of Membership</u>. Deck pass is acceptable proof of membership in USA Swimming. Coaches and Officials must produce proof of membership in USA Swimming immediately upon request by the Referee or their delegate or leave the pool deck.
- 8. <u>Meet committee</u>. A meet committee consisting of the Meet Director, Referee, a Coach Representative, an Athlete Representative, and a certified official acting at large will be established. The committee shall serve as the meet jury to consider any administrative protests filed at the meet. Protests against judgment decisions can only be considered by the Referee and the Referee's decision is final. The committee shall act as a board of review in case of an emergency hearing.
- 9. <u>No cameras in locker rooms</u>. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- 10. No deck-changing. Deck changes are prohibited.
- 11. <u>Indemnity</u>. It is understood and agreed that USA Swimming and ISI shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.
- 12. <u>Four hour rule</u>. Pursuant to Rule 205.3.1F of USA Swimming Rules and Regulations, the program in all age-group competitions shall be planned to allow the events for swimmers 12 years and younger to be completed in four hours or less, per session.
- 13. <u>Drones</u>. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

# DASH-RCA "Bronze" Final February 17, 2018 25 yard pool Clinton High School Sanction: IA-xx-yy Session I - Warm-ups: 8:00-8:40 a.m. / Competition: 8:50 a.m.

Girls #	Max. Entry Time - SCY/LCM/SCM	Age Group	<u>Event</u>	Max. Entry Time - SCY/LCM/SCM	Boys #
1	1:12.40 / 1:21.80 / 1:20.00	11 & 12	100 Free	1:13.90 / 1:22.50 / 1:21.20	2
3	1:28.80 / 1:40.50 / 1:37.70	10 & Under	100 Free	1:29.90 / 1:42.80 / 1:38.70	4
5		8 & Under	25 Breast		6
7	44.20 / 51.30 / 48.70	11 & 12	50 Breast	45.60 / 52.30 / 50.00	8
9	55.40 / 1:04.00 / 1:00.60	10 & Under	50 Breast	56.00 / 1:04.00 / 1:01.10	10
11		8 & Under	25 Back		12
13	39.00 / 45.10 / 42.90	11 & 12	50 Back	40.60 / 46.30 / 44.50	14
15	47.10 / 54.20 / 51.80	10 & Under	50 Back	48.40 / 55.50 / 53.10	16
17		8 & Under	25 Fly		18
19	37.30 / 42.00 / 41.10	11 & 12	50 Fly	39.40 / 44.50 / 43.20	20
21	47.10 / 53.40 / 51.60	10 & Under	50 Fly	48.60 / 55.20 / 53.10	22
23		8 & Under	25 Free		24
25	33.30 / 37.20 / 36.80	11 & 12	50 Free	33.90 / 39.00 / 37.30	26
27	40.00 / 44.60 / 44.00	10 & Under	50 Free	40.20 / 45.60 / 44.10	28
29	1:24.20 / X / 1:33.00	11 & 12	100 I.M.	1:26.30 / X / 1:34.70	30
31	1:42.50 / X / 1:52.60	10 & Under	100 I.M.	1:44.30 / X / 1:54.40	32
Session I - Warm-ups: 50 minutes, not starting before Noon / Competition: Not starting before 1:00 p.m.					
33	1:04.50 / 1:13.90 / 1:11.50	13 & 14	100 Free	1:02.60 / 1:11.90 / 1:09.10	34
35	1:04.20 / 1:13.90 / 1:11.10	15 & Over	100 Free	57.10 / 1:06.60 / 1:03.40	36
37	1:25.60 / 1:40.30 / 1:34.40	13 & 14	100 Breast	1:23.20 / 1:35.20 / 1:31.20	38
39	1:22.00 / 1:34.00 / 1:30.70	15 & Over	100 Breast	1:13.20 / 1:24.70 / 1:20.90	40
41	1:13.60 / 1:25.50 / 1:21.20	13 & 14	100 Back	1:13.50 / 1:26.20 / 1:20.60	42
43	1:11.20 / 1:23.60 / 1:18.70	15 & Over	100 Back	1:04.50 / 1:15.80 / 1:11.30	44
45	1:15.00 / 1:26.40 / 1:22.50	13 & 14	100 Fly	1:12.90 / 1:23.10 / 1:19.90	46
47	1:11.10 / 1:20.80 / 1:18.60	15 & Over	100 Fly	1:04.50 / 1:13.00 / 1:11.20	48
49	29.70 / 33.90 / 32.90	13 & 14	50 Free	28.60 / 32.50 / 31.60	50
51	29.40 / 33.90 / 32.60	15 & Over	50 Free	26.00 / 30.40 / 28.90	52
53	2:40.10 / 3:07.90 / 2:57.00	13 &14	200 I.M.	2:35.90 / 3:02.40 / 2:51.80	54
55	2:37.00 / 3:01.30 / 2:53.60	15 & Over	200 I.M.	2:24.00 / 2:46.60 / 2:39.20	56